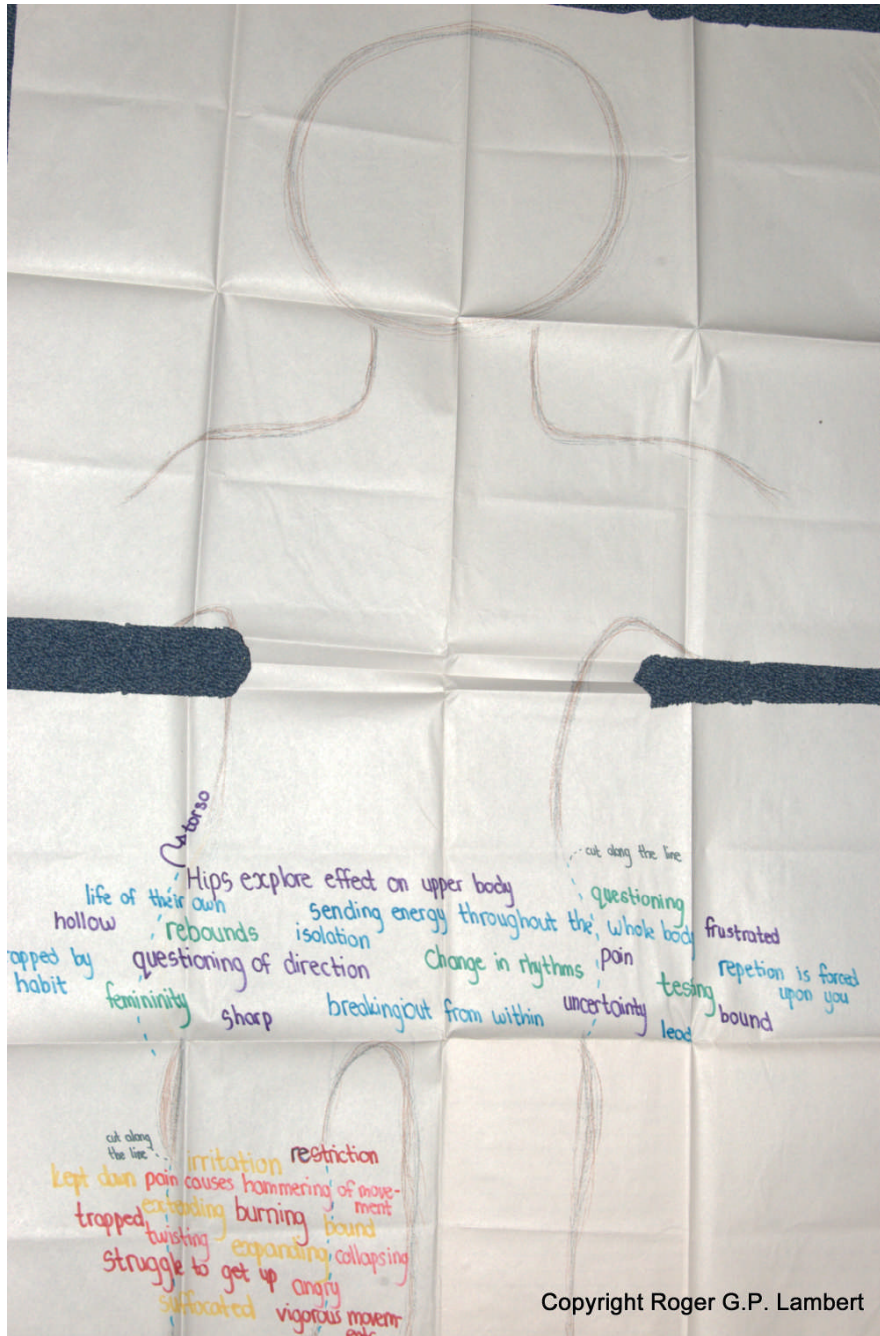
