

27. How satisfied are you with your present marriage or cohabitation?
- A. Very satisfied
 - B. Satisfied
 - C. Only just satisfied
 - D. Only just dissatisfied
 - E. Very dissatisfied
 - F. Not applicable
28. If you are not married or cohabitating, how satisfied are you with your relationships with the opposite sex?
- A. Very satisfied
 - B. Satisfied
 - C. Only just satisfied
 - D. Only just dissatisfied
 - E. Very dissatisfied
 - F. Not applicable
29. How satisfied are you with your occupation?
- A. Very satisfied
 - B. Satisfied
 - C. Only just satisfied
 - D. Only just dissatisfied
 - E. Very dissatisfied
 - F. Not applicable
30. How often do you dislike yourself?
- A. Very often
 - B. Quite often
 - C. Sometimes
 - D. Barely
 - E. Never
31. How often do you feel self-conscious?
- A. Very often
 - B. Quite often
 - C. Sometimes
 - D. Barely
 - E. Practically never
32. How sure of yourself do you feel among strangers?
- A. Very sure of myself
 - B. Quite sure of myself
 - C. Only just sure of myself
 - D. Not very sure of myself
 - E. Not at all sure of myself

33. How uncomfortable are you when you start a conversation with persons you don't know?

- A. Very uncomfortable
- B. Quite uncomfortable
- C. Only just uncomfortable
- D. Not very uncomfortable
- E. Not at all uncomfortable

34. How confident do you feel about your abilities?

- A. Very confident
- B. Quite confident
- C. Only just confident
- D. Not very confident
- E. Not at all confident

35. In the next four questions, the person I describe will be:

- A. My husband
- B. The person with whom I cohabit

36. How many years have you been married to or cohabited with your present partner?

- A. 6 months or less
- B. 7 months to a year
- C. 1 to 2 years
- D. 3 to 5 years
- E. 6 to 8 years
- F. 9 to 11 years
- G. 12 to 15 years
- H. More than 15 years
- I. Not applicable

37. How certain are you that you will be with your partner 10 years from now?

- A. Very certain
- B. Quite certain
- C. Only just certain
- D. Only just uncertain
- E. Very uncertain
- F. We will not be together
- G. Not applicable

38. Most relationships, even happy ones, have some problems with sex. How important have sexual problems been in your present relationship?

- A. Very important
- B. Of minor importance
- C. Not important
- D. No problems
- E. Not applicable

39. What level of education has your partner completed?

- A. Primary school
- B. High school
- C. Some university
- D. University graduate
- E. Some graduate work
- F. Master's degree
- G. Ph.D., M.D. or other advanced degree

Traits - Compared to the average person, I generally consider myself:

40. More intelligent:

- A. Strongly agree
- B. Quite agree
- C. Slightly agree
- D. Slightly disagree
- E. Quite disagree
- F. Strongly disagree

41. More likeable:

- A. Strongly agree
- B. Quite agree
- C. Slightly agree
- D. Slightly disagree
- E. Quite disagree
- F. Strongly disagree

42. More assertive:

- A. Strongly agree
- B. Quite agree
- C. Slightly agree
- D. Slightly disagree
- E. Quite disagree
- F. Strongly disagree

43. More emotional:

- A. Strongly agree
- B. Quite agree
- C. Slightly agree
- D. Slightly disagree
- E. Quite disagree
- F. Strongly disagree

44. More conscientious:

- A. Strongly agree
- B. Quite agree
- C. Slightly agree
- D. Slightly disagree
- E. Quite disagree
- F. Strongly disagree

APPENDIX 3

BODY IMAGE QUESTIONNAIRE IN ZULU

TRANSLATION

NAME:

ADDRESS:

DATE OF BIRTH: AGE:

DATE OF OPERATION:

Ke morutwana wa psychology yo o batlisisang mekgwa eo ka yona dingaka le dinese di ka thuswant ka teng go neela belwetzi phuthulogo fa ba le bookekong. Thuso ya gago l flan itumellwa.

Fetola dipotso tse di latelang ka go dira sediko mo katabong ye e nepileng mo karafeng ye e tsentsweng.

