

ENTRY REQUIREMENTS

A) PROFESSIONAL LEVEL

Malawi School Certificate of Education (MSCE) or its equivalent with six credit passes including English, Mathematics, Physical Science and Biology.

One should pass University Entrance Examinations for entry at Kamuzu College of Nursing (KCN), Mzuzu & Daeyang Universities

One should pass Malawi College of Health Sciences (MCHS) Entrance Examinations for entry at MCHS.

Oral interviews are conducted for entry to Mzuzu & Daeyang Universities.

Age: the minimum age for entry is 16 to 40 & or 45 years old.

B) TECHNICAL LEVEL

Malawi School Certificate of Education (MSCE) or its equivalent with a pass in English and credit passes in Mathematics, Physical Science or General Science and Biology.

One should pass Malawi College of Health Sciences (MCHS) Entrance Examinations for entry at MCHS.

written examination and oral interviews are required for entry to all CHAM nursing colleges.



WHERE CAN YOU BE TRAINED?

A) PROFESSIONAL LEVEL

1. Kamuzu College of Nursing
Private Bag 1 Lilongwe
2. Mzuzu University
P.O Box 201 Mzuzu
3. Daeyang University
P.O.Box 3033 Lilongwe
4. Malawi College of health Sciences
Priavate Bag 396 Blantyre

B) TECHNICIAN LEVEL

1. St. John's Nursing College
P.O. Box 18 Mzuzu
2. Malamulo College of Health Sciences
P.O. Box 55 Makwasa
3. Ekwendeni College of Health Sciences
P. O Box 19 Ekwendeni
4. Trinity College of Health Sciences
P.O Box 51937 Limbe
5. Malawi College of Health Sciences
P.O. Box 122 Zomba
6. Nguludi Nursing College
P.O. Box 5505 Limbe
7. Holy Family Nursing College
P.O. Box 144 Phalombe
8. Mulanje Nursing College
P.O. Box 45 Mulanje
9. Nkhoma Nursing College
P.O Box 48 Nkhoma
10. St Lukes Nursing College
P. O. Box 21 Chilema

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Compiled by
M.Chinkhata & Dr G. Langley
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A CAREER IN NURSING & MIDWIFERY IN MALAWI



ONCE A NURSE MIDWIFE, ALWAYS ONE
THE CHOICE IS YOURS

EVER THOUGHT OF BECOMING A NURSE MIDWIFE?

INTRODUCTION

This brochure contains brief information that gives a picture of what nursing & midwifery is all about. It has been designed in response to a request from some qualified and male student nurse midwives in Malawi who had joined the profession without much information. So the brochure is a product of a study conducted countrywide in 2014 in nursing colleges and hospitals in the three geographical regions of Malawi. The information will help you make an informed decision when joining the profession. As one male study participant said;

"I really did not know what nursing was. A good number of students, we really did not know what nursing was and we didn't know whether we were in the right profession or not." Male Lecturer, Number 2

So be informed before experiencing the same.

WHAT IS NURSING & MIDWIFERY?

Modern nursing was founded by Florence Nightingale. It is a noble & caring profession that aims at promoting and restoring human life. When working in a hospital, nurses help sick patients meet their daily needs. They also deal with non patients where necessary and these are called clients. On the other hand, midwifery is the care rendered by a person who attends to pregnant women during the course of pregnancy until and after the birth of a baby. In each country, nursing & midwifery has a regulatory body to guide its practice.

In order to provide appropriate care, nurse midwives undertake comprehensive education ranging from 3 to 4 years acquiring the appropriate knowledge, attitudes and skills. This is due to the fact that nursing is both an art and a science. Both men and women can become nurse midwives provided they have a passion to promote health and care for the sick upon undertaking nurse midwifery education.



HAVE YOU EVER IMAGINED WHAT NURSES & MIDWIVES DO?

Nursing is a rewarding profession to both the provider and care recipient. Nurse Midwives work as front line health care providers and form the core of the health care team in a hospital setting. The team comprise doctors, pharmacists, physiotherapists just to mention a few others. Nurse Midwives ensure 24 hour coverage in rendering patient care. Care provision is aided by use of basic and advanced technological equipment as is the case in intensive care unit. Preventive care is also rendered. In promoting and restoring human life, nurses broadly utilize five stages of the nursing process (Potter & Perry, 2005) to identify patient's or client's problems and provide appropriate care.



The level of care provided to patients depends on the severity of patients' condition. Thus a patient can either totally depend on nurses or participate in the care to a certain extent. Nurses are there to ensure the provision of care by meeting patients' physical, psychological and social needs within the nurse patient relationship based on scientific reasoning. Physical needs include; helping patients meet basic activities of daily living such as feeding, toileting & ambulating. They also render advanced care for example in the intensive care unit.

Nursing & midwifery is not just providing bedside care. It also involves leadership, research, community social work & educating future nurse midwives & the public. Thus nurses & midwives can work in Hospitals, Communities Schools/Universities, Companies, & Non Governmental Organisations.

WHAT CAREER OPPORTUNITIES ARE THERE IN NURSING?

The profession is a very dynamic profession giving you various specialties at BSc, Master's & PhD levels such as:

- Midwifery
- Nurse Clinician
- Nurse Education
- Theatre Nursing
- Nursing Research
- Paediatric Nursing
- Community Health Nursing
- Health Services Management
- Surgical & Intensive Care Nursing



IN NURSING WHAT BENEFITS ARE THERE FOR YOU?

Job Security
Personal Satisfaction
Market related Salary
Diverse Career Opportunities
Scholarship & Professional Opportunities

SOME CHALLENGES YOU MAY FACE HOWEVER

SUPPORT IS AVAILABLE IN FORM OF COUNSELLING

- The course demands hard work.
- Some student nurses may have difficulties adjusting to some procedures when performed on patients of the opposite sex.
- Inadequate male role models
- High competition to upgrade to professional level