

COMPS Scoring Sheet

Name _____ Date of Birth _____ Age _____ Sex _____
 Test Date _____
 Grade _____ School _____

1. Slow Movements

Symmetry	Quality of Performance	
	Outward	Inward
2 — symmetrical	2	2
1 — some asymmetry	1	1
0 — completely asymmetrical	0	0

Speed	Quality of Performance	
	Outward	Inward
2 — 5 or more seconds	2	2
1 — 3 to 4 seconds	1	1
0 — 0 to 2 seconds	0	0

Total: _____/12

Comments: _____

2. Rapid Forearm Rotation

Number of rotations	Quality of Performance		
	R	L	Both
9 or more rotations in 10 seconds	4	4	4
4-8 rotations in 10 seconds	3	3	3
1-3 rotations in 10 seconds	2	2	2
Unable to complete task	1	1	1

Total: _____/12

Comments: _____

COMPS Scoring Sheet (page 4)

- c. Upper Trunk
 - 2 — Definite trunk flexion
 - 1 — Trunk in neutral or extended position, or varies
 - 0 — Back on floor
- d. Hips
 - 2 — Flexed > 90°
 - 1 — Flexed 45°-90°, or varies
 - 0 — Flexed < 45°
- e. Knees
 - 2 — Flexion > 90°
 - 1 — Flexed 45°-90°, or varies
 - 0 — Flexion < 45°
- f. Maintains (based on first 15 seconds)
 - 2 — maintains and counts
 - 1 — maintains but body sways, limbs move, grimaces, does not count, or holds breath
 - 0 — Cannot assume or maintain

Final Score

1. Slow Motion	_____	Quality Score: _____/3	Weighted Score (See tables 1-3)	_____
2. Rapid Forearm Rotation	_____			_____
3. Finger-Nose Touching	_____			_____
4. Prone Extension	_____			_____
5. ATNR	_____			_____
6. Supine Flexion	_____			_____
Total	_____			_____
Minus adjustment (see Tables 1-3)	_____			_____
Weighted Total Score	_____			_____

COMPS Scoring Sheet (page 2)

3. Finger-Nose Touching

Movement of moving arm	Smooth, direct	Irregular or weaving movements	Confused jerky movements	Unable to sustain finger-nose pattern	Eyes Open: RIGHT moving	Eyes Closed: RIGHT moving	Eyes Open: LEFT moving	Eyes Closed: LEFT moving
Extended arm	Completely extended	30° or less of elbow flexion	More than 30° of elbow flexion					
Force of touch of nose or finger	Lightly touching finger and nose	Minimal pushing (2 or fewer times)	Pushing 3 or more times					
Missed contact	0 or 1 miss of nose or finger	2 or more misses of nose or finger	2 or more misses of both finger and nose					

Lowest score for each trial: _____ + _____ + _____

= Total: _____/12

Comments: _____

4. Prone Extension

Duration
 3 — 30 seconds or more 2 — 20-29 seconds 1 — 6-19 seconds 0 — 0-5 seconds

Quality

a. Assumes

- 2 — All body parts simultaneously
- 1 — Segmentally
- 0 — Cannot assume

b. Head

- 2 — Face raised forward; neck extended > 45°
- 1 — Face looking at mat or slightly forward; neck extended < 45°, or varies
- 0 — Head on mat

d. Thighs

- 2 — Clearly off midhigh distally
- 1 — Barely off mat, or intermittent extension
- 0 — Thighs on mat

c. Upper Trunk

- 2 — Definite arch, elbows and shoulders even
- 1 — Minimal arch, elbows forward, or varies
- 0 — Chest on mat

COMPS Scoring Sheet (page 3)

e. Knees

- 2 — Flexion < 45°
- 1 — Flexion 46°-90°
- 0 — Flexion > 90°

f. Maintains (based on first 15 seconds)

- 2 — Maintains and counts
- 1 — Maintains but body sways, limbs move, grimaces or does not count, or holds breath
- 0 — Not assumed or maintained

Total: _____/12 10-12 points = 3 7-9 points = 2 3-6 points = 1 0-2 points = 0

(Quality)

Quality Score: _____/3

5. ATNR

- 3 — Elbow flexion from 0° to 30°, including visible muscle tone changes.
- 2 — Elbow flexion 31° to 60°, with slight depression of the shoulder.
- 1 — Elbow flexion more than 60°, but no loss of balance or lifting of contralateral leg. Shoulder is depressed and movement of the trunk will occur.
- 0 — Elbow flexed more than 60° with loss of the quadrupedal position due to collapse, forearm touching the surface, or contralateral leg leaving surface.
- 0 — Score 0 if child locks elbows in spite of verbal and physical prompts not to.

Left Arm Scores (head to right)

- 1 — R _____ 2. _____
- 2 — L _____ 4. _____ 3. _____
- 3 — L _____ 5. _____ 6. _____
- 4 — R _____ 8. _____ 7. _____
- 5 — R _____
- 6 — L _____
- 7 — L _____
- 8 — R _____

Total R: _____

Total L: _____

Total R + L: _____/24

Comments: _____

6. Supine Flexion

Duration
 3 — 30 seconds or more 2 — 20-29 seconds 1 — 6-19 seconds 0 — 0-5 seconds

Quality

a. Assumes

- 2 — All body parts simultaneously
- 1 — Segmentally
- 0 — Cannot assume

b. Neck

- 2 — Chin tucked, neck flexion > 45°
- 1 — Chin protrudes, neck flexion < 45°, or varies
- 0 — Head not raised