
An exploration of dramatic rituals to facilitate self-reflexivity among male adolescents who are incarcerated.

RESEARCH REPORT: MASTERS DEGREE IN DRAMA THERAPY

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DECLARATION

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Signature: Boitumelo Mokolopeng

Date

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FOREWORD

“I believe that my unpleasant childhood memories have guided me along the path of compassion. It is this divine synchronicity that has compelled me to navigate the path and to offer redemption to every boy-child who have been self-destructed by their particular adverse circumstances.”

- *Boitumelo Mokolopeng* -

ABSTRACT

This empirical study explores the use of dramatic rituals to facilitate self-reflexivity in male adolescents who are incarcerated at the Bosasa Youth Centre. It examines the attitudes, emotions and behaviour of the participants through the use of the distinctive techniques of drama therapy.

The research study describes a group of male adolescents who are incarcerated. By integrating several research approaches to cultivated themes. It further investigated precipitating factors of delinquent behaviour. This qualitative study also examines barriers that hinder the process of rehabilitation by attempting to dismantle the stigma attached to therapy in juvenile facilities.

The research study demonstrates how the theory and the praxis of drama therapy together with self-reflexivity are fundamental tools to be used when working with vulnerable youth who have been detained. It further demonstrates how enhanced self-awareness can impact positively on the behavior of six inmates in a way that encourages forgiveness of self and others and can achieve wholeness. The term inmates and offenders are used interchangeably in the research study.

Key words: Drama rituals, self-reflexivity, incarcerated, inmates/offenders, juvenile

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Letter of approval from the centre

Consent Form

Information sheet