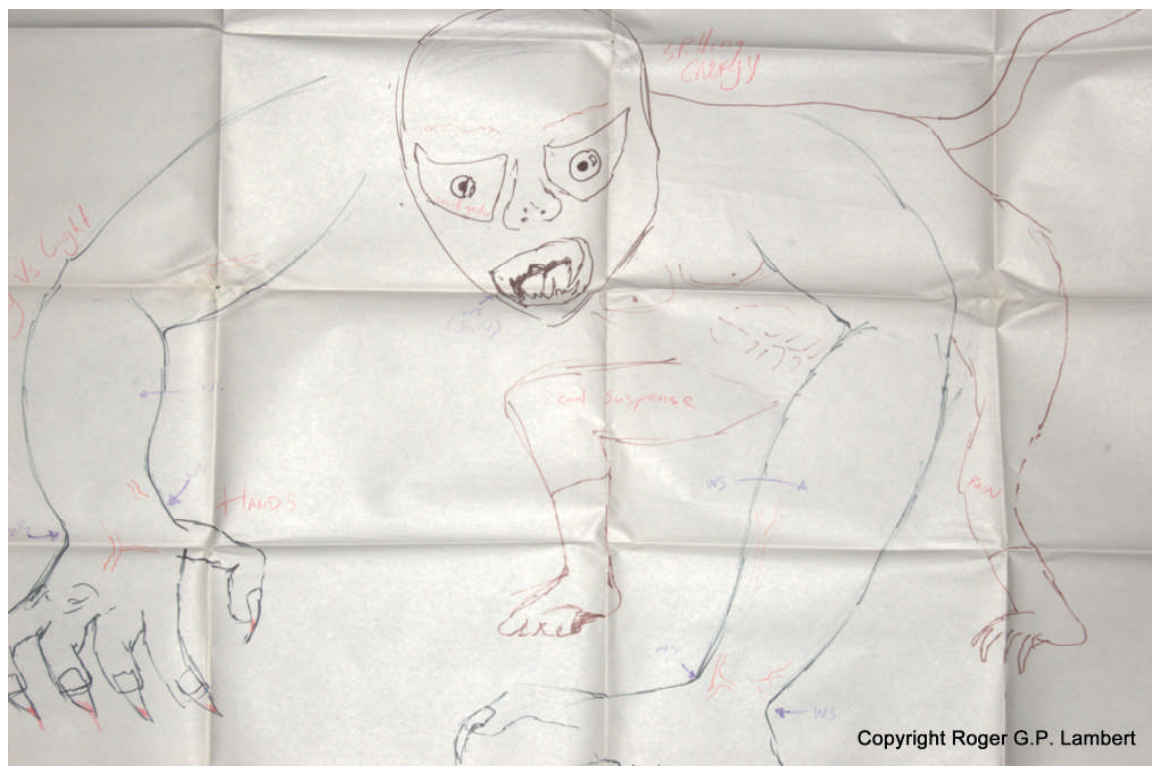
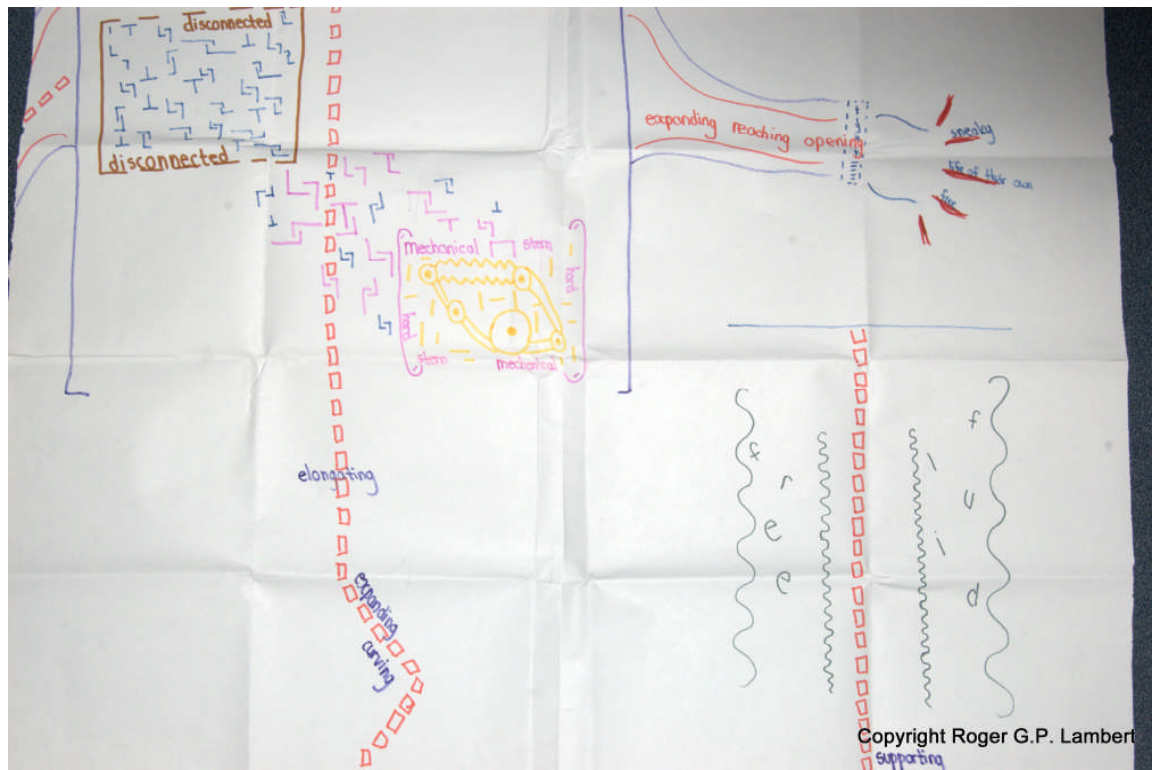
