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Clinical Outcomes, Costs, and Cost-effectiveness of Strategies for People Experiencing Sheltered Homelessness During the COVID-19 Pandemic

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Key Points

Question: What are the projected clinical outcomes and costs of strategies for reducing COVID-19 infections among people experiencing sheltered homelessness?

Findings: In this microsimulation modeling study, daily symptom screening with polymerase chain reaction (PCR) testing of screen-positive individuals, paired with non-hospital care site management of people with mild to moderate COVID-19, substantially reduced infections and lowered costs over 4 months compared to no intervention, across a wide range of epidemic scenarios. In a surging epidemic, adding periodic universal PCR testing to symptom screening and non-hospital care site management improved clinical outcomes at modestly increased costs. Periodic universal PCR testing paired with temporary housing further reduced infections but at much higher cost.

Meaning: Daily symptom screening with PCR testing of screen-positive individuals and use of alternate care sites for COVID-19 management among sheltered homeless people was associated with substantially reduced new cases and costs compared to other strategies.

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ABSTRACT

Importance: Approximately 356,000 people stay in homeless shelters nightly in the US. They are at high risk for COVID-19.

Objective: To assess clinical outcomes, costs, and cost-effectiveness of strategies for COVID-19 management among sheltered homeless adults.

Design: We developed a dynamic microsimulation model of COVID-19 in sheltered homeless adults in Boston, Massachusetts. We used cohort characteristics and costs from Boston Health Care for the Homeless Program. Disease progression, transmission, and outcomes data were from published literature and national databases. We examined surging, growing, and slowing epidemics (effective reproduction numbers [R_e] 2.6, 1.3, and 0.9). Costs were from a health care sector perspective; time horizon was 4 months, from April to August 2020.

Setting & Participants: Simulated cohort of 2,258 adults residing in homeless shelters in Boston.

Interventions: We assessed daily symptom screening with polymerase chain reaction (PCR) testing of screen-positives, universal PCR testing every 2 weeks, hospital-based COVID-19 care, alternate care sites [ACSs] for mild/moderate COVID-19, and temporary housing, each compared to no intervention.

Main Outcomes and Measures: Cumulative infections and hospital-days, costs to the health care sector (US dollars), and cost-effectiveness, as incremental cost per case prevented of COVID-19.

Results: We simulated a population of 2,258 sheltered homeless adults with mean age of 42.6 years. Compared to no intervention, daily symptom screening with ACSs for pending tests or confirmed COVID-19 and mild/moderate disease led to 37% fewer infections and 46% lower costs (R_e=2.6), 75% fewer infections and 72% lower costs (R_e=1.3), and 51% fewer infections and 51% lower costs (R_e=0.9). Adding PCR testing every 2 weeks further decreased infections; incremental cost per case prevented was $1,000 ($R_e$=2.6), $27,000 ($R_e$=1.3), and $71,000

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(R_e=0.9). Temporary housing with PCR every 2 weeks was most effective but substantially more costly than other options. Results were sensitive to cost and sensitivity of PCR and ACS efficacy in preventing transmission.

Conclusions & Relevance: In this modeling study of simulated adults living in homeless shelters, daily symptom screening and ACSs were associated with fewer COVID-19 infections and decreased costs compared with no intervention. In a modeled surging epidemic, adding universal PCR testing every 2 weeks was associated with further decrease in COVID-19 infections at modest incremental cost and should be considered during future surges.

Keywords: Homelessness, COVID-19, cost-effectiveness analysis, simulation model

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INTRODUCTION

Over 1.4 million people experience sheltered homelessness annually in the US, including approximately 356,000 each night.[1,2] The crowded circumstances of homeless shelters place this population at increased risk for coronavirus disease 2019 (COVID-19). The United States (US) Centers for Disease Control and Prevention (CDC) issued comprehensive guidance for preventing and mitigating COVID-19 among people experiencing sheltered homelessness, including recommendations for infection control practices in shelters, symptom screening of shelter guests, and dedicated settings for isolation and management of individuals with symptoms or confirmed illness.[3] The high burden of COVID-19 among sheltered homeless populations[4–7] highlights an urgent need to understand the clinical outcomes and costs of CDC-recommended and other prevention and treatment strategies. After a cluster of COVID-19 cases at a single large shelter in Boston, universal polymerase chain reaction (PCR) testing of 408 shelter residents found that 36% had SARS-CoV-2 infection.[4] Eighty-eight percent of these individuals reported no symptoms at the time of testing, raising questions about how to identify COVID-19 disease in this population and the role of non-hospital alternate care sites (ACSs) to isolate those who do not require hospitalization. Our objective was to project the clinical and economic impact of COVID-19 management approaches for adults experiencing sheltered homelessness.

METHODS

Analytic Overview

We developed the Clinical and Economic Analysis of COVID-19 interventions (CEACOV) model, a dynamic microsimulation of the natural history of COVID-19 disease and the impact of prevention, testing, and treatment interventions. We used CEACOV to project the clinical impact, costs, and cost-effectiveness of various COVID-19 management strategies for people experiencing sheltered homelessness, including different combinations of symptom screening,

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PCR testing, ACSs, and relocating all shelter residents to temporary housing. Using data from the early stage of an outbreak among homeless adults in Boston, Massachusetts, we modeled a cohort of sheltered homeless adults and examined management strategies under various epidemic scenarios, given evolving and heterogenous epidemic dynamics across the US.[4,8] We evaluated 3 scenarios over a 4-month time horizon, from April to August 2020, with different effective reproduction numbers (R_e) representing surging (R_e=2.6), growing (R_e=1.3), and slowing (R_e=0.9) epidemics. Outcomes included number of infections, utilization of hospital and intensive care unit (ICU) beds, costs, and cost per COVID-19 case was conducted from a health care sector perspective. This study was approved by the Partners prevented. The analysis Human Research Committee.

Model Structure

Disease states and progression

CEACOV is a dynamic microsimulation model of COVID-19 based on an SEIR framework, including susceptible, exposed, infectious, recovered, and death states.[9] Infected individuals face daily probabilities of disease progression through 6 COVID-19 states: pre-infectious latency, asymptomatic, mild/moderate, severe, critical, and recuperation. With mild/moderate disease, individuals have mild symptoms, such as cough or fever, that generally do not require inpatient management in a stably housed population. With severe disease, symptoms warrant inpatient management. With critical disease, patients require ICU care. Recovered individuals cannot transmit and are assumed immune from repeat infection.[10] eFigure1 displays how patients move through the model. We describe model validation in the Supplemental Methods.

Transmission

Individuals with COVID-19 transmit to susceptible individuals at health state-stratified rates. We model a closed cohort, with transmissions occurring between people experiencing sheltered

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homelessness. All susceptible people face equal probabilities of contacting infected individuals and becoming infected (homogenous mixing). The number of projected infections depends on COVID-19 prevalence, proportion of the population susceptible, transmission rates, and interventions that change contact rates or infectivity per contact. Transmission rates are calibrated to achieve the desired R_e, which captures the average number of transmissions per case. More details can be found in the Supplemental Methods.

Testing and care interventions

Symptom screens or PCR tests are offered at intervals defined in each strategy; test sensitivities and specificities depend on COVID-19 health state. Care interventions include hospital care, ACSs, and temporary housing. Since adequate isolation for COVID-19 is not possible within congregate homeless shelters, care of homeless individuals with mild/moderate COVID-19 occurs either in hospitals or ACSs, such as large tents or non-hospital facilities with on-site medical staff.[11,12] ACSs reduce transmission and hospital use for people with mild/moderate illness. Temporary housing reduces transmission by preemptively moving everyone from shelters to individual living units (e.g., hotel or dormitory rooms) for the entire simulation period. Anyone who develops mild/moderate COVID-19 remains in temporary housing, which offers health monitoring and space for isolation but less intensive staffing and infection control than ACSs.

