

1985). Despite the recent heavy agricultural activity in the region the natural springs around Metaponto were not contaminated with other chemicals. Thus it is possible that this natural drinking water had a similar fluoride content in the past as it has recently and could have some effect on the lower incidence of caries in the rural population. However, fluoride prevents further development of already existing caries and has little effect on the initiation of carious lesions (Silverstone et al. 1981, Nikiforuk 1985, Henneberg 1991a). Thus the difference in the distribution of caries according to the degree of tissue penetration between the rural and urban populations, the latter having more of enamel, first degree caries (Table 4.231-4 and Figure 4.231-3), would suggest that the dentition of the urban population showed the effects of fluoride on caries inhibition more clearly than the rural one.

While it is possible that the optimal concentration of fluoride and the fluoride and strontium in seafood lowered the incidence of caries among the rural people, the urban population with easier access to marine foods (Metaponto was a marine port) showed one of the highest caries frequency and incidence values found in coeval populations (Tables 4.213-8 and 4.213-9). Concentration of fluoride higher than 5 ppm weakens the enamel structure, increases the mottling type of hypoplasia of the tooth enamel and increases the frequency of caries (Nikiforuk and Fraser 1981, Nikiforuk 1985). The main source of water in the city was the river Bradano and local springs. The chemical content of the river has obviously been changed recently by intensive modern farming and industry and it is not known if in the past the water in the river could have high fluoride contents. Although a high frequency of enamel hypoplasia was found among the rural, and even higher in the urban population the hypoplasia was of a linear type, not a mottling type, and was associated with different causes. Recent studies of Neolithic population from Mehrgarh in Pakistan showed that a high concentration of fluoride in drinking water in this region had little effect on the frequency or incidence of caries. This population, at the beginning of

agriculture, had a very low incidence of caries (1.32%) characteristic for preagricultural groups (Lukacs 1985, 1992).

The difference between the rural and urban populations in caries incidence could have yet another explanation. Metaponto was a thriving colony for most of the time within the studied period of three centuries (Carter 1998a). Urban people trading with Greece and other Greek colonies, could afford to buy expensive food such as honey, containing mostly sugar. Fresh and also dry fruit such as figs and grapes were part of the diet. This is confirmed by palaeobotanical studies of the organic material found in the storage vessels within the chora of Metaponto (Costantini 1983, Carter 1990b). Raisins (dry grapes) are among the most cariogenic foodstuffs known today (Newbrun 1989, Mundorff et al. 1990) and together with honey could enhance overall cariogenicity of the urban diet. Moreover, the rural people could have greater access to animal products such as milk and cheese with cariostatic properties (Nikiforuk 1985, Newbrun 1989). While meat was eaten occasionally, milk and cheese could have been a part of the diet more frequently especially on a farm. Barley and wheat could have had better value than animal products as an exchange and export commodity. Thus, the rural people could have used foods other than wheat and barley and the rural diet in general which could have been better balanced than that of the urban people despite the differences in wealth of individuals. The paleobotanical studies of seeds and other organic material discovered in storage vessels in the chora revealed a rather long list of plants cultivated and used as food and forage (Costantini 1983, Carter 1990b). Along with cereals such as wheat, barley and emmer, there were lentils, peas, beans, fruits such as grapes, figs, olives and a range of wild plants such as wild oats, rye grass and blackberry. Dating of the material showed a proportional increase of wheat and barley and a decrease of figs, olives and grapes in the material through time. The amount of grazing animals within the Metaponto area also diminished through time beginning from the archaic to the

classical times of the colony suggesting greater emphasis on grain production for trade with the city and for export (Scali 1983, Carter 1990b).

Males, especially in the city where the political and social life was concentrated, attended symposia, the Greek meetings with food and wine offered to the participants. Females did not attend the meetings, and while females in the rural chora worked on farms, females in the city were confined to the house (Boardman et al. 1991). Females were considered minors and did not have rights of a citizen, so their social role and activities differed from those of males. Thus, the higher frequency and incidence of caries among urban Metapontines than among the rural people, and even higher results for women especially in this population (Table 4.23 1-6), could reflect the different life styles for rural and urban people in Metaponto and also for sexes in these populations. Sex differences in caries frequency and incidence have been observed by many authors and were linked to various biological causes such as earlier tooth eruption in females or pregnancy and to many behavioural causes (see Larsen 1997 for comments). Sex differences have been found in relation to different diets associated with different daily activities, and a different social status (Frayser 1984, 1978, Walker and Erlandson 1986, Lukacs 1996, Inoue et al. 1997). In Metaponto the differences in the life styles between the rural and urban populations could be enhanced by local environmental conditions superimposed on them, such as the fluoride content of the drinking water and also perhaps more sophisticated food preparation techniques in the city.

In general, as could be expected, the rural and urban people from Metaponto exhibited frequencies and incidence of caries characteristic for agriculturists (Turner 1979, Larsen 1995). Almost a half of the teeth in the rural population (45.5%) and one third of the teeth in total number of carious teeth in the urban population were lost before death. The high frequency of *ante mortem* tooth loss is associated with farming (Anderson 1965, Cook 1984). A high proportion of proximal caries is

associated with a diet containing well cooked sticky foods high in sugars and is characteristic of modern populations (Hillson 1996). Both populations had a moderate number of mesial and distal caries suggesting a diet based on well cooked starchy food and some consumption of sugars. In both populations the most frequent carious lesions were occlusal caries with a higher percentage of this type among the urban Metapontines. With introduction of sugars into the diet, the percentage of fissure and pit caries rises as does the occlusal caries (Larsen 1997). This fact further supports the notion that the urban Metapontines already displayed a stage of dental caries transitional toward the more modern pattern. Neck caries, associated with agriculture and consumption of cereals (Hillson 1979) were also frequent in both populations with a slightly higher percentage of this type in the urban population. A higher frequency and incidence of caries in females, which is seen especially clearly in the urban population, is also associated with different diets for females and males because of different activities and is typical for agriculturists. In the case of Metaponto, greater differences between females and males in caries frequency and incidence in the urban population may be enhanced by very different activities, dictated by the position of women in Greek society.

Because the colony of Metaponto was founded as a city providing the beginning of modern urban development while also retaining a rural section, the chora, the differences observed in the frequency and the incidence of caries may reflect the slowly progressing division of life styles of both communities within a population with an economy based on agriculture and trade.

The results are in agreement with the general trends in caries frequency and incidence observed through time and according to variation in subsistence (Turner 1979, Cohen and Armelagos 1984, Hillson 1996, Larsen 1995, 1997).