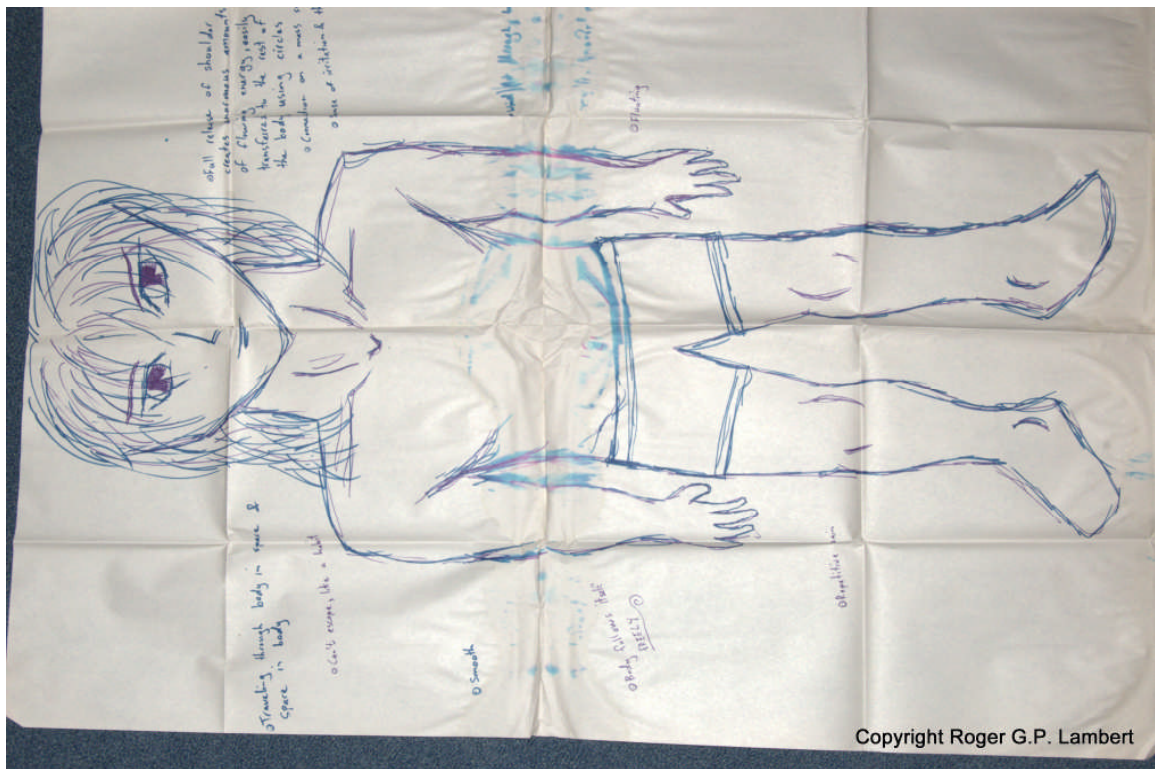


