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Biomedical health care and African traditional healing in the treatment of HIV and AIDS : complementary or competing cosmologies

Mendu, Elvis

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Appendix A

Participant Information Sheet

Good day,

My name is Elvis Mendu and I am a final (4th) year student registered for the degree of Bachelor of Social Work at the University of Witwatersrand. As part of the requirements for the degree, I am conducting research into the views of modern/western medical practitioners and African traditional healers regarding the feasibility of integrating these two professions within an integrated multi-disciplinary HIV/AIDS team. It is hoped that the study will enhance knowledge and understanding of traditional and western medicine approaches to HIV/AIDS and yield recommendations for improving the holistic healthcare system in the country.

I therefore wish to invite you to participate in this study. Your participation in the study is entirely voluntary and refusal to participate will not be held against you in anyway. If you agree to take part in the study, I shall arrange to interview you at a time and place that is suitable for you. The interview will last about 15 – 20 minutes. You can withdraw from the study at any time and you may also refuse to answer questions that you feel uncomfortable with answering.

With your permission, the interview will be tape-recorded. No one other than my supervisor will have access to the tapes. The tapes and interview schedules will be kept in a password protected computer for two years following any publication of the study or for five years if no publications emanate from the study. Please be assured that you name and personal details will be kept confidential and no identifying information will be included in the final research report.

Please feel free to ask any questions regarding the study. I shall answer them to the best of my ability. You may contact me on: 074 2098 729, or email: Elvis.Mendu@students.wits.ac.za, or my supervisor, Professor Eleanor Ross Cell no: 079 396 4293 or email:eleanorross.123@gmail.com. the Human Research Ethics Committee (Medical) may also be contacted, Chairperson: peter.cleaton-jones1@wits.ac.za and Administrators - Ms Zanele Ndlovu / Mr Rhulani Mkansi / Mr Lebo Moeng: Tel 011 717 2700/2656/1234/1252 or Email: HREC-Medical.ResearchOffice@wits.ac.za any of the above people may be contacted should you experience unjust treatment or have question related to the study. Should you wish to receive a summary of the results of the study, an abstract will be made available on request.

Thank you for taking the time to consider participating in the study.

Yours sincerely

Mr Elvis Mendu

Appendix B

Consent form for participation in the study

I hereby consent to participate in the research project. The purpose and procedures of the study have been explained to me. I understand that my participation is voluntary and that I may refuse to answer any particular item or withdraw from the study at any time without any negative consequences. I understand that my responses will be kept confidential.

Name of Participant: _____

Date : _____

Signature : _____

Name of Investigator: _____

Date : _____

Signature : _____

Appendix C

Consent form for audio-taping of the interview

I hereby consent to tape-recording of the interview. I understand that my confidentiality will be maintained at all times and that the tapes will be destroyed two years after any publication arising from the study or five years after completion of the study if there are no publications.

Name of Participant: _____

Date : _____

Signature : _____

Name of Investigator: _____

Date : _____

Signature : _____

Appendix D

Interview Schedule for the African Traditional Healers

1) What type of healer are you?
2) How long have you been practising traditional medicine?
3) Have you ever had any contact with western/biomedical practitioners in your work with persons with HIV and AIDS?
4) If yes, what were your experiences and opinions?
5) With regard to HIV and AIDS how do you as an African traditional healer help diagnose, treat and prevent HIV and AIDS?
6) Do you feel the impact of modern medical practitioners within your practice?
7) Do you feel the need for integration between traditional and modern medicine?
8) How do you think modern healthcare practitioners try to prevent, diagnose and treat HIV and AIDS?
9) Have you ever referred or received a referral from a western medical practitioner?
10) How do you think both medical practitioners can work towards the complimentary treatment of HIV and AIDS and working in a team in South Africa?
11) What challenges might hinder collaboration between the two groups?
12) Do you think social workers could improve/enhance collaboration? If so, how and in what way?
13) What recommendations would you make to improve collaboration?

Thank you.

Appendix E

Interview Schedule for the Biomedical/Western Healthcare Practitioners

1) What type of healthcare professional are you?
2) How long have you been practising?
3) Have you ever had any contact with African traditional healers in your work with patients with HIV and AIDS?
4) If yes, what were your experiences?
5) Do you feel the impact of African traditional healers on HIV and AIDS patients within your practice?
6) In your knowledge about traditional medicine, how do you think African traditional healers try to prevent, diagnose and treat HIV and AIDS?
7) Have you ever referred a patient with HIV and AIDS to a traditional healer?
8) What are your views on the Traditional Health Practitioners Act?
9) Do you feel the need for integration between traditional and modern medicine? Please give reasons for your answer.
10) If yes, what factors do you think might facilitate the integration?
11) How do you think both medical practitioners can work towards the complimentary treatment of HIV and AIDS in South Africa?
12) What challenges do you think might hinder complimentary treatment of HIV and AIDS between the two groups?
13) What role do you think social workers could play to enhance complimentary treatment of HIV and AIDS between traditional healers and modern healthcare practitioners?
14) What recommendations would you make to improve the complimentary treatment of HIV and AIDS between traditional healers and modern healthcare practitioners?