1. O KGOTSOFETSE JANG KA SEBOPEGO SA MMELE WA GAGO?

- a) Kgotsotfetse thata
- b) Kgotsotfetse sentle
- c) Kgotsotfetse fela
- d) Ngongorego nyana
- e) Ngongorego sentle
- f) Ngongorego thata

2. O KGOTSOFETSE JANG KA BOTELELE JWA GAGO?

- a) Kgotsotfetse tota
- b) Kgotsotfetse sentle
- c) Kgotsotfetse fela
- d) Ngongorego nyana
- e) Ngongorego sentle
- f) Ngongorego thata

3. O-KGOTSO KA BOIMA BA GAGO?

- a) Kgotsotfetse tota
- b) Kgotsotfetse sentle
- c) Kgotsotfetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

4. O KGOTSOFETSE JAN KA MORIPE WA GAGO?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

5. O KGOTSOFETSE JANG KA MATHLHO WA GAGO?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

6. O KGOTSOFETSE JANG KA NKO WA GAGO?

- a) Kgotsefetse tota
- b) Kgotsefetse sentle
- c) Kgotsefetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

7. O KGOTSOFETSE JANG KA MENO WA GAGO?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

8. O KGOTSOFETSE JANG KA DITSEBE WA GAGO?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

9. O KGOTSOFETSE JANG KA MOLOMO WA GAGO?

- a) Kgotsofetse tota
- b) Kgotsefetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

10. O KGOTSOFETSE JANG KA LENTSWE WA GAGO?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

11. O KGOTSOFETSE JANG KA SELEDU WA GAGO?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego thatantle
- f) Ngongorego thata

12. O KGOTSOFETSE JANG KA MMALA WA LETLATO?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

13. O KGOTSOFETSE JANG KA BONTLE BA SEFALTHEGO?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

14. O KGOTSOFETSE JANG KA MATZWELE WA GAGO?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

15. O KGOTSOFETSE JANG KA MATSOGO?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

16. O KGOTSOFETSE JANG KA DIATLA?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

17. O KGOTSOFETSE JANG KA BOGELO BA DIMPA?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

18. O KGOTSOFETSE JANG KA MARAGO?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

19. O KGOTSOFETSE JANG KA DINOKA?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

20. O KGOTSOFETSE JANG KA MAOTO LE MANGINANE?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

21. O KGOTSOFETSE JANG KA MANAO?

- a) Kgotsofetse tota
- b) Kgotsofetse sentle
- c) Kgotsofetse fela
- d) Ngongoregonyana
- e) Ngongorego sentle
- f) Ngongorego thata

22. TSHWANTSHANYA BOATLE BA MMELE WA GOGO LE BA DITHAKA TSA GAGO?
- a) Ke montle thata thata
 - b) Ke montle go gaisa
 - c) Ke montle sentle
 - d) Ke tshwana le bone
 - e) Ba onkgaisa ka boutle
 - f) Fa ke montle le e seng
23. O NE O IKUTJWA JANG KA MMELE WA GAGO NE O LE MOIMANE?
- a) Montle thata
 - b) Ke tshegisa
 - c) Tlhakatlhakane
 - d) Ke se montle
 - e) Go se phetogo epe
24. O BONA BONTLE BO LE BOTLHOKWA JANG MO KUTLWANONG LE BATHO BA BANGWE?
- a) E Botllhokwa thata
 - b) E botlhokwa
 - c) E botlhokwanyana
 - d) Ga e botlhokwa
25. O KGOTSOFETSE JANG MO LENYALONG KGOTSA MO GO NNISANENG GA GAGO LE MONNA LE SA NYALA?
- a) Kgotsofetse thata
 - b) Kgotsofetse
 - c) Kgotsofetsenyana
 - d) Ngongoregonyana
 - e) Ngongorego thata
 - f) Ga e dirisege
26. BONTLE BO BOTLHOKWA JANG GO NAA LE TSALA?
- a) Botlhokwa thata
 - b) Botlhokwa
 - c) Ga e botlhokwa thata
 - d) Ga e botlhokwa
27. O BONA BONTLE BO LE BOTLHOKWA JANG MO BATHONG GO NNA LE MORATIWA?
- a) Botlhokwa thata
 - b) Botlhokwa
 - c) Ga e botlhokwa thata
 - d) Ga e botlhokwa

