TABLE OF CONTENTS

	Page
Declaration	ii
Dedication	iii
Abstract	iv
Acknowledgements	vi
Table of contents	vii
List of figures	ix
List of tables	Х
List of appendices	xi
1.0 CHAPTER 1: Introduction	
1.1 Background	1
1.2 Aim of the study	3
1.3 Objectives of the study	3
1.4 Significance of the study	3
2.0 CHAPTER 2: Literature Review	
2.1 Introduction	4
2.2 Functional independence at discharge and post discharge	5
2.3 Influence of demographic factors	6
2.4 Influence of physical factors	8
2.5 Influence of environmental factors	12
2.6 Review of methodology	15
2.7 Conclusion	17

3.0 CHAPTER 3: Methodology	
3.1 Study design	18
3.2 Study population	18
3.3 Ethical considerations	20
3.4 Instrumentation and outcome measures	20
3.5 Procedure	21
3.6 Data analysis	25
4.0 CHAPTER 4: Results	
4.1 Introduction	26
4.2 Demographic results	26
4.3 The level of functional independence at discharge and post	27
discharge	
4.4 The influence of demographic factors on functional	27
independence	
4.5 The influence of physical factors on functional independence	29
4.6 The influence of environmental factors on functional	30
independence	
4.7 Logistic regression and odds ratios	34
4.8 Conclusion	35
5.0 CHAPTER 5: Discussion	36
6.0 CHAPTER 6: Conclusion	52
REFERENCES	53

LIST OF FIGURES

Figure	Page
4.1 The number of patients with bowel and bladder problems	30

LIST OF TABLES

Table	Page
4.1 Demographic results	26
4.2 BI scores at discharge and post discharge	27
4.3 Influence of demographic factors on functional independence	28
4.4 The influence of physical factors on functional independence	29
4.5 (a) The influence of environmental factors on functional	31
independence	
4.5 (b) The influence of environmental factors on functional	33
independence	
4.6 Logistic regression and odds ratios	34

LIST OF APPENDICES

	Page
Appendix 1 Questionnaire	57
Appendix 2 Information letter to patients and/or caregiver	65
Appendix 3 Consent letter for patients	66
Appendix 4 Ethical clearance letter	67