Resource use, costs, cost-effectiveness, and budget impact

The model tallies resource utilization, including tests and days in hospital, ICU, ACS, or temporary housing, and daily costs, including medical supplies and personnel. We included a budget impact analysis to determine total costs over the 4-month simulation. To understand the tradeoffs between cost and infections prevented and highlight the relative “return on investment” for each strategy, we present efficiency frontiers, plotting number of infections prevented against

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total cost for each strategy.[13] Since we focus on a cohort relevant to an individual city, and since overall COVID-19 mortality is low, we report incremental cost per COVID-19 case prevented as an outcome; $1,000/case prevented is approximately equivalent to $61,000/quality-adjusted life year (QALY) gained at current case fatality levels (Table 2, notes).

Strategies

We assessed 8 strategies:

1) *NoIntervention*: Only basic infection control practices are implemented in shelters.

2) *SxScreen/PCR/Hospital*: CDC-recommended symptom screening daily in shelters.[14] Screen-negative individuals remain in shelters. Screen-positive individuals are sent to the hospital for PCR testing. PCR-positive individuals remain in hospital; PCR-negative individuals return to shelter.

3) *SxScreen/PCR/ACS*: CDC-recommended symptom screening daily in shelters. Screen-negative individuals remain in shelters. Screen-positive individuals are sent to an ACS for people under investigation, where they undergo PCR testing and await results. PCR-positive individuals with mild/moderate illness are transferred to ACSs for confirmed COVID-19 cases. PCR-negative individuals return to shelter.

4) *UniversalPCR/Hospital*: Universal PCR testing every 2 weeks in shelters. Those with symptoms at the time of testing await results at the hospital; individuals without symptoms await results in shelters. PCR-negative individuals return to or stay in shelters. PCR-positive individuals, regardless of illness severity, remain in or are sent to the hospital.

5) *UniversalPCR/ACS*: Universal PCR testing every 2 weeks in shelters. Those with symptoms at the time of testing are sent to an ACS for people under investigation while awaiting results; individuals without symptoms await results in shelters. PCR-negative individuals return to or stay in shelters. PCR-positive individuals with mild/moderate illness are transferred to ACSs for confirmed COVID-19 cases.

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6) *UniversalPCR*/*TempHousing*: All shelter residents are pre-emptively moved to temporary housing for the duration of the 4-month period. Universal PCR testing occurs every 2 weeks. PCR-positive individuals with mild/moderate illness remain in temporary housing and are transferred to the hospital if they progress to severe or critical disease.

7) *Hybrid/Hospital*: This includes the *SxScreen/PCR/Hospital* strategy and adds shelter-based universal PCR testing every 2 weeks for those without symptoms.

8) *Hybrid/ACS*: This includes the *SxScreen/PCR/ACS* strategy and adds shelter-based universal PCR testing every 2 weeks for those without symptoms.

In all 8 strategies, people with severe or critical illness are sent to the hospital. Individuals are eligible for repeat PCR testing after 5 days since their most recent negative test. See eFigure2 for details.

Input Parameters

Cohort characteristics

The simulated cohort represents 2,258 adults living in Boston homeless shelters.[2] 83% are aged 18-59 years, and 17% are ≥60 years (Table 1). Initial prevalence of active or past COVID-19 is assumed to be 2.2%. To reflect symptoms similar to but not due to COVID-19 (e.g., from other respiratory viruses or seasonal rhinitis), susceptible and recovered individuals have a 0.01% daily probability of exhibiting mild/moderate COVID-like symptoms.[15–17]

Progression of COVID-19 and transmission

Average duration of each COVID-19 state varies by severity (eTable1). The probabilities of developing severe or critical disease or dying increase with age.[18,19] Transmission rates are highest for individuals in asymptomatic and mild/moderate states; individuals in severe and critical states have fewer infectious contacts due to hospitalization.[19–22]

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Testing

We assumed symptom screen sensitivity of 0% for asymptomatic infection, 62% for mild/moderate COVID-19, and 100% for severe or critical COVID-19.[4] The PCR test is a nasopharyngeal sample with one-day result delay, 70% sensitivity for people with no symptoms or mild/moderate symptoms,[23,24] 100% sensitivity for severe or critical illness, and 100% specificity.

Hospitalization, alternate care sites, and temporary housing

Mortality was decreased with hospitalization among those with critical illness.[18,19] We assumed hospitalization reduces transmission by 100%, while ACSs reduce transmission by 80% and temporary housing by 60%. Temporary housing was assumed less effective at reducing transmission compared to ACSs due to less stringent infection control measures in temporary housing and potential mixing of uninfected and infected individuals. Length-of-stay at hospitals and ACSs depends on severity and duration of illness.[18–21,25–28]

Resource use and costs

The nasopharyngeal PCR test costs $51.[29] Hospitalization costs $1,641/day; ICU costs $2,683/day (Table 1; Supplement).[30–32] ACSs cost $304/day; temporary housing costs $141/day (data from BHCHP).

Sensitivity Analyses

In one-way sensitivity analyses, we examined: 1) PCR sensitivity, PCR frequency, and symptom screen sensitivity (eTables2-4); 2) efficacy of ACS and temporary housing in reducing transmission (eTables5-6); and 3) costs of PCR test, symptom screen, hospital care, ACS, and temporary housing (eTables7-11). In two-way sensitivity analyses, we varied influential parameters simultaneously (eTables12-13). To relate these findings to other settings, eTable14

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displays outcomes per 1,000 homeless adults and the number of sheltered homeless adults in select US cities.

RESULTS

Base Case

Surging epidemic (R_e=2.6)

With R_e=2.6, the number of projected COVID-19 cases was highest with *NoIntervention* (1,954) and lowest with *UniversalPCR/TempHousing* (376) (Table 2; Figure 1). Other than the temporary housing strategy, strategies that rely on daily symptom screening were more effective in preventing infections (1,133 to 1,239 cumulative infections) than those with universal PCR testing every two weeks alone (1,679 to 1,681 cumulative infections). Hybrid strategies involving daily symptom screening plus universal PCR testing every two weeks performed better than either alone (967 to 985 cumulative infections).

With R_e=2.6, all ACS-based strategies had lower total costs ($3.27 to $4.14 million) than hospital-based strategies ($12.20 to $12.91 million) and *NoIntervention* ($6.10 million; Table 2; Figure 2, eTable15). *UniversalPCR/TempHousing* was most costly ($39.12 million), and *SxScreen/PCR/ACS* was least costly ($3.27 million).

Compared with *SxScreen/PCR/ACS*, *Hybrid/ACS* had 20% fewer cases (985 vs 1,239) at $1,000/case prevented (Table 2). *UniversalPCR/TempHousing*, the most clinically effective strategy, had an incremental cost of $58,000/case prevented compared to *Hybrid/ACS*. All other strategies were dominated, or less effective and more costly than another strategy or combination of strategies (Table 2; Figure 2, eTable15).

