

Nomenclature

1. Adherence: Taking treatment according to prescriber's instructions
2. AIDS: Acquired Immune –deficiency Syndrome.
3. ARV: Anti-retroviral drugs
4. ART: Antiretroviral therapy
5. CD4 cells: These are specialized white cells and are involved with other cells in immune responses. It is this cell that is usually depleted in later stages of HIV infection to lead to immune suppression.
6. Cross-sectional Study: In this study design, exposure and outcomes observed and measured at the same time
7. HIV: Human Immune-deficiency Virus.
8. Nevirapine: It is a non-Nucleoside Reverse Transcriptase ARV drug
9. Prevalence: Number of people with the infection, compared to people at risk
10. RCTs: Randomized Controlled Trials
11. RNA: Ribose Nucleic Acid
12. Treatment naïve: Patients who have never received ARV treatment
13. UNAIDS: United Nations AIDS
14. WHO: World Health Organization
15. Viral Load: Number of HIV copies in a milliliter of blood.