

Table of Contents

ABSTRACT.....	i
DECLARATION.....	ii
ACKNOWLEDGMENTS.....	iii
TABLE OF CONTENTS.....	iv
CHAPTER ONE: INTRODUCTION.....	1
CHAPTER TWO: LITERATURE REVIEW.....	7
1. Introduction.....	7
2. Ideal Motherhood.....	8
3. ‘Good’ and ‘Bad’ Mothering.....	12
4. Psychological theories and common sense.....	14
5. Black Motherhood in South Africa.....	18
6. HIV Positive Motherhood.....	20
7. Pregnancy and HIV Positive Motherhood.....	24
8. Breastfeeding and HIV Positive Motherhood.....	25
9. Gender and HIV.....	26
10. Conclusion.....	29
CHAPTER THREE: RESEARCH METHOD	31
1. Methodological Framework.....	31
2. Participants.....	32

3. Data Collection.....	34
4. Analysis.....	37
5. Validation.....	39
6. Ethical Considerations.....	40
7. Reflexive Considerations.....	41
CHAPTER FOUR: ANALYSIS.....	43
Introduction.....	43
1. Awareness of the Social Challenges of being HIV positive.....	44
1.1 Disclosure and stigma.....	44
1.2 Vulnerability.....	50
1.3 Perceptions of Blame.....	56
2 Perceptions of Motherhood.....	63
2.1 Perceptions of the HIV positive mother as similar.....	63
2.2 Perceptions of the HIV positive mother as different.....	66
2.3 Breastfeeding.....	69
3 Impact of Maternal HIV on Child.....	77
3.1. Mother-Child Relationship.....	77
3.2. Psychological and Social Impact on the Child.....	85
CHAPTER FIVE: DISCUSSION AND CONCLUSION.....	91
REFERENCE LIST.....	98
APPENDICES.....	105