## **TABLES AND FIGURES**

**Table 4.231-1.** Frequency of dental caries in adults from the rural Metaponto (Pantanello).

A. All individuals with at least one tooth crown preserved

B. All individuals with at least 10 teeth preserved

C. All individuals with at least 16 teeth preserved

|    | Sex     | No of indiv. | No of indiv.<br>with caries | % of indiv.<br>with caries | F/M<br>difference<br>% |
|----|---------|--------------|-----------------------------|----------------------------|------------------------|
| A. | Females | 104          | 66                          | 63.5                       | 18.0*                  |
|    | Males   | 55           | 25                          | 45.5                       |                        |
|    | F+M     | 159          | 91                          | <b>57.2</b>                |                        |
|    |         |              |                             |                            |                        |
| B  | Females | 64           | 43                          | 67.2                       | 14.3                   |
|    | Males   | 34           | 18                          | 52.9                       |                        |
|    | F+M     | 98           | 61                          | <b>62.2</b>                |                        |
|    |         |              |                             |                            |                        |
| C  | Females | 40           | 28                          | 70.0                       | 18.0                   |
|    | Males   | 25           | 13                          | 52.0                       |                        |
|    | F+M     | 65           | 41                          | <b>63.1</b>                |                        |
|    |         |              |                             |                            |                        |

F - Females, M - Males

\* - statistically significant at 0.05 level

**Table 4.231-2.** Caries incidence in adults from the rural Metaquito (Pantanello).  
Comparison between sexes ( all adults, F + M = 159 individuals).

| Sex                  | Female |       | Male |       | F + M |       | F/M<br>difference<br>+ |
|----------------------|--------|-------|------|-------|-------|-------|------------------------|
|                      | No     | %     | No   | %     | No    | %     |                        |
| Teeth<br>examined *  | 1399   | 100.0 | 779  | 100.0 | 2178  | 100.0 |                        |
| Carious teeth        | 81     | 5.8   | 40   | 5.1   | 121   | 5.6   |                        |
| a.m. loss            | 75     | 5.4   | 26   | 3.3   | 101   | 4.6   | +                      |
| Total caries ***     | 156    | 11.2  | 66   | 8.5   | 222   | 10.2  | +                      |
| Teeth<br>examined ** | 1324   | 100.0 | 753  | 100.0 | 2077  | 100.0 | %****                  |
| Carious teeth        | 81     | 6.1   | 40   | 5.3   | 121   | 5.8   | ns                     |

F - Female, M - Male

a.m. loss - teeth lost before death most probably due to caries

\* - total number of teeth examined with teeth lost before death included (teeth + a.m. loss)

\*\* - total number of teeth examined without a.m. loss

\*\*\* - carious teeth + a.m. loss

\*\*\*\* - percentage of carious teeth (without am. loss) out of total number of teeth available for examination

+ - difference statistically significant at least at the level p< 0.05

ns - difference not statistically significant

**Table 4.231-3.** Caries incidence. Frequency of caries per tooth type in %.  
Combined values for carious teeth and teeth lost before death (a.m. loss).

|             | Females |         |     |           | Males   |      |           |         | Females + Males |     |      |      |      |     |     |      |      |      |
|-------------|---------|---------|-----|-----------|---------|------|-----------|---------|-----------------|-----|------|------|------|-----|-----|------|------|------|
|             | carious | present | %   | % carious | present | %    | % carious | present | %               | %   |      |      |      |     |     |      |      |      |
| Tooth type* | U       | L       | U   | L         | U       | U    | U         | L       | U               | L   |      |      |      |     |     |      |      |      |
| I1          |         | 4       | 69  | 75        | 0       | 5.3  |           | 1       | 29              | 44  | 0.0  | 2.3  |      | 5   | 98  | 119  | 0    | 4.2  |
| I2          | 1       | 3       | 69  | 76        | 1.4     | 4.0  | 2         |         | 40              | 30  | 5.0  | 0.0  | 3    | 3   | 109 | 106  | 2.8  | 2.8  |
| C           | 2       | 3       | 84  | 111       | 2.4     | 2.7  |           | 1       | 46              | 56  | 0.0  | 1.8  | 2    | 4   | 130 | 167  | 1.5  | 2.4  |
| P1          | 3       | 2       | 84  | 103       | 3.6     | 1.9  | 3         | 1       | 48              | 61  | 6.3  | 1.6  | 6    | 3   | 132 | 164  | 4.6  | 1.8  |
| P2          | 3       | 8       | 89  | 100       | 3.4     | 8.0  | 1         | 6       | 55              | 61  | 1.8  | 9.8  | 4    | 14  | 144 | 161  | 2.8  | 8.7  |
| M1          | 8       | 34      | 78  | 108       | 10.3    | 31.5 | 7         | 16      | 50              | 64  | 14.0 | 25.0 | 15   | 50  | 128 | 172  | 11.7 | 29.1 |
| M2          | 14      | 31      | 87  | 113       | 16.1    | 28.3 | 4         | 15      | 53              | 62  | 7.6  | 24.2 | 18   | 46  | 140 | 175  | 12.9 | 26.9 |
| M3          | 13      | 27      | 67  | 86        | 19.4    | 32.6 | 2         | 7       | 37              | 43  | 5.4  | 16.3 | 15   | 34  | 104 | 129  | 14.4 | 27.1 |
| Total       | 44      | 112     | 627 | 772       | 7       | 14.5 | 19        | 47      | 358             | 421 | 5.3  | 11.2 | 63   | 159 | 985 | 1193 | 6.4  | 13.3 |
| Total U+L   | 156     |         |     | 1399      | 11.2    |      | 66        |         | 779             | 8.5 | 222  |      | 2178 |     |     |      |      | 10.2 |

\* Left and right sides of the jaw pooled  
U - upper dentition, L - Lower dentition  
I1 - first incisor, I2 - second incisor, C - canine, P1 - first (third) premolar, P2 - second (fourth) premolar,  
M1 - first molar, M2 - second molar, M3 - third molar

**Table 4.231-4.** Distribution of dental caries in adults from Metaponto according to the degree of caries penetration.  
Teeth lost before death (a.m. loss) included. Rural - urban comparison.

| Degree of caries penetration | Rural   |       |       |       | Urban |       |         |       | Rural-urban Difference F/M/F+M |       |     |       |              |
|------------------------------|---------|-------|-------|-------|-------|-------|---------|-------|--------------------------------|-------|-----|-------|--------------|
|                              | Females |       | Males |       | F+M   |       | Females |       |                                | Males |     | F+M   |              |
|                              | N       | %     | N     | %     | N     | %     | N       | %     |                                | N     | %   | N     | %            |
| 1                            | 28      | 17.9  | 6     | 9.1   | 34    | 15.3  | 138     | 41.2  | 72                             | 45.3  | 210 | 42.5  | + / + / +    |
| 2                            | 19      | 12.2  | 16    | 24.2  | 35    | 15.8  | 51      | 15.2  | 33                             | 20.8  | 84  | 17.0  | ns / ns / ns |
| 3                            | 26      | 16.7  | 14    | 21.2  | 40    | 18.0  | 27      | 8.1   | 8                              | 5.0   | 35  | 7.1   | + / + / +    |
| 4                            | 8       | 5.1   | 4     | 6.1   | 12    | 5.4   | 9       | 2.7   | 4                              | 2.5   | 13  | 2.6   | ns / ns / ns |
| Total                        | 81      | 51.9  | 40    | 60.6  | 121   | 54.5  | 225     | 67.2  | 117                            | 73.6  | 342 | 69.2  |              |
| 1+2+3+4                      |         |       |       |       |       |       |         |       |                                |       |     |       |              |
| a.m. loss                    | 75      | 48.1  | 26    | 39.4  | 101   | 45.5  | 110     | 32.8  | 42                             | 26.4  | 152 | 30.8  | + / + / +    |
| Total                        | 156     | 100.0 | 66    | 100.0 | 222   | 100.0 | 335     | 100.0 | 159                            | 100.0 | 494 | 100.0 |              |

