

List of Appendices

Appendix	Page
1. Ethical clearance certificate	55
2. Patient information sheet	56
3. Patient consent form	57
4. Hospital consent form	58
5. Approval letters from Euroqol to use EQ-5D	59
6. EQ-5D Health Questionnaire	61
7. Borg scale of perceived exertion	62
8. Exercise diary	63