

Appendix 1

Semi-structured interview

Sample questions

What made you decide to become a mother?

What were your expectations of being a mother before you had children?

In what ways have these experiences met these expectations?

In what ways have these experiences not met these expectations?

What expectations have others placed on you as a mother?

How have you managed to deal with these differences between your expectations, others' expectations and your real experience of motherhood?

How have your roles and duties changed after becoming a mother?

What feelings do you have about being a mother?

What does it mean to you to be a mother?

How have you experienced being a working mother?

APPENDIX II



**SCHOOL OF HUMAN & COMMUNITY DEVELOPMENT
UNIVERSITY OF THE WITWATERSRAND**

Private Bag 3, WITS, 2050

Tel: (011) 717 4500

Fax: (011) 717 4559

INFORMATION SHEET FOR PARTICIPANTS

Dear Mothers

My name is Sharon van Doorene and I am currently a Masters student in counseling psychology at the University of the Witwatersrand. I am conducting a study on the meaning of motherhood in South Africa. This research forms part of the degree.

The questions you will be required to answer focus on: how women reach the decision to become mothers; their expectations are regarding motherhood; their actual experience of being a mother; their feelings about motherhood and the manner in which they cope with the various roles and duties.

Your participation in this study will be most valuable to me personally but will also contribute to a growing body of literature. I would require about 45 minutes of your time to conduct and tape record an interview. The interview will be organized at a time and venue that is suitable to you. The content of the interview will be used in such a way that your identity will remain confidential in the research project. The results of the study will be presented in a formal research report and possibly published in an academic journal which can be accessed by participants. The tape recorded interviews and the transcriptions of them will be kept securely in the possession of the supervisor with restricted access and they will be destroyed after I have qualified.

There are no direct risks or benefits for participating in the study. Participation is entirely voluntary and there will be no repercussions if you decide not to participate. If you decide to participate, you are free to withdraw from the research at any stage or to choose not to answer any specific questions.

I would like to invite all mothers who are currently in formal employment and have at least one child between the ages of 7 and 10, to participate in this study.

Thanking you.

Yours sincerely

Sharon van Doorene
Tel: 083 383 2502

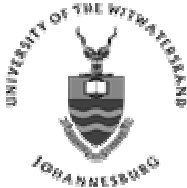
Dr Vinitha Jithoo (supervisor)
Tel: 011 7174523

I wish to participate in the motherhood study.

Name: _____

Contact number(s) : _____

APPENDIX III



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INFORMED CONSENT FORM FOR PARTICIPANTS

I _____ agree to participate in the above mentioned study. I understand the procedure and am willing to participate in the interview. I understand that I may withdraw from the study at any stage or to refuse to answer any questions without any negative repercussions. I understand that my identity will remain confidential and that there are no risks or benefits to my participation in the study. I give permission for direct quotes from the interview to be used in the research report.

Signed : _____ Date : _____

INFORMED CONSENT FOR THE USE OF A TAPE – RECORDER

I _____ hereby give permission for the interviewer to tape record the interview. I understand that the tape will be used to transcribe the interview and that the information obtained will be used in the research report in such a way that my identity will be kept confidential. Access to the tapes and transcripts will be restricted to the researcher and supervisor and the tapes and transcripts will be securely kept in the supervisor's office and they will be destroyed after the researcher is qualified.

Signed : _____ Date : _____