F - Females, M - Males

Degree of caries penetration 1 - enamel caries

2 - dentinal caries

3 - pulpal caries

4 - crown completely decayed, only root remnants left

a.m. loss - ante mortem tooth loss

+ - difference statistically significant at least at the 0.05 level (Chi-squared test)

ns - not significant

**Table 4.231-5.** Distribution of caries according to the surface attacked  
in adults from the rural Metaponto

| Surface attacked | Females    |             | Males     |              | F + M      |              | F/M<br>difference |
|------------------|------------|-------------|-----------|--------------|------------|--------------|-------------------|
|                  | N          | %           | N         | %            | N          | %            |                   |
| Occlusal         | 63         | 42.6        | 25        | 56.8         | 88         | 45.8         | ns                |
| Proximal         | 23         | 15.5        | 10        | 22.7         | 33         | 17.2         | ns                |
| Neck             | 16         | 10.8        | 1         | 2.3          | 17         | 8.9          | -                 |
| Buccal + lingual | 15         | 10.1        | 4         | 9.1          | 19         | 9.9          | ns                |
| Mixed            | 31         | 20.9        | 4         | 9.1          | 35         | 18.2         | ns                |
| <b>Total*</b>    | <b>148</b> | <b>99.9</b> | <b>44</b> | <b>100.0</b> | <b>192</b> | <b>100.0</b> |                   |

F - females, M - males

\* - number of carious lesions is greater than number of teeth with caries because some teeth had two or more carious lesions

**Table 4.231-6.** Frequency of caries in adults from urban Metaonto (Crucinia).

I. Frequency of individuals with caries in the urban sample.

II. Percentage of carious teeth and teeth lost before death due to caries by sex

|     | Females                 |                          |      | Males                   |                          |      | F + M                   |                          |      |
|-----|-------------------------|--------------------------|------|-------------------------|--------------------------|------|-------------------------|--------------------------|------|
|     | Total no of individuals | No of indiv. with caries | %    | Total no of individuals | No of indiv. with caries | %    | Total no of individuals | No of indiv. with caries | %    |
| I.  | 90                      | 72                       | 80.0 | 75                      | 48                       | 64.0 | 165                     | 120                      | 72.7 |
| II. | No of teeth examined    | No of teeth with caries  | %    | No of teeth examined    | No of teeth with caries  | %    | No of teeth examined    | No of teeth with caries  | %    |
| A   | 1143                    | 335                      | 29.3 | 950                     | 159                      | 16.7 | 2093                    | 494                      | 23.6 |
| B   | 1033                    | 225                      | 21.8 | 908                     | 117                      | 12.9 | 1941                    | 342                      | 17.6 |

A - calculations made for teeth and alveoli of teeth lost before death

B - calculations made for teeth available for observation and carious teeth

\*\*\* - differences between females and males statistically significant



**Table 4.231-7.** Caries incidence in adults from Metaponto.

Comparison between the rural and urban samples and by sex.

| Sex                  | Rural (Pantanello) |      |       |       |     |       | Urban (Crucinia) |      |       |       |      |       | Rural/<br>Urban<br>difference<br>F/M/F+M<br>+- |       |        |
|----------------------|--------------------|------|-------|-------|-----|-------|------------------|------|-------|-------|------|-------|--|-------|--------|
|                      | Females            |      |       | Males |     |       | Females          |      |       | Males |      |       |  | F + M |        |
|                      | No                 | %    |       | No    | %   |       | No               | %    |       | No    | %    |       |  |       |        |
| Teeth<br>examined *  | 1399               | 100  |       | 779   | 100 |       | 1143             | 100  |       | 950   | 100  |       | 2093   | 100   |        |
| Total caries**       | 156                | 11.2 |       | 66    | 8.5 |       | 335              | 29.3 |       | 159   | 16.7 |       | 494  | 23.6  | +/+/+  |
| a.m. loss            | 75                 | 5.4  |       | 26    | 3.3 |       | 110              | 9.6  |       | 42    | 4.4  |       | 152  | 7.3   | +/ns/+ |
| Carious teeth        | 81                 | 5.8  |       | 40    | 5.1 |       | 225              | 19.7 |       | 117   | 12.3 |       | 342  | 16.3  | +/+/+  |
| Teeth<br>examined*** | 1324               | 100  | %**** | 753   | 100 | %**** | 1033             | 100  | %**** | 908   | 100  | %**** | 1941   | 100   | %****  |
| Carious teeth        | 81                 | 6.1  |       | 40    | 5.3 |       | 225              | 21.8 |       | 117   | 12.9 |       | 342  | 17.6  | +/+/+  |

F - Female, M - Male

a.m. loss - teeth lost before death most probably due to caries

\* - total number of teeth examined with teeth lost before death included (teeth + a.m. loss)

\*\* - carious teeth + a.m. loss

\*\*\* - Total number of teeth examined without a.m.loss

\*\*\*\* - percentage of carious teeth (without a.m. loss) out of total number of teeth available for examination

+ - difference statistically significant at least at the level  $p < 0.05$

us - difference not statistically significant

Figure 4.231-1. Percentage of carious teeth in each tooth category in the rural population. Upper and lower jaw.