28. O KGOTSOFETSE JANG LE MOKAPELO WA GAGO FA LE ISE
LE NYALANE E BILE LE SA NNISANE?

- a) Kgotsofetse thata
- b) Kgotsofetse
- c) Kgotsofetse ga nnye
- d) Ngongoregonyana
- e) Ngongorego thata
- f) Ga o na mokapela

29. O KGOTSOFETSE JANG KA TIRO YA GAGO?

- a) Kgotsofetse thata
- b) Kgotsofetse
- c) Kgotsofetse ga nnye
- d) Ngongoregonyana
- e) Ngongorego thata
- f) Ga e dirisege

30. OITENEGELA GA KAE?

- a) Gantsi-ntsi
- b) Gantsi
- c) Mo gongwe
- d) Sewelo
- e) Ga-o kitla

31. OIKUTLWA GO SE ITEBALE GA KAE?

- a) Gantsi-ntsi
- b) Gantsi
- c) Mo gongwe
- d) Ga-o kitla

32. OITSHEPA JANG GA O NA LE BATHO BAO SA BA ITSENG?

- a) Itshepa thata
- b) Itshepanyana
- c) Itshepa sentle
- d) Ga ke itshepe
- e) Ga ke itshepe le e seng

33. OITSHOGA JANG GA O SIMILOLA GO TLOTLA LE BATHO
BA O SA BA ITSENG?

- a) Itshoga thata
- b) Itshoga sentle
- c) Itshoganyana
- d) Ga ke itshoge thata
- e) Ga ke itshoge sepe

28. O KGOTSOFETSE JANG LE MOKAPELO WA GAGO FA LE ISE
LE NYALANE E BILE LE SA NNISANE?

- a) Kgotsofetse thata
- b) Kgotsofetse
- c) Kgotsofetse ga nnye
- d) Ngongoregonyana
- e) Ngongorego thata
- f) Ga o na mokapela

29. O KGOTSOFETSE JANG KA TIRO YA GAGO?

- a) Kgotsofetse thata
- b) Kgotsofetse
- c) Kgotsofetse ga nnye
- d) Ngongoregonyana
- e) Ngongorego thata
- f) Ga e dirisege

30. OITENEGELA GA KAE?

- a) Gantsi-ntsi
- b) Gantsi
- c) Mo gongwe
- d) Sewelo
- e) Ga-o kitla

31. OIKUTLWA GO SE ITEBALE GA KAE?

- a) Gantsi-ntsi
- b) Gantsi
- c) Mo gongwe
- d) Ga-o kitla

32. OITSHEPA JANG GA O NA LE BATHO BAO SA BA ITSENG?

- a) Itshepa thata
- b) Itshepanyana
- c) Itshepa sentle
- d) Ga ke itshepe
- e) Ga ke itshepe le e seng

33. OITSHOGA JANG GA O SIMILOLA GO TLOTLA LE BATHO
BA O SA BA ITSENG?

- a) Itshoga thata
- b) Itshoga sentle
- c) Itshoganyana
- d) Ga ke itshoge thata
- e) Ga ke itshoge sepe

34. KA KAKARETSEO, O TSHEPILE JANG GO KGONA GA GAGO?

- a) Itshepile thata
- b) Itshepile sentle
- c) Itshepilenyana
- d) Ga ka itshepa thata
- e) Ga ka itshepa sepe

35. MOTHO YO KE MO TLHALOSANG MO DIPOLSENG TSE NNE
TSE DI LATELANG KE?

- a) Monna wa me
- b) Monna yo ke nnisanang le ene
- c) Mokapelo wa me
- d) Ga e diresege

36. KE DINGWAGA DI LE KAE O NYETSE KGOTSA O NNISANE LE
MOKAPELO WA GAGO?

- a) Dikgwedi di tsholetse kgotsa di le dinnye
- b) Dikgwedi tse di supileng go ya go ngwaga
- c) Ngwaga go ya di le pedi
- d) Dingwaga di le tharo go ya di le tlhano
- e) Dingwaga di tsholetse go ya di le robedi
- f) Dingwaga di le 9 go ya di le 11
- g) Dingwaga di le 12 go ya di le 15
- h) Dingwaga tse fetang 15
- i) Ga e diresege