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Growing epidemic (R_e=1.3)

With R_e=1.3, projected cases ranged from 538 (*NoIntervention*) to 95 (*UniversalPCR/TempHousing*) (Table 2; Figure 1). All strategies had at least 60% fewer infections than *NoIntervention*. ACS strategies had fewer infections, fewer hospital days, and lower costs than *NoIntervention*, whereas hospital strategies had higher costs than *NoIntervention* (Table 2; Figure 2, eTable15). *SxScreen/PCR/ACS* had 75% fewer infections than *NoIntervention* and the lowest cost. Compared to *SxScreen/PCR/ACS*, *Hybrid/ACS* yielded an additional 6% decrease in infections at $27,000/case prevented. *UniversalPCR/TempHousing* had the lowest number of infections at $6,854,000/case prevented (Table 2; Figure 3).

Slowing epidemic (R_e=0.9)

With R_e=0.9, cumulative infections were fewer than in the other scenarios, ranging from 174 (*NoIntervention*) to 71 (*UniversalPCR/TempHousing*) (Table 2; Figure 1). All strategies had at least 46% fewer infections than *NoIntervention*. *SxScreen/PCR/ACS* had 51% fewer infections and 51% lower costs than *NoIntervention;* it was the only strategy that cost less than *NoIntervention* (Table 2; Figure 2, eTable15). Compared to *SxScreen/PCR/ACS*, *Hybrid/ACS* yielded an additional 8% decrease in infections at $71,000/case prevented (Table 2; Figure 3).

Sensitivity Analyses

One-way sensitivity analysis

Across the 3 epidemic scenarios, changes in PCR sensitivity, PCR cost, PCR frequency, and ACS efficacy had the greatest impacts on the incremental cost per case prevented. If PCR sensitivity increased from 70% to 90% with R_e=2.6, the number of infections with *Hybrid/ACS* decreased from 985 to 668; incremental cost per case prevented was $100 compared with *SxScreen/PCR/ACS* (eTable2). If PCR cost decreased from $51 to $25 in R_e=2.6, the

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Hybrid/ACS strategy became cost-saving compared with *SxScreen/PCR/ACS* (eTable7). Results for higher PCR costs are also shown in eTable7. If ACS efficacy in preventing transmissions decreased, total cases increased in all ACS-based strategies, and *Hybrid/ACS* became relatively less effective compared to *SxScreen/PCR/ACS* (eTable5).

With R_e=2.6, *Hybrid/ACS* with universal PCR testing every 7 rather than every 14 days was associated with 29% fewer infections (incremental cost of $1,000/case prevented compared with testing every 14 days, eTable16). Every 3-day testing had fewer infections, at $2,000/case prevented. In other R_e scenarios, the *Hybrid/ACS* strategy did not result in a cost per case prevented below $20,000 compared with *SxScreen/PCR/ACS*, regardless of universal testing frequency.

ACS-based management approaches remained less costly than hospital care unless daily ACS costs began to approach hospital costs. Although *UniversalPCR/TempHousing* had the lowest number of cases in all scenarios, with R_e=2.6, daily costs of temporary housing needed to be ≤$20/day to have an incremental cost per case prevented of ≤$1,000 compared to *Hybrid/ACS* (eTable11). In the lower R_e scenarios, *UniversalPCR/TempHousing* had higher costs per case prevented.

Two-way sensitivity analysis

In two-way sensitivity analysis there were several combinations where *Hybrid/ACS* was cost-saving or had an incremental cost per case prevented compared to *SxScreen/PCR/ACS* of $1,000-$3,000 as the sensitivity of PCR increased and PCR cost decreased (eTable12).

DISCUSSION

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We developed a microsimulation model to examine the impact of COVID-19 testing and isolation strategies on infections and health care costs among adults experiencing sheltered homelessness. Across all epidemic scenarios, daily symptom screening with PCR testing of screen-positive individuals and ACS-based COVID-19 management was the most efficient strategy and was cost-saving relative to no intervention.

In all cases, strategies employing ACSs for isolation of symptomatic individuals with pending tests, and for those with confirmed mild or moderate COVID-19, were associated with substantially decreased costs compared to analogous strategies relying on hospital-based care while achieving similar clinical outcomes. ACSs are especially useful for managing COVID-19 in homeless populations since people with mild to moderate illness cannot be effectively isolated in shelters. With high levels of SARS-CoV-2 infection among people experiencing homelessness in Boston and other cities,[4–7,33] ACSs could avert many hospitalizations, preserving beds for severely ill individuals and reducing costs. Boston created several such ACSs, ranging from 16-bed tents to a 500-bed field unit in a downtown convention center.[34] In cities with smaller numbers of sheltered homeless adults (eTable14), using existing facilities (e.g. hotels/motels) as ACSs would avoid the fixed costs of new ACSs and allow for rapid implementation of care sites for people with mild to moderate COVID-19.

In a surging epidemic, adding universal PCR testing every 14 days to daily symptom screening had clinical benefits at an incremental cost of $1,000/case prevented. We selected a 2-week testing interval because this was deemed by BHCHP clinical staff to be realistic and in line with practice during the study time period; however, reducing the universal testing interval to every 7 days yielded additional benefits at $1,000/case prevented. In sensitivity analyses, this “hybrid” approach of daily symptom screening with additional periodic universal PCR testing was less expensive than daily symptom screening alone when PCR sensitivity increased and PCR cost

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decreased. In a growing or slowing epidemic, testing beyond daily symptom screening prevented a small number of new cases at high incremental costs. If PCR turnaround time was longer than the 1 day we modeled, all strategies would have more cases and higher costs.

Temporary housing with universal PCR testing every 2 weeks was the most effective strategy for reducing COVID-19 in all scenarios but was also the most costly, except in sensitivity analyses where temporary housing costs were reduced below plausible ranges. However, this analysis does not account for other potential benefits of temporary housing on physical or mental health.[35] Ultimately, broader policies around supportive housing measures for people experiencing homelessness should account for more than COVID-19 mitigation, recognizing that the COVID-19 pandemic is one of many health risks of homelessness.[36]

This study complements the findings of a dynamic transition model of structural interventions for COVID-19 among people experiencing homelessness in England.[37] In that analysis, single-room accommodations for people with COVID-19 symptoms and people without symptoms but at high risk for COVID-19 complications were projected to reduce infections, hospitalizations, and deaths by 36% to 64%. Our analysis adds to this by examining additional structural interventions (e.g. ACSs and temporary housing) in a US context, combined with various COVID-19 diagnostic approaches (e.g. symptom screening, universal PCR testing, and hybrid strategies), and by adding cost-effectiveness to inform policy and practice.

This analysis has limitations. The findings are specific to individual adults; we excluded adults experiencing homelessness as part of a family, because family shelters more likely provide private living quarters.[38] We also excluded unsheltered homeless individuals because disease transmission dynamics and infection control considerations are distinct for this subpopulation.[39] We assumed homogeneous mixing of sheltered homeless adults; in reality this population is

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spread over numerous shelters. This homogenous mixing assumption may impact the number of infections projected by our model, but we expect this impact to be small. In the base case, we did not assume increased comorbidities among homeless adults compared with the general population.[40] The analysis is based on the possibility that ACSs and PCR tests can be made available relatively quickly to homeless adults. This may be difficult in some settings because those responsible for making ACSs and PCR tests available may not be those responsible for hospital costs, and record-keeping may be challenging. Finally, we focused this analysis on Boston, which has a 29.7% higher cost of living than the US average.[41] Costs of temporary housing may be considerably lower in other cities. In sensitivity analysis, however, results were robust to even large changes in testing, hospital, and housing costs.

In summary, daily symptom screening and use of ACSs for those with pending test results or mild to moderate COVID-19 was associated with reduced infections and lower costs compared to no intervention. In a surging epidemic, adding universal PCR testing every 2 weeks was associated with further reduction in infections at a reasonable cost. Routine symptom screening, implementation of ACSs, and selective use of universal PCR testing should be implemented for sheltered homeless populations in the US.