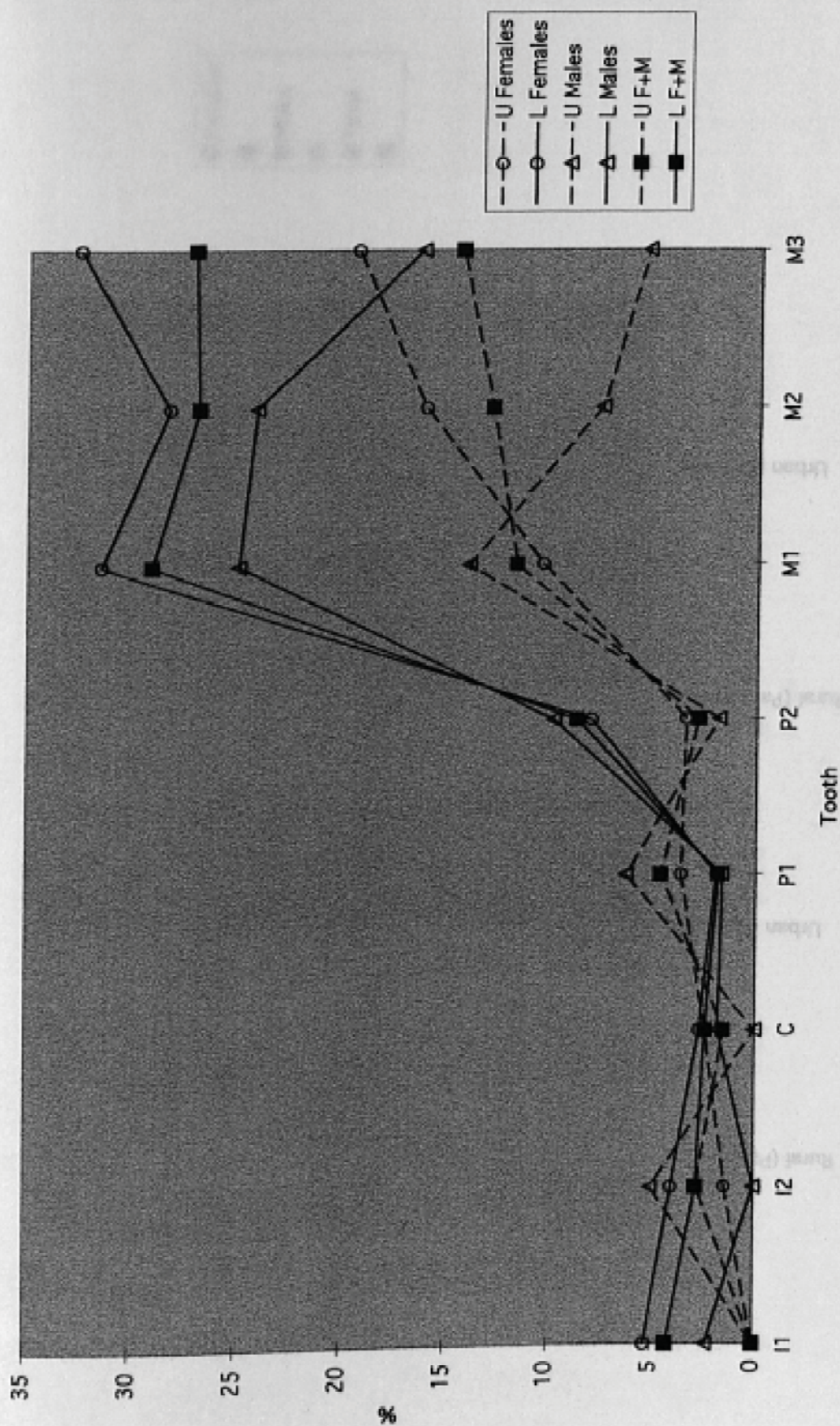




Figure 4.231-2. Frequency of caries in adults from Metaponto. Rural - urban comparison. I - Individuals, II - Teeth. Carious teeth plus a.m. tooth loss.

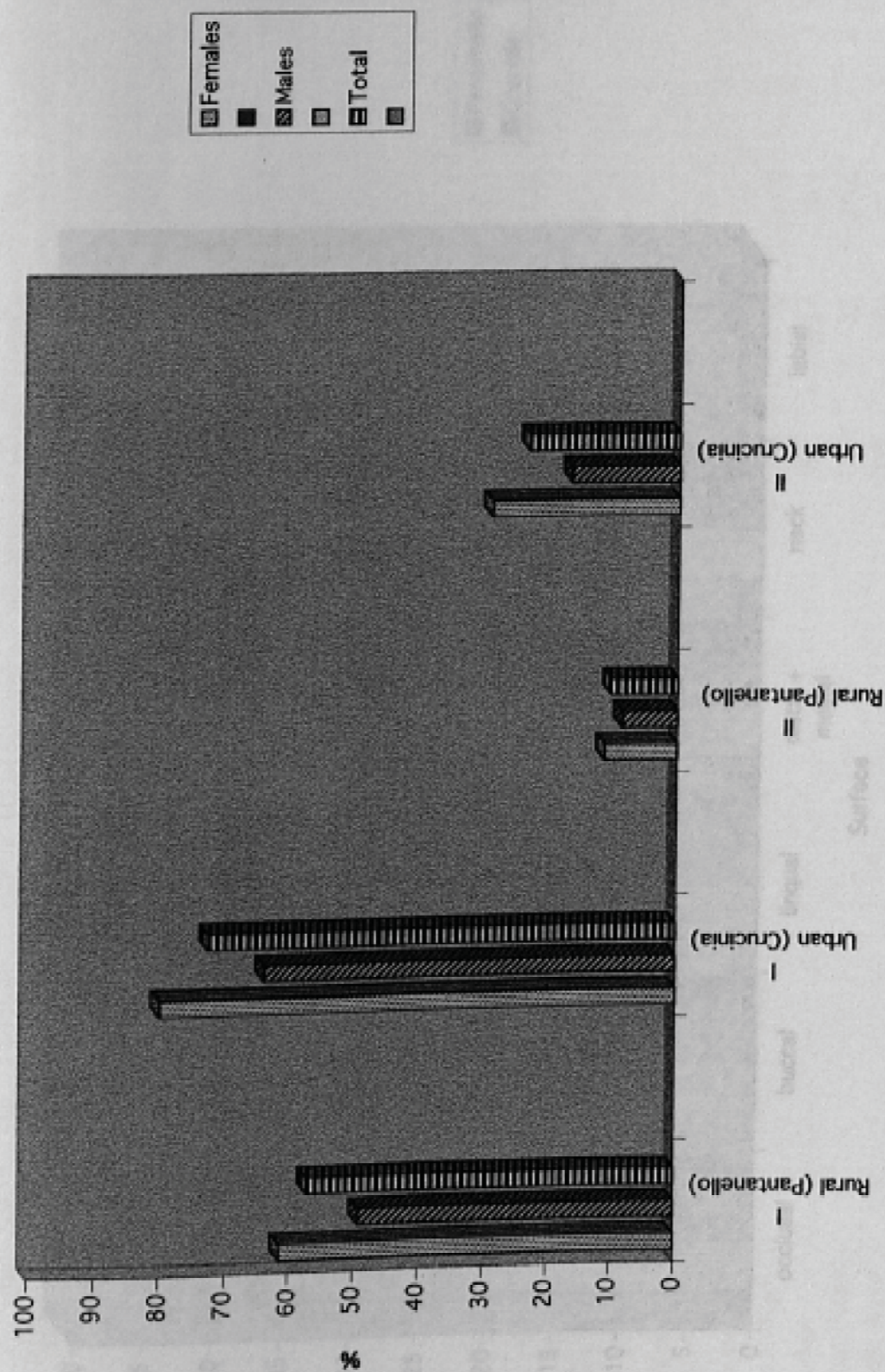
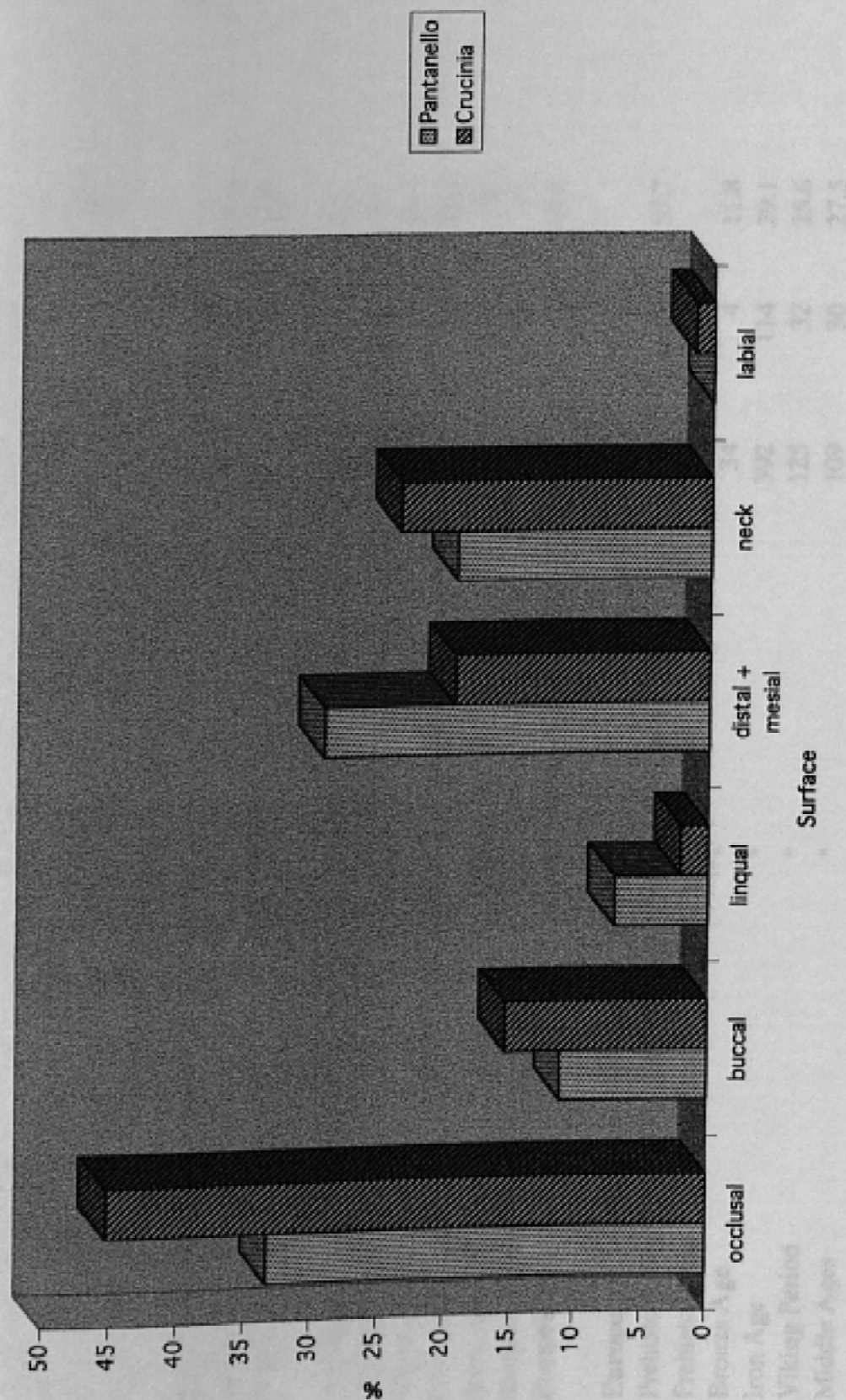