37. ONA LE BONNETE BO LE KAW GOE O TLA BE O NTSE O NA
LE MORATIWA WA GAGO MORAGO

- a) Bonne te bo bo tletseng
- b) Bonnetenyana
- c) Ga go bonnete sentle
- d) Ga go bonnete bope
- e) Re tla bo re kgaogane
- f) Ga e diresege

38. MANYALO KGOTSA GO NNISANANA, LE GE LETHABO LE FELETSE,
A NA LE MATHATA A DIKOBO MATHATA A, A GO SOBALA LE
MOKAPELO WA GAGO A NA LE BOTHHOKWA BO BO KAE MO
KUTLWANONG YA LOHA?

- a) Botlhokwa thata
- b) Botlhokwanyana
- c) Ga a botlhokwa
- d) Ga go mathata

39. MOKAPELO WA GAGO O FITLHILE KAE KA THUTO?

- a) Sekola sa praemari
- b) Sekolo se segolo
- c) Yunibesithi
- d) Motsholadikerii wa Yunibesithi

40. DITSHIP TSA MEKGWA - GO YA KA MOTHO YO O MAGARENG,
KE IKAKANYA BOTLHALE GO GAISA?

- a) Ke dumela thata
- b) Ke dumela sentle
- c) Ke dumela ga nnye
- d) Ke ganetsa ga nnye
- e) Ke ganetsa sentle
- f) Ke ganetsa thata

41. RATEGA GO GAISA?

- a) Ke dumela thata
- b) Ke dumela sentle
- c) Ke dumela ga nnye
- d) Ke ganetsa ga nnye
- e) Ke ganetsa sentle
- f) Ke ganetsa thata

42. MOTHO WA NNETE GO FETISA?

- a) Ke dumela thata
- b) Ke dumela sentle
- c) Ke dumela ga nnye
- d) Ke ganetsa ga nnye
- e) Ke ganetsa sentle
- f) Ke ganetsa thata

43. A O FUDUEGA MAIKUTLO GO FETISA?

- a) Ke dumela thata
- b) Ke dumela sentle
- c) Ke dumela ga nnye
- d) Ke ganetsa ga nnye
- e) Ke ganetsa sentle
- f) Ke ganetsa thata

44. O KGOTHALLA TIRO GO FETISA?

- a) Ke dumela thata
- b) Ke dumela sentle
- c) Ke dumela ga nnye
- d) Ke ganetsa ga nnye
- e) Ke ganetsa sentle
- f) Ke ganetsa thata

APPENDIX 4

BODY IMAGE QUESTIONNAIRE IN SOTHO

TRANSLATION

IGAMA LAKHO:
USUKU LOKU ZALWA:
UBUDALA:
UHLALA KUPHI:

Ngifunda i Psychology, ngicwaninga izindlela ezingasiza
o Kokotela noNesi ukuba bazwelane Neziguli ngezikhathi
zesiBhedlela. Usize lwakho ekuphenduleni lemi Buzo
luyo bengeka.

Ngicela uphendule imibuze elandelayo ngeku yingelezela
impendule yakho kuleli khadi elihamba nalembuze.

1. UGCULISEKE KANGAKANANI NGOKUBUKEKA KO MZIMBA WAKHO?

- a) Kungigculisa kakhulu
- b) Kuya ngigculisa
- c) Kuya ngigculisa nje
- d) Akungigculisi kahle hle
- e) Akungigculisi
- f) Akungigculisi mpela mpela

2. UGCULISEKE KANGAKANANI NGO BUDE BAKHO?

- a) Ngigculiseke kakhulu
- b) Buya ngigculisa
- c) Buya ngigculisa nje
- d) Abungigculisi kahle hle
- e) Abungigculisi
- f) Abungigculisi mpela mpela

3. UBUNZIMA BAKHO?

- a) Bungigculisa Kakhulu
- b) Buya ngigculisa
- c) Buya ngigculisa nje
- d) Abungigculisi kahle hle
- e) Abungigculisi
- f) Abungigculisi mpela mpela

4. IZINWELE ZAKHO?

- a) Zingigculisa kakhulu
- b) Ziya ngigculisa
- c) Ziya ngigculisa nje
- d) Azingigculisi kahle hle
- e) Azingigculisi
- f) Azingigculisi mpela mpela

