

Abstract

In my research I aim to investigate whether Drama Therapy approaches could be utilised in working with children and adolescents diagnosed with chronic auto-immune diseases.

Through an integrative literature review I aim to draw upon literature that examines various theoretical underpinnings of these Drama Therapy approaches from a variety of perspectives. I do this in hopes to gain a better understanding as to which approach might be more effective and have a more profound effect when looking at addressing the possibility of working with auto-immune disease and its implications for traumatic response.