

PERFORMANCE-LECTURE

AFRICAN SPIRITUAL HEALING IN DRAMA THERAPY: AN EXPLORATION OF MOVEMENT AND SOUND AS A MEANS OF FACILITATING HEALING

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Can African spirituality in African dance be used as a means of facilitating the healing of women's trauma? This performance explores the possibilities of fusing Credo Mtwá's notion of African spirituality with the ritualistic elements of the Senegalese *Ndeup* dance healing method. The notion of embodiment of trauma is the entry point into this consideration of the embodiment of African dance as a healing tool.







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