Figure 4.231-3. Distribution of caries according to the surface affected. Rural - urban comparison. Sexes combined.



**Table 4.231-8.** Frequency of dental caries among various populations.

| <b>Population</b>                    | <b>Source</b>                | <b>No of individ.</b> | <b>No individ. with caries</b> | <b>%</b>    |
|--------------------------------------|------------------------------|-----------------------|--------------------------------|-------------|
| <b>Mediterranean Region</b>          |                              |                       |                                |             |
| Mesolithic Yugoslavia, 6300 BC       | y'Edynak (1992)              | 42                    | 0                              | 0           |
| Neolithic Yugoslavia                 | y'Edynac (1992)              | 17                    | 1                              | 5.9         |
| Ardea (Lazio), Italy, 8-6 c. BC      | Rubini et al. (1992)         | 13                    | 2                              | 15.4        |
| <b>Metaponto, Italy,</b>             |                              |                       |                                |             |
| <b>Pantanello (rural), 6-3 c. BC</b> | <b>this study #</b>          | <b>159</b>            | <b>91</b>                      | <b>57.2</b> |
| <b>Crucinia (urban), 7-2 c. BC</b>   | <b>this study #</b>          | <b>165</b>            | <b>120</b>                     | <b>72.7</b> |
| <b>Iron Age Greeks, 1150-650 BC</b>  |                              |                       |                                |             |
| Classic Greeks, 650-150 BC           | Angel (1944b)                | 31                    | 14                             | 45.2        |
| Roman, 150 BC- 450 BC                | Angel (1944b)                | 27                    | 10                             | 37          |
| Pontecagnano, Italy, 7-4 c. BC       | Angel (1944b)                | 14                    | 5                              | 35.7        |
| Jews, Israel, 1-2 c. AD              | Fornaciari et al. (1985-6)   | 123                   | 67                             | 54.5        |
| Romans, Israel, 1-2 c. AD            | Smith & Tau (1978)           | 63                    | 12                             | 20          |
| Pompeii, Italy, 79 AD                | Smith & Tau (1978)           | 67                    | 21                             | 31          |
|                                      | Henneberg & Henneberg (1996) | 11                    | 7                              | 63.6        |
| <b>Europe</b>                        |                              |                       |                                |             |
| Prehistoric Hungary, 3000 - 1350 BC  | Molnar & Molnar (1985)       | 162                   | 87                             | 53.7        |
| Prehistoric and Historic Denmark     | Bennike (1985)               |                       |                                |             |
| Bronze Age                           | "                            | 34                    | 4                              | 11.8        |
| Iron Age                             | "                            | 392                   | 114                            | 29.1        |
| Viking Period                        | "                            | 125                   | 32                             | 25.6        |
| Middle Ages                          | "                            | 109                   | 30                             | 27.5        |
| Mediaeval Poland                     | Borysewicz & Otocky (1975)   |                       |                                |             |

**Table 4.231-8.** Frequency of dental caries among various populations. (Continued)

|   |                      |     |     |      |
|---|----------------------|-----|-----|------|
| Chelmska Gora, 12-16 c. AD                    | "                    | 202 | 135 | 67   |
| Slaboszewo, 14-17 c. AD                       | "                    | 201 | 166 | 83   |
| Kolobrzeg, 14-18 c. AD                        | "                    | 269 | 211 | 78   |
| <b>Other Continents</b>                       |                      |     |     |      |
| <b>North America</b>                          |                      |     |     |      |
| Georgia and Florida coast, USA                | Larsen et al. (1991) |     |     |      |
| Precontact Preagricult., 1000 BC - 1150 AD    | "                    | 201 |     | 9    |
| Precontact Agricult. 1150-1550 AD             | "                    | 275 | 18  | 58.9 |
| Early contact, 1607-1680 AD                   | "                    | 324 | 162 | 34.8 |
| Late contact, 1686 - 1702 AD                  | "                    | 95  | 113 | 82.1 |
| Caddoan, Arkansas, prehistoric Woodlands      | Powell (1985)        | 53  | 78  | 90.6 |
| Fourche Maline, Oklahoma, hunter-gathers      | "                    | 45  | 11  | 24.4 |
| <b>Asia</b>                                   |                      |     |     |      |
| Harappa, Pakistan, 2500-2000 BC               | Lukacs (1992)        | 39  | 17  | 43.6 |
| <b>Africa</b>                                 |                      |     |     |      |
| Mapungubve and K2 (South Africa) 1000-1255 AD | Steyn (1994)         | 19  | 8   | 42.1 |
| <b># all adults</b>                           |                      |     |     |      |

