

TABLE OF CONTENTS

CHAPTER 1 : INTRODUCTION

1.1	RATIONALE OF THE STUDY	10.
1.2	AIMS AND OBJECTIVES	12.
1.3	RESEARCH QUESTIONS	13.
1.4	OUTLINE OF THE REPORT	13.

CHAPTER 2 : LITERATURE REVIEW

2.1	INTRODUCTION	15.
2.2	THEORETICAL FRAMEWORK	15.
2.2.1	Social-Learning Theory	15.
2.2.2	Ecological Approach	19.
2.2.3	The Health Belief Model	21.
2.3	HIV AND AIDS	24.
2.3.1	Present situation of HIV and AIDS in South Africa	24.
2.3.2	Factors influencing the spread of HIV and AIDS	27.
2.4	ADOLESCENT DEVELOPMENT	32.
2.4.1	Physical and sexual development	32.
2.4.2	Factors influencing early engagement in sexual relationships	33.

2.5 SEXUALITY	33.
2.5.1 Sexual behaviour among adolescents	35.
2.5.2 Perceptions of adolescents towards sexuality	35.
2.5.3 Perceptions of adolescents towards condom use	38.
2.5.4 Perceptions of adolescents about their sexual conduct	39.
2.5.5 Condom availability	41.

CHAPTER 3 : RESEARCH DESIGN AND METHODOLOGY

3.1 INTRODUCTION	43.
3.2 RESEARCH DESIGN	45.
3.3 SAMPLING METHODS	45.
3.4 INSTRUMENTS USED	46.
3.5 DATA COLLECTION	46.
3.6 DATA ANALYSIS	47.
3.7 ETHICAL CONSIDERATION	49.
3.8 LIMITATIONS AND SOURCES OF ERROR	49.

CHAPTER 4 : RESULTS AND DISCUSSION

4.1 INTRODUCTION	50.
4.2 PRESENTATION OF RESULTS	52.
4.2.1 Knowledge of adolescents about HIV and AIDS	52.
4.2.2 Response to HIV and AIDS messages	53.
4.2.3 HIV and AIDS infection rates	54.
4.2.4 Attitudes towards HIV and AIDS	55.
4.2.5 Condom use	56.
4.2.6 Abstinence	56.

4.2.7 Future impact of HIV and AIDS	57.
4.3 DISCUSSION OF RESULTS	57.
CHAPTER 5 : SUMMARY AND CONCLUSION	
5.1 SUMMARY	61.
5.2 RECOMMENDATIONS	63.
5.3 REFERENCE LIST	64.
5.4 APPENDICES	69.
5.4.1 Appendix 1	69.
5.4.2 Appendix 2	71.
5.4.3 Appendix 3	72.
5.4.4 Appendix 4	73.
5.4.5 Appendix 5	74.