

Appendix A: Participant Information Sheet



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Good day,

My name is Natasha Govender, and I am conducting research for the purposes of obtaining a Masters degree in Psychology at the University of the Witwatersrand. My area of focus is social factors that influence HIV protective behaviour among male Pakistani migrants. This study will also aim to explore the levels of HIV knowledge among male Pakistani migrants and what male Pakistani migrants perceive to be their risk of contracting HIV. I would like to invite you to participate in this study.

Participation in this research will entail being interviewed by myself, at a time and place that is convenient for you. The interview will be approximately one hour long. With your permission this interview will be audio recorded in order to ensure accuracy. Participation is completely voluntary, and you will not be advantaged or disadvantaged in any way for choosing to participate or not participate in the study. Given the qualitative nature of the study, complete confidentiality and anonymity cannot be guaranteed, however every effort will be made to ensure the confidentiality of your name and identity. In the handling of data, you will be represented by a number, so that your identity is known to only the researcher. No information that could identify you will be included in either the interview transcripts or the research report. The interview material (tapes and transcripts) will not be seen or heard by any person other than myself and my research supervisor, and will only be processed by myself. Audio tapes and transcripts will also be kept in a secure location in the Psychology department, with restricted access. All audio tapes will be destroyed after the research is complete and accepted for qualification. You may refuse to answer questions you would prefer not to, and you may choose to withdraw from the study at any point. The findings of this study will be reported in a research report, which will be submitted to the Psychology department of the University of the Witwatersrand. The findings of this study may also be published in a research journal. A summary of the research findings, will be made available to you on request.

The likelihood of you experiencing any harm due to participation in this study, is no greater than the risks you would face in your everyday life. However, you will be debriefed on your experience of the interview process and should it be found that you have experienced any distress as a result of your participation in the study, contact details for relevant and free counselling services have been provided on this form. Assistance will also be provided in contacting these services and you will be given a referral letter.

If you choose to participate in the study please complete the Interview Consent Form, attached. I will contact you within two weeks in order to discuss your participation. Alternatively I can be contacted telephonically at (011) 482 9843 or 072 138 8722 or via e-mail at govendern@hse.pg.wits.ac.za. My supervisor, Ms. Tanya Swart, may be contacted on (011) 717-4586 or via e-mail at Tanya.Swart@wits.ac.za.

Your participation in this study would be greatly appreciated. Whilst there are no direct benefits to participating in this study, this research will contribute both to the larger body of knowledge on HIV, as well as HIV knowledge and vulnerability as it relates to Pakistani migrants. This can help to inform development of HIV prevention and education programmes that meet the specific needs of the Pakistani migrant community.

Kind Regards,

Ms Natasha Govender
Masters student in community-based counselling psychology
Department of Psychology, University of Witwatersrand

Free Counselling Services – Contact Details

AIDS Helpline - 0800 012 322

Lifeline - 0861 322 322

Islamic Careline - Tel: (+2711) 838-6085/6

Appendix B: Interview Consent Form

I, _____ have read the information sheet and I am aware of the nature of this study. I hereby voluntarily consent to being interviewed by Natasha Govender for her study on the social factors affecting HIV protective behaviour among male Pakistani migrants. I understand that:

Please tick

Participation in this interview is completely voluntary.

I may refuse to answer any questions I would prefer not to.

I may withdraw from the study at any time.

I understand that there are no direct risks or benefits to participating in this study.

No information that may identify me will be included in the research report, and my responses will remain confidential.

The researcher may use direct quotes taken from my interview, in the research report, provided no information that may identify me is included.

I will receive a summary of the research results if requested.

The researcher will assist me in contacting relevant counselling services should I feel that I require such services as a result of my participation in this study.

Signed: _____

Date: _____

Appendix C: Audio Recording Consent Form

I, _____ hereby voluntarily consent to my interview with Natasha Govender for her study, on social factors affecting HIV protective behaviour among male Pakistani migrants, being audio-tape recorded. I understand that:

- The tapes and transcripts will only be heard by the researcher and her research supervisor, and will only be processed by the researcher.
- All tape recordings and transcripts will be kept in a secure location, which only the researcher will have access to.
- All tape recordings will be destroyed after the research is complete.
- No identifying information will be used in the transcripts or the research report.

Signed: _____

Date: _____

Appendix D: Semi Structured Interview Schedule

Background

- How long have you been living in South Africa?
- What were your reasons for leaving Pakistan?
- What were your reasons for choosing South Africa?
- Did you come to South Africa with relatives?
- Tell me about the family members that you left behind in Pakistan.

HIV Knowledge

- What do you know about HIV and AIDS ?
- What do you know about how one can get HIV and AIDS?
- What do you know about how one can prevent oneself from getting HIV and AIDS?
- What do you think other Pakistani migrants in South Africa know about HIV and AIDS?

Perception of HIV Risk

- Do you worry about getting infected with HIV and AIDS?
- What do you think are your chances of getting infected with HIV and AIDS?
- What do you think are the chances that other Pakistani migrants may get infected with HIV and AIDS?

HIV protective behaviour and Social Factors

- Referring back to what you know about HIV and AIDS, what are some of the difficulties, if any, that Pakistani migrants may encounter in trying to protect themselves from HIV and AIDS.
- How would the Pakistani migrants you know react to the idea of other Pakistani migrants taking steps to protect themselves from HIV and AIDS, for example using condoms?
- Are there any cultural or religious norms that may make it difficult for Pakistani migrants to take steps to protect themselves from HIV and AIDS infection?
- How are men expected to act in the Pakistani community?
- Is there anything in the way men are expected to act, that may make it difficult to protect themselves from HIV and AIDS?
- Have you made use of the public health system in South Africa?
- Did you encounter any problems? How were you treated?
- How difficult or easy do you think it would be for a Pakistani migrant to get HIV and AIDS services, such as condoms or treatment for a sexually transmitted disease, from a South African clinic or hospital? What are the reasons for this?