

REFERENCES

- Aarons, H., Hall, G., Hughes, S. & Salmon, P. 1996. Short-term recovery from hip and knee arthroplasty. *Journal of Bone and Joint Surgery*. 78-B: 555-558.
- Ackerman, I.N., Bennell, K.L. 2004. Does pre-operative physiotherapy improve outcomes from lower limb joint replacement surgery? A systematic review. *Australian Journal of Physiotherapy*. 50: 25-30.
- American Academy of Orthopaedic Surgeons. 1965. *Joint motion. Method of Measuring and Recording*. Edinburgh: Churchill Livingstone: 56-65.
- Anderson, L., Kammerere, W.S., Greer, R.B. 1979. Risk factor Assessment in 101 Total Hip Arthroplasties – A Medical Perspective. *Clinical Orthopaedics and Related Research*. 141: 50-54.
- Berry, D.J., von Knoch, M., Schleck, C.D. & Harmsen, W.S. 2004. The Cumulative Long-Term Risk of Dislocation After Primary Charnley Total Hip Arthroplasty. *The Journal of Bone and Joint Surgery American*. 86-A (1): 9-14.
- Boone, D.C., Azen, S.P., Lin, C-M., Spence, C., Baron, C. & Lee, L. 1978. Reliability of Goniometric Measurements. *Physical Therapy*. 58(11): 1355 - 60.
- Brander, A.V., Mullarkey, C.F., Brown, L.A. & Stulberg S.D. 2000. Rehabilitation: Literature provides foundation for THA rehab strategy. www.biomech.com pp 67-78.
- Coll, A.M., Ameen, J.R.M. & Mead, D. 2004. Postoperative pain assessment tools in day surgery: literature review. *Journal of Advanced Nursing* 46(2): 124-133.
- Dixon, W.J., Massey, F.J. 1983. *Introduction to Statistical Analysis*. 4th Edition. McGraw-Hill.

Enloe, L.J., Shields, R.K., Smith, K., Leo, K. & Miller, B. 1996. Total Hip and Knee Replacement Treatment Programs: A Report Using Consensus. *Journal of Orthopaedic and Sports Physical Therapy*. 23(1): 3-11.

Fransen, M., McConnell, S. & Bell, M. 2002. Therapeutic Exercise for People with Osteoarthritis of the Hip or Knee. A Systematic Review. *The Journal of Rheumatology*. 29(8): 1737-1745.

Gajdosik, R.L., Bohannon, R.W. 1987. Clinical Measurement of Range of Motion: Review of Goniometry Emphasizing Reliability and Validity. *Physical Therapy* 67(12): 1867-1872.

Ganz, S.B., Wilson Jr, P.D., Chioppa-Mosca, J., Peterson, M.G.E. 2003. The Day of Discharge After Total Hip Arthroplasty and the Achievement of Rehabilitation Functional Milestones: 11-Year Trends. *The Journal of Arthroplasty*. 18(4): 453-457.

Goddard, G., Karibe, H. & McNeill, C. 2004. Reproducibility of Visual Analogue Scale (VAS) Pain Scores to Mechanical Pressure. *The Journal of Craniomandibular Practice* 22(3): 250-256.

Hall, C.M. & Brody, L.T. 1999. *Therapeutic Exercise: Moving Toward Function*. Philadelphia: Lippincott Williams & Wilkins: 423-427.

Huskisson, E.C. 1982. Measurement of pain. *The Journal of Rheumatology*. 9(5): 768-769.

Jacobs, J.J., Galante, J.O. & Sumner, D.R. 1993. Cementless Primary Total Hip Arthroplasty. In: Chapman, M.W., Madison, M., editors. *Operative Orthopaedics*. 2nd edition. Philadelphia: J.B. Lippincott Company: 1901-1902.

Jesudason, C., Stiller, K. 2002. Are bed exercises necessary following hip arthroplasty. *Australian Journal of Physiotherapy*. 48: 73 – 80.

Kilgus, D.J., Amstutz, H.C., Wolgin, M.A. & Dorey, F.J. 1990. Joint Replacement for Ankylosed Hips. *The Journal of Bone Joint Surgery*. 72A: 45.

Long, W.T., Dorr, L.D., Healy, B. & Perry J. 1993. Functional Recovery of Noncemented Total Hip Arthroplasty. *Clinical Orthopaedics and Related Research*. 288: 73-77.

