

SAGE questions on health states: selection used in the analysis for this study

Overall in the last 30 days, how much difficulty did you have ...

Response options: none (1), mild (2), moderate (3), severe(4), Extreme/cannot do(5)

MOBILITY

... with moving around?

... in standing for long periods?

... in walking a long distance such as a kilometer?

SELF-CARE

... with self-care, such as bathing/washing or dressing yourself?

... in washing (bathing) your whole body?

... in getting dressed?

PAIN AND DISCOMFORT

...how much of bodily aches or pains did you have?

COGNITION

... did you have with concentrating or remembering things?

... concentrating on doing something for 10 minutes?

SLEEP AND ENERGY

... have with sleeping, such as falling asleep, waking up frequently during the night or waking up too early in the morning?

AFFECT (ANXIETY AND DEPRESSION)

...with feeling sad, low or depressed?

... with worry or anxiety?

VISION (SENSORY) (respondent should answer, as when wearing glasses/contact lenses if used)

....in seeing and recognising an object or a person you know across the road (from a distance of about 20 meters)?

...in seeing and recognising an object at arm's length (for example, reading)?