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KAF and TPB had full access to all the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis.

AUTHOR ROLES

All authors contributed substantively to this manuscript in the following ways: study and model design (all authors), data analysis (MHL, FMS, EL), interpretation of results (all authors), drafting the manuscript (KAF, TPB), and critical revision of the manuscript (all authors) and final approval of submitted version (all authors).

CONFLICTS OF INTEREST AND FINANCIAL DISCLOSURES

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Table 1. Input parameters for an analysis of management strategies for people experiencing sheltered homelessness during the COVID-19 pandemic.

Parameter			Value		Source
Cohort characteristics					
Cohort size			2,258		[2]
Age distribution, %*					
18-59y			82.9		BHCHP
>60y			17.1		BHCHP
Natural history					
Probability of COVID-19 severity,[a] stratified by age	Asymptomatic infection	Mild/moderate illness	Severe illness	Critical illness	
18-59y	0.262	0.719	0.012	0.007	Derived from [42–45]
>60y	0.180	0.788	0.001	0.031	Derived from [42–45]
Duration of illness state among hospitalized patients, stratified by COVID-19 severity, mean, days[b]	Asymptomatic infection	Mild/moderate illness	Severe illness	Critical illness	
Pre-infectious latent to asymptomatic state	2.6	2.6	2.6	2.6	Derived from [20,25–27]
Asymptomatic to mild/moderate state	NA	2.0	2.0	2.0	[20,26]
Mild/moderate to severe state	NA	NA	6.5	3.0	[18]
Severe to critical illness state	NA	NA	10.5	7.1	[19]
Critical illness to recuperation state	NA	NA	NA	11.9	[19]
Duration of illness state among non-hospitalized patients, stratified by COVID-19 severity, mean, days[b]	Asymptomatic infection	Mild/moderate illness	Severe illness	Critical illness	
Pre-infectious latent to asymptomatic state	2.6	2.6	2.6	2.6	Derived from [20,25–27]
Asymptomatic to mild/moderate state	NA	2.0	2.0	2.0	[20,26]
Mild/moderate to severe state	NA	NA	6.5	3.0	[18]
Severe to critical illness state	NA	NA	NA	6.5	[19]
Duration of viral shedding, stratified by COVID-19 severity, mean, days[b]	Asymptomatic infection	Mild/moderate illness	Severe illness	Critical illness	
	9.5	12	19	24	[19–21]

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Table 1 continued. Input parameters for an analysis of management strategies for people experiencing sheltered homelessness during the COVID-19 pandemic.

Parameter	Value			Source
Natural history, continued				
Daily probability of mortality in the critical state, stratified by age	18-59y		>60y	
Hospital care	0.004		0.050	Derived from [18,19]
No hospital care	0.166		0.203	Derived from [42,46,47]
Daily probability of onward transmission, stratified by disease state				
Asymptomatic state		0.2394		Derived from [19–22]
Mild/moderate state		0.1948		
Severe state		0.0135		
Critical state		0.0107		
Recuperation state		0.0135		
Persons with other respiratory illnesses exhibiting mild/moderate COVID-like symptoms, daily, %		0.01		[15–17]
Duration of mild/moderate COVID-like symptoms, mean, days		5		Assumed
Intervention				
Reduction in transmission rates,[c] %				
ACS for people with pending PCR test results		80		Assumed
ACS for people with confirmed COVID-19		100		Assumed
Temporary housing		60		Assumed
Hospitalization		100		Assumed
Intervention cost, 2020 USD	Daily cost		Total daily cost	
	Materials	Personnel		
ACS	79	225	304	BHCHP
Temporary housing*	85	56	141	BHCHP
Hospital (non-ICU) bed*	NA	NA	1,641	Derived from [30–32]
ICU bed	NA	NA	2,683	

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Table 1 continued. Input parameters for an analysis of management strategies for people experiencing sheltered homelessness during the COVID-19 pandemic.

Parameter	Value	Source
Testing		
Symptom screen		
Sensitivity, stratified by disease state, %		
Pre-infectious latent	0	Assumed
Asymptomatic state	0	Assumed
Mild/moderate state[d]	62	Derived from [4], Assumed
Severe state	100	Assumed
Critical state	100	Assumed
Result return delay, days	0	Assumed
Unit cost, 2020 USD	0	Assumed
PCR, nasopharyngeal specimen		
Sensitivity, stratified by disease state, %		
Pre-infectious latent	0	Assumed
Asymptomatic state	70	Assumed
Mild/moderate state	70	[23,24]
Severe state	100	Assumed
Critical state	100	Assumed
Specificity, %	100	Assumed
Result return delay, days	1	Assumed
Unit cost, 2020 USD	51	[29]

Abbreviations: ACS, alternate care sites; BHCHP, Boston Health Care for the Homeless Program; COVID-19, coronavirus disease 2019; ICU, intensive care unit; mod., moderate; NA, not applicable; PCR, polymerase chain reaction; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2; USD, United States dollars.; y, years.

[a] Severity probability refers to the likelihood that an individual, once infected with SARS-CoV-2, will eventually progress to the specified severity of COVID-19 disease.

[b] Durations of illness state and of viral shedding were derived from model inputs of transition probabilities. See eTable1 for more details.

[c] In ACSs for people with pending PCR test results, there are people without COVID-19 who are susceptible to infection. Transmission in ACSs for people with pending PCR test results is thus not completely reduced. In ACSs for people with confirmed COVID-19, we assumed complete reduction in transmission among sheltered homeless people and did not examine SARS-CoV-2

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transmission to healthcare workers. Temporary housing is a less medicalized setting compared to hospitals and ACSs and was assumed to have a lower reduction in SARS-CoV-2 transmission rates.

[d] The sensitivity of symptom screening for identifying individuals with mild to moderate COVID-19 was derived from an unpublished reanalysis of data from SARS-CoV-2 testing at a single large shelter in Boston, MA.[4] Among COVID-positive individuals presenting with mild to moderate symptoms at time of testing, 83% (15/18) would have been identified using symptom screening instrument concordant with CDC guidelines.[14] To account for the underreporting of symptoms among shelter residents due to stigma and/or fear of losing shelter accommodations, we estimated that only 75% of those with mild to moderate COVID-19 would report their symptoms. Thus, we estimated that the symptom screen would identify 62% (0.83*0.75) shelter residents with mild to moderate COVID-19.

*Data on cohort characteristics and costs of alternative care sites and temporary housing were derived from unpublished data from the Boston Health Care for the Homeless Program.

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Table 2. Results of an analysis of management strategies for people experiencing sheltered homelessness during the COVID-19 pandemic at 4 months (n=2,258).