# APPENDIX 1 – Body Maps









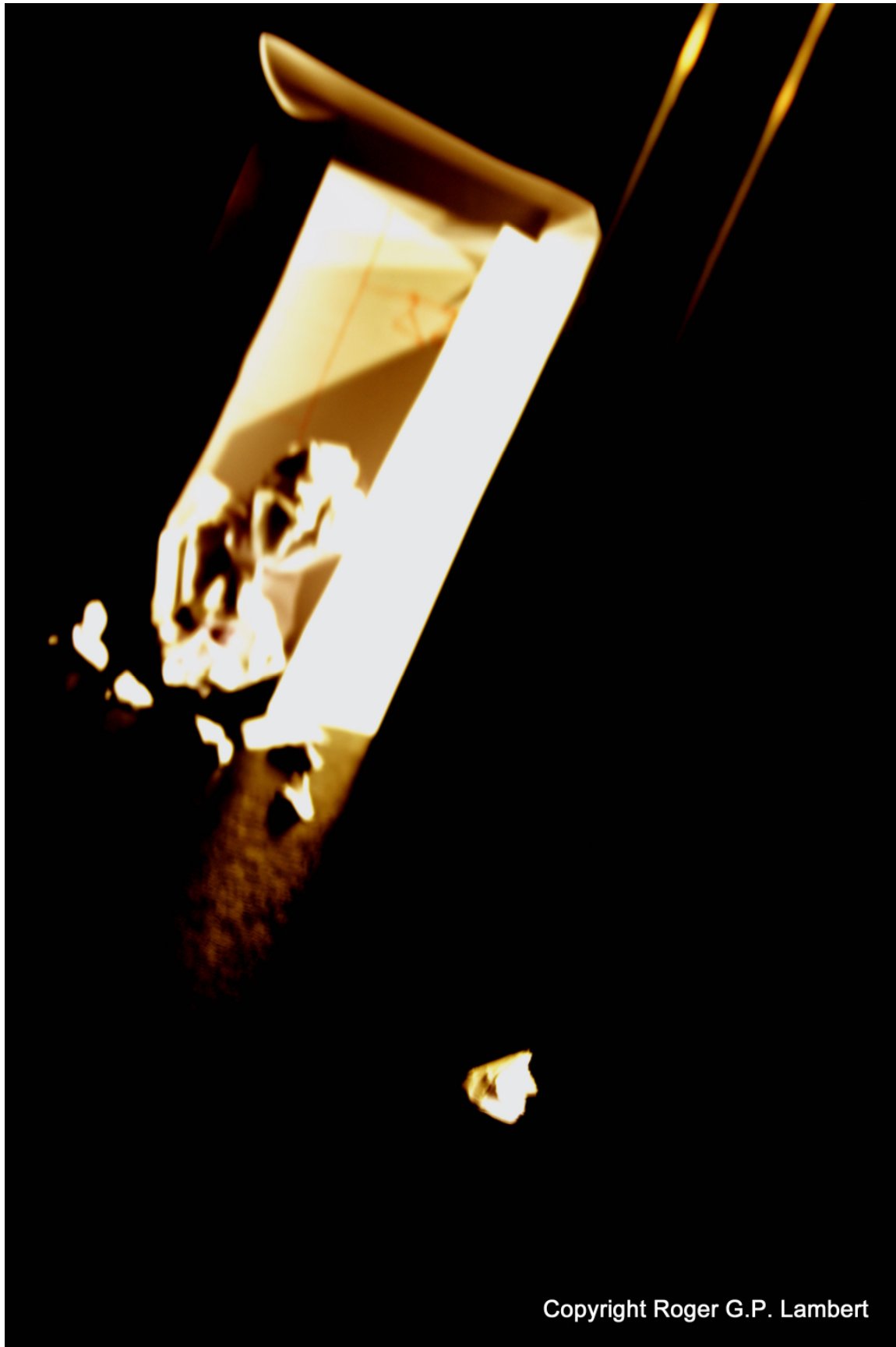




## APPENDIX 2 – Sculptures



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Responding to sculptures

# APPENDIX 3– text from play and programme.

## OPENING TEXT OF SHOW

As I walk I trace the marks left on my skin as I journey through this strange place... all the friendships I've had and left behind...I see it all but can hardly remember the reasons why I left in the first place... and I try to find

A gentle touch it moves through me, inside me, lifts me up, turns me inside out and for the first time...

These strangers that come and go just like you did and all the while your silencing voice rings through pleading for me to call out but...

For the first time in your life leaves you without anything to say.

I can't

Connect or make sense of this place, this cage, this prison cell that is me

I can only walk

My body is not my own and I have no idea what it means to say only... that it has something to say...