5. AMEHLO AKHO?

- a) Angigculisa kakhulu
- b) Ayangigculisa
- c) Ayangigculisa nje
- d) Awangigculisi kahle hle
- e) Awangigculisi
- f) Awangigculisi mpela mpela

6. IZINBLEBE ZAKHO?

- a) Zingigculisa kakhulu
- b) Ziyangigculisa
- c) Ziyangigculisa nje
- d) Azingigculisi kahle hle
- e) Azingigculisi
- f) Azingigculisi mpela mpela

7. IKHALA LAKHO?

- a) Liyangigculisa kakhulu
- b) Liyangigculisa
- c) Liyangigculisa nje
- d) Alingigculisi kahle hle
- e) Alingigculisi
- f) Alingigculisi mpela mpela

8. UMLOMO WAKHO?

- a) Ungigculisa kakhulu
- b) Uyangigculisa
- c) Uyangigculisa nje
- d) Awungigculisi kahle hle
- e) Awungigculisi
- f) Awungigculisi mpela mpela

9. AMAZINYO WAKHO?

- a) Angigculisa kakhulu
- b) Ayangigculisa
- c) Ayangigculisa nje
- d) Awangigculisi kahle hle
- e) Wangigculisi
- f) Awangigculisi mpela mpela

10. IZWI LAKHO?

- a) Lingigculisa kakhulu
- b) Liya ngigculisa
- c) Liya ngigculisa nje
- d) Alingigculisi kahle hle
- e) Alingigculisi
- f) Alingigculisi mpela mpela

11. ISILEVU SAKHO?

- a) Singigculisa kakhulu
- b) Siya ngigculisa
- c) Siya ngigculisa nje
- d) Asingigculisi kahle hle
- e) Asingigculisi
- f) Asingigculisi mpela mpela

12. IBALA LO BUSO BAKHO?

- a) Lingigculisa kakhulu
- b) Liya ngigculisa
- c) Liya ngigculisa nje
- d) Alingigculisi kahle hle
- e) Alingigculisi
- f) Alingigculisi mpela mpela

13. UBUHLE BO BUSO BAKHO?

- a) Bungigculisa kakhulu
- b) Buya ngigculisa
- c) Buya ngigculisa nje
- d) Abungigculisi kahle hle
- e) Abungigculisi
- f) Abungigculisi mpela mpela

14. AMABELE AKHO?

- a) Angigculisa kakhulu
- b) Ayangigculisa
- c) Ayangigculisa nje
- d) Awangigculisi kahle hle
- e) Awangigculisi
- f) Awangigculisi mpela mpela

15. IZINGALO ZAKHO?

- a) Zingigculisa kakhulu
- b) Ziya ngigculisa
- c) Ziya ngigculisa nje
- d) Azingigculisi kahle hle
- e) Asingigculisi
- f) Azingigculisi mpela mpela

16. IZANGLA ZAKHO?

- a) Zingigculisa kakhulu
- b) Ziya ngigculisa
- c) Ziya ngigculisa nje
- d) Azingigculisi kahle hle
- e) Azingigculisi
- f) Azingigculisi mpela mpela

17. UBUKHULU BESISU SAKHO?

- a) Bungigculisa kakhulu
- b) Buya ngigculisa
- c) Buya ngigculisa nje
- d) Abungigculisi kahle hle
- e) Abungi-culisi
- f) Abungigculisi mpela mpela

18. IZINQE ZAKHO?

- a) Zingigculisa kakhulu
- b) Ziya ngigculisa
- c) Ziya ngigculisa nje
- d) Azingigculisi kahle hle
- e) Azingigculisi
- f) Azingigculisi mpela mpela

19. UKHALO NEZINQULU?

- a) Ajubulisa Okwedlulele
- b) Ukwaneliswa Kwempela
- c) Ukwaneliswa Nje
- d) Uyabubeka Okungayiphi
- e) Akajuabulisi Impela
- f) Akabalelwa Ndawo

20. IZITHO ZAKHO NPMAQAKALA AKHO?

- a) Kungigculisa kakhulu
- b) kuya ngigculisa
- c) Kuya ngigculisa nje
- d) Akungigculisi kahle hle
- e) Akungigculisi
- f) Akungigculisi mpela mpela

