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# Assessment of world views of black and white South African adolescents: implications for cross-cultural counselling

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# APPENDIX A

## DESCRIPTION OF SUBJECTS

| DEMOGRAPHIC INFORMATION | PERCENTAGE RESPONDING (N=200) BLACK % | WHITE % |
|---|---|---|
| RACE | 50,0 | 50,0 |
| AGE | | |
| 11 | - | 0,5 |
| 12 | 1,5 | 2,5 |
| 13 | 10,0 | 10,5 |
| 14 | 13,5 | 11,5 |
| 15 | 10,5 | 8,0 |
| 16 | 8,5 | 11,5 |
| 17 | 6,0 | 5,5 |
| SEX | | |
| FEMALE | 21,0 | 21.5 |
| MALE | 29,0 | 28,5 |
| ENVIRONMENT | | |
| RURAL | 4,5 | 17,0 |
| SUBURBAN | 29,0 | 22,0 |
| URBAN | 16,5 | 11,0 |
| EDUCATION LEVEL | | |
| Std 5 | 3,0 | 3,0 |
| Std 6 | 10,5 | 11,5 |
| Std 7 | 15,0 | 9,5 |
| Std 8 | 10,0 | 10,0 |
| Std 9 | 8,5 | 12,5 |
| Std 10 | 3,0 | 3,5 |

## APPENDIX B

## QUESTIONNAIRE

The following questions elicit demographic information. Please answer all questions. Only give one answer per question. Indicate your answer by a tick (✓).

ALL RESPONSES ARE CONFIDENTIAL AND ANONYMOUS

1. What is your sex?

   Male ☐

   Female ☐

2. How old are you?

   12 ☐ 15 ☐

   13 ☐ 16 ☐

   14 ☐ 17 ☐

3. Which race group do you fit into?

   Black ☐ Indian ☐

   White ☐ Coloured ☐

4. What is your present educational level?

   Std 5 ☐ Std 8 ☐

   Std 6 ☐ Std 9 ☐

   Std 7 ☐ Std 10 ☐

5. How would you describe the environment that you live in?

   Rural (countryside) ☐

   Suburban (town) ☐

   Urban (city) ☐

THANK YOU - PLEASE TURN OVER

## APPENDIX B continued

## *SCALE TO ASSESS WORLD VIEW ACROSS CULTURE

The following is a survey to assess some of your attitudes toward the world and people. Of course, there are no right or wrong answers. The best answer is what you feel is true of yourself.

Please respond to each of the questions according to the following scheme:

| 1 | 2 | 3 | 4 | 5 |
|---|---|---|---|---|
| Strongly Disagree | Disagree | Undecided | Agree | Strongly Agree |

CIRCLE THE ANSWER THAT BEST DESCRIBES YOUR ATTITUDE.

| | | | | | | |
|---|---|---|---|---|---|---|
| 1. | People are a combination of good and evil | 1 | 2 | 3 | 4 | 5 |
| 2. | There will always be a great lack of understanding between the older and younger generation. | 1 | 2 | 3 | 4 | 5 |
| 3. | Technology has advanced to the point where natural disasters cannot hurt people. | 1 | 2 | 3 | 4 | 5 |
| 4. | Nowadays, a person has to live pretty much for today and let tomorrow take care of itself. | 1 | 2 | 3 | 4 | 5 |
| 5. | No weakness or difficulty can hold us back if we have enough willpower. | 1 | 2 | 3 | 4 | 5 |
| 6. | Human nature being what it is there will always be war and conflict. | 1 | 2 | 3 | 4 | 5 |
| 7. | Women who want to remove the word obey from the marriage service do not understand what it means to be a wife. | 1 | 2 | 3 | 4 | 5 |
| 8. | Sometimes I wonder how the earlier generations survived the elements of nature. | 1 | 2 | 3 | 4 | 5 |
| 9. | The past is no more, the future may never be, the present is all we can be certain of. | 1 | 2 | 3 | 4 | 5 |
| 10. | Commitment to a meaningful career is a very important part of a person's life. | 1 | 2 | 3 | 4 | 5 |

*The actual name of the scale was omitted in order not to influence individual responses.

| 1 Strongly Disagree | 2 Disagree | 3 Undecided | 4 Agree | 5 Strongly Agree |
|---|---|---|---|---|

| | | | | | | |
|---|---|---|---|---|---|---|
| 11. | Beneath the polite and smiling surface of human nature is a bottomless pit of evil. | 1 | 2 | 3 | 4 | 5 |
| 12. | People would be a lot better off if they could live far away from other people and never have anything to do with them. | 1 | 2 | 3 | 4 | 5 |
| 13. | I believe life is easier in the cities where one has access to all modern amenities. | 1 | 2 | 3 | 4 | 5 |
| 14. | Since the present is so unbearable, the future is unknown, I take comfort in the past. | 1 | 2 | 3 | 4 | 5 |
| 15. | Contemplation is the highest form of human activity. | 1 | 2 | 3 | 4 | 5 |
| 16. | When you come right down to it, it is human nature never to do anything without an eye to one's own profit. | 1 | 2 | 3 | 4 | 5 |
| 17. | The reason you should not criticize others is that they will turn around and criticize you. | 1 | 2