Strategy	Cumulative infections, n	Reduction in cases,[a] %	Peak daily hospital bed use, n	Total hospital days, n	Total cost, [b] 2020 USD	Cost compared with *NoIntervention,* [b] 2020 USD	Incr. cost per case prevented, [b, c] 2020 USD
Effective reproduction number (R_e) = 2.6							
SxScreen/PCR/ACS	1,239	36.6	5	394	3,267,000	- 2,831,000	NA
Hybrid/ACS	985	49.6	4	305	3,628,000	- 2,470,000	1,000
UniversalPCR/ACS	1,681	14.0	9	569	4,143,000	- 1,955,000	Dominated
NoIntervention	1,954	NA	64	3,567	6,098,000	NA	Dominated
Hybrid/Hospital	967	50.5	80	6,796	12,202,000	+ 6,104,000	Dominated
SxScreen/PCR/Hospital	1,133	42.0	93	7,656	12,620,000	+ 6,522,000	Dominated
UniversalPCR/Hospital	1,679	14.1	112	7,165	12,914,000	+ 6,816,000	Dominated
UniversalPCR/TempHousing	376	80.8	1	121	39,119,000	+ 33,021,000	58,000
Effective reproduction number (R_e) = 1.3							
SxScreen/PCR/ACS	137	74.5	1	48	409,000	- 1,052,000	NA
Hybrid/ACS	103	80.8	1	69	1,325,000	- 136,000	27,000
UniversalPCR/ACS	207	61.5	1	34	1,426,000	- 35,000	Dominated
NoIntervention	538	NA	9	867	1,461,000	NA	Dominated
SxScreen/PCR/Hospital	125	76.7	22	966	1,604,000	+ 143,000	Dominated
Hybrid/Hospital	100	81.4	23	815	2,368,000	+ 907,000	382,000
UniversalPCR/Hospital	207	61.4	19	977	2,631,000	+ 1,170,000	Dominated
UniversalPCR/TempHousing	95	82.3	1	39	38,974,000	+ 37,513,000	6,854,000

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Table 2 continued. Results of an analysis of management strategies for people experiencing sheltered homelessness during the COVID-19 pandemic at 4 months (n=2,258).

Strategy	Cumulative infections, n	Reduction in cases,[a] %	Peak daily hospital bed use, n	Total hospital days, n	Total cost,[b] 2020 USD	Cost compared with *NoIntervention,*[b] 2020 USD	Incr. cost per case prevented,[b, c] 2020 USD
Effective reproduction number (R_e) = 0.9							
SxScreen/PCR/ACS	85	51.2	1	30	264,000	- 276,000	NA
NoIntervention	174	0.0	5	318	540,000	NA	Dominated
SxScreen/PCR/Hospital	82	53.2	20	669	1,113,000	+ 573,000	Dominated
UniversalPCR/ACS	94	45.7	1	31	1,226,000	+ 686,000	Dominated
Hybrid/ACS	71	59.1	1	25	1,240,000	+ 700,000	71,000
UniversalPCR/Hospital	95	45.5	19	534	1,901,000	+ 1,361,000	Dominated
Hybrid/Hospital	71	59.4	22	595	2,004,000	+ 1,464,000	Dominated
UniversalPCR/TempHousing	71	59.2	1	29	38,954,000	+ 38,414,000	Dominated

Abbreviations: ACS, alternate care site; COVID-19, coronavirus disease 2019; Dominated, less clinically effective and more costly than an alternative strategy, or a combination of two alternative strategies; [48] Incr., incremental; NA, not applicable; *PCR,* polymerase chain reaction; *UniversalPCR*, universal polymerase chain reaction test for everyone; USD, United States dollars; *SxScreen,* symptom screen; *TempHousing,* temporary housing.

[a] Reduction in cases are calculated by dividing the number of cases prevented with the use of an alternative strategy by the number of cumulative cases for *NoIntervention*.

[b] All costs are rounded to the nearest thousands.

[c] Incremental costs per case prevented are calculated by dividing the difference in total costs by the difference in cumulative infections compared to the next most expensive strategy. All strategies are listed in order of ascending total costs, per convention of cost-effectiveness analysis.

Using 9.50 years of life lost per COVID-19 death from the model, and a mean age-stratified utility of 0.85 for the modeled population,[42,49–51] a cost per case prevented of $1,000 is equivalent to an incremental cost-effectiveness ratio (ICER) of $61,000/quality-adjusted life year (QALY) gained. A ratio of $27,000/case prevented is equivalent to $1,728,000/QALY gained. Any higher cost per case prevented has an even higher ICER.

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LEGENDS TO FIGURES

Figure 1. Cumulative infections by management strategy for people experiencing sheltered homelessness in Boston during the COVID-19 pandemic over a 4-month period.

These panels depict the projected number of cumulative infections over time by management strategy. Panels A, B, and C show model results for R_e of 2.6, 1.3, and 0.9, respectively. In each panel, time 0 on the horizontal axis represents the start of model simulation, with SARS-CoV-2 infection prevalence of 2.2%. *UniversalPCR/Hospital* and *UniversalPCR/ACS* are overlapping lines since they differ only in costs; they are shown separately for clarity. The same is true for *Hybrid/Hospital* and *Hybrid/ACS*. The insets in Panels B and C magnify the vertical axis for clarity. See Methods for strategy definitions.

Abbreviations: ACS, alternate care site; COVID-19, coronavirus disease 2019; *PCR,* polymerase chain reaction; *UniversalPCR*, universal polymerase chain reaction test for everyone; SARS-CoV-2, severe acute respiratory syndrome coronavirus 2; *SxScreen,* symptom screen; *TempHousing,* temporary housing.

Figure 2. Health care sector costs of implementing different management strategies for people experiencing sheltered homelessness in Boston during the COVID-19 pandemic over a 4-month period.

These panels show the total and component COVID-19-related health care costs, from a health care sector perspective, associated with different intervention strategies when applied to the adult sheltered homeless population in Boston. Panels A, B, and C show model results for R_e of 2.6, 1.3, and 0.9, respectively. Costs are derived from model-generated results and are undiscounted. See Methods for strategy definitions.

