

APPENDIX A:

INTERVIEW SCHEDULE FOR THE HOME- BASED CAREGIVERS

SECTION A:

1. Gender:

Male	Female

2. How old are you?

Age	
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3. What is your level of education?

Level of Education:	
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4. How long have you worked at Boitekong/ Phokeng?

Length of Service:	
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5. What is the average number of hours you work on a day- to- day basis?

Average number of hours per day:	
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6. How many days a week do you work?

Average number of days per week:	
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7. Do you ever take leave/holiday? Please explain your answer.

Yes	No

8. If so, how often?

Number of days per month:	
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9. What motivated you to become a home care nurse at Boitekong/ Phokeng?

10. Do you receive any stipend/remuneration, or any other benefits for your work here? If so, please provide details?

Yes	No

SECTION B

11. Did you receive any training when you first began as a home care nurse at Boitekong/ Phokeng?

Yes	No

12. If so, who provided you with the training?

13. If so, what did the training involve?

14. Have you received any further training since you started being involved as a home care nurse at Boitekong/ Phokeng? Please explain your answer.

Yes	No

15. Have you received any training regarding your own self-care, for example stress management, relaxation techniques? Please explain your answer.

Yes	No

16. What are your general views on the training you received in terms of psychological/emotional support?

17. Do you feel that the training you have received has adequately prepared you for your work here? Please explain your answer.

Yes	No

18. What recommendations would you make for future training in this area?

19. How would you describe a typical day working at Boitekong/ Phokeng, starting from the time you leave home in the morning until the time you get back in the afternoon?

20. Who are the main beneficiaries of the services you provide?

21. How many individuals do you provide care to at a time?

22. How are patients allocated to you?

23. What type of services do you offer to your patients?
24. Do you provide psychological/emotional support to your patients?
 - a. If, so what kind of psychological support are you able to offer individuals on a day-to-day basis?
 - b. If not, why not?
25. What do you think are the main psychological/emotional needs of the people you provide services for?
26. In general, do you provide psychological support on an individual or group basis (or both)?
27. How do you deal with the emotional needs of the individuals your provide services to?
28. Often people express that they find the kind of work you do as emotionally draining, do you ever experience such feelings?

Yes	No

29. If so, how do you cope?
30. Do you receive any psychological support from Boitekong/ Phokeng yourself? Please explain your answer.
31. What kind of psychological support do you receive external to the Boitekong/ Phokeng? Please explain your answer.
32. Are there any other issues that you would like to raise or discuss relating to the psychological issues you face on a day-to-day basis, as a result of working at Boitekong/ Phokeng?

APPENDIX B

INTERVIEW SCHEDULE FOR THE SUPERVISOR OF THE HOME-BASED CAREGIVERS

1. How long has Home Community Based Care programme at Boitekong/ Phokeng been running for?
2. How long have you been in charge of coordinating the home care nurses?
3. What is your role in terms of overseeing the home care nurses within the Home Community Based Care programme?
4. How many home care nurses do you currently have working within the Home Community Based Care programme?
5. Do you have any selection criteria in terms of choosing who is suitable to become a home care nurses? Please explain your answer.
6. How are patients allocated to the home care nurses i.e. what factors do you consider in allocating patients to home care nurses?
7. Who do you think are the main beneficiaries of the Home Community Based Care programme at Boitekong/ Phokeng?
8. Do your home care nurses receive any training?

Yes	No

9. If so, what kind of training is offered to them?

10. Is there any follow-up training received by the home care nurses?
11. Are the home care nurses offered any supervision or debriefing? Please explain your answer.
12. What do you feel are the strengths of your programme/clinic?
13. What do you feel are the weaknesses?
14. What areas do you feel could be improved?

APPENDIX C:
SUBJECT INFORMATION SHEET- PARTICIPANTS

Hello,

My name is Gillian McKenzie. I am a Masters Community-Counselling Psychology student at the University of the Witwatersrand. As part of my degree I am required to conduct a research report.

The aim of my research is to determine the level of psychological support offered by home care nurses to their patients at the Boitekong/ Phokeng programmes, as well as to assess the level of psychological support that is received by home care nurses working at these home-based care sites.

I wish to invite you to participate in my study. Please note that your participation is completely voluntary and that non-participation will have no negative consequences, nor will it have an effect on your job here, at Boitekong/ Phokeng. Should you decide to participate in the study you will need to answer a few questions in an interview conducted with the researcher. The interview will take approximately 1 hour. If it is okay with you I would like to audiotape the interview so that I can collect all the information as accurately as possible during the interview. Once I have completed my degree at the university, the audiotapes will be destroyed.

Please note that you may withdraw from the study at any time, should you feel that you do not want to continue. You also have the right to not answer any questions, which you feel are too personal or uncomfortable for you to answer. All information that I obtain in this study will be treated as private and confidential. Under no circumstances will any of your responses be shared with anyone other than with my research supervisor. Your name and personal details will not appear or be included in the final report.

The final report of my research will be made available to the Tapologo programme.

Yours Sincerely

Gillian McKenzie (Researcher)
Telephone: 0825731428

Professor T. V. Mayekiso (Research Supervisor)
Telephone: 011 717 4525

APPENDIX D:

**SUBJECT INFORMATION SHEET-PROGRAMME FOUNDER AND ARV
MANAGER**

Hello,

My name is Gillian McKenzie. I am a Masters Community-Counselling Psychology student at the University of the Witwatersrand. As part of my degree I am required to conduct a research report.

The aim of my research is to determine the level of psychological support offered by home care nurses to their patients at the Boitekong/ Phokeng programmes, as well as to assess the level of psychological support that is received by home care nurses working at these home-based care sites.

The participation of approximately 15-20 home care nurses is requested. Each participant will be informed that their participation is completely voluntary and carries with it no obligation or negative consequences should the participant choose not to participate. The participants will be ensured of confidentiality. The collected data will be destroyed on completion of my degree at the University of the Witwatersrand, and no identifying data will be used. Should any of the participants find that they experience uncomfortable and, or distressing feelings as a result of the interview process, a referral number will be supplied for them to seek necessary counselling/debriefing assistance.

Please note that the final report of my research will be made available to the Tapologo programme. Thank you for your assistance.

Yours Sincerely

Gillian McKenzie (Researcher)
Telephone: 0825731428

Professor T. V. Mayekiso (Research Supervisor)
Telephone: 011 717 4525

APPENDIX E

INFORMED CONSENT FORM

Participant

I have read the information about the study listed in the information sheet. I understand that my participation is voluntary and that I can withdraw from the study at any time.

I hereby agree to take part in the study, by participating in the interview.

Signature: _____ Date: _____
(Participant)

Researcher

I have explained the aims and procedures of the study to the participant. I have assured the participant that participation is voluntary and I have explained the research to the best of my ability

Signature: _____ Date: _____
Gillian McKenzie (Researcher)

Signature: _____ Date: _____
Prof T.V. Mayekiso (Research Supervisor)

APPENDIX F

PERMISSION TO TAPE THE INTERVIEW

Participant

I have read the information listed on the information sheet. I understand that I am not obligated to give consent for the interview to be taped. I hereby give permission for the interview to be taped.

Signature: _____ Date: _____
(Participant)