**Table 4.231-9.** Incidence of dental caries among various populations.

| <b>Population</b>                              | <b>Source</b>                           | <b>No<br/>teeth<br/>examined</b> | <b>No<br/>caries<br/>teeth</b> | <b>%<br/>caries</b> |
|--|---|----------------------------------|--------------------------------|---------------------|
| <b>Mediterranean Region</b>                    |   |                                  |                                |                     |
| Neolithic Greeks                               | Carr (1960)                             | 267                              | 32                             | 12                  |
| Neolithic Italics, Matera, South Italy         | Repetto et al. (1988)                   | 387                              | 35                             | 9                   |
| Greece (3000-1000 BC)                          | Angel (1944b)                           | 1404                             | 116                            | 8.3                 |
| Middle Minoans, Crete, 1750-1550 BC            | Carr (1960)                             | 1498                             | 135                            | 9                   |
| Ancient Egyptians                              | "                                       | 1805                             | 82                             | 4.5                 |
| Predynastic Egyptians                          | Brothwell et al. after Keene (1981)     | 1742                             | 40                             | 2.3                 |
| Toppo Daguzzo, Italy, Bronze Age               | Repetto et al. (1988)                   | 164                              | 12                             | 7.3                 |
| Ponte della Paolina, Sicily, Bronze Age        | Girotti et al. (unpublished manuscript) | 709                              | 141                            | 19.7                |
| Ardea, Lazio, Italy, 8-6 c. BC                 | Rubini et al. (1992)                    | 169                              | 2                              | 1.2                 |
| <b>Metaponto, Italy, (permanent dentition)</b> |   |                                  |                                |                     |
| <b>Pantanello (rural), 6-3 c. BC</b>           | <b>this study</b>                       | <b>2077</b>                      | <b>121</b>                     | <b>5.8</b>          |
| <b>Crucinia (urban), 7-2 c. BC</b>             | <b>this study</b>                       | <b>1941</b>                      | <b>342</b>                     | <b>17.6</b>         |
| Classic Greeks, 650-150 BC                     | Angel (1944b)                           | 724                              | 36                             | 5                   |
| Pontecagnano, Italy, 7-4 c. BC                 | Fornaciari et al. (1985-6)              | 2660                             | 228                            | 8.6                 |
| Egyptians, 700-300 BC                          | Brothwell & Carr (1962)                 | 1040                             | 90                             | 8.7                 |
| Alfedena, Italy, 4-5 c. BC (upper teeth)       | Macchiarelli & Salvadei (1986)          | 788                              | 157                            | 19.92               |
| Etruscans, Tarquinia, Italy, 3 c. BC           | Mallegni et al. (1985)                  |                                  |                                | 2.3                 |
| Punics, Carthago, 3-2 c. BC                    | Mallegni et al. (1985)                  |                                  |                                | 4.2                 |
| Italians, Roman Period                         | Brothwell & Carr (1962)                 | 103                              | 8                              | 7.7                 |
| Pompeii, Italy, 79 AD                          | Henneberg & Henneberg (1996)            | 133                              | 12                             | 9                   |



**Table 4.231-9.** Incidence of dental caries among various populations. (Continued)

|  |   |       |      |      |
|--|---|-------|------|------|
| Mediaeval Italics, Matera, South Italy | Repetto et al. (1988)                                       | 89    | 8    | 9    |
| Mediaeval Greeks, 1300 AD              | Angel (1944)  | 3821  | 1013 | 26.5 |
| <b>Europe</b>                          |   |       |      |      |
| Prehistoric Hungary, 3000 - 1350 BC    | Molnar & Molnar (1985)                                      | 3777  | 339  | 9    |
| Neolithic German 3000-1000 BC          | Brinch & Moller-Christophersen (1949)<br>after Keene (1981) | 1589  | 27   | 1.8  |
| Neolithic Swedish                      | Holmer & Maunsbach (1956) after<br>Keene (1981)             | 6402  | 91   | 1.4  |
| Neolithic French 3000-1000 BC          | Hartweg (1945) after Keene (1981)                           | 11717 | 379  | 3.2  |
| Neolithic French                       | Carr (1960)   | 258   | 19   | 7.4  |
| Neolithic British                      | Carr (1960)   | 1151  | 36   | 3.1  |
| Early Neolithic Danish                 | Bennike (1985)  | 320   | 6    | 1.9  |
| Middle/Late Neolithic Danish           | "   | 6742  | 154  | 2.3  |
| Bronze Age, Denmark                    | "   | 433   | 5    | 1.2  |
| Bronze Age Chechs, Unetice,            | Cechova & Titlbachova (1978)                                | 1022  | 70   | 6.8  |
| Bronze Age Scots, 2000-1400 BC         | Lunt (1974)   | 1306  | 23   | 1.8  |
| Iron Age, Denmark, 500 BC- 800 AD      | "   | 5552  | 266  | 4.8  |
| Viking Period, Denmark, 800-1050 AD    | "   | 1616  | 55   | 3.4  |
| Middle Ages, Denmark                   | "   | 2283  | 85   | 3.7  |
| British Iron Age, 500-50 BC            | Brothwell & Carr (1962)                                     | 1113  | 116  | 10.4 |
| Romano-British, Pounbury, 200-420 AD   | Whittaker et al. (1981)                                     | 2166  | 175  | 8    |
| adults 17-25 yrs                       |   | 2893  | 389  | 13.4 |
| adults 25-35 yrs                       |   |       |      |      |

**Table. 4.231-9.** Incidence of dental caries among various populations. (Continued)

|  |  |      |     |      |
|--|--|------|-----|------|
| Romano-British                               | Brothwell (1959) after Hardwick (1960) | 870  | 99  | 11.4 |
| Saxons                                       | Brothwell (1959) after Hardwick (1960) | 1735 | 97  | 5.6  |
| Anglo-Saxons, Ca. 6 c. AD                    | Hardwick (1960)                        | 959  | 78  | 8.1  |
| London 17-18 c. AD                           | Brothwell (1959) after Carr (1960)     | 892  | 185 | 20.7 |
| London , cemetery 1600-1800 AD               | Colyer (1922) after Hardwick (1960)    | 3349 | 346 | 10.3 |
| Iron Age Scots, 300 BC - 400 AD              | Lunt (1974)                            | 301  | 20  | 6.6  |
| Dark Age Scots, 400-1000 AD                  | "                                      | 1041 | 45  | 4.3  |
| Mediaeval Scots, St. Andrews 11-15 c. AD     | Lunt (1986)                            | 2689 | 176 | 6.55 |
| Kirkhill (permanent teeth)                   |  |      |     |      |
| Mediaeval Scots, 1200-1500 AD                | Lunt (1974)                            | 400  | 24  | 6    |
| Late Mediaeval Scots, 1300-1600 AD           | Kerr et al. (1988)                     | 1088 | 55  | 5.1  |
| Mediaeval Poland                             | Borysewicz & Otocki (1975)             |      |     |      |
| Chelmska Gora, 12-16 c. AD                   | "                                      | 2881 | 244 | 9    |
| Slaboszewo, 14-17 c. AD                      | "                                      | 2562 | 361 | 14   |
| Kolobrzeg, 14-18 c. AD                       | "                                      | 2333 | 495 | 21   |
| Mediaeval Norwegians, 1300-1600 AD           | Klafstad (1978)                        | 3015 | 38  | 1.26 |
| Mediaeval Finns, 15-16 c. AD                 | Varrela (1991)                         | 4581 | 689 | 15   |
| <b>Other Continents</b>                      |  |      |     |      |
| <b>North America</b>                         |  |      |     |      |
| <b>USA</b>                                   |  |      |     |      |
| Santa Rosa Island Sites, California (adults) | Walker & Erlandson (1986)              |      |     |      |
| Canada Verde, 3000-4000 BP                   | "                                      | 1718 | 228 | 13.3 |

**Table 4.231-9.** Incidence of dental caries among various populations. (Continued)

|  |                                     |      |      |      |
|--|-------------------------------------|------|------|------|
| Skull Gulch A, 1820-900 BP                           | "                                   | 251  | 27   | 10.8 |
| Skull Gulch B, 1100-1500 AD                          | "                                   | 934  | 59   | 6.3  |
| Georgia and Florida coast                            | Larsen et al. (1991)                |      |      |      |
| Precontact Preagricult. , 1000 BC - 1150 AD          | "                                   | 2438 | 32   | 1.3  |
| Precontact Agricult. 1150-1550 AD                    | "                                   | 4260 | 486  | 11.4 |
| Early contact, 1607-1680 AD                          | "                                   | 3274 | 262  | 8    |
| Late contact, 1686 - 1702 AD                         | "                                   | 1602 | 548  | 34.2 |
| Fourche Maline, Oklahoma, hunter-gathers             | Powell (1985)                       | 489  | 33   | 6.7  |
| Caddoan, Arkansas, prehistoric Woodlands             | Powell (1985)                       | 928  | 135  | 25.3 |
| Moundville, Alabama, 1050-1550 AD                    | Powell (1991)                       | 3375 | 630  | 18.7 |
| More data published before 1979 see Turner II (1979) |                                     |      |      |      |
| <b>South America</b>                                 |                                     |      |      |      |
| Mexico, skeletal series                              | Klatsky & Klatell (1943)            | 3298 | 153  | 4.64 |
| Peru, Pachacamac, skeletal series                    | Stewart (1931)                      | 2727 | 423  | 15.5 |
| <b>Asia</b>  |                                     |      |      |      |
| Mehrgarh (MR3), Pakistan, 7000-4000 BC               | Lukacs et al. (1985)                | 755  | 10   | 1.32 |
| China, 1766-1122 BC                                  | Mao & Yen (1959) after Keene (1981) | 884  | 38   | 4.3  |
| Harappa, Pakistan, 2500-2000 BC                      | Lukacs (1992)                       | 751  | 51   | 6.8  |
| China, Shanxi Shangma, around 2700 BP                | Inoue et al. (1997)                 | 9556 | 1160 | 12.1 |