Thank you.

Appendix F

Ethic Clearance Certificate

R14/49 Mr Elvis Mendu

HUMAN RESEARCH ETHICS COMMITTEE (MEDICAL)

CLEARANCE CERTIFICATE NO. M160529

NAME: (Principal Investigator)	Mr Elvis Mendu
DEPARTMENT:	Social Work Charlotte Maxeke Johannesburg Academic Hospital Johannesburg Central Business District
PROJECT TITLE:	Western Health Care Practice and African Traditional Healing in the Treatment of HIV and AIDS: Complementary or Competing Cosmologies?
DATE CONSIDERED:	27/05/2016
DECISION:	Approved unconditionally
CONDITIONS:	
SUPERVISOR:	Prof Eleanor Ross
APPROVED BY:	Professor P. Cleaton-Jones, Chairperson, HREC (Medical)
DATE OF APPROVAL:	04/07/2016

This clearance certificate is valid for 5 years from date of approval. Extension may be applied for.

DECLARATION OF INVESTIGATORS

To be completed in duplicate and **ONE COPY** returned to the Research Office Secretary in Room 10004,10th floor, Senate House/2nd floor, Phillip Tobias Building, Parktown, University of the Witwatersrand. I/We fully understand the the conditions under which I am/we are authorised to carry out the above-mentioned research and I/we undertake to ensure compliance with these conditions. Should any departure be contemplated,from the research protocol as approved, I/we undertake to resubmit to the Committee. **I agree to submit a yearly progress report**. The date for annual re-certification will be one year after the date of convened meeting where the study was initially reviewed. in this case, the study was initially review in May and will therefore be due in the month of May each year.

Principal Investigator Signature

Date 11 July 2016

PLEASE QUOTE THE PROTOCOL NUMBER IN ALL ENQUIRIES

Appendix G

Permission from Charlotte Maxeke Hospital to conduct study

GAUTENG PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

CHARLOTTE MAXEKE JOHANNESBURG ACADEMIC HOSPITAL

Enquiries:
Mr. J. Maepa
Office of the Clinical Director
Tell: (011): 488-3365
Email:Johannes.maepa@gauteng.gov.za
22 June 2016

Dear Elvis Mendu

STUDY TITLE: Modern healthcare practice & Africa traditional healing in the treatment of HIV/AIDS: Complementary or Competing Cosmologies.

Permission is granted for you to conduct the above recruitment activities as described in your request provided:

1. Charlotte Maxeke Johannesburg Academic Hospital will not anyway incur or inherit costs as result of the said study.
2. Your study shall not disrupt services at the study sites.
3. Strict confidentiality shall be observed at all times.
4. Informed consent shall be solicited from patients participating in your study.

Please liaise with the HOD and Unit Manager or sister in charge to agree on the dates and time that would suit all parties.

Kindly forward this office with the results of your study on completion of the research.

Supported / ~~not supported~~

Dr. M.I. Mofokeng
Clinical Director
DATE:

Approved/not approved

Ms G. Bogoshi
Chief Executive Officer
Date: 25.06.2016

Appendix H

Permission from Traditional Healers' Organisation to conduct study

Traditional Healers Organization

NPO Number: 062-885-NPO

National Head Office
P O Box 3722
Johannesburg, 2000
Gauteng, RSA
Tel: (011) 337 6177
Fax: (011) 337 2589
E-mail:thohealth@gmail.com
Website: traditionalhealth.org.za
July 29,2016

Human Research Ethics Committee (Medical)

Research Office Secretariat

Senate House SH 10005, 10th Floor

Tel: 011 717 1252; Fax: 011 717 1285

To whom it may concern

Re: Confirmation of Study Approval

Protocol Ref: Western Health care practice and African Traditional Healing in the Treatment of HIV and AIDS; Complementary or competing cosmologies?

The Traditional Healers Organisation (THO), would like to take this opportunity to confirm our approval for Elvis Mendu to conduct this study within the organization.

Our members in around the Johannesburg District have been prepared to receive you and participate in this study. We hope that such a study will bring out the benefits of using traditional medicine and promote good cultural ways that promote health and wellness contrary to studies that are funded and organize to demean sister sciences.

Should you need any further clarity regarding this communication kindly contact Ms. Zodwa Ntlanga on 011 337 6177.

Thanking you in anticipation.

Sincerely,

Ms. Phephsile Maseko

THO National Co-Ordinator

082 687 6290

Board of Trustees: EnicarMkhonto, Naomi Malapila, LinahMasemola,SollyMasogoFrancinahTema,Levy Nkosi,