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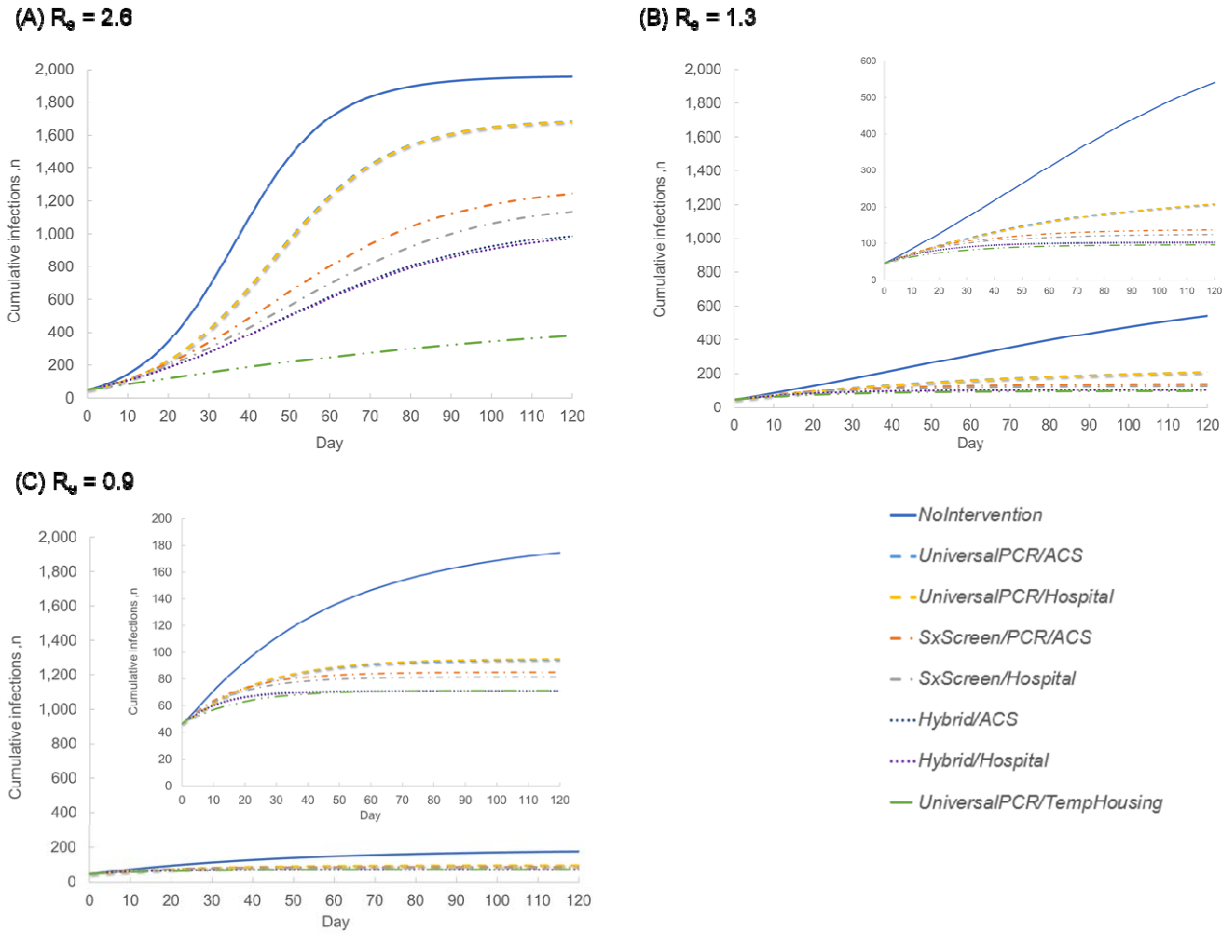
690 Abbreviations: ACS, alternate care site; COVID-19, coronavirus disease 2019; ICU, intensive
691 care unit; M, millions; *PCR,* polymerase chain reaction; *UniversalPCR*, universal polymerase
692 chain reaction test for everyone; USD, United States dollars; *SxScreen,* symptom screen;
693 *TempHousing,* temporary housing.
694
695 **Figure 3.** Infections averted and costs of management strategies for people experiencing
696 sheltered homelessness in Boston during the COVID-19 pandemic over a 4-month period.
697
698 Panels A, B, and C show model results for R_e of 2.6, 1.3, and 0.9, respectively. The circle
699 markers represent *NoIntervention* and all strategies with universal PCR testing, which include
700 *UniversalPCR/Hospital*, and *UniversalPCR/TempHousing*. The square markers represent
701 strategies that are based on symptom screening, *SxScreen/PCR/Hospital* and
702 *SxScreen/PCR/ACS*. The triangle markers represent strategies that use a combination of
703 symptom screening and universal PCR testing, including *Hybrid/Hospital* and *Hybrid/ACS*.
704 Additionally, the inside shading of the markers indicates the presence of ACSs for the isolation
705 of individuals with symptoms or a positive test result. The dashed line represents the efficient
706 frontier; strategies below this line are dominated; less clinically effective and more costly, or with
707 a higher incremental cost per case prevented than an alternative strategy or combination of
708 strategies. Costs are from model-generated results and are undiscounted. Results for the
709 *UniversalPCR/TempHousing* strategy are not shown for R_e of 1.3 and 0.9. In addition to all base
710 case strategies, Panel A shows the *Hybrid/ACS* strategy with PCR testing every 7 days. See
711 Methods for strategy definitions.
712
713 Abbreviations: ACS, alternate care site; COVID-19, coronavirus disease 2019; *PCR,*
714 polymerase chain reaction; *UniversalPCR*, universal polymerase chain reaction test for

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everyone; USD, United States dollars; *SxScreen,* symptom screen; *TempHousing,* temporary housing.

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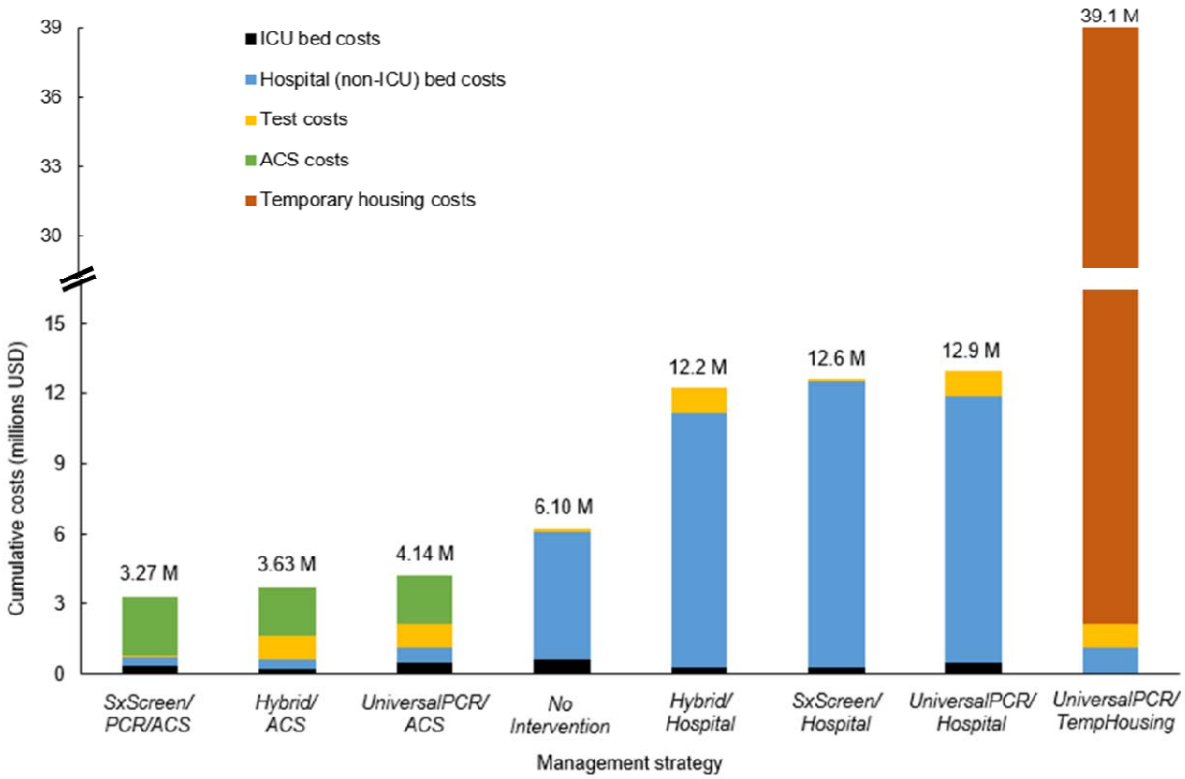
717 **Figure 1.**