The momentous symmetry ties me down, I am caught in the ebb and flow of life's circle... circles cut in five and turned inside out and riveted back together not allowing me to be...

I can only walk

I can't



I can only walk

## **PROGRAMME**

### **HERE INSIDE US**

CONCEIVED BY CAST & ROGER G.P. LAMBERT

Listening to myself and my surroundings, my body rises with song, a reflection of my life. Everywhere I go, my body takes a piece of what was before. Your maps become my maps as we journey together on this path filled with the tangled circles of being.

DIRECTOR	Roger G.P. Lambert
CAST	Ezra Smollan Ikalafeng Tigelo Lidija Marelic Thabo Kunutu
DESIGN	Roger G.P. Lambert
LIGHTING	Roger G.P. Lambert Thabo Kunutu
STAGE MANAGER	Lara Lipschitz William Harding

SPECIAL THANKS TO MY FAMILY FOR ALL THEIR SUPPORT.

THANKS TO WARREN; BAILEY; CAROL; JENNI-LEE & JANE; WILLIAM – IT'S TIME FOR BC; LARA FOR ALL THE LOVE, SUPPORT & UNDERSTANDING; MY CAST FOR THEIR OVERWHELMING SUPPORT, HARD WORK & DEDICATION – WITHOUT YOU THERE WOULD ONLY BE A STORY WAITING TO BE TOLD.

HERE INSIDE US...

STILL BESIDE US...