Mahomed, N.N., Barrett, J.A., Katz, J.N., Phillips, C.B., Losina, E., Lew, R.A., Guadagnoli, E., Harris, W.H., Poss, R. & Baron, J.A. 2003. Rates and Outcomes of Primary and Revision Total Hip Replacement in the United States Medicare Population. *The Journal of Bone and Joint Surgery America* 85-A (1):27-32.

Mahoney, C.R., Pellicci P.M. 2003. Complications in Primary Total Hip Arthroplasty: Avoidance and Management of Dislocations. *AAOS Instructional Course Lectures* 52: 247-254.

Maloney, W.J., Krushell, R.J., Jasty, M. & Harris, W.H. 1991. Incidence of Heterotopic Ossification after Total Hip Replacement: Effect of the Type of Fixation of the Femoral Component. *The Journal of Bone and Joint Surgery*. 73A (2): 191-193.

Masonis, J.L., Bourne, R.B. 2002. Surgical Approach, Abductor Function, and Total Hip Arthroplasty Dislocation. *Clinical Orthopaedics and Related Research*. 405: 46 – 53.

Moreland, J.R. 1993. Primary Total Hip Arthroplasty. In: Chapman, M.W., Madison, M., editors. *Operative Orthopaedics*. 2nd edition. Philadelphia: J.B. Lippincott Company: 1873.

Mulroy Jr, R.D., Harris, W.H. 1990. The effect of improved cementing techniques on component loosening in total hip replacement: an 11-year radiographic review. *The Journal of Bone and Joint Surgery (Br)*. 72-B:757 – 760.

Myles, P.S., Urquhart, N. 2005. The Linearity of the Visual Analogue Scale in Patients with Severe Acute Pain. *Anaesthesia and Intensive Care*. 33(1): 54-58.

Physiotherapy Department records: Johannesburg Hospital

Russotti, G.M., Coventry, M.B. & Stauffer, R.N. 1988. Cemented Total Hip Arthroplasty with Contemporary Techniques: A Five-Year Minimum Follow-up Study. *Clinical Orthopaedics and Related Research*. 235: 141-147.

Salo, D., Eget, D., Lavery R.F., Garner, L., Bernstein, S. & Tandon, K. 2003. Can patients accurately read a visual analog pain scale? *The American Journal of Emergency Medicine*. 21(7): 515-519.

Schulte, K.R., Callaghan, J.J., Kelly, S.S. & Johnston, R.C. 1993. The Outcome of Charnley Total Hip Arthroplasty with Cement after a Minimum of Twenty-Year Follow-up: The Results of One Surgeon. *The Journal of Bone Joint Surgery America*. 75: 961 -975.

Shashika, H., Matsuba, Y., Watanabe, Y. 1996. Home Program of Physical Therapy: Effect on Disabilities of Patients With Total Hip Arthroplasty. *Arch Phys Med Rehabil*. 77: 273-277.

Shields, R.K., Enloe, L.J., Evans, R.E., Smith, K.B. & Steckel S.D. 1995. Reliability, Validity, and Responsiveness of Functional Tests in Patients With Total Joint Replacement. *Physical Therapy*. 75: 169-176.

Shih, C-H., Du, Y-K., Lin, Y-H. & Wu, C-C. 1994. Muscular Recovery Around the Hip Joint After Total Hip Arthroplasty. *Clinical Orthopaedics and Related Research*. 302: 115-120.

Tak, E., Staats, P., Van Hespen, A. & Hopman-Rock, M. 2005. The Effects of an Exercise Program for Older Adults with Osteoarthritis of the Hhip. *The Journal of Rheumatology* 32(6): 1106-1113.

Wang, A.W., Gilbey, H.J. & Ackland T.R. 2002. Perioperative Exercise Programs Improve Early Return of Ambulatory Function After Total Hip Arthroplasty: A Randomised Control Trial. *American Journal of Physical Medicine and Rehabilitation* 81 (11): 801-806.

Woo, R.Y., Morrey, B.F. 1982. Dislocation after Total Hip Arthroplasty. *The Journal of Bone Joint Surgery*. 64A: 1295-1306.

Zavadak, K.H., Gibson, K.R., Whitley, D.M., Britz, P. & Kwoh, C.K. 1995. Variability in the Attainment of Functional Milestones during the Acute Care Admission after Total Joint Replacement. *The Journal of Rheumatology*. 22(3): 482-487.