718

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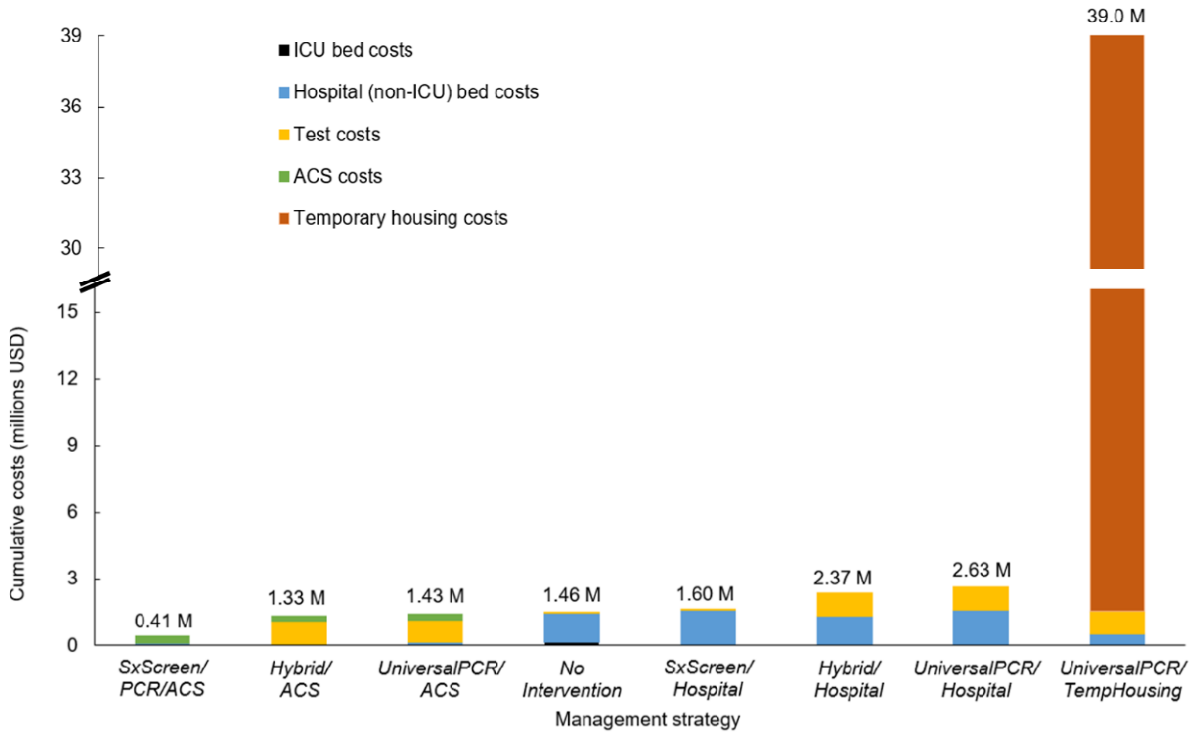
719 **Figure 2.**
720
721 (A) R_e=2.6



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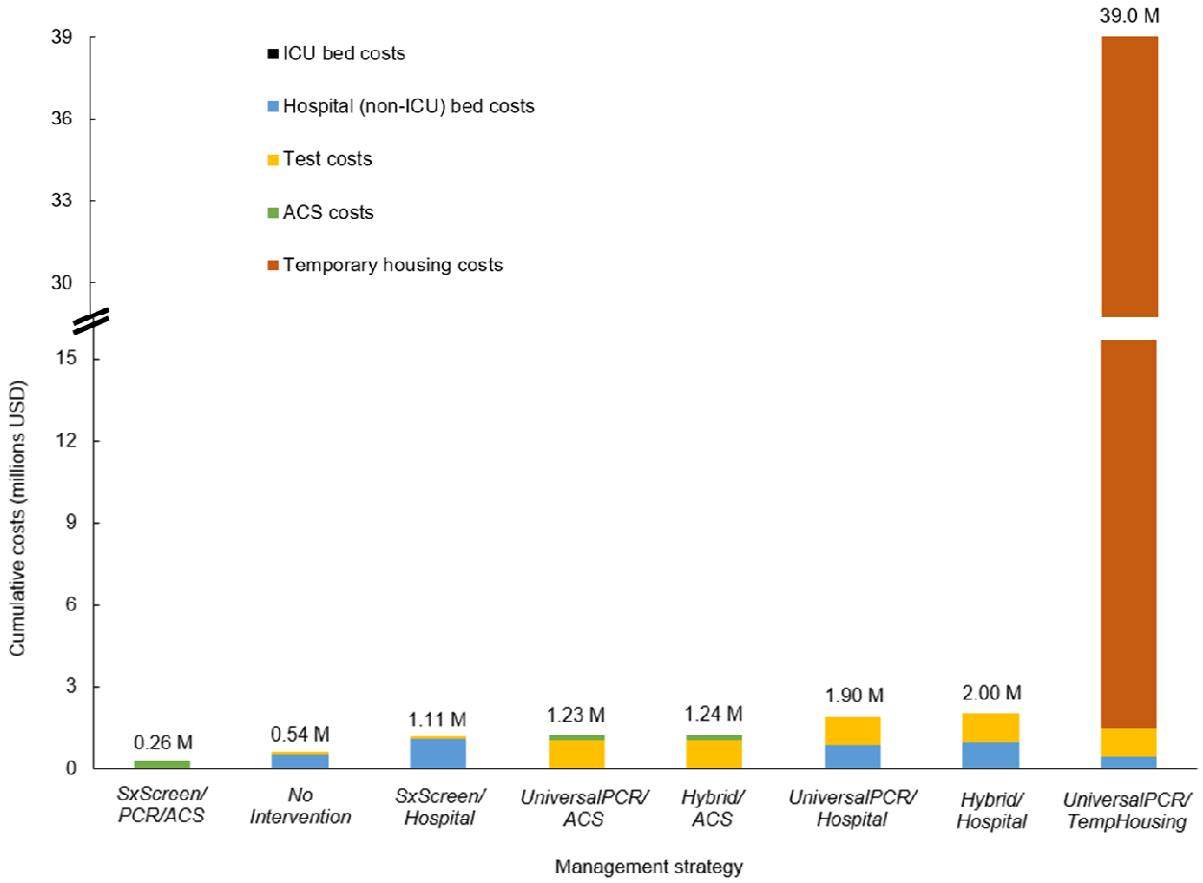
724 (B) R_e=1.3



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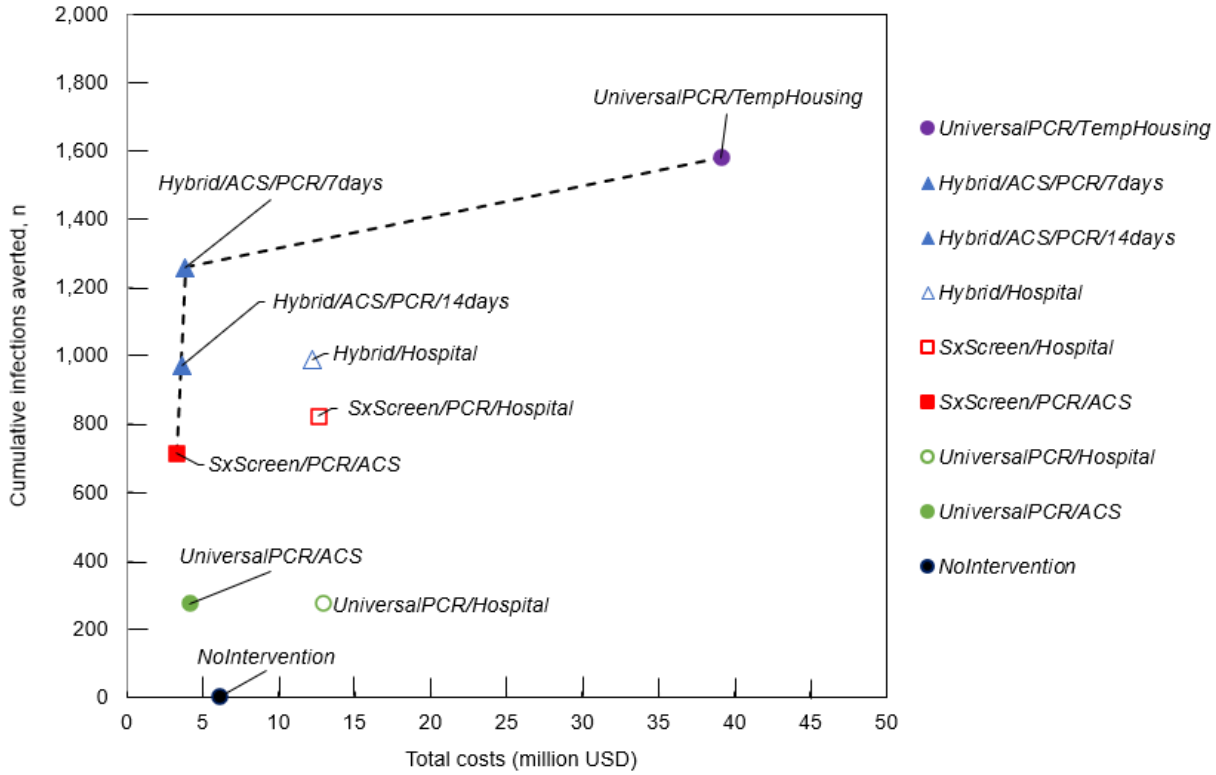
727 (C) R_e=0.9