21. IZINYAWC ZAKHO?

- a) Zingigculisa kakhulu
- b) Ziya ngigculisa
- c) Ziya ngigculisa nje
- d) Azingigculisi kahle hle
- e) Azingigculisi
- f) Azingigculisi mpela mpela

22. QATHANISA UKUKHANGA KOMZIMBA WAKHO NOKO NTANGA BAKHO?

- a) Mina ngi khanga kakhulu kunabo
- b) Mina ngi khanga kancono kunabo
- c) Mina ngiya khanga nje
- d) Mina ngicishe ngi khange njengabo nje
- e) Baya nge dlula nje kancane
- f) Baya ngedlula nje impela
- g) Bangedlula kakhulu

23. WAPHATHEKA KANJANI NGOKUBUKEKA KOMZIMBA WAKHO?

- a) Ngangizibona ngikhanga kabi
- b) Ngangizibona ngi hlekisa nje
- c) Ngangizibona ngi zinyeza nje
- d) Ngangizibona ngimubi kakhulu
- e) Ngangingenandaba nje
- f) Angikaze ngi khulelwe

24. UCABANGA UKUTHI UKUKHANGA KOMZIMBA WAKHO KUBALULEKE KANGAKANANI?

- a) Kubaluleke kakhulu
- b) kubalulekile
- c) Kubaluleke nje
- d) Akubalulekile

25. UCABANGA UKUTHI UKUKHANGA KOMZIMBA WAKHO JUBALULEKE KANGAKANANI EKUTHOLENI ISOKA ELIFANELEKILE?

- a) Kubalulekile kakhulu
- b) Kubalulekile nje
- c) Kubalulekile
- d) Akubalulekile kahle hle
- e) Akubalulekile
- f) Akubalulekile mpela mpela

26. UCABANGA UKUTHI UKUKHANGA KOMZIMBA WAKHO KUBALULEKE KANGAKANANI UKUTHI UNGAFISWA OWESILISA UKUTHI ALALE NAWU?

- a) Kubalulekile kakhulu
- b) Kubalulekile
- c) Kubalulekile nje
- d) Akubalulekile kahle hle
- e) Akubalulekile
- f) Akubalulekile mpela mpela

27. UGCULISEKE KANGAKANANI YILO MSHADO WAKHO NOMA YI LOKUKHIPHITA KWAKHO?

- a) Ngi gculiseke kakhulu
- b) Ngi gculisekile
- c) Angigculisekile kahle hle
- d) Angigculisekile mpela mpela
- e) Angishadile / Angikhiphitile

28. UMA UNGASHADILE NOMA UNGA KIPHITHILE, UGCULISEKE KANGAKANANI UKUPHATHANA NA BESILISA?

- a) Ngigculiseke kakhulu
- b) Ngigculisekile
- c) Ngigculiseke nje
- d) Angigculisekile
- e) Angigomile

29. UKUGCULISA KANGAKANANI UMSEBENZI WAKHO?

- a) Ungi gculisa kakhulu
- b) Uya ngigculisa
- c) Uya ngigculisa nje
- d) Awungigculisi kahle hle
- e) Awungigculisi mpela mpela
- f) Angisebenzi

30. KUKANGAKI UZIZWA UNGA ZITHANDI?

- a) Kuvamile kakhulu
- b) Kuyenzeka, hayi njalo
- c) Ngesinye isikhathi
- d) Kugabukele kwenzekile
- e) Akukaze kwenzekile

31. KUKANGAKI UZWA UZINYEZA?

- a) Kuvamile kakhulu
- b) Kuyenzeka, hayi njalo
- c) Ngesinye isikhathi kuyenzeka
- d) Kugabukele kwenzekile
- e) Cishe ukuba akukaze kwenzekile

32. UZITHEMBA KANGAKANANI UMA UPHAKATHI KWA BANTU ONGABAZI?

- a) Ngizethemba kakhulu
- b) Ngiya zethemba
- c) Ngiya zethemba nje
- d) Angi zethembi kakhulu
- e) Angi zethembi