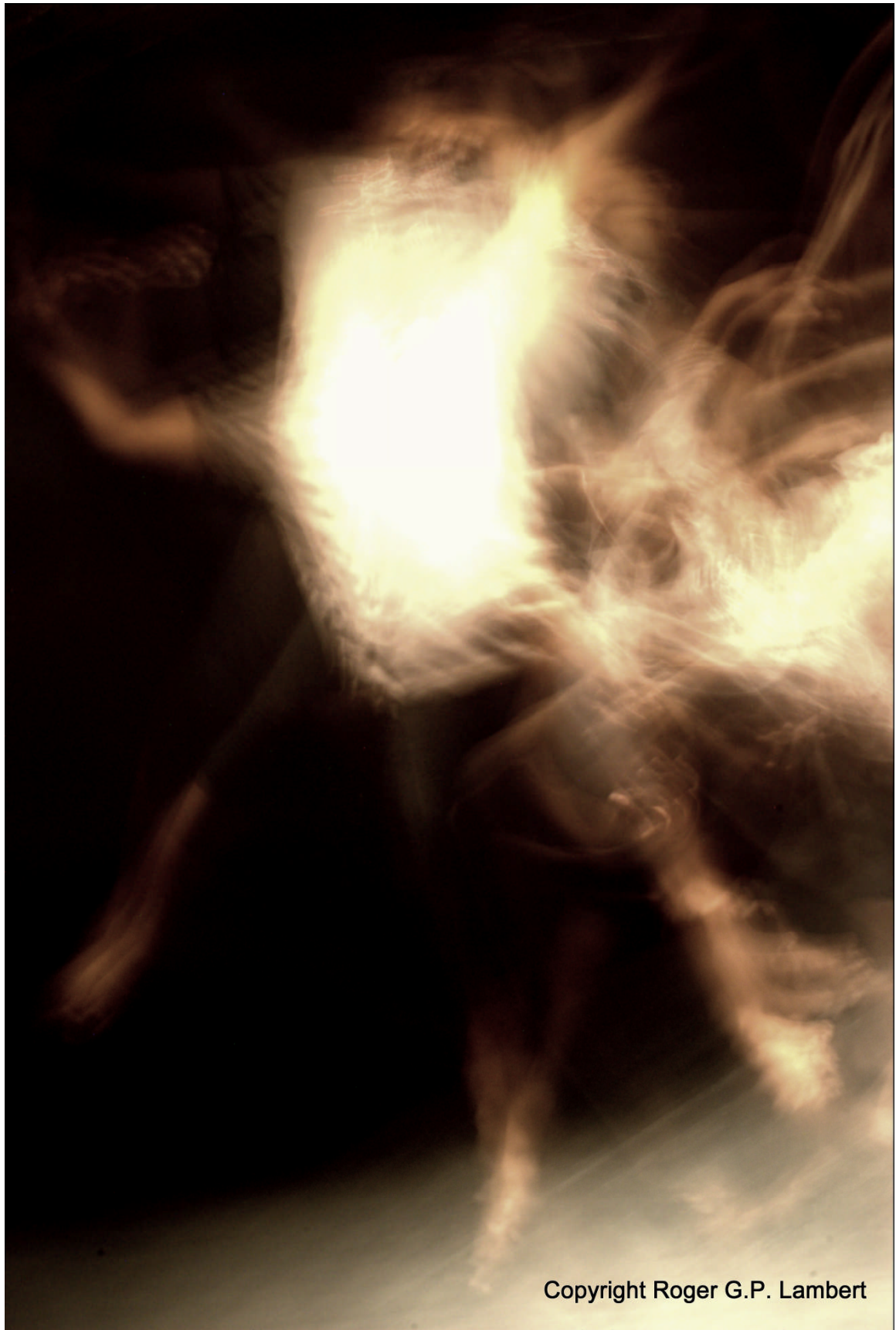
## APPENDIX 4 – Exhibition



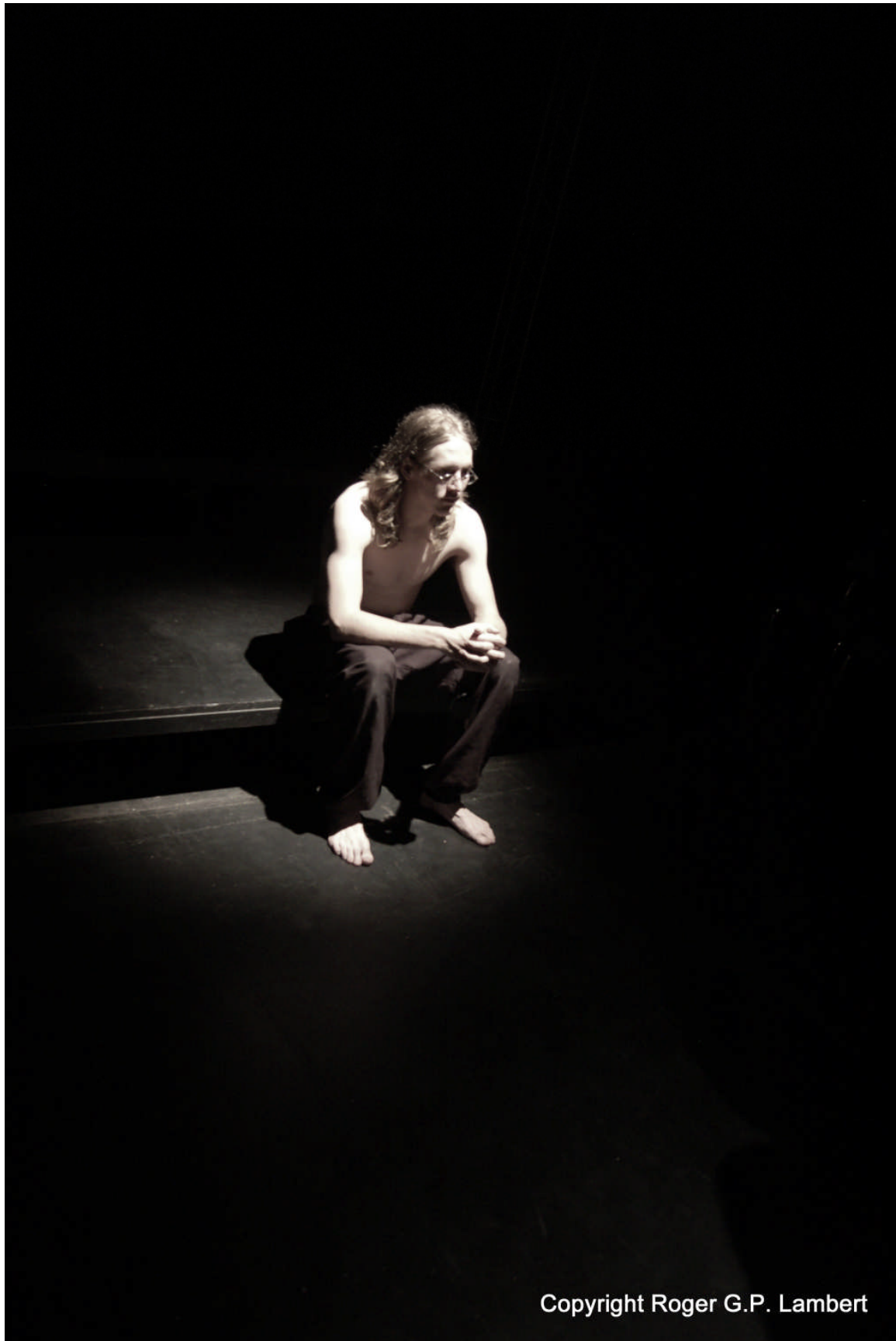
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