

As mentioned, the findings of this study challenge, if not the sanctity of marriage, some of its cherished ideals - specifically, that "intimacy" in the marital relationship is deeper than in any extramarital same-sex relationship. It appears that acquiring consensus in perceptions (specifically perceptual understanding) and self-worth is facilitated in a two-person relationship when the dyad is homogenous in terms of gender (i.e., when the dyad consists of two men or two women), a fact that is denied in the culture at large. While the lay misconception of marital intimacy is sorely tested here, the findings presented fit well with the views of Bernard (1972; 1982) and Eichenbaum and Orbach (1982; 1983).

Bernard's view that marriage benefits men more than women is controversial and is partially corroborated here. Eichenbaum and Orbach (1983) ascertain that dependency, a basic human need in both men and women, is a central issue in all relationships and is especially critical in intimate heterosexual relationships. (See sections 2.2.2.2 and 3.2). It is this author's contention that in putting Eichenbaum and Orbach's theory to empirical test, Bernard's views and the findings in this study (including those pertaining to the differential effects of subjects 'liberal' or 'conservative' attitudes toward women on their intimacy behaviours) will become more intelligible. Since the expression and role of dependency needs could have far reaching effects on the manner in which men and women are motivated toward and relate in friendship and marriage, research into this area is crucial to an understanding of intimate relationships and the differential benefits that accrue for men and women in their marriages and same-sex friendships.

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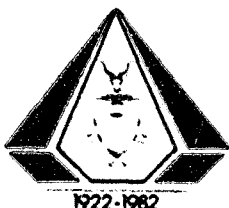
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APPENDIX

LETTER ATTACHED TO EACH SET OF QUESTIONNAIRES
UNIVERSITY OF THE WITWATERSRAND, JOHANNESBURG

182



Enquiries

School of Psychology

Telephone (011)

716-2407

Our ref

Date

1 January 1983

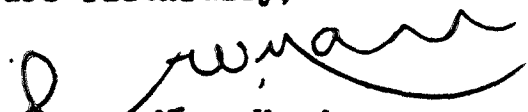
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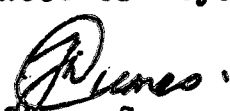
Dear Sir/Madam,

Mavis Danziger is a postgraduate M.A. (Clinical Psychology) student at this university. She is at present engaged in research with the purpose of completing her Master's thesis under the supervision of Mr J. Cumes, a member of our staff.

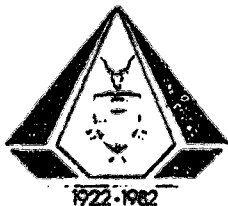
Your participation in this study on the interactions between friendship and marriage will be appreciated and treated in the strictest confidence.

Yours faithfully,


Professor Mann, Head,
School of Psychology


Jeffrey Cumes, Supervisor,
Clinical Psychologist

UNIVERSITY OF THE WITWATERSRAND, JOHANNESBURG



Enquiries School of Psychology

Telephone (011) 716-2407

Our ref

Date 1 January 1983

Your ref

Dear

As stated in the enclosed letter, I am at present engaged in a study of the effects of friendship on marriage for the purpose of completing my MA (Clinical Psychology). I would like to briefly describe the study.

In the psychological literature on marital and family therapy there is ample evidence of the hazards of family isolation - healthy individual and family functioning is associated with the availability of supportive extra-familial networks. It is surprising however that so little empirical data exists on how, why, and when friendships play a supportive role vis-a-vis the individual's marital relationship.

I have chosen to research this area by studying married couples and their same-sex 'best friends'. It is hoped that by studying 'normal' couples and their friends, valuable criteria will be generated with which to identify and treat 'troubled' individuals and their families.

For the purposes of this study I shall be looking at three basic dyadic units: i) The husband-wife dyad, ii) the wife and her same-sex closest or, 'best' friend, and iii) the husband and his closest or, 'best' friend. It is thus important that both husband and wife furnish me with the name, address and telephone number of their respective same-sex 'best' friends who are willing to act as participants in this study. Would you be so kind as to have your friend fill in and sign the "Voluntary Consent Agreement: Friend" provided here.

There are important variables which must be considered in this study in order to ensure its scientific validity and reliability: the age group of all participants; the occupations of all participants; the number of years the couple has been married and whether they have been married before.

Each spouse of the husband-wife dyad will receive two lots of questionnaires, whilst the friend of each will receive one. To ensure anonymity, each participant in the study is coded. By sealing the forms and questionnaires in the addressed, stamped envelopes participants are assured that the information is seen by nobody but myself. The results of this work manifest as impersonal statistics and the individual data will be simply aggregated.

Should you be willing to participate, I shall deem it a great personal favour if you could find time in the next few days to complete and post on the enclosed consent agreements: the wife's, husband's, wife's 'best' friend's, and husband's 'best' friend's.

UNIVERSITY OF THE WITWATERSRAND, JOHANNESBURG
1 Jan Smuts Avenue
Johannesburg
2001, South Africa

(011) 716-1111
Telegrams: 'Uniwits'
Telex 4-22460 SA

Should there be anything you wish to discuss with me concerning this work, please feel free to call me at your convenience anytime after 6 p.m. at 447-1036. I am at present completing my internship at Tara Hospital (Tel.: 783-2010) and may be difficult to reach during the day.

Your cooperation in this study will be very much appreciated.

Yours sincerely,

Mavis Danziger.

VOLUNTARY CONSENT AGREEMENT: FRIEND

I, friend of
voluntarily agree to participate in this study which is being conducted under the auspices of the School of Psychology, University of the Witwatersrand.

I have been informed of the purpose of this study and understand that all data collected is confidential and will be used for scientific purposes only.

My address is:
.....
..... Postal Code.....

My telephone number(s): (Home)
..... (Work)

My age group: (Mark with an X)

20 - 25() 25 - 30() 30 - 35() 35 - 40() 40 - 45()
45 - 50() 50 - 55() 55 - 60() 60 - 65() 65 - 70()

My marital status: Married(); Single(); Divorced(); Widowed().

My occupation:

Witness

Signature

Date

VOLUNTARY CONSENT AGREEMENT: FRIEND

I, friend of
voluntarily agree to participate in this study which is being conducted under the auspices of the School of Psychology, University of the Witwatersrand.

I have been informed of the purpose of this study and understand that all data collected is confidential and will be used for scientific purposes only.

My address is:
.....
..... Postal Code.....

My telephone number(s): (Home)
..... (Work)

My age group: (Mark with an X)

20 - 25() 25 - 30() 30 - 35() 35 - 40() 40 - 45()
45 - 50() 50 - 55() 55 - 60() 60 - 65() 65 - 70()

My marital status: Married(); Single(); Divorced(); Widowed().

My occupation:

Witness

Signature

Date

VOLUNTARY CONSENT AGREEMENT: HUSBAND

I,.....,husband of..... and friend of
voluntarily agree to participate in this study
 which is being conducted under the auspices of the School of Psychology,
 University of the Witwatersrand.
 I have been informed of the purpose of this study and understand that all
 data collected is confidential and will be used for scientific purposes
 only.

My age group: (Mark with an X)

20 - 25()	45 - 50()
25 - 30()	50 - 55()
30 - 35()	55 - 60()
35 - 40()	60 - 65()
40 - 45()	65 - 70()

Marital Status: (Mark with an X)

First marriage () Number of years married.....
 Second marriage() Number of years married.....

My occupation:.....

Witness	Signature	Date
.....		

VOLUNTARY CONSENT AGREEMENT: WIFE

I,.....,wife of.....and friend of
voluntarily agree to participate in this study
 which is being conducted under the auspices of the School of Psychology,
 University of the Witwatersrand.
 I have been informed of the purpose of this study and understand that all
 data collected is confidential and will be used for scientific purposes
 only.

My age group: (Mark with an X)

20 - 25()	45 - 50()
25 - 30()	50 - 55()
30 - 35()	55 - 60()
35 - 40()	60 - 65()
40 - 45()	65 - 70()

Marital Status: (Mark with an X)

First marriage () Number of years married.....
 Second marriage() Number of years married.....

My occupation:.....

Witness	Signature	Date
.....		

INSTRUCTIONS FOR MARRIAGE COUNSELLORS AT THE FAMILY LIFE CENTRE.

INSTRUCTIONS

1. For the purposes of this project I shall be studying the level of friendship between middle-class, "normal" and "troubled" married couples where the wife's age ranges from between 34 and 41 years. Would you kindly hand out the envelopes to couples who fit the criteria of social class and wife's age. The husband's age is irrelevant.
2. I shall be comparing the level of friendship between the wife and her same-sex 'best' friend and that of the husband and his same-sex 'best' or closest friend.
3. Would you kindly record the names and code (which I shall provide on each envelope) of each couple who have received the questionnaires. This is necessary since couples may have to be chased up to return questionnaires. You need not give me their names, their anonymity is thus ensured.

I thank you kindly for your help.

Sincerely,

Mavis Danzinger M.A. (Clin. Psych.), Wits. 1984.

INSTRUCTIONS ATTACHED TO ENVELOPES CONTAINING QUESTIONNAIRES FOR
'TROUBLED' COUPLES RECEIVING MARRIAGE COUNSELLING, FAMILY LIFE CENTRE.

INSTRUCTIONS

Enclosed you will find the following:

- A. Two self-addressed, stamped envelopes marked HF and WF respectively. The envelope marked HF must be given to the husband's same-sex 'best' or closest friend; the envelope marked WF must be given to the wife's same-sex 'best' or closest friend.

Should the husband's 'best' friend (HF) be married to the wife's 'best' friend (WF), would you encircle the HF and WF on the self-addressed, stamped envelopes.

- B- The questionnaires marked W → H and W → WF must be filled out by the wife. The questionnaires marked H → W and H → HF must be completed by the husband.

Instructions on how to complete the questionnaires are enclosed. Would you kindly fill out these questionnaires within the week and return them, sealed, in the envelope provided.

Your participation in this study on friendship and marriage is greatly appreciated. The coding procedure will ensure your anonymity.

Caring Relationship Inventory

FEMALE FORM to be used in rating a man

Everett L. Shostrom

DIRECTIONS

This inventory consists of a number of statements describing your feelings and reactions toward another person. Read each statement and mark it either True or False as applied to **your husband**.

You are to mark your answers directly on this booklet as is shown in the example below. If the statement is TRUE or MOSTLY TRUE as applied to this other person, blacken between the lines in the column headed T. (See example 1 at the right.) If the statement is FALSE or NOT USUALLY TRUE, as applied to this person, then blacken between the lines in the column headed F. (See example 2 at the right.) If a statement does not apply, or if it is something that you don't know about, make no mark for that item. However, try to make some answer for every statement.

Section of Answer Column Correctly Marked	
1.	T ☒ F ☐
2.	T ☐ F ☒

After you have completed the inventory for this other person, fold the flaps outward on pages 1 and 2 and, without considering your previous responses, answer the statements again for your ideal, which is defined as the person to whom you would like to be married.

Do not leave any blank spaces if you can avoid it. Make your marks heavy and black. Erase completely any answer you wish to change.

Before answering the items, be sure to fill in completely the information called for below.