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729

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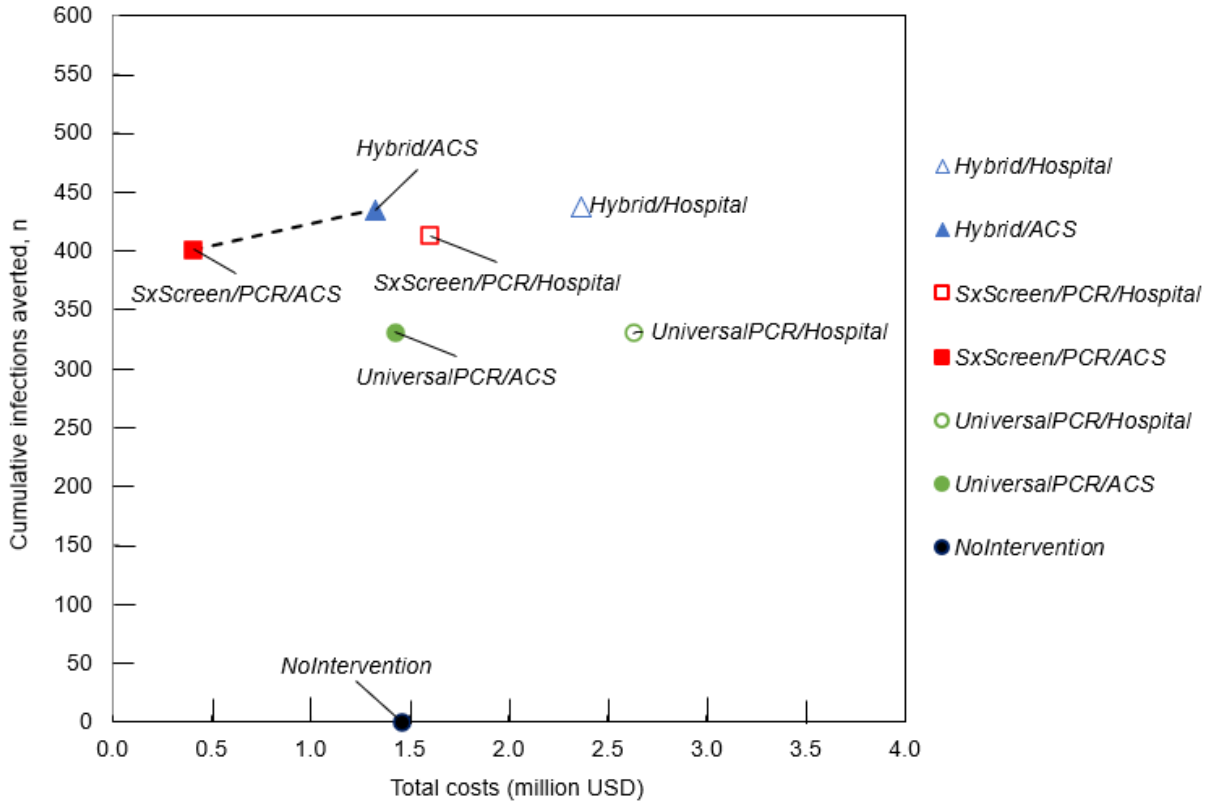
730 **Figure 3.**
731
732 (A) R_e=2.6



733

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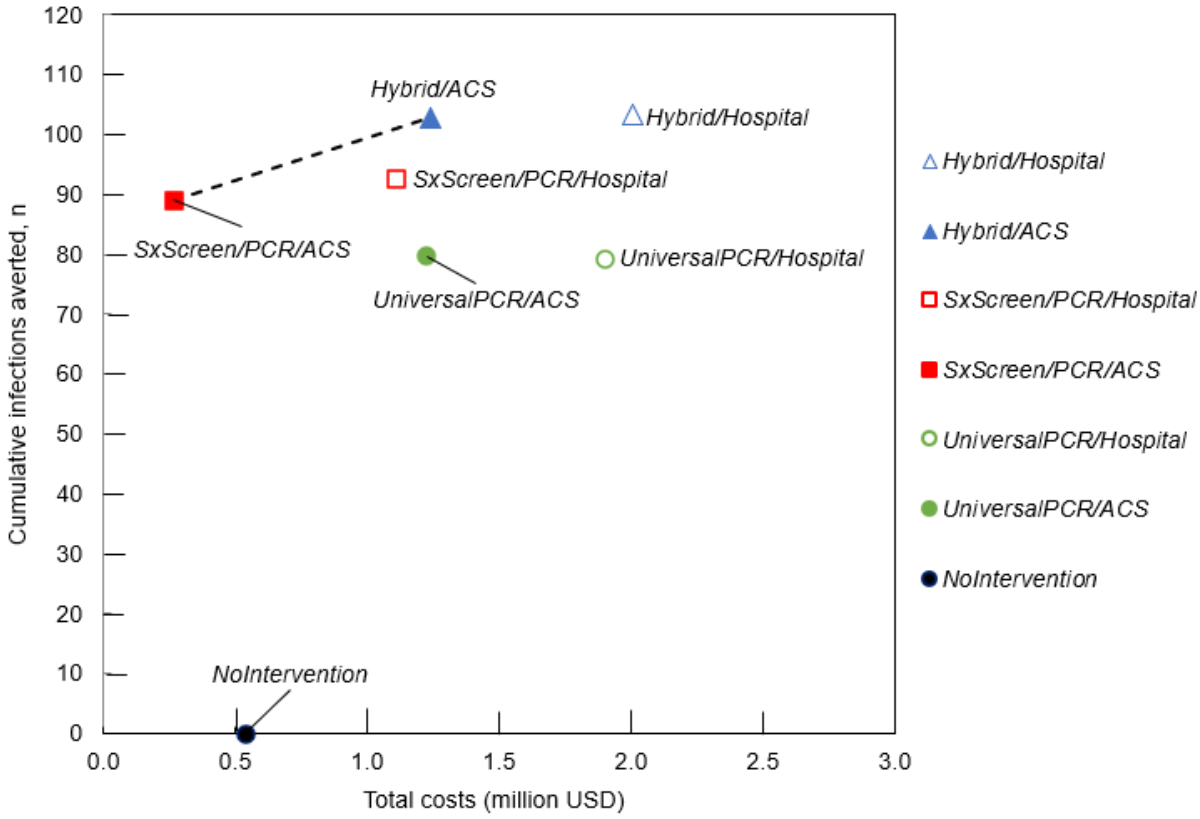
734 (B) R_e=1.3



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736 (C) R_e=0.9



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