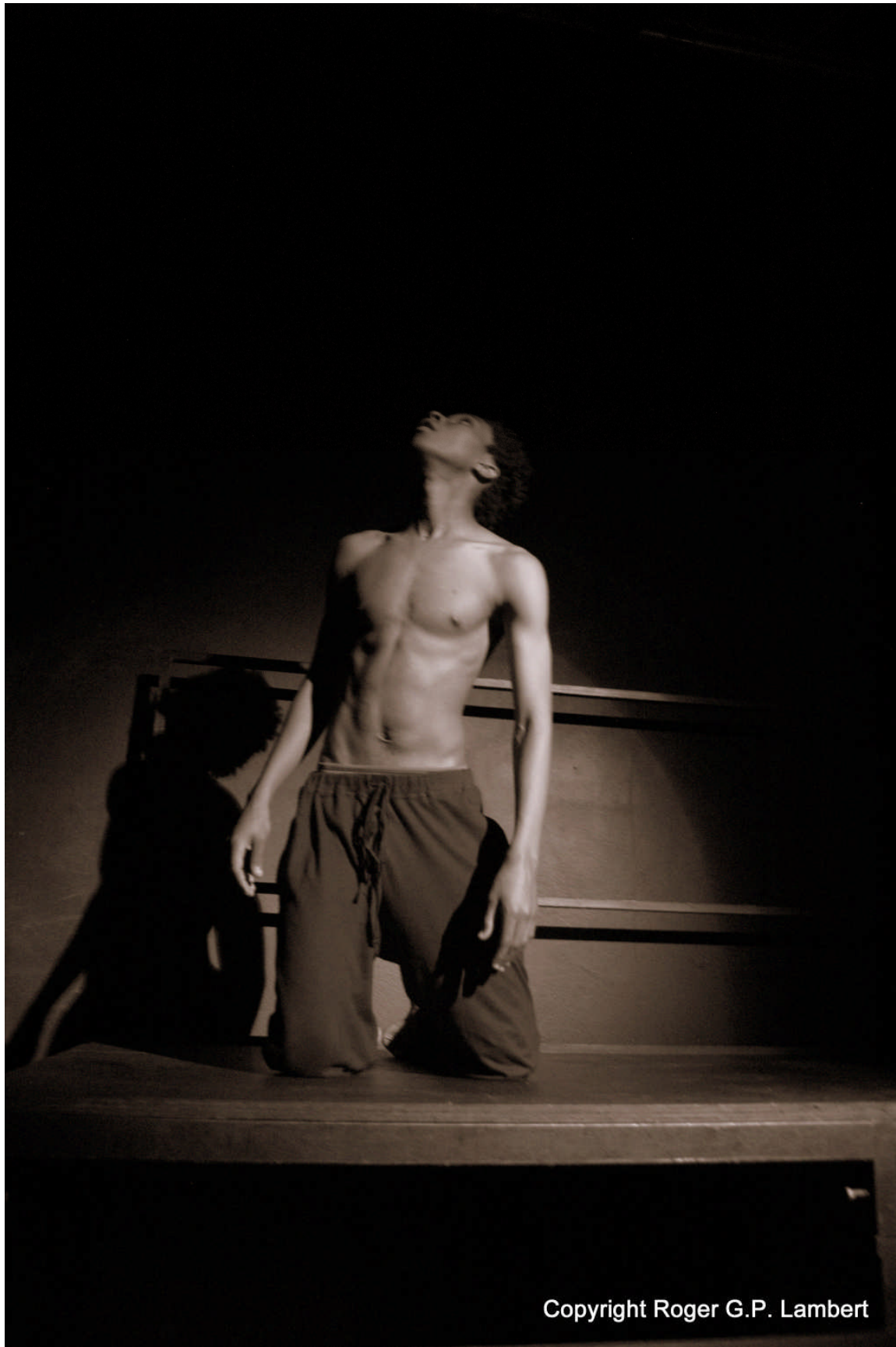
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## APPENDIX 5 – The Bound Body Project





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