YOUR NAME _____

DATE _____ OCCUPATION _____

~~RELATIONSHIP:~~ ~~MARRIED~~ ☐ ~~SINGLE~~ ☐ ~~DIVORCED~~ ☐ ~~WIDOWED~~ ☐

~~NAME OF PERSON RATED~~ _____

~~RELATIONSHIP:~~ ~~BOY FRIEND~~ ☐ ~~FLANCE~~ ☐ ~~HUSBAND~~ ☐ ~~DIVORCED SPOUSE~~ ☐

~~NUMBER OF YEARS IN THIS RELATIONSHIP~~ _____

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SAN DIEGO CALIFORNIA 92107

Start Here

Page 1

IDEAL

- | | T | F |
|---|------|------|
| 1. I like to take care of him when he is sick | | |
| 2. I respect his individuality | | |
| 3. I can understand the way he feels | | |
| 4. I want to know details about things he does | | |
| 5. I feel guilty when I am selfish with him | | |
| 6. I am afraid of making mistakes around him | | |
| 7. I like him just as he is, with no changes | | |
| 8. I have a need to be needed by him | | |
| 9. I make many demands on him | | |
| 10. I feel very possessive toward him | | |
| 11. I have the feeling that we are "buddies" together. | | |
| 12. I share important common interests with him | | |
| 13. I care for him even when he does things that upset or annoy me | | |
| 14. I am bothered by fears of being stupid or inadequate with him | | |
| 15. I have a feeling for what his experience is like to him | | |
| 16. I really value him as an individual or as a person | | |
| 17. I seek a great deal of privacy with him | | |
| 18. I feel it necessary to defer my past actions to him | | |
| 19. I like to tease him | | |
| 20. Criticism from him makes me doubt my feelings about my own worth | | |
| 21. I feel deeply his most painful feelings | | |
| 22. My relationship with him is comfortable and undemanding | | |
| 23. My feeling for him is often purely physical and animally sexual | | |
| 24. I have tastes in common with him which others do not share | | |
| 25. I spend a lot of time thinking about him | | |
| 26. I know the weaknesses I see in him are also my weaknesses | | |
| 27. I like to express my caring by kissing him on the cheek | | |
| 28. I feel free to show my weaknesses in front of him | | |
| 29. My feeling for him has a rough, strong, even fierce quality. | | |
| 30. I know him well enough that I don't have to ask for the details of his activities | | |
| 31. It is easy to turn a blind eye to his faults | | |
| 32. I try to understand him from his point of view | | |
| 33. I want what is best for him | | |
| 34. I can care for myself in spite of his feelings for me | | |
| 35. I am afraid to be myself with him | | |
| 36. My good feelings for him come back easily after quarrels | | |
| 37. My feeling for him is independent of other relationships | | |
| 38. I care for him enough to let him go, or even to give him up | | |
| 39. I like to touch him | | |
| 40. My feeling for him is based on his accomplishments | | |
| 41. My feeling for him is an expression of what I might call my love for Mankind | | |
| 42. The expression of my own needs is more important than pleasing him | | |

Please turn booklet over and continue on Page 2.

- | | | | |
|---|----------|----------|--------------|
| 43. My caring for him is characterized by a desire to promise to commit my life completely to him | T
::: | F
::: | _____ |
| 44. I require appreciation from him | ::: | ::: | _____ |
| 45. I care for him even when he is stupid | ::: | ::: | _____
N/O |
| 46. My relationship to him has a quality of exclusiveness or "we-ness" . . . | ::: | ::: | _____ |
| 47. My caring for him means even more than my caring for myself | ::: | ::: | _____
S |
| 48. He seems to bring out the best in me | ::: | ::: | _____ |
| 49. I feel that I have to give him reasons for my feelings | ::: | ::: | _____
O |
| 50. Being rejected by him changes my feelings for him | ::: | ::: | _____ |
| 51. I would give up almost anything for him | T
::: | F
::: | _____
N/O |
| 52. I feel I can say anything I feel to him | ::: | ::: | _____ |
| 53. My feeling for him has a quality of forgiveness | ::: | ::: | _____
S |
| 54. I can be aggressive and positive with him | ::: | ::: | _____ |
| 55. I feel that we "stand together" against the views of outsiders | ::: | ::: | _____
OZ |
| 56. I feel a strong sense of responsibility for him | ::: | ::: | _____ |
| 57. I live with him in terms of my wants, likes, dislikes, and values | ::: | ::: | _____
N |
| 58. Sometimes I demand that he meets my needs | ::: | ::: | _____ |
| 59. My feeling for him has a strong jealous quality | ::: | ::: | _____
S |
| 60. My feeling for him has a quality of patience | ::: | ::: | _____ |
| 61. I can tell what he is feeling even when he doesn't talk about it | T
::: | F
::: | _____
S |
| 62. I appreciate him | ::: | ::: | _____ |
| 63. I feel he is a good friend | ::: | ::: | _____
V |
| 64. I have a need to give or do things for him | ::: | ::: | _____ |
| 65. My feeling for him has a quality of compassion or sympathy | ::: | ::: | _____ |
| 66. I have a strong physical desire for him | ::: | ::: | _____ |
| 67. I can be inconsistent or illogical with him | ::: | ::: | _____ |
| 68. I have a strong need to be near him | ::: | ::: | _____ |
| 69. I can be both strong and weak with him | ::: | ::: | _____ |
| 70. It seems as if I have always felt caring for him from the first moment I knew him | T
::: | F
::: | _____ |
| 71. I am afraid to show my fears to him | ::: | ::: | _____ |
| 72. I have a deep feeling of concern for his welfare as a human being | ::: | ::: | _____ |
| 73. My relationship to him is characterized by a deep feeling of camaraderie or comradeship | ::: | ::: | _____ |
| 74. I have a feeling of appreciation of his value as a human being | ::: | ::: | _____ |
| 75. My giving toward him is characterized by overflow, not sacrifice | ::: | ::: | _____ |
| 76. My caring for him sometimes seems to be exclusively physical | ::: | ::: | _____ |
| 77. I am afraid to show my tears in front of him | ::: | ::: | _____ |
| 78. I like to express my caring for him by caressing him a great deal | ::: | ::: | _____ |
| 79. His caring for me exerts a kind of restrictive power over me | ::: | ::: | _____ |
| 80. My relationship with him is characterized by trust | ::: | ::: | _____ |
| 81. I have a need to control his relationships with others | ::: | ::: | _____ |
| 82. I am able to expose my weaknesses easily to him | ::: | ::: | _____ |
| 83. I feel he has infinite worth and dignity | ::: | ::: | _____ |

IMPORTANT: AFTER COMPLETING THE INVENTORY FOLD BOTH FLAPS OUTWARD, AND, WITHOUT CONSIDERING YOUR PREVIOUS RESPONSES, ANSWER THE ITEMS AGAIN FOR YOUR IDEAL, THE PERSON TO WHOM YOU WOULD LIKE TO BE MARRIED.

Page 2

OTHER

- | | | | |
|---|-----|-----|-------|
| 43. My caring for him is characterized by a desire to promise to commit my life completely to him | T | F | _____ |
| 44. I require appreciation from him | ... | ... | _____ |
| 45. I care for him even when he is stupid | ... | ... | _____ |
| 46. My relationship to him has a quality of exclusiveness or "we-ness" | ... | ... | _____ |
| 47. My caring for him means even more than my caring for myself | ... | ... | _____ |
| 48. He seems to bring out the best in me | ... | ... | _____ |
| 49. I feel that I have to give him reasons for my feelings | ... | ... | _____ |
| 50. Being rejected by him changes my feelings for him | ... | ... | _____ |
| 51. I would give up almost anything for him | T | F | _____ |
| 52. I feel I can say anything I feel to him | ... | ... | _____ |
| 53. My feeling for him has a quality of forgiveness | ... | ... | _____ |
| 54. I can be aggressive and positive with him | ... | ... | _____ |
| 55. I feel that we "stand together" against the views of outsiders | ... | ... | _____ |
| 56. I feel a strong sense of responsibility for him | ... | ... | _____ |
| 57. I live with him in terms of my wants, likes, dislikes, and values | ... | ... | _____ |
| 58. Sometimes I demand that he meets my needs | ... | ... | _____ |
| 59. My feeling for him has a strong jealous quality | ... | ... | _____ |
| 60. My feeling for him has a quality of patience | ... | ... | _____ |
| 61. I can tell what he is feeling even when he doesn't talk about it | T | F | _____ |
| 62. I appreciate him | ... | ... | _____ |
| 63. I feel he is a good friend | ... | ... | _____ |
| 64. I have a need to give or do things for him | ... | ... | _____ |
| 65. My feeling for him has a quality of compassion or sympathy | ... | ... | _____ |
| 66. I have a strong physical desire for him | ... | ... | _____ |
| 67. I can be inconsistent or illogical with him | ... | ... | _____ |
| 68. I have a strong need to be near him | ... | ... | _____ |
| 69. I can be both strong and weak with him | ... | ... | _____ |
| 70. It seems as if I have always felt caring for him from the first moment I knew him | T | F | _____ |
| 71. I am afraid to show my fears to him | ... | ... | _____ |
| 72. I have a deep feeling of concern for his welfare as a human being | ... | ... | _____ |
| 73. My relationship to him is characterized by a deep feeling of camaraderie or comradeship | ... | ... | _____ |
| 74. I have a feeling of appreciation of his value as a human being | ... | ... | _____ |
| 75. My giving toward him is characterized by overflow, not sacrifice | ... | ... | _____ |
| 76. My caring for him sometimes seems to be exclusively physical | ... | ... | _____ |
| 77. I am afraid to show my tears in front of him | ... | ... | _____ |
| 78. I like to express my caring for him by caressing him a great deal | ... | ... | _____ |
| 79. His caring for me exerts a kind of restrictive power over me | ... | ... | _____ |
| 80. My relationship with him is characterized by trust | ... | ... | _____ |
| 81. I have a need to control his relationships with others | ... | ... | _____ |
| 82. I am able to expose my weaknesses easily to him | ... | ... | _____ |
| 83. I feel he has infinite worth and dignity | ... | ... | _____ |

IMPORTANT: AFTER COMPLETING THE INVENTORY FOLD BOTH FLAPS OUTWARD, AND, WITHOUT CONSIDERING YOUR PREVIOUS RESPONSES, ANSWER THE ITEMS AGAIN FOR YOUR IDEAL, THE PERSON TO WHOM YOU WOULD LIKE TO BE MARRIED.

Caring Relationship Inventory

MALE FORM to be used in rating a woman

Everett L. Shostrom

DIRECTIONS

This inventory consists of a number of statements describing your feelings and reactions toward another person. Read each statement and mark it either True or False as applied to **YOUR WIFE**.

You are to mark your answers directly on this booklet as is shown in the example below. If the statement is TRUE or MOSTLY TRUE as applied to this other person, blacken between the lines in the column headed T. (See example 1 at the right.) If the statement is FALSE or NOT USUALLY TRUE, as applied to this person, then blacken between the lines in the column headed F. (See example 2 at the right.) If a statement does not apply, or if it is something that you don't know about, make no mark for that item. However, try to make some answer for every statement.

Section of Answer Column Correctly Marked	
T	F
1.	
2.	

After you have completed the inventory for this other person, fold the flaps outward on pages 1 and 2 and, without considering your previous responses, answer the statements again for your ideal, which is defined as the person to whom you would like to be married.

Do not leave any blank spaces if you can avoid it. Make your marks heavy and black. Erase completely any answer you wish to change.

Before answering the items, be sure to fill in completely the information called for below.