**Table 4.231-9.** Incidence of dental caries among various populations. (Continued)

|   |                                     |      |     |      |
|---|-------------------------------------|------|-----|------|
| Taiwan, Henan Anyang Yinxu, 3400-3100 BP        | Inoue et al. (1997)                 |      |     |      |
| a) citizens                                     |                                     | 1103 | 45  | 4.1  |
| b) slaves                                       |                                     | 4247 | 134 | 3.2  |
| China, Yin-Shang period, 1400-1100 BC           | Sakashita et al. (1997)             |      |     |      |
| a) citizens (males only)                        |                                     | 684  | 25  | 3.7  |
| b) slaves (males only)                          |                                     | 3547 | 103 | 2.9  |
| Japan, Jomon 2500-300 BC                        | calculated from Turner II (1979)    | 1377 | 119 | 8.6  |
| Japan, Yayoi, 200 BC                            | Sanui (1960) after Turner II (1979) | 1205 | 237 | 19.7 |
| Japan, Oterayama Site, Edo period               | Sakura (1985)                       | 495  | 4   | 0.8  |
| Ca. 17 c. AD (rural)                            |                                     |      |     |      |
| Japan, Unco-in, Edo period, (urban)             | Sakura (1985)                       | 638  | 123 | 19.3 |
| Japan, Joshin-ji, Edo period (urban)            | Sakura (1985)                       | 530  | 108 | 20.4 |
| Japan, modern Hokkaido Ainu                     | Turner II (1979)                    | 1635 | 49  | 3    |
| <b>Africa</b>                                   |                                     |      |     |      |
| South Africa, Mapungubve and K2<br>1000-1255 AD | Steyn (1994)                        | 229  | 49  | 16.4 |
| South Africa, Riet River pastoralists           | Morris (1984)                       | 1061 | 46  | 4.3  |

#### **4.232. Periapical abscesses**

Periapical lesions are defined as inflammation of the tooth pulp that spreads through the apical foramen of the tooth to the surrounding alveolar bone causing destruction of the bone tissue. Periapical granuloma is the destruction of the bone around the tooth apex which progresses slowly and usually without pain producing a hole with a well defined sclerotic border. Chronic periapical abscesses are formed when the border of the periapical granuloma breaks and pus of decomposed bony tissue finds its way outside the bone. If acute inflammation of periapical tissues spread to the entire alveolus, formation of acute alveolar abscesses follows (Tyldesley 1978). Because all three types of abscesses have the same origin and because in some cases it is difficult to distinguish between periapical granuloma and acute alveolar infection without a radiological examination, in further calculations no distinction has been made between the types.

Periapical lesions were rather common in the rural population. Among 130 individuals with at least a fragment of a jaw with a few sockets available for observation 25 had periapical abscesses (19.2%). Because approximately half of the jaws were damaged to various degrees, and many alveoli were not available for examination, it could be expected that the frequency of abscesses was actually higher in this sample than revealed by these observations. The majority of periapical lesions were caused by caries (78.8%). Among 33 lesions associated with roots of one or sometimes two or three teeth 26 were around the roots of the tooth of which crown was completely destroyed by caries (22 lesions), or with cavities present on the crown (4 lesions). Six individuals had multiple periapical lesions. In two cases the inflammation spread diffusely into the bone of the mandible causing osteomyelitis. In one case the inflammatory processes severely remodelled the posterior parts of the

maxilla. At least four of the lesions (all of them multiple) were chronic periapical infections with openings for the pus on the buccal side of the bone. The proportion of males to females with periapical abscesses was 1:1.27 as compared to 1:2.02 in the sample of preserved jaws (sex ratio in the entire skeletal sample from rural area of Metaponto was 1 male to 1.77 females (see Table 2.13-3). The closer to 1:1 sex ratio within the group with abscesses than in the entire sample of preserved fragments of jaws suggested that slightly more males than females had periapical abscesses but the difference was not statistically significant. Mostly adults over 30 years old (84%) developed abscesses.

A total number of 54 teeth showed periapical lesions. Most frequently abscesses formed around the roots of the first molars (21 teeth). The first molar was also most frequently attacked by caries which supported the observation that the major cause of abscesses was caries. Periapical lesions rarely formed around the roots of anterior dentition. In the rural sample the majority of periapical abscesses developed in the mandible (50 lower teeth as opposed to 4 upper teeth were involved).

The frequency of periapical lesions in the urban population was 8.2% (9 individuals among 110 with parts of jaws available for observation) and was statistically significantly lower than in the rural population (Chi-squared = 5.98,  $df=1$ ,  $p<0.05$ ). Abscesses developed around the roots of 18 teeth. As in the rural population, in the urban sample abscesses formed most frequently in the mandible around the roots of first molars.

Abscesses have frequently been seen in the archaeological skeletal material (Table 4.232-1) (Alexandersen 1967, Molnar and Molnar 1985, Linn et al. 1987, Clarke 1990, Jurmain 1990, Clarke et al. 1995, Larsen 1997). High frequency of abscesses was associated with lack of hygiene and with severe attrition (Jurmain 1990, Clarke et al. 1995). Jurmain (1990) reported 30% frequency of abscesses among prehistoric Californians (Ala-329). He found a very low rate of caries

**Table 4.232-1. Frequency of abscesses among various populations.**

| <b>Population</b>                                     | <b>Source</b>               | <b>N<br/>individuals</b> | <b>Frequency<br/>%</b> |
|---|-----------------------------|--------------------------|------------------------|
| <b>rural Metaponto, 6-3 c BC</b>                      | <b>own data</b>             | 130                      | 19.2                   |
| <b>urban Metaponto, 7-2 c BC</b>                      | <b>own data</b>             | 110                      | 8.2                    |
| Sarai Khola, Pakistan, 1000-270 BC                    | Lukacs (1989)               | 35                       | 14.0                   |
| Ala-329, California,<br>500 AD - pre-European contact | Jurmain (1990)              | 195                      | 30.0                   |
| Ancient Nubia, 3100-2500 BC                           | Beckett & Lovel (1994)      |                          |                        |
| Nubian A-Group (earlier)                              |                             | 7                        | 21.2                   |
| Nubian C-Group (later)                                |                             | 12                       | 36.4                   |
| Bronze Age Bahrain                                    | Littleton & Frohlich (1993) | 69                       | 14.6                   |
| Iron Age Bahrain                                      |                             | 98                       | 24.1                   |
| Islamic Bahrain                                       |                             | 25                       | 31.8                   |
| Wadi Halfa, Mesolithic                                | Greene et al. (1967)        | 29                       | 27.6                   |



(0.57%) in this population and attributed the high frequency of abscesses to severe attrition in this group (66.1% of individuals with at least one tooth worn down to 8th degree in Molnar's scale). In another study of a population with low caries incidence, from Carrier Mills (Illinois), Clarke and co-workers (1995) also associated periapical abscesses with severe attrition. Other authors found abscesses associated both with high frequency of caries and pulp exposure caused by severe tooth wear (Hartnady and Rose 1991). Maxillary abscesses have been found more frequently than mandibular lesions (Jurmain 1990, Hartnady and Rose 1991). In some populations more females developed abscesses than males in others the situation was opposite (Swardstedt 1966, Hartnady and Rose 1991).