33. UPHATHEKA KABI KANGAKANANI UMA UKULUMA NO MUNTU ONGAMAZI?

- a) Ngiphatheka kabi kakhulu
- b) Ngiphatheka kabi nje
- c) Ngiphatheka kabana
- d) Angiphatheki kabi kakhulu
- e) Angiphatheki nakancane kabi

34. UZITHEMBA KANGAKANANI EZINTWENI OKWAZI UKUZENZA?

- a) Ngizethemba kakhulu
- b) Ngiya zethemba
- c) Ngiya zethemba nje
- d) Angizethembi kakhulu
- e) Angizethembi nakancane nje

35. EMIBUZWENI EMINE ELANDELAYO LO ENGIZOBE NGIMUSHO?

- a) Uyindoda yami yomshado
- b) Engihlanisene (Engikhiphithile) naye
- c) Isoka lami
- d) Anginandoda/Nasoka/Angihlalisene namuntu

36. UNEMINYAKA EMINGAKI USHADILE, NOMA UHLALISENE NALO MUNTU WAKHO?

- a) Ngineqinyanga eziyi 6 noma ngaphansi kwaloku
- b) Nginezinyanga eziyi 7 noma ngaphansi unyaka
- c) Nginyaka kuya eminyakeni emibili
- d) Ngineminyaka emithathu kuya eminyakeni e-mihlanu
- e) Ngineminyaka emithathu eyi 6 kuya eminyakeni eyi 8
- f) Ngineminyaka emithathu eyi 9 kuya eminyakeni eyi 11
- g) Ngineminyaka emithathu eyi 12 kuya eminyakeni eyi 15
- h) Ngaphezu kweminyaka eyi 15
- i) Akuphathelene nami

37. UQINSEKE KANGAKANANI UKHUTTI UYOBE USAHLELI NALO MUNTU WAKHO EMINYAKENI

- a) Ngi qiniseke kakhulu
- b) Ngi qinisekile nje
- c) Angi qinisekile kahle hle
- d) Angi qinisekile mpela mpela
- e) Sobe singa sahlali ndawonye
- f) Aku phathelene nami

38. NGISHO NOMA ABANTU BESHADILE/BEKHIPHITHILE, KUMNANDI, ZIBAKHONA ISINKINGA ZO CANSI. EZAKHO MAYELANA NO CANSI ZIBALULEKE KANGAKANANT EKUHLALISENI KWENU NOMUNTU WAKHO?

- a) Zibaluleke kakhulu
- b) Zibaluleke nje
- c) Azibalulekile
- d) Akukho zinkinga
- e) Akuphathelene nami

39. UFUNDE WAGCINA KUPHI UMLINGANI WAKHO?

- a) Ugcine e Primary School
- b) Ugcine e High School
- c) Ugcine e Mholiji/Yunivesithi
- d) Uneziqu zase Yunivesithi
- e) Akuphatheleni nami

40. UMA NGIQHATHANISA NABANTU ABAJWAYEKILE NJE NGIZIBONA NGIHLAKANIPHE KANCONO?

- a) Ngiyavuma ngokungagabazeki
- b) Ngiya vuma
- c) Ngiya vuma nje
- d) Angivumi kahle hle
- e) Angivumi
- f) Angivumi mpela mpela

41. NGITHANDEKA KANGCONO?

- a) Ngiyavuma ngokungagabazeki
- b) Ngiyavuma
- c) Ngiyavuma nje
- d) Angivumi kahle hle
- e) Angivumi
- f) Angivumi mpela mpela

42. NGINOKUZINIKELA KANGCONO EMSEBENZINI?

- a) Ngiyavuma ngokungagabazeki
- b) Ngiya vuma
- c) Ngiya vuma nje
- d) Angivumi kahle hle
- e) Angivumi
- f) Angivumi mpela mpela

43. NGINOKULALELA UKUTHATHWA YINHLEZIYO?

- a) Ngiyavuma ngokungagabazeki
- b) Ngiyavuma
- c) Ngiyavuma nje
- d) Angivumi kahle hle
- e) Angivumi
- f) Angivumi mpela mpela

44. NGISALALELA UNEMBEZA?

- a) Ngiyavuma ngokungagabazeki
- b) Ngiyavuma
- c) Ngiyavuma nje
- d) Angivumi kahle hle
- e) Angivumi
- f) Angivumi mpela mpela

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