

REFERENCES

1. Bowman WC, Rand MJ; (1980) Textbook of Pharmacology; 2nd Edition.
Constipation and purgatives; 25.32-25.36.
2. Bye SN; Dutton MF; (1991) Sept; *Inappropriate Use of Traditional Medicines in SA*;
J Ethnopharmacol; **34**; 253-9.
3. Health24.com. Diet & Food – *You are what you eat*.
4. Nat. Inst. For Clinical Excellence (NICE) UK: MeReC Bulletin; (2004); **14**(6):21-24.
5. Sleisenger MH, Fordtran JS; (1998); *Gastrointestinal Disease: Pathophysiology, Diagnosis, Management*; **6th Ed.** Philadelphia.
6. Baker EH, Sandle GI; (1996); *Complications of laxative abuse*; Ann Rev of Med;
47:127.
7. Walker AR *et al*; (1991) Feb; *Body Image and Eating Behavior in Interethnic Adolescent Girls*; JR Soc Health; **111**; (1):12-6.
8. Medinfo: *Anorexia Nervosa & Bulimia Nervosa Family Support*.
9. Merck Manual (1982); *Manifestations of Bowel Disease- Constipation*; **14**: 759-761.
10. Donaldson AN; (1922); *Relationship of Constipation to Intestinal Intoxication*;
JAMA; **78**: 884-888.
11. Alvarez WC; (1919); *Origin of Auto-intoxication Symptoms*; JAMA; 72:8-13.
12. Sparberg M; The History, Physical and Laboratory Examinations; 3rd Edition;
Gastrointestinal System – Constipation Chapter 89.
13. Kale R; (1995) 6 May; *Traditional Healers in South Africa*; BMJ; **310**: 1182-1185.
14. Di Piro JT, Talbert RL; Pharmacotherapy, A Pathophysiologic Approach (2002);
Section 4: *Gastrointestinal Disorders*; **36**:661-667.
15. Wikipedia Encyclopedia; *Laxatives* <http://en.wikipedia.org>.
16. Grahame-Smith DG, Aronson JK; (1984) Oxford Textbook of Clinical
Pharmacology; *Drug Therapy of Gastro-Intestinal Disorders* 373-376.
17. National Association of Anorexia Nervosa & Associated disorders; www.anad.org.
18. Wanitschke R, Georg KJ; (2003) Jan; Int J Clin Pharmacol Ther; *Differential therapy of constipation*; **41**(1):14-21.

19. Higgins PH, Johanson JF; (2004) Apr; *Epidemiology of constipation in North America*; Am J Gastroenterol; **99**(4): 750-9.
20. Hudson JI, Pope HG, *et al*; (1983); *Family history study of anorexia nervosa and bulimia*; British Journal of Psychiatry; **142**: 133-138.
21. The Merck Manual; *Eating Disorders: Bulimia Nervosa*; **15**:196.
22. Walker AR, Walker BF, *et al*; (1991) Feb; *Body Image and Eating behavior in Interethnic Adolescent girls*; JR Soc Health **111**: (1):12-6.
23. Kovacs D, Palmer RL; (2004) *Associations between laxative abuse and other symptoms among adults with anorexia nervosa*; Int J Eat Disord; **36**: 224-228.
24. Anorexia effects all races; www.anorexia.co.za.
25. Van Son GE, Van Hoeken D *et al*; (2006) *Urbanization and the incidence of eating Disorders*; British Journal of Psychiatry; **189**: 562-563.
26. Pietrusko RG; (1977) Mar; *Use and Abuse of Laxatives*; Am J Hosp Pharm: **34**(3):291-300.
27. Wald A; (2003) May-Jun; *Is chronic use of stimulant laxatives harmful to the colon*; J Clin Gastroenterol; **36**(5):386-9.
28. Vanderperren B, Rizzo M, *et al*; (2005) -7 Jun 14; *Acute liver failure with renal impairment related to abuse of Senna Anthraquinone glycosides*; Ann Pharmacother **39**(7):1353-7 Jun 14.
29. Medinfo; *Anorexia & Bulimia Support Group*.
30. Bateman DN, Smith JM; (1998); *A Policy for Laxatives*; BMJ **297**: 1420-1421.
31. Scottish Med Resource Centre; (1996); *Constipation*; **29**: 111-114.
32. Harari D, Gurwitz JH *et al*; (1996) Feb 12; *Bowel Habit in relation to age and gender*; Arch Intern Med; **156**(3): 15-20.
33. Academy of Eating Disorders USA.
34. Andersen AE; Guilford Press (1995); *Eating disorders in males; Eating Disorders and obesity: A comprehensive handbook*; 177-87.
35. American Psychiatric Association Work Group on Eating Disorders; (2000); *American Journal of Psych*, **157**:1-39.
36. Lilly RZ; (2003) Aug 16; *Bulimia Nervosa – Extracts from Best treatments*; BMJ; **327**:380-381.

37. Eating Disorders Resources: www.bulimia.com.
38. Pryor T, Wiederman MW, *et al*; (1998) Dec 6; *Laxative abuse among women with eating disorders: An indication of Psychopathology*; Int J of Eating Disorders; **20**:(1)13-18.
39. Mond JM, Hay PJ, *et al*; (2006) Jan; *Correlates of Self-induced vomiting and Laxative Misuse in a Community Sample of Women*; J of Nervous & Mental Disease; 194(1):40-46.