In general, the abscesses have been found associated with a lack of dental hygiene. Specific factors, such as caries, severe attrition, sex and age influenced the frequency of abscesses differently in various populations (Molnar and Molnar 1985, Powell 1985, Jurmain 1990, Hartnady and Rose 1991, Clarke and Hirsch 1991, Clarke et al. 1995) .

#### 4.24. Hypoplasia

Enamel hypoplasia is a common developmental abnormality related to generalised growth disturbances, observed on teeth of both past and present day populations (Kreshover 1960, Nikiforuk and Fraser 1981, Goodman and Rose 1990). It demonstrates itself as pits, horizontal and vertical grooves or lines, mottling of various intensity, and partial or total lack of enamel on tooth crowns (Sarnat and Schour 1941, Giro 1947, Pindborg 1970, FDI 1982).

Etiological factors related to enamel hypoplasia include genetic, congenital and systemic non-infectious and infectious diseases, malnutrition, weaning, fluorosis and

even local mechanical trauma (Pindborg 1970, Pindborg 1982, Jones and Mason 1990, Neiburger 1990, Goodman and Rose 1991).

Chronological linear hypoplasia and pitting on buccal or labial and on occlusal surfaces of teeth, are the types of enamel hypoplasia most frequently reported from archaeological sites (Goodman and Capasso 1992). Linear hypoplasia is attributed to hypocalcemia, that is, low concentration of calcium in blood plasma (Nikiforuk and Fraser 1981). It is seen as a non-specific indicator of physiological stress (Goodman and Rose 1990, Larsen 1997). Pitting on enamel surfaces can be related to severe fluorosis (Fejerskov et al. 1988) or to specific diseases such as congenital syphilis and rickets (Schultz et al. 1990, Jones and Mason 1990).

Linear hypoplasia and pitting of the enamel surface of teeth have been found in both rural and urban populations of Metaponto.

#### **4.241. Linear hypoplasia**

##### **a) frequency**

The percentage of people with linear hypoplasia in the rural population of Metaponto was 78% (Table 4.241-1). Among 113 individuals (71 females, 36 males and 7 youths) with front teeth preserved and only moderately worn, 88 had hypoplastic rings ( 53 females, 28 males and 7 youths). All juveniles with permanent dentition had hypoplastic rings (100%). There was no difference between sexes in the frequency of hypoplasia in this sample.

The mean number of hypoplastic rings per anterior tooth in the rural dental sample was 2.64. This result derived from a simple calculation where the total sum of hypoplastic rings on upper and lower incisors and canines was divided by the sum of hypoplastic upper and lower incisors and canines in the dental sample. Table 4.241-2, Table 4.241-3, and Figure 4.241-1 show the distribution of mean

numbers of hypoplastic rings for each tooth. Upper first incisors and lower canines had the highest mean number of rings per tooth. Lower second incisor had the lowest mean number of rings. Males had higher mean numbers of rings per tooth than females as shown in Table 4.241-3 for each type of tooth separately. However, the differences between sexes in mean number of hypoplastic rings were not statistically significant.

Frequency of linear hypoplasia among individuals in the entire rural sample was compared with the frequency of linear hypoplasia in the subsample of individuals showing pathological signs (possibly of treponematosi) on bones (Table 4.241-1). Among individuals with pathological changes on bones 94% had linear hypoplasia. The result was statistically significantly higher than in the entire rural dental sample (78%) (Chi-squared=3.92, df=1,  $p<0.05$ ). There was no difference between the two samples in the mean number of hypoplastic rings per tooth in six types of teeth examined (Table 4.241-2).

#### **b) age at the occurrence of hypoplastic rings**

Age-specific occurrence of hypoplastic rings, as measured by the position of rings on the crown, in the rural population was the highest for 3 - 3.5 years old children when maxillary incisors were examined (Figure 4.241-2). For mandibular incisors it was slightly lower and the peak was around 2.5 - 3.0 years of age. For lower canines the peak occurred between 4.0 and 5.0 years of life and for upper canines it was between the age of 4.0 and 4.5 years. In general, most of the episodes of physiological stress, disruptive to the enamel formation, occurred between the age of 3 and 5 years. There was no statistical difference between the sexes in the age specific occurrence of hypoplastic rings.

#### **c) rural - urban comparison**

The percentage of individuals with linear hypoplasia in the urban sample was 95%. It was statistically significantly higher than in the rural population (Chi-

squared=14.05, df=1,  $p<0.001$ ) (Table 4.241-1). As in the rural population, the urban females and males were equally frequently affected.

The mean number of hypoplastic rings per tooth in the urban population was higher than in the rural population (2.91 and 2.64 respectively) but the difference was not statistically significant. Urban people showed higher values of mean number of rings for all (except LM1) tooth types than in the rural population but the differences were not statistically significant (Table 4.241-3, Figure 4.241-1). While in the rural sample males had more rings per tooth for all tooth types, although the difference between sexes was not statistically significant, in the urban sample, the females and males did not have any uniform pattern within the examined tooth type (Table 4.241-3).

There was no difference between the rural and urban samples in the distribution of linear hypoplasia by age (Figure 4.241-2, Figure 4.241-3, Figure 4.241-4 and Figure 4.241-5). In both populations the same pattern was observed, that the peak occurrence of hypoplastic rings for the maxillary incisors was around 3 - 3.5 years of age. Most rings on lower canines were formed between 4.0 and 5.0 years of age and on upper canines the peak occurred a half year earlier (Figure 4.241-3 and Figure 4.241-4).

#### **d) as compared to other populations**

Frequency of enamel hypoplasia among the rural population of Metaponto was similar to recently published results for other coeval populations in the Mediterranean region (Table 4.241-4). The rural Metapontines had higher prevalence of hypoplasia than the population from Pontecagnano (near Salerno, in relative proximity to Metaponto), but lower than populations from other parts of Italy such as Campovalano di Campli, Riofreddo and Ardea where the frequency of hypoplasia was 100%. The frequency of enamel hypoplasia in the rural population was higher

than in Early Iron Greece, Classical Greece and higher than in Bronze Age Lerna and Cyprus (Table 4.241-4).

Mean numbers of hypoplastic rings per tooth for six types of teeth (upper and lower incisors and canines) in the rural Metaponto were higher than for pre agriculturists and agriculturists from Florida (Figure 4.241-6). They were very similar to the results reported for Ra's al Hamra 5.

In the enamel of teeth of the rural population, most of the hypoplastic rings formed at the age between 2.5 and 4.5 years. These results are similar to those reported for various archaeological samples world-wide and from different historical times (Schulz and McHenry 1975, Blakey and Armelagos 1985, Goodman and Armelagos 1985, Corruccini et al. 1985, Ubelaker 1992, Moggi-Cecchi et al. 1994, Wood 1996).