YOUR NAME _____ AGE _____

DATE _____ OCCUPATION _____

MARITAL STATUS: MARRIED ☐ SINGLE ☐ DIVORCED ☐ WIDOWED ☐

NAME OF PERSON RATED _____

RELATIONSHIP: _____

GIRL FRIEND ☐ FIANCÉE ☐ WIFE ☐ DIVORCED SPOUSE ☐

NUMBER OF YEARS IN THIS RELATIONSHIP _____

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Start Here

Page 1

OTHER

- | | T | F |
|---|-----|-----|
| 1. I like to take care of her when she is sick | ... | ... |
| 2. I respect her individuality | ... | ... |
| 3. I can understand the way she feels | ... | ... |
| 4. I want to know details about things she does | ... | ... |
| 5. I feel guilty when I am selfish with her | ... | ... |
| 6. I am afraid of making mistakes around her | ... | ... |
| 7. I like her just as she is, with no changes | ... | ... |
| 8. I have a need to be needed by her | ... | ... |
| 9. I make many demands on her | ... | ... |
| 10. I feel very possessive toward her | ... | ... |
| 11. I have the feeling that we are "buddies" together. | ... | ... |
| 12. I share important common interests with her | ... | ... |
| 13. I care for her even when she does things that upset or annoy me. | ... | ... |
| 14. I am bothered by fears of being stupid or inadequate with her | ... | ... |
| 15. I have a feeling for what her experiences feel like to her | ... | ... |
| 16. I really value her as an individual or a unique person | ... | ... |
| 17. I seek a great deal of privacy with her | ... | ... |
| 18. I feel it necessary to defend my past actions to her | ... | ... |
| 19. I like to tease her | ... | ... |
| 20. Criticism from her makes me doubt my feelings about my own worth | ... | ... |
| 21. I feel deeply her most painful feelings | ... | ... |
| 22. My relationship with her is comfortable and undemanding | ... | ... |
| 23. My feeling for her is often purely physical and animally sexual | ... | ... |
| 24. I have tastes in common with her which others do not share. | ... | ... |
| 25. I spend a lot of time thinking about her | ... | ... |
| 26. I know the weaknesses I see in her are also my weaknesses. | ... | ... |
| 27. I like to express my caring by kissing her on the cheek | ... | ... |
| 28. I feel free to show my weaknesses in front of her | ... | ... |
| 29. My feeling for her has a rough, strong, even fierce quality. | ... | ... |
| 30. I know her well enough that I don't have to ask for the details of her activities | ... | ... |
| 31. It is easy to turn a blind eye to her faults | ... | ... |
| 32. I try to understand her from her point of view. | ... | ... |
| 33. I want what is best for her | ... | ... |
| 34. I can care for myself in spite of her feelings for me | ... | ... |
| 35. I am afraid to be myself with her | ... | ... |
| 36. My good feelings for her come back easily after quarrels | ... | ... |
| 37. My feeling for her is independent of other relationships | ... | ... |
| 38. I care for her enough to let her go, or even to give her up | ... | ... |
| 39. I like to touch her | ... | ... |
| 40. My feeling for her is based on her accomplishments | ... | ... |
| 41. My feeling for her is an expression of what I might call my love for Mankind. | ... | ... |
| 42. The expression of my own needs is more important than pleasing her | ... | ... |

Please turn booklet over and continue on Page 2.

Page 2

OTHER

- | | T | F |
|---|------|------|
| 43. My caring for her is characterized by a desire to promise to commit my life completely to her | | |
| 44. I require appreciation from her | | |
| 45. I care for her even when she is stupid | | |
| 46. My relationship to her has a quality of exclusiveness or "we-ness" | | |
| 47. My caring for her means even more than my caring for myself | | |
| 48. She seems to bring out the best in me | | |
| 49. I feel that I have to give her reasons for my feelings | | |
| 50. Being rejected by her changes my feelings for her | | |
| 51. I would give up almost anything for her | | |
| 52. I feel I can say anything I feel to her | | |
| 53. My feeling for her has a quality of forgiveness | | |
| 54. I can be aggressive and positive with her | | |
| 55. I feel that we "stand together" against the views of outsiders | | |
| 56. I feel a strong sense of responsibility for her | | |
| 57. I live with her in terms of my wants, likes, dislikes, and values | | |
| 58. Sometimes I demand that she meets my needs | | |
| 59. My feeling for her has a strong jealous quality | | |
| 60. My feeling for her has a quality of patience | | |
| 61. I can tell what she is feeling even when she doesn't talk about it | | |
| 62. I appreciate her | | |
| 63. I feel she is a good friend | | |
| 64. I have a need to give to or do things for her | | |
| 65. My feeling for her has a quality of compassion or sympathy | | |
| 66. I have a strong physical desire for her | | |
| 67. I can be inconsistent or illogical with her | | |
| 68. I have a strong need to be near her | | |
| 69. I can be both strong and weak with her | | |
| 70. It seems as if I have always felt caring for her from the first moment I knew her | | |
| 71. I am afraid to show my fears to her | | |
| 72. I have a deep feeling of concern for her welfare as a human being | | |
| 73. My relationship to her is characterized by a deep feeling of camaraderie or comradeship | | |
| 74. I have a feeling of appreciation of her value as a human being | | |
| 75. My giving toward her is characterized by overflow, not sacrifice | | |
| 76. My caring for her sometimes seems to be exclusively physical | | |
| 77. I am afraid to show my tears in front of her | | |
| 78. I like to express my caring for her by caressing her a great deal | | |
| 79. Her caring for me exerts a kind of restrictive power over me | | |
| 80. My relationship with her is characterized by trust | | |
| 81. I have a need to control her relationships with others | | |
| 82. I am able to expose my weaknesses easily to her | | |
| 83. I feel she has infinite worth and dignity | | |

IMPORTANT: AFTER COMPLETING THE INVENTORY FOLD BOTH FLAPS OUTWARD, AND, WITHOUT CONSIDERING YOUR PREVIOUS RESPONSES, ANSWER THE ITEMS AGAIN FOR YOUR IDEAL, THE PERSON TO WHOM YOU WOULD LIKE TO BE MARRIED.

CRI INVENTORY

MY NAME: Mr/Mrs/Ms..... FRIEND'S NAME: Mr/Mrs/Ms.....

This inventory consists of a number of statements describing your feelings and reactions toward your friend. Read each statement and mark it either True or False as applied to this friend. If the statement is TRUE or MOSTLY TRUE as applied to this friend, put a cross through the T. If the statement is FALSE or NOT USUALLY TRUE, as applied to this person, then cross the F. If a statement does not apply, or if it is something that you do not know about, make no mark for that item. However, try to make some answer for every statement.

After you have completed the inventory for this friend, without considering your previous responses, answer the statements again for your IDEAL, which is defined as the person you would consider as the ideal friend.

- | | | |
|--|---|---|
| 1. I would take care of him/her if he/she was sick..... | T | F |
| 2. I respect his/her individuality..... | T | F |
| 3. I can understand the way he/she feels..... | T | F |
| 4. I want to know details about things he/she does..... | T | F |
| 5. I feel guilty when I am selfish with him/her..... | T | F |
| 6. I am afraid of making mistakes around him/her..... | T | F |
| 7. I like him/her just as he/she is, with no changes..... | T | F |
| 8. I have a need to be needed by him/her..... | T | F |
| 9. I make many demands on him/her..... | T | F |
| 10. I feel very possessive toward him/her..... | T | F |
| 11. I have a feeling that we are "buddies" together..... | T | F |
| 12. I share important common interests with him/her..... | T | F |
| 13. I care for him/her even when he/she does things that annoy me. | T | F |
| 14. I am bothered by fears of being stupid or inadequate with him/
her..... | T | F |
| 15. I have a feeling for what his/her experiences feel like to
him/her..... | T | F |
| 16. I really value him/her as an individual or an unique person... | T | F |
| 17. I seek a great deal of privacy with him/her..... | T | F |
| 18. I feel it necessary to defend my past actions to him/her..... | T | F |
| 19. I like to tease him/her..... | T | F |
| 20. Criticism from him/her makes me doubt my feelings about my own
worth..... | T | F |
| 21. I feel deeply his/her most painful feelings..... | T | F |

P.T.O.

- | | | |
|---|---|---|
| 22. My relationship with him/her is comfortable and undemanding.... | T | F |
| 23. My feeling for him/her is often purely physical..... | T | F |
| 24. I have tastes in common with him/her which others do not share. | T | F |
| 25. I spend a lot of time thinking about him/her..... | T | F |
| 26. I know the weaknesses in him/her are also my weaknesses..... | T | F |
| 27. I like to express my caring by some physical gesture..... | T | F |
| 28. I feel free to show my weaknesses in front of him/her..... | T | F |
| 29. My feeling for him/her has a rough, strong, even fierce quality.. | T | F |
| 30. I know him/her well enough that I do not have to ask for the de-
tails of his/her activities..... | T | F |
| 31. It is easy to turn a blind eye to his/her faults..... | T | F |
| 32. I try to understand him/her from his/her point of view..... | T | F |
| 33. I want what is best for him/her..... | T | F |
| 34. I can care for myself in spite of his/her feelings for me..... | T | F |
| 35. I am afraid to be myself with him/her..... | T | F |
| 36. My good feelings for him/her come back easily after quarrels... | T | F |
| 37. My feeling for him/her is independent of other relationships... | T | F |
| 38. I care for him/her enough to let him/her go, or even to give him/
her up..... | T | F |
| 39. I like to touch him/her..... | T | F |
| 40. My feeling for him/her is based on his/her accomplishments..... | T | F |
| 41. My feeling for him/her is an expression of what I might call my
love for Mankind..... | T | F |
| 42. The expression of my own needs is more important than pleasing
him/her..... | T | F |
| 43. My caring for him/her is characterised by a desire to promise to
commit my life completely to him/her..... | T | F |
| 44. I require appreciation from him/her..... | T | F |
| 45. I care for him/her even when he/she is stupid..... | T | F |
| 46. My relationship with him/her has a quality of exclusiveness or
"we-ness" | T | F |
| 47. My caring for him/her means even more than my caring for myself | T | F |
| 48. He/she seems to bring out the best in me..... | T | F |
| 49. I feel that I have to give him/her reasons for my feelings..... | T | F |
| 50. Being rejected by him/her changes my feelings for him/her..... | T | F |
| 51. I would give up almost anything for him/her..... | T | F |
| 52. I feel I can say anything I feel to him/her..... | T | F |
| 53. My feeling for him/her has a quality of forgiveness..... | T | F |
| 54. I can be aggressive and positive with him/her..... | T | F |
| 55. I feel that we "stand together" against the views of outsiders. | T | F |
| 56. I feel a strong sense of responsibility for him/her..... | T | F |

- | | | |
|--|---|---|
| 57. I react to him/her in terms of my wants, likes, dislikes and values..... | T | F |
| 58. Sometimes I demand that he/she meets my needs..... | T | F |
| 59. My feeling for him/her has a strong jealous quality..... | T | F |
| 60. My feeling for him/her has a quality of patience..... | T | F |
| 61. I can tell what he/she is feeling even when he/she does not talk about it..... | T | F |
| 62. I appreciate him/her..... | T | F |
| 63. I feel that he/she is a good friend..... | T | F |
| 64. I have a need to give to or do things for him/her..... | T | F |
| 65. My feelings for him/her has a quality of compassion or sympathy..... | T | F |
| 66. I appreciate him/her physically..... | T | F |
| 67. I can be inconsistent or illogical with him/her..... | T | F |
| 68. I have a strong need to be near him/her..... | T | F |
| 69. I can be both strong and weak with him/her..... | T | F |
| 70. It seems as though I have always felt caring for him/her from the first moment I knew him/her..... | T | F |
| 71. I am afraid to show my fears to him/her..... | T | F |
| 72. I have a deep feeling of concern for his/her welfare as a human being..... | T | F |
| 73. My relationship to him/her is characterised by a deep feeling of camaraderie or comradeship..... | T | F |
| 74. I have a feeling of appreciation of his/her value as a human being..... | T | F |
| 75. My giving toward him/her is characterised by overflow, not sacrifice..... | T | F |
| 76. My caring for him/her sometimes seems to be exclusively physical..... | T | F |
| 77. I am afraid to show my tears in front of him/her..... | T | F |
| 78. I like to express my caring for him/her by touching him/her.. | T | F |
| 79. His/her caring for me exerts a kind of restrictive power over me..... | T | F |
| 80. My relationship with him/her is characterised by trust..... | T | F |
| 81. I have a need to control his/her relationships with others... | T | F |
| 82. I am able to expose my weaknesses easily to him/her..... | T | F |
| 83. I feel he/she has infinite worth and dignity..... | T | F |

Without considering your previous responses, answer the statements again for your IDEAL female/male friend.

