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The relationship between fibularis muscle strength and lateral ankle sprain among high school netball players in Gauteng northern region.

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THE RELATIONSHIP BETWEEN FIBULARIS MUSCLE STRENGTH AND LATERAL ANKLE SPRAIN AMONG HIGH SCHOOL NETBALL PLAYERS IN GAUTENG NORTHERN REGION

CHANGES AND COMMENTS AS PER RECOMMENDATIONS BY EXAMINER 1

Lesley Phokontsi

May 2011

Examiners 1			
Examiners comment	**Old page and paragraph**	**Changes made and/or comment**	**New Page and paragraph**
Literature review section. The conclusion should not contain any new information, but should only conclude on previous information given.	Page 11 to 12 paragraph 4.	The researcher ensured that the conclusion does not contain any new information but only conclude on previous information given.	Page 10 paragraph 3.
Methodology : Page 16 bullet 5. According to the information sheets (Appendices A1, B, C) "Each player shall be expected to fill in the injury assessment form". In the methodology, it is stated that only those subjects who sustained lateral ankle sprain filled in injury assessment form.	Page 35 paragraph 2, page 37 paragraph 2, page 38 paragraph 2.	Only subjects who sustained lateral ankle sprain filled in injury assessment form.	Page 45 paragraph 2 , page 48 paragraph 1, page 49 paragraph 2.
Page 18: 3.10. If the scale was accurate and electronic- why is it necessary to take three readings?	Page 18; 3.10	It was of utmost importance for the researcher to take three readings when measuring weight and other independent variables because in the researchers' opinion, taking three readings enhanced the intra rater reliability. Furthermore, taking three readings and recording the mean gave a value very close to the true body weight of the player.	Page 18; 3.12
Page 18; 3.10. Was the reading rounded off? If so state how.	Page 18; 3.10	The mean values were rounded off to three significant figures.	Page 18; 3.12.

Page 19; 3.13 bullet 1, Human Research Ethics Committee at the university of the Witwatersrand must be replaced with 'Human Research Ethics Committee at the University of the Witwatersrand'.	Page 19; 3.13 bullet 1.	Removed "the ethical committee of the University of the Witwatersrand" and added 'Human Research Ethics Committee at the University of the Witwatersrand'.	Page 13; 3.5 bullet 1.
Page 19;3.13 bullet 9 Add "without negative repercussions".	Page 19; 3.13 bullet 9.	Added "without negative repercussions".	"page 14 ; 3.5 bullet 9.
Discussion: Page 25-26;5.2 As there were only five subjects with ankle sprain, it may not be an accurate assumption to make that dominance is the associated factor. It may have been a coincidence that all five's dominant ankles got injured. Be careful not to assume that the right leg is the dominant leg. According to the results shown it seems like only left and right were analysed and not strength of dominant vs non-dominant sides. It may be worthwhile , for the sake of clarity, to mention this somewhere.	Page 25-26 section 5.2 paragraph 3.	Dominance was not taken into account when fibularis muscle strength was analysed. only left and right fibularis muscle strength was analysed and not strength of dominant vs non-dominant sides. For the sake of clarity, this was mentioned in the discussion section (page 33, paragraph 4)	Page 33 paragraph 4.
Page 28;5.6 Predictors of lateral ankle (sprain).	Page 28; 5.6.	Added sprain" to lateral ankle.	Page 35 paragraph 3.
Conclusion and recommendations: Page 29 paragraph 1. You can't make conclusions about other muscles that have not been tested in your research report. Be specific-mention only that the fibularis strength is involved and not all ankle muscles	Page 29 paragraph 1.	Please refer to page 37 paragraph 3.	Page 37 paragraph 3.

29;6.2.2 Add “although it was outside the scope of this study to establish the role that dominance play in fibularis muscle strength as well as subsequent influence on lateral ankle sprains, further research on this subject is recommended”.		Added “Although it was outside the scope of this study to establish the role that dominance play in fibularis muscle strength as well as subsequent influence on lateral ankle sprains, further research on this subject is recommended”.	Page 37 paragraph 1.
References: Make sure all references in the reference list also appear in the text; also make sure that all in-text references appear in the reference list.		The researcher ensured that all references in the reference list also appear in the text and also that all in-text references appear in the reference list.	