

TABLE OF CONTENTS

	Page
Declaration	i
Dedication	ii
Abstract	iii
Acknowledgements	iv
List of Tables	vii
List of Abbreviations	viii
Chapter 1 Introduction	1
Chapter 2 Literature Review:	
1. Introduction	5
2. Primary THA as a treatment tool:	
2.1. The indications for THA	6
2.2. Types of THA Prosthesis	
2.3. Postoperative complications:	
2.3.1. Early complications	9
2.3.2. Late complications	11
3. The postoperative physiotherapy management of THA patients:	
3.1. Education of THA patients	12
3.2. Mobility regimens and exercise therapy as part of the postoperative rehabilitation process	13

4. Outcome measures: Evidence for use of chosen assessment tools used to evaluate outcome measures:	
4.1. Visual Analogue Scale (VAS)	20
4.2. Iowa Level of Assistance (ILOA) Scale	21
4.3. Goniometry as a tool for measuring hip range of motion	22
 Chapter 3 Method	 24
 Chapter 4 Results	 35
 Chapter 5 Discussion	 45
 Chapter 6 Conclusion	 51
 References	 52
 Appendices	 57