- | | | |
|---|---|---|
| 1. I would take care of him/her if she/he was sick..... | T | F |
| 2. I respect his/her individuality..... | T | F |
| 3. I can understand the way he/she feels..... | T | F |
| 4. I want to know details about things he/she does..... | T | F |
| 5. I feel guilty when I am selfish with him/her..... | T | F |
| 6. I am afraid of making mistakes around him/her..... | T | F |
| 7. I like him/her just as he/she is, with no changes..... | T | F |
| 8. I have a need to be needed by him/her..... | T | F |
| 9. I make many demands on him/her..... | T | F |
| 10. I feel very possessive toward him/her..... | T | F |
| 11. I have a feeling that we are "buddies" together..... | T | F |
| 12. I share important common interests with him/her..... | T | F |
| 13. I care for him/her even when he/she does things that upset or
annoy me..... | T | F |
| 14. I am bothered by fears of being stupid or inadequate with him/her..... | T | F |
| 15. I have a feeling for what his/her experiences feel like to him/
her..... | T | F |
| 16. I really value him/her as an individual or an unique person..... | T | F |
| 17. I seek a great deal of privacy with him/her..... | T | F |
| 18. I feel it necessary to defend my past actions to him/her..... | T | F |
| 19. I like to tease him/her..... | T | F |
| 20. Criticism from him/her makes me doubt my feelings about my own
worth..... | T | F |
| 21. I feel deeply his/her most painful feelings..... | T | F |
| 22. My relationship with him/her is comfortable and undemanding..... | T | F |
| 23. My feeling for him/her is often purely physical..... | T | F |
| 24. I have tastes in common with him/her which others do not share.. | T | F |
| 25. I spend a lot of time thinking about him/her..... | T | F |
| 26. I know the weaknesses I see in him/her are also my weaknesses... | T | F |
| 27. I like to express my caring by some physical gesture..... | T | F |
| 28. I feel free to show my weaknesses in front of him/her..... | T | F |
| 29. My feeling for him/her has a rough, strong, even fierce quality. | T | F |
| 30. I know him/her well enough that I do not have to know the details
of his/her activities..... | T | F |
| 31. It is easy to turn a blind eye to his/her faults. | T | F |
| 32. I try to understand him/her from his/her point of view..... | T | F |
| 33. I want what is best for him/her..... | T | F |
| 34. I can care for myself in spite of his/her feelings for me..... | T | F |

- | | | |
|---|---|---|
| 35. I am afraid to be myself with him/her..... | T | F |
| 36. My good feelings for him/her come easily after quarrels..... | T | F |
| 37. My feeling for him/her is independent of other relationships.. | T | F |
| 38. I care for him/her enough to let him/her go, even to give him/
her up..... | T | F |
| 39. I like to touch him/her..... | T | F |
| 40. My feeling for him/her is based on his/her accomplishments.... | T | F |
| 41. My feeling for him/her is an expression of what I might call my
love for Mankind..... | T | F |
| 42. The expression of my needs is more important than pleasing him/
her..... | T | F |
| 43. My caring for him/her is characterised by a desire to promise
to commit my life completely to him/her..... | T | F |
| 44. I require appreciation from him/her..... | T | F |
| 45. I care for him/her even when he/she is stupid..... | T | F |
| 46. My relationship to him/her has a quality of exclusiveness or
"we-ness"..... | T | F |
| 47. My caring for him/her means even more than my caring for my-
self..... | T | F |
| 48. He/she seems to bring out the best in me..... | T | F |
| 49. I feel that I have to give him/her reasons for my feelings.... | T | F |
| 50. Being rejected by him/her changes my feelings for him/her.... | T | F |
| 51. I would give up almost anything for him/her..... | T | F |
| 52. I feel I can say anything I feel to him/her..... | T | F |
| 53. My feeling for him/her has a quality of forgiveness..... | T | F |
| 54. I can be aggressive and positive with him/her..... | T | F |
| 55. I feel that we "stand together" against the views of outsiders | T | F |
| 56. I feel a strong sense of responsibility for him/her..... | T | F |
| 57. I react to him/her in terms of my wants, likes, dislikes and
values..... | T | F |
| 58. Sometimes I demand that he/she meet my needs..... | T | F |
| 59. My feeling for him/her has a strong jealous quality..... | T | F |
| 60. My feeling for Him/her has a quality of patience..... | T | F |
| 61. I can tell what he/she is feeling even when he/she does not
talk about it..... | T | F |
| 62. I appreciate him/her..... | T | F |
| 63. I feel he/she is a good friend..... | T | F |
| 64. I have a need to give or do things for him/her..... | T | F |
| 65. My feeling for him/her has a quality of compassion or sympathy. | T | F |
| 66. I have an appreciation of his/her physicality..... | T | F |
| 67. I can be inconsistent or illogical with him/her..... | T | F |

68. I have a strong need to be near him/her..... T F
69. I can be both strong and weak with him/her..... T F
70. It seems as if I have always felt caring for him/her from the
first moment I knew him/her..... T F
71. I am afraid to show my fears to him/her..... T F
72. I have a deep feeling of concern for his/her welfare as a human
being..... T F
73. My relationship to him/her is characterized by a deep feeling of
camaraderie or comradeship..... T F
74. I have a feeling of appreciation of his/her value as a human
being..... T F
75. My giving toward him/her is characterized by overflow, not
sacrifice..... T F
76. My caring for him/her sometimes seems to be exclusively
physical..... T F
77. I am afraid to show my tears in front of him/her..... T F
78. I like to express my caring for him/her by touch..... T F
79. His/her caring for me exerts a kind of restrictive power over
me..... T F
80. My relationship with him/her is characterized by trust..... T F
81. I have a need to control his/her relationship with others..... T F
82. I am able to expose my weaknesses easily to him/her..... T F
83. I feel he/she has infinite worth and dignity..... T F

IMPORTANT: DO NOT DISCUSS OR SHOW THIS ANSWER SHEET TO ANYONE BEFORE OR
AFTER COMPLETION. BE SURE THAT YOU HAVE COMPLETED BOTH INVEN-
TORIES, THE FIRST IN TERMS OF YOUR FEELINGS AND REACTIONS TO
YOUR BEST FRIEND WHOSE NAME APPEARS ON PAGE 1., AND THE
SECOND IN TERMS OF YOUR FEELINGS AND REACTIONS TO AN IDEAL
FRIEND THAT YOU WOULD LIKE TO HAVE.

PROFILE SHEET FOR THE CARING RELATIONSHIP INVENTORY

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	AFFECTION	FRIENDSHIP	EROS	EMPATHY	SELF-LOVE	DEFIC. ENCY LOVE	BENIG LOVE	
80 -						13		- 80
			18			12		
			17	18		11	15	
70 -			16					- 70
	15		15	17	16	10	17	
	14	16	14	16	15	9	16	
60 -			13		14			- 60
	13	15	12	18	13	8	15	
	12	14	11	16	12	7	14	
50 -			10					- 50
	11	13		13	11	6	13	
	10	12	9	12	10	5	12	
40 -			8		9	4		- 40
	9	11	7	11	8	3	11	
	8	10	6	10	7	2	10	
30 -			5		6			- 30
	7	9	4	9	5	1	9	
	6	8	3	8	4	0		
20 -			2		3			- 20
	5	7	1	7	2		7	
	4	6	0	6	1			
10 -			1		0			- 10
	3	5		5				
	2	4		4				
	1	3		3				

TABLES BASED ON NORMATIVE SAMPLE DATA

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Source: SHOSTROM, E.L. Edits Manual. C.R.I. California: 1975. pp. 7 & 11

MEANS, STANDARD DEVIATIONS AND DIFFERENCES BETWEEN SUCCESSFULLY
MARRIED, TROUBLED AND DIVORCED COUPLES

Scale	(1) Successfully Married Couples (N = 150)		(2) Troubled Couples (N = 100)		(3) Divorced Couples (N = 108)		Mean Difference	
	Mean	S.D.	Mean	S.D.	Mean	S.D.	(1-2)	(1-3)
A	11.0	2.2	8.4	2.9	7.0	3.4	2.6**	4.0**
F	12.9	2.2	8.4	3.1	6.6	3.6	4.5**	6.3**
E	9.5	3.3	8.2	4.3	7.0	4.8	1.3**	2.5**
M	12.9	2.2	12.2	2.9	10.5	4.1	.7*	2.4**
S	11.1	2.9	8.3	3.1	7.4	3.9	2.8**	3.7**
B	13.5	2.1	10.9	3.1	8.7	4.0	2.6**	4.8**
D	6.1	2.3	5.6	2.4	5.2	2.6	.5	.9**

*Significant at the 0.05 confidence level.
**Significant at the 0.01 confidence level.

COMPARISON OF MALE AND FEMALE RESPONSES FOR CRI SCALES¹

Scale	Description	MALE (N = 75)		FEMALE (N = 75)		CR ²
		Mean	S.D.	Mean	S.D.	
A	Affection	11.3	2.3	10.7	2.0	1.7
F	Friendship	12.9	2.3	13.0	2.1	0.4
E	Eros	10.0	3.0	9.0	3.5	1.8
M	Empathy	12.7	2.3	13.1	2.2	1.3
S	Self-Love	11.2	2.6	11.1	3.1	0.3
B	Being Love	13.6	2.1	13.4	2.1	0.8
D	Deficiency Love	6.4	2.3	5.8	2.4	1.6

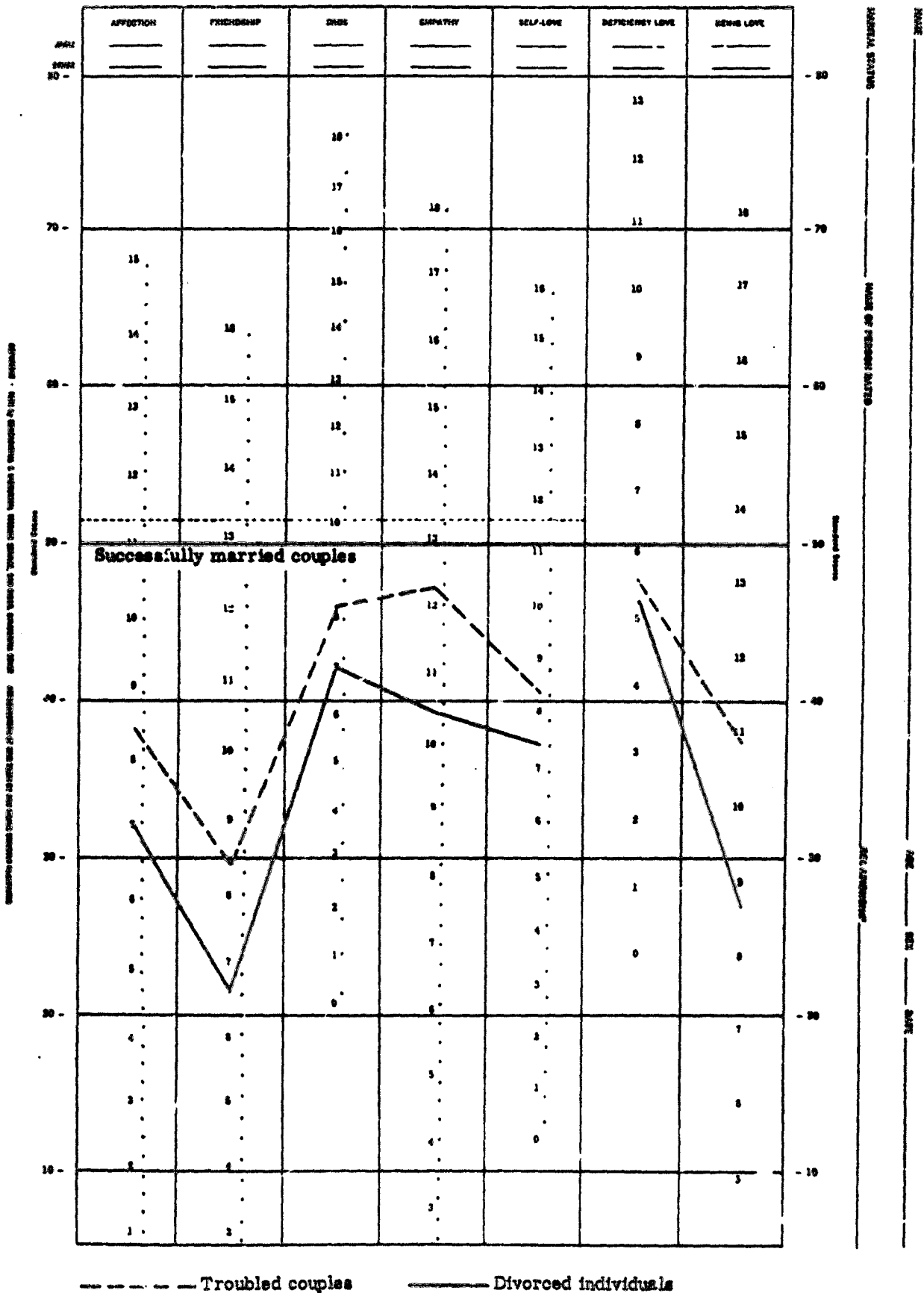
¹Based on a sample of 75 successfully married couples (N = 150).
²None significant at the 0.05 confidence level.

NORMATIVE SAMPLE DATA

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SHOSTROM, E.L. Edits Manual. C.R.I. California: Edits, 1975. p. 6

Figure 2. Comparison of troubled couples and divorced individuals against successfully married CRI norms.



MY NAME:..... FRIEND'S NAME:.....

Next to each item on the questionnaire are two columns with the headings "FRIEND" (is. the friend whose name appears at the top of this page) and "SPOUSE" (unmarried males and females should answer in terms of their closest female and male companions/friends respectively).

You are to read each item on the questionnaire and indicate in the appropriate space the extent that you have talked about that item to each person; that is, the extent to which you have made yourself known to that person. Use the rating scale given here to describe the extent that you have talked about each item:

- 0: Have told the other person nothing about this aspect of me.
- 1: Have talked in general terms about this item to the other person. The other person has only a general idea about this aspect of me.
- 2: Have talked in full and complete detail about this item to the other person. He/she knows me fully in this respect, and could describe me accurately.
- X: Have lied or misrepresented myself to the other person so that he/she has a false picture of me.

	FRIEND	SPOUSE
<u>Attitudes & Opinions</u>		
1. What I think and feel about religion; my personal religious views		
2. My personal opinions and feelings about other religious groups than my own, e.g., Protestants, Catholics, Jews.		
3. My views on communism		
4. My views on the present government - the prime minister, government policies, etc.		
5. My views on the question of racial integration in schools, transportation, etc.		
6. My personal views on drinking		

S-D Questionnaire continued.....

ii.

	FRIEND	SPOUSE
7. My personal views on sexual morality - how I feel that I and others ought to behave in sexual matters.		
8. My personal standards of beauty and attractiveness in women - what I consider to be attractive in a woman.		
9. The things that I regard as desirable for a man to be - what I look for in a man.		
10. My feelings about how parents ought to deal with children.		
<u>Tastes & Interests</u>		
1. My favourite foods, the way I like food prepared, and my food dislikes.		
2. My favourite beverages, and the ones I do not like.		
3. My likes and dislikes in music.		
4. My favourite reading matter.		
5. The kinds of movies that I like to see best; the TV shows that are my favourites.		
6. My tastes in clothing.		
7. The style of house, and the kinds of furnishings that I		
8. The kind of party, or social gathering that I like best, and the kind that would bore me, or that I would not enjoy.		
9. My favourite ways of spending spare time, e.g., hunting, reading, cards, sports events, parties, dancing, etc.		
10. What I would appreciate most for a present.		
<u>Work (or Studies)</u>		
1. What I would find to be the worst pressures and strains in my work.		
2. What I find to be the most boring and unenjoyable aspects of my work.		
3. What I enjoy most, and get the most satisfaction from in my present work.		

P.T.O.

S-D Questionnaire continued.....

111.

	FRIEND	SPOUSE
4. What I feel are my shortcomings and handicaps that prevent me from working as I'd like to, or that prevent me from getting further ahead in my work.		
5. What I feel are my special strong points and qualifications for my work.		
6. How I feel that my work is appreciated by others (eg. boss, fellow-workers, teacher, husband, etc.)		
7. My ambitions and goals in my work.		
8. My feelings about the salary or rewards that I get for my work.		
9. How I feel about the choice of career that I have made - whether or not I'm satisfied with it.		
10. How I really feel about the people that I work for, or work with.		
<u>Money</u>		
1. How much money I make at my work, or get as an allowance		
2. Whether or not I owe money; if so, how much.		
3. Whom I owe money to at present; or whom I have borrowed from in the past.		
4. Whether or not I have savings, and the amount.		
5. Whether or not others owe me money; the amount, and who owes it to me.		
6. Whether or not I gamble; if so, the way I gamble, and the extent of it.		
7. All of my present sources of income - wages, fees, allowance, dividends, etc.		
8. My total financial worth, including property, savings, bonds, insurance, etc.		
9. My most pressing need for money right now, e.g., outstanding bills, some major purchase that is desired or needed.		
10. How I budget my money - the proportion that goes to necessities, luxuries, etc.		

S-D Questionnaire continued.....

iv.

Personality	FRIEND	SPOUSE
1. The aspects of my personality that I dislike, worry about, that I regard as a handicap to me.		
2. What feelings, if any, that I have trouble expressing or controlling.		
3. The facts of my present sex life - including knowledge of how I get sexual gratification; any problems that I might have; with whom I have relations if any.		
4. Whether or not I feel that I am attractive to the opposite sex; my problems if any, about getting favourable attention from the opposite sex.		
5. Things in the past or present that I feel ashamed and guilty about.		
6. The kinds of things that make me just furious.		
7. What it takes to get me feeling really depressed and blue.		
8. What it takes to get me really worried, anxious, and afraid.		
9. What it takes to hurt my feelings deeply.		
10. The kinds of things that make me especially proud of myself, elated, full of self-esteem or self-respect.		
<u>Body</u>		
1. My feelings about the appearance of my face - things I do not like, and things that I might like about my face and head - nose, eyes, hair, teeth, etc.		
2. How I wish I looked; my ideals for overall appearance.		
3. My feelings about different parts of my body - legs, hips, waist, weight, chest or bust, etc.		
4. Any problems and worries that I had with my appearance in the past.		
5. Whether or not I now have any health problems - e.g., trouble with sleep, digestion, female complaints, heart condition, allergies, piles, etc.		
		P.T.O.

S-D Questionnaire continued.....

	FRIEND	SPOUSE
6. Whether or not I have any long-range worries or concerns about my health, e.g., cancer, ulcers, heart trouble.		
7. My past record of illness and treatment.		
8. Whether or not I now make special effort to keep fit, healthy, and attractive, e.g., gym, diets.		
9. My present physical measurements, e.g., height, weight, waist, etc.		
10. My feelings about my adequacy in sexual behaviour - whether or not I feel able to perform adequately in sex-relationships.		

IMPORTANT: DO NOT DISCUSS OR SHOW THIS QUESTIONNAIRE TO ANYONE
BEFORE OR AFTER COMPLETION.
MAKE SURE THAT YOU HAVE RATED ALL THE ITEMS IN REGARD
TO BOTH "FRIEND" AND "SPOUSE".

THE IPM QUESTIONS

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Source: LAING, R.D.; PHILLIPSON, H. and LEE, A.R. Interpersonal Perception. A Theory and Method of Research. U.K.: Tavistock Publications, 1966. pp.144-174.

MY NAME: HUSBAND/WIFE/FRIEND's NAME:

Read each question and mark the answer form adjoining each question with a tick (✓) to show how true each statement is:

	+	+	-	-	?
1					
2					
3					
4					

Answer Form

If you feel the statement is very true, put a mark in column +

If it is slightly true, put a mark in column +

If it is slightly untrue, put a mark in column -

If it is very untrue, put a mark in column -

You will see that each of the 60 items has three sections: A, B, and C. In Section A, the questions are direct. In Section B, you will be putting in the answers that you think "she" or "he" would give, and in Section C, you will be giving the answers that "she" or "he" would think you would give to each question.

There will be some questions that you might find difficult because they are true or untrue sometimes, but not at other times. When this is very strongly the case, you should still try to decide whether it is in balance true or untrue, but add also a mark in the last column (?).

It is best to do the questions quite quickly, because your first thoughts will be more useful, and because there are a great many questions to do.

P.T.O.

PART ONE

1. A. How true do you think the following are?

1. She/he understands me.2. I understand her/him.3. She/he understands herself/himself.4. I understand myself.

B. How would SHE/HE answer the following?

1. "I understand her/him."2. "He/she understands me."3. "I understand myself."4. "He/she understands herself/himself."

C. How would SHE/HE think you would have answered the following?

1. She/he understands me.2. I understand her/him.3. She/he understands herself/himself.4. I understand myself.

PART TWO

2. A. How true do you think the following are?

1. She/he makes up my mind for me.2. I make up her/his mind for her/him.3. She/he makes up her/his own mind.4. I make up my own mind.

B. How would SHE/HE answer the following?

1. "I make up his/her mind for him/her."2. "He/she makes up my mind for me."3. "I make up my own mind."4. "He/she makes up his/her own mind."

C. How would SHE/HE think you have answered the following?

1. She/he makes up his mind for me.2. I make up her/his mind for her/him.3. She/he makes up her/his own mind.4. I make up my own mind.

PART THREE

3. A. How true do you think the following are?

1. She/he is wrapped up in me.
2. I am wrapped up in her/him.
3. She/he is wrapped up in herself/himself.
4. I am wrapped up in myself.

B. How would SHE/HE answer the following?

1. "I am wrapped up in him/her."
2. "He/she is wrapped up in me."
3. "I am wrapped up in myself."
4. "He/she is wrapped up in himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he is wrapped up in me.
2. I am wrapped up in her/him.
3. She/he is wrapped up in herself/himself.
4. I am wrapped up in myself.

PART FOUR

4. A. How true do you think the following are?

1. She/he depends on me.
2. I depend on her/him.
3. She/he depends on herself/himself.
4. I depend on myself.

B. How would SHE/HE answer the following?

1. "I depend on him/her."
2. "He/she depends on me."
3. "I depend on myself."
4. "He/she depends on himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he depends on me.
2. I depend on her/him.
3. She/he depends on herself/himself
4. I depend on myself.

PART FIVE

5. A. How true do you think the following are?

1. She/he can't come to terms with me.
2. I can't come to terms with her/Him.
3. She/he can't come to terms with herself/himself.
4. I can't come to terms with myself.

B. How would SHE/HE answer the following?

1. "I can't come to terms with him/her."
2. "He/she can't come to terms with me."
3. "I can't come to terms with myself."
4. "He/she can't come to terms with himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he can't come to terms with me.
2. I can't come to terms with her/him.
3. She/he can't come to terms with herself/himself.
4. I can't come to terms with myself.

PART SIX

6. A. How true do you think the following are?

1. She/he takes me seriously.
2. I take her/him seriously.
3. She/he takes herself/himself seriously.
4. I take myself seriously.

B. How would SHE/HE answer the following?

1. "I take him/her seriously."
2. "He/she takes me seriously."
3. "I take myself seriously."
4. "He/she takes himself/herself seriously."

C. How would SHE/HE think you would have answered the following?

1. She/he takes me seriously.
2. I take her/him seriously.
3. She/he takes herself/himself seriously.
4. I take myself seriously.

The IPM Questions continued.....

PART SEVEN

7. A. How true do you think the following are?

- | | + | + | - | - | ? |
|---|---|---|---|---|---|
| 1. She/he is disappointed in me. | | | | | |
| 2. I am disappointed in her/him. | | | | | |
| 3. She/he is disappointed in herself/himself. | | | | | |
| 4. I am disappointed in myself. | | | | | |

B. How would SHE/HE answer the following?

- | | | | | | |
|---|--|--|--|--|--|
| 1. "I am disappointed in him/her." | | | | | |
| 2. "He/she is disappointed in me." | | | | | |
| 3. "I am disappointed in myself." | | | | | |
| 4. "He/she is disappointed in himself/herself." | | | | | |

C. How would SHE/HE think you have answered the following?

- | | | | | | |
|---|--|--|--|--|--|
| 1. She/he is disappointed in me. | | | | | |
| 2. I am disappointed in her/him. | | | | | |
| 3. She/he is disappointed in herself/himself. | | | | | |
| 4. I am disappointed in myself. | | | | | |

PART EIGHT

8. A. How true do you think the following are?

- | | | | | | |
|--|--|--|--|--|--|
| 1. She/he can't stand me. | | | | | |
| 2. I can't stand her/him. | | | | | |
| 3. She/he can't stand herself/himself. | | | | | |
| 4. I can't stand myself. | | | | | |

B. How would SHE/HE answer the following?

- | | | | | | |
|--------------------------------------|--|--|--|--|--|
| 1. "I can't stand him/her." | | | | | |
| 2. "He/she can't stand me." | | | | | |
| 3. "I can't stand myself." | | | | | |
| 4. "He can't stand himself/herself." | | | | | |

C. How would SHE/HE think you have answered the following?

- | | | | | | |
|--|--|--|--|--|--|
| 1. She/he can't stand me. | | | | | |
| 2. I can't stand her/him. | | | | | |
| 3. She/he can't stand herself/himself. | | | | | |
| 4. I can't stand myself. | | | | | |

The IBM Questions continued.....

Page 6

PART NINE

9. A. How true do you think the following are?

- | | + | + | - | - | ? |
|---|---|---|---|---|---|
| 1. She/he takes good care of me. | | | | | |
| 2. I take good care of her/him. | | | | | |
| 3. She/he takes good care of herself/himself. | | | | | |
| 4. I take good care of myself. | | | | | |

B. How would SHE/HE answer the following?

- | | | | | | |
|---|--|--|--|--|--|
| 1. "I take good care of him/her." | | | | | |
| 2. "He/she takes good care of me." | | | | | |
| 3. "I take good care of myself." | | | | | |
| 4. "He/she takes good care of himself/herself." | | | | | |

C. How would SHE/HE think you have answered the following?

- | | | | | | |
|--|--|--|--|--|--|
| 1. She/he takes good care of me. | | | | | |
| 2. I take good care of her/him. | | | | | |
| 3. She/he take good care of herself/himself. | | | | | |
| 4. I take good care of myself. | | | | | |

PART TEN

10. A. How true do you think the following are?

- | | | | | | |
|--|--|--|--|--|--|
| 1. She/he would like to get away from me? | | | | | |
| 2. I would like to get away from her/him. | | | | | |
| 3. She/he would like to get away from her/himself. | | | | | |
| 4. I would like to get away from myself. | | | | | |

B. How would SHE/HE answer the following?

- | | | | | | |
|---|--|--|--|--|--|
| 1. "I would like to get away from him/her" | | | | | |
| 2. "He/she would like to get away from me." | | | | | |
| 3. "I would like to get away from myself." | | | | | |
| 4. "He/she would to get away from him/herself." | | | | | |

C. How would SHE/HE think you have answered the following?

- | | | | | | |
|--|--|--|--|--|--|
| 1. She/he would like to get away from me. | | | | | |
| 2. I would like to get away from her/him. | | | | | |
| 3. She/he would like to get away from her/himself. | | | | | |
| 4. I would like to get away from myself. | | | | | |

The IPM Questions continued.....

PART ELEVEN

11. A. How true do you think the following are?

1. She/he is afraid of me.2. I am afraid of her/him.3. She/he is afraid of herself/himself.4. I am afraid of myself.

B. How would SHE/HE answer the following?

1. "I am afraid of him/her."2. "He/she is afraid of me."3. "I am afraid of myself."4. "He/she is afraid of himself/herself."

C. How would SHE/HE think you would have answered the following?

1. She/he is afraid of me.2. I'm afraid of her/him.3. She/he is afraid of herself/himself.4. I am afraid of myself.

PART TWELVE

12. A. How true do you think the following are?

1. She/he respects me.2. I respect her/him.3. She/he respects herself/himself.4. I respect myself.

B. How would SHE/HE answer the following?

1. "I respect him/her."2. "He/she respects me."3. "I respect myself."4. "He/she respects himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he respects me.2. I respect her/him.3. She/he respects herself/himself.4. I respect myself.

PART THIRTEEN

13. A. How true do you think the following are?

1. She/he makes me the centre of her/his world.2. I make her/him the centre of my world.3. She/he makes her/himself the centre of her/his world.4. I make myself the centre of my world.

B. How would SHE/HE answer the following?

1. "I make him/her the centre of my world."2. "He/she makes me the centre of her/his world."3. "I make myself the centre of my world."4. "He/she makes herself/himself the centre of his/her world."

C. How would SHE/HE think you have answered the following?

1. She makes me the centre of her/his world.2. I make her/him the centre of my world.3. She/he makes her/himself the centre of her/his world.4. I make myself the centre of my world.

PART FOURTEEN

14. A. How true do you think the following are?

1. She/he is mean with me.2. I am mean with her/him.3. She/he is mean with herself/himself.4. I am mean with myself.

B. How would SHE/HE answer the following?

1. "I am mean with him/her."2. "He/she is mean with me."3. "I am mean with myself."4. "He/she is mean with herself/himself."

C. How would SHE/HE think you have answered the following?

1. She/he is mean with me.2. I am mean with her/him.3. She/he is mean with herself/himself.4. I am mean with myself.

PART FIFTEEN.

15. A. How true do you think the following are?

1. She/he loves me.
2. I love her/him.
3. She/he loves herself/himself.
4. I love myself.

B. How would SHE/HE answer the following?

1. "I love him/her."
2. "He/she loves me."
3. "I love myself."
4. "He/she loves himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he loves me.
2. I love her/him.
3. She/he loves herselfHimself.
4. I love myself.

PART SIXTEEN

16. A. How true do you think the following are?

1. She/he tries to outdo me.
2. I try to outdo her/him.
3. She/he tries to outdo herself/himself.
4. I try to outdo myself.

B. How would SHE/HE answer the following?

1. "I try to outdo him/her."
2. "He/she tries to outdo me."
3. "I try to outdo myself."
4. "He/she tries to outdo himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he tries to outdo me.
2. I try to outdo her/him.
3. She/he tries to outdo herself/himself.
4. I try to outdo myself.

The IPM Questions continued.....

PART SEVENTEEN

17. A. How true do you think the following are?

1. She/he fights with me.
2. I fight with her/him.
3. She/he fights with herself/himself.
4. I fight with myself.

B. How would she/he answer the following?

1. "I fight with him/her."
2. "He/she fights with me."
3. "I fight with myself."
4. "He/she fights with himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he fights with me.
2. I fight with her/him.
3. She/he fights with herself/himself.
4. I fight with myself.

PART EIGHTEEN

18. A. How true do you think the following are?

1. She/he torments me.
2. I torment her/him.
3. She/he torments herself/himself.
4. I torment myself.

B. How would SHE/HE answer the following?

1. "I torment him/her."
2. "He/she torments me."
3. "I torment myself."
4. "He/she torments himself/herself."

C. How would SHE/HE think you have answered the following?

1. She torments me.
2. I torment her/him.
3. She/he torments herself/himself.
4. I torment myself.

	+	-	=	?
17. A. How true do you think the following are?				
1. <u>She/he fights with me.</u>				
2. <u>I fight with her/him.</u>				
3. <u>She/he fights with herself/himself.</u>				
4. <u>I fight with myself.</u>				
B. How would <u>she/he</u> answer the following?				
1. <u>"I fight with him/her."</u>				
2. <u>"He/she fights with me."</u>				
3. <u>"I fight with myself."</u>				
4. <u>"He/she fights with himself/herself."</u>				
C. How would SHE/HE think you have answered the following?				
1. <u>She/he fights with me.</u>				
2. <u>I fight with her/him.</u>				
3. <u>She/he fights with herself/himself.</u>				
4. <u>I fight with myself.</u>				
PART EIGHTEEN				
18. A. How true do you think the following are?				
1. <u>She/he torments me.</u>				
2. <u>I torment her/him.</u>				
3. <u>She/he torments herself/himself.</u>				
4. <u>I torment myself.</u>				
B. How would SHE/HE answer the following?				
1. <u>"I torment him/her."</u>				
2. <u>"He/she torments me."</u>				
3. <u>"I torment myself."</u>				
4. <u>"He/she torments himself/herself."</u>				
C. How would SHE/HE think you have answered the following?				
1. <u>She torments me.</u>				
2. <u>I torment her/him.</u>				
3. <u>She/he torments herself/himself.</u>				
4. <u>I torment myself.</u>				

PART NINETEEN

19. A. How true do you think the following are?

1. She/he takes responsibility for me.
2. I take responsibility for her/him.
3. She/he takes responsibility for her/himself.
4. I take responsibility for myself.

B. How would SHE/HE answer the following?

1. "I take responsibility for him/her."
2. "He/she takes responsibility for me."
3. "I take responsibility for myself."
4. "He takes responsibility for him/herself."

C. How would SHE/HE think you have answered the following?

1. She/he takes responsibility for me.
2. I take responsibility for her/him.
3. She/he takes responsibility for her/himself.
4. I take responsibility for myself.

PART TWENTY

20. A. How true do you think the following are?

1. She/he finds fault with me.
2. I find fault with her/him.
3. She/he finds fault with herself/himself.
4. I find fault with myself.

B. How would SHE/HE answer the following?

1. "I find fault with him/her."
2. "He/she finds fault with me."
3. "I find fault with myself."
4. "He/she finds fault with himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he finds fault with me.
2. I find fault with her/him.
3. She/he finds fault with herself/himself.
4. I find fault with myself.

19. A. How true do you think the following are?

1. She/he takes responsibility for me.
2. I take responsibility for her/him.
3. She/he takes responsibility for her/himself.
4. I take responsibility for myself.

B. How would SHE/HE answer the following?

1. "I take responsibility for him/her."
2. "He/she takes responsibility for me."
3. "I take responsibility for myself."
4. "He takes responsibility for him/herself."

C. How would SHE/HE think you have answered the following?

1. She/he takes responsibility for me.
2. I take responsibility for her/him.
3. She/he takes responsibility for her/himself.
4. I take responsibility for myself.

PART TWENTY

20. A. How true do you think the following are?

1. She/he finds fault with me.
2. I find fault with her/him.
3. She/he finds fault with herself/himself.
4. I find fault with myself.

B. How would SHE/HE answer the following?

1. "I find fault with him/her."
2. "He/she finds fault with me."
3. "I find fault with myself."
4. "He/she finds fault with himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he finds fault with me.
2. I find fault with her/him.
3. She/he finds fault with herself/himself.
4. I find fault with myself.

The IPM Questions continued.....

PART TWENTY-ONE

21. A. How true do you think the following are?

1. She/he lets me be myself.
2. I let her/him be herself/himself.
3. She/he lets her/himself be her/himself.
4. I let myself be myself.

B. How would SHE/HE answer the following?

1. "I let him/her be himself/herself."
2. "He/she lets me be myself."
3. "I let myself be myself."
4. "He/she lets him/herself be him/herself."

C. How would SHE/HE think you have answered the following?

1. She/he lets me be myself.
2. I let her/him be herself/himself.
3. She/he lets her/himself be her/himself.
4. I let myself be myself.

PART TWENTY-TWO

22. A. How true do you think the following are?

1. She/he couldn't care less about me.
2. I couldn't care less about her/him.
3. She/he couldn't care less about her/himself.
4. I couldn't care less about myself.

B. How would SHE/HE answer the following?

1. "I couldn't care less about him/her."
2. "He/she couldn't care less about me."
3. "I couldn't care less about myself."
4. "He/she couldn't care less about him/herself."

C. How would SHE/HE think you have answered the following?

1. She/he couldn't care less about me.
2. I couldn't care less about her/him.
3. She/he couldn't care less about her/himself.
4. I couldn't care less about myself.

The IFM Questions continued.....

PART TWENTY-THREE

23. A. How true do you think the following are?

1. She/he pities me.

2. I pity her/him.

3. She/he pities herself/himself.

4. I pity myself.

B. How would SHE/HE answer the following?

1. "I pity him/her."

2. "He/she pities me."

3. "I pity myself."

4. "He/she pities herself/himself."

C. How would SHE/HE think you have answered the following?

1. She/he pities me.

2. I pity her/him.

3. She/he pities herself/himself.

4. I pity myself.

PART TWENTY-FOUR

24. A. How true do you think the following are?

1. She/he doubts me.

2. I doubt her/him.

3. She/he doubts herself/himself.

4. I doubt myself.

B. How would SHE/HE answer the following?

1. "I doubt him/her."

2. "He/she doubts me."

3. "I doubt myself."

4. "He/she doubts himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he doubts me.

2. I doubt her/him.

3. She/he doubts herself/himself.

4. I doubt myself.

PART TWENTY-FIVE

25. A. How true do you think the following are?

- | | + | - | = | ? |
|--|---|---|---|---|
| 1. She/he makes contradictory demands on me. | | | | |
| 2. I make contradictory demands on her/him. | | | | |
| 3. She/he makes contradictory demands on herself
himself. | | | | |
| 4. I make contradictory demands on myself. | | | | |

B. How would SHE/HE answer the following?

- | | | | | |
|--|--|--|--|--|
| 1. "I make contradictory demands on him/her." | | | | |
| 2. "He/she makes contradictory demands on me." | | | | |
| 3. "I make contradictory demands on myself." | | | | |
| 4. "He/she makes contradictory demands on
himself/herself." | | | | |

C. How would SHE/HE think you would have answered the following?

- | | | | | |
|--|--|--|--|--|
| 1. She/he makes contradictory demands on me. | | | | |
| 2. I make contradictory demands on her/him. | | | | |
| 3. She/he makes contradictory demands on
herself/himself. | | | | |
| 4. I make contradictory demands on myself. | | | | |

PART TWENTY-SIX

26. A. How true do you think the following are?

- | | | | | |
|---------------------------------------|--|--|--|--|
| 1. She/he gets on my nerves. | | | | |
| 2. I get on her/his nerves. | | | | |
| 3. She/he gets on her/his own nerves. | | | | |
| 4. I get on my own nerves. | | | | |

B. How would SHE/HE answer the following?

- | | | | | |
|---|--|--|--|--|
| 1. "I get on his/her nerves." | | | | |
| 2. "He/she gets on my nerves." | | | | |
| 3. "I get on my own nerves." | | | | |
| 4. "He/she gets on his/her own nerves." | | | | |

C. How would SHE/HE think you have answered the following?

- | | | | | |
|---------------------------------------|--|--|--|--|
| 1. She/he gets on my nerves. | | | | |
| 2. I get on her/his nerves. | | | | |
| 3. She/he gets on her/his own nerves. | | | | |
| 4. I get on my own nerves. | | | | |

The IFM Questions continued.....

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PART TWENTY-SEVEN

27. A. How true do you think the following are?

1. She/he mocks me.
2. I mock her/him.
3. She/he mocks herself/himself.
4. I mock myself.

B. How would SHE/HE answer the following?

1. "I mock him/her."
2. "He/she mocks me."
3. "I mock myself."
4. "He/she mocks herself/himself."

C. How would SHE/HE think you have answered the following?

1. She/he mocks me.
2. I mock her/him.
3. She/he mocks herself/himself.
4. I mock myself.

PART TWENTY-EIGHT

28. A. How true do you think the following are?

1. She/he is honest with me.
2. I am honest with her/him.
3. She/he is honest with herself/himself.
4. I am honest with myself.

B. How would SHE/HE answer the following?

1. "I am honest with him/her."
2. "He/she is honest with me."
3. "I am honest with myself."
4. "He/she is honest with himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he is honest with me.
2. I am honest with her/him.
3. She/he is honest with herself/himself.
4. I am honest with myself.

The IFM Questions continued.....

PART TWENTY-NINE

29. A. How true do you think the following are?

1. She/he hates me.2. I hate her/him.3. She/he hates herself/himself.4. I hate myself.

B. How would SHE/HE answer the following?

1. "I hate him/her."2. "He/she hates me."3. "I hate myself."4. "He/she hates herself/himself."

C. How would SHE/HE think you have answered the following?

1. She/he hates me.2. I hate her/him.3. She/he hates herself/himself.4. I hate myself.

PART THIRTY

30. A. How true do you think the following are?

1. She/he analyzes me.2. I analyze her/him.3. She/he analyzes herself/himself.4. I analyze myself.

B. How would SHE/HE answer the following?

1. "I analyze him/her."2. "He/she analyzes me."3. "I analyze myself."4. "He/she analyzes himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he analyzes me.2. I analyze her/him.3. She/he analyzes herself/himself.4. I analyze myself.

The IPM Questions continued.....

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PART THIRTY-ONE

	+	-	=	?
31. A. How true do you think the following are?				
1. She/he treats me like a machine.				
2. I treat her/him like a machine.				
3. She/he treats herself/himself like a machine.				
4. I treat myself like a machine.				
B. How would SHE/HE answer the following?				
1. "I treat him/her like a machine."				
2. "He/she treats me like a machine."				
3. "I treat myself like a machine."				
4. "He/she treats him/herself like a machine."				
C. How would SHE/HE think you have answered the following?				
1. She/he treats me like a machine.				
2. I treat her/him like a machine.				
3. She/he treats her/himself like a machine.				
4. I treat myself like a machine.				

PART THIRTY - TWO

32. A. How true do you think the following are?				
1. She/he lets me down.				
2. I let her/him down.				
3. She/he lets herself/himself down.				
4. I let myself down.				
B. How would SHE/HE answer the following?				
1. "I let him/her down."				
2. "He/she lets me down."				
3. "I let myself down."				
4. "He/she lets himself/herself down."				
C. How would SHE/HE think you have answered the following?				
1. She/he lets me down.				
2. I let her/him down.				
3. She/he lets herself/himself down.				
4. I let myself down.				

PART THIRTY-THREE

33. A. How true do you think the following are?

1. She/he expects too much of me.2. I expect too much of her/him.3. She/he expects too much of herself/himself.4. I expect too much of myself.

B. How would SHE/HE answer the following?

1. "I expect too much of him/her."2. "He/she expects too much of me."3. "I expect too much of myself."4. "He/she expects too much of herself/himself."

C. How would SHE/HE think you have answered the following?

1. She/he expects too much of me.2. I expect too much of her/him.3. She/he expects too much of herself/himself.4. I expect too much of myself.

PART THIRTY-FOUR

34. A. How true do you think the following are?

1. She/he is good to me.2. I am good to her/him.3. She/he is good to herself/himself.4. I am good to myself.

B. How would SHE/HE answer the following?

1. "I am good to him/her."2. "He/she is good to me."3. "I am good to myself."4. "He/she is good to himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he is good to me.2. I am good to her/him.3. She/he is good to herself/himself.4. I am good to myself.

PART THIRTY-FIVE

35. A. How true do you think the following are?

1. She/he worries about me.
2. I worry about her/him.
3. She/he worries about herself/himself.
4. I worry about myself.

B. How would SHE/HE answer the following?

1. "I worry about him/her."
2. "He/she worries about me."
3. "I worry about myself."
4. "He/she worries about herself/himself."

C. How would SHE/HE think you have answered the following?

1. She/he worries about me.
2. I worry about her/him.
3. She/he worries about herself/himself.
4. I worry about myself.

PART THIRTY-SIX

36. A. How true do think the following are?

1. She /he can face up to my conflicts.
2. I can face up to her/his conflicts.
3. She/he can face up to her/his own conflicts.
4. I can face up to my own conflicts.

B. How would SHE/HE answer the following?

1. "I can face up to his/her conflicts."
2. "He/she can face up to my conflicts."
3. "I can face up to my own conflicts."
4. "He/she can face up to her/his own conflicts."

C. How would SHE/HE think you have answered the following?

1. She/he can face up to my conflicts.
2. I can face up to her/his conflicts.
3. She/he can face up to her/his own conflicts.
4. I can face up to my own conflicts.

The IPM Questions continued.....

PART THIRTY-SEVEN.

37. A. How true do you think the following are?

1. She/he is at one with me.
2. I am at one with her/him.
3. She/he is at one with herself/himself.
4. I am at one with myself.

B. How would SHE/HE answer the following?

1. "I am at one with him/her."
2. "He is at one with me."
3. "I am at one with myself."
4. "He/she is at one with herself/himself."

C. How would SHE/HE think you have answered the following?

1. She/he is at one with me.
2. I am at one with her/him.
3. She/he is at one with herself/himself.
4. I am at one with myself.

PART THIRTY-EIGHT

38. A. How true do you think the following are?

1. She/he won't let me be.
2. I won't let her/him be.
3. She/he won't let herself/himself be.
4. I won't let myself be.

B. How would SHE/HE answer the following?

1. "I won't let him/her be."
2. "He/she won't let me be."
3. "I won't let myself be."
4. "He/she won't let herself/himself be."

C. How would SHE/HE think you have answered the following?

1. She/he won't let me be.
2. I won't let her/him be.
3. She/he won't let herself/himself be.
4. I won't let myself be.

The IPM Questions continued.....

PART THIRTY- NINE

39. A. How true do you think the following are?

1. She/he blames me. _____
2. I blame her/him. _____
3. She/he blames herself/himself. _____
4. I blame myself. _____

B. How would SHE/HE answer the following?

1. "I blame him/her." _____
2. "She/he blames me." _____
3. "I blame myself." _____
4. "He/she blames himself/herself." _____

C. How would SHE/HE think you have answered the following?

1. She/he blames me. _____
2. I blame her/him. _____
3. She/he blames herself/himself. _____
4. I blame myself. _____

PART FORTY

40. A. How true do you think the following are?

1. She/he thinks a lot of me. _____
2. I think a lot of her/him. _____
3. She/he thinks a lot of herself/himself. _____
4. I think a lot of myself. _____

B. How would SHE/HE answer the following?

1. "I think a lot of him/her." _____
2. "He thinks a lot of me." _____
3. "I think a lot of myself." _____
4. "He/she thinks a lot of himself/herself." _____

C. How would SHE/HE think you have answered the following?

1. She/he thinks a lot of me. _____
2. I think a lot of her/him. _____
3. She/he thinks a lot of herself/himself. _____
4. I think a lot of myself. _____

The IPM Questions continued.....

PART FORTY-ONE

41. A. How true do you think the following are?

1. She/he deceives me.2. I deceive her/him.3. She/he deceives herself/himself.4. I deceive myself.

B. How would SHE/HE answer the following?

1. "I deceive him/her."2. "He/she deceives Me."3. "I deceive myself."4. "He/she deceives herself/himself."

C. How would SHE/HE think you have answered the following?

1. She/he deceives me.2. I deceive her/him.3. She/he deceives herself/himself.4. I deceive myself.

PART FORTY-TWO

42. A. How true do you think the following are?

1. She/he has lost hope for my future.2. I have lost hope for her/his future.3. She has lost hope for her/his own future.4. I have lost hope for my own future.

B. How would SHE/HE answer the following?

1. "I have lost hope for his/her future."2. "He/she has lost hope for my future."3. "I have lost hope for my own future."4. "He/she has lost hope for his/her own future."

C. How would SHE/HE think you have answered the following?

1. She/he has lost hope for my future.2. I have lost hope for her/his future.3. She/he has lost hope for her/his own future.4. I have lost hope for my own future.

The IPM Questions continued.....

PART FORTY-THREE

43. A. How true do you think the following are?

1. She/he likes me.
2. I like her/him.
3. She/he likes herself/himself.
4. I like myself.

B. How would SHE/HE answer the following?

1. "I like him/her."
2. "He/she likes me."
3. "I like myself."
4. "He/she likes himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he likes me.
2. I like her/him.
3. She/he likes herself/himself.
4. I like myself.

PART FORTY-FOUR

44. A. How true do you think the following are?

1. She/he has a warped view of me.
2. I have a warped view of her/him.
3. She/he has a warped view of herself/himself.
4. I have a warped view of myself.

B. How would SHE/HE answer the following?

1. "I have a warped view of him/her."
2. "He/she has a warped view of me."
3. "I have a warped view of myself."
4. "He/she has a warped view of her/himself."

C. How would SHE/HE think you have answered the following?

1. She/he has a warped view of me.
2. I have a warped view of her/him.
3. She/he has a warped view of her/himself.
4. I have a warped view of myself.

PART FORTY-FIVE

45. A. How true do you think the following are?

1. She/he readily forgives me.
2. I readily forgive her/him.
3. She/he readily forgives herself/himself.
4. I readily forgive myself.

B. How would SHE/HE answer the following?

1. "I readily forgive her/him."
2. "He/she readily forgives me."
3. "I readily forgive myself."
4. "He/she readily forgives himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he readily forgives me.
2. I readily forgive her/him.
3. She/he readily forgives herself/himself.
4. I readily forgive myself.

PART FORTY-SIX

46. A. How true do you think the following are?

1. She/he puts me on a pedestal.
2. I put her/him on a pedestal.
3. She/he puts herself/himself on a pedestal.
4. I put myself on a pedestal.

B. How would SHE/HE answer the following?

1. "I put him/her on a pedestal."
2. "He/she puts me on a pedestal."
3. "I put myself on a pedestal."
4. "He/she puts himself/herself on a pedestal."

C. How would SHE/HE think you have answered the following?

1. She/he puts me on a pedestal.
2. I put her/him on a pedestal.
3. She/he puts herself/himself on a pedestal.
4. I put myself on a pedestal.

PART FORTY-SEVEN

47. A. How true do you think the following are?

1. She/he is bitter towards me.
2. I am bitter towards her/him.
3. She is bitter towards herself/himself.
4. I am bitter towards myself.

B. How would SHE/HE answer the following?

1. "I am bitter towards him/her."
2. "He/she is bitter towards me."
3. "I'm bitter towards myself."
4. "He is bitter towards himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he is bitter towards me.
2. I am bitter towards her/him.
3. She/he is bitter towards herself/himself.
4. I am bitter towards myself.

PART FORTY-EIGHT

48. A. How true do you think the following are?

1. She/he creates difficulties for me.
2. I create difficulties for her/him.
3. She/he creates difficulties for her/himself.
4. I create difficulties for myself.

B. How would SHE/HE answer the following?

1. "I create difficulties for him/her."
2. "He/she creates difficulties for me."
3. "I create difficulties for myself."
4. "He/she creates difficulties for him/herself."

C. How would SHE/HE think you have answered the following?

1. She/he creates difficulties for me.
2. I create difficulties for her/him.
3. She/he creates difficulties for her/himself.
4. I create difficulties for myself.

PART FORTY-NINE

49. A. How true do you think the following are?

1. She/he belittles me.
2. I belittle her/him.
3. She/ he belittles herself/himself.
4. I belittle myself.

B. How would SHE/HE answer the following?

1. "I belittle him/her."
2. "He/she belittles me."
3. "I belittle myself."
4. "He/she belittles himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he belittles me.
2. I belittle her/him.
3. She/he belittles herself/himself.
4. I belittle myself.

PART FIFTY

50. A. How true do you think the following are?

1. She/he is detached from me.
2. I am detached from her/him.
3. She/he is detached from herself/himself.
4. I am detached from myself.

B. How would SHE/HE answer the following?

1. "She/he is detached from me."
2. "I am detached from him/her."
3. "He/she is detached from himself/herself."
4. "I am detached from myself."

C. How would SHE/HE think you have answered the following?

1. She/he is detached from me.
2. I am detached from him/her.
3. She/he is detached from herself/himself.
4. I am detached from myself.

PART FIFTY-ONE

51. A. How true do you think the following are?

1. She/he makes a clown of me.
2. I make a clown of her/him.
3. She/he makes a clown of herself/himself.
4. I make a clown of myself.

B. How would SHE/HE answer the following?

1. "I make a clown of him/her."
2. "He/she makes a clown of me."
3. "I make a clown of myself."
4. "He/she makes a clown of himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he makes a clown of me.
2. I make a clown of her/him.
3. She/he makes a clown of herself/himself.
4. I make a clown of myself.

PART FIFTY-TWO

A. How true do you think the following are?

1. She/he bewilders me.
2. I bewilder her/him.
3. She/he bewilders herself/himself.
4. I bewilder myself.

B. How would SHE/HE answer the following?

1. "I bewilder him/her."
2. "He/she bewilders me."
3. "I bewilder myself."
4. "He/she bewilders himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he bewilders me.
2. I bewilder her/him.
3. She/he bewilders herself/himself.
4. I bewilder myself.

PART FIFTY-THREE

53. A. How true do you think the following are?

1. She/he believes in me.
2. I believe in her/him.
3. She/he believes in herself/himself.
4. I believe in myself.

B. How would SHE/HE answer the following?

1. "I believe in him."
2. "He/she believes in me."
3. "I believe in myself."
4. "He/she believes in himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he believes in me.
2. I believe in her/him.
3. She/he believes in herself/himself.
4. I believe in myself.

PART FIFTY-FOUR

54. A. How true do you think the following are?

1. She/he humiliates me.
2. I humiliate her/him.
3. She/he humiliates herself/himself.
4. I humiliate myself.

B. How would SHE/HE answer the following?

1. "I humiliate him/her."
2. "He/she humiliates me."
3. "I humiliate myself."
4. "He/she humiliates himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he humiliates me.
2. I humiliate her/him.
3. She/he humiliates herself/himself.
4. I humiliate myself.

PART FIFTY-FIVE

55. A. How true do you think the following are?

1. She/he is sorry for me.
2. I am sorry for her/him.
3. She is sorry for herself/himself.
4. I am sorry for myself.

B. How would SHE/HE answer the following?

1. "I am sorry for him/her."
2. "He/she is sorry for me."
3. "I am sorry for myself."
4. "He/she is sorry for herself/himself."

C. How would SHE/HE think you have answered the following?

1. She/he is sorry for me.
2. I am sorry for her/him.
3. She/he is sorry for herself/himself.
4. I am sorry for myself.

PART FIFTY-SIX

56. A. How true do you think the following are?

1. She/he makes me into a puppet.
2. I make her/him into a puppet.
3. She/he makes herself/himself into a puppet.
4. I make myself into a puppet.

B. How would SHE/HE answer the following?

1. "I make him/her into a puppet."
2. "He/she makes me into a puppet."
3. "I make myself into a puppet."
4. "He/she makes herself/himself into a puppet."

C. How would SHE/HE think you have answered the following?

1. She/he makes me into a puppet.
2. I make her/him into a puppet.
3. She/he makes herself/himself into a puppet.
4. I make myself into a puppet.

PART FIFTY-SEVEN

57. A. How true do you think the following are?

1. She/he spoils me.
2. I spoil her/him.
3. She/he spoils herself/himself.
4. I spoil myself.

B. How would SHE/HE answer the following?

1. "I spoil him/her."
2. "He/she spoils me."
3. "I spoil myself."
4. "He/she spoils herself/himself."

C. How would SHE/HE think you have answered the following?

1. She/he spoils me.
2. I spoil her/him.
3. She spoils herself/himself.
4. I spoil myself.

PART FIFTY-EIGHT

58. A. How true do you think the following are?

1. She/he owes everything to me.
2. I owe everything to her/him.
3. She/he owes everything to herself/himself.
4. I owe everything to myself.

B. How would SHE/HE answer the following?

1. "I owe everything to him/her."
2. "He/she owes everything to me."
3. "I owe everything to myself."
4. "He/she owes everything to himself/herself."

C. How would SHE/HE think you have answered the following?

1. She/he owes everything to me.
2. I owe everything to her/him.
3. She/he owes everything to herself/himself.
4. I owe everything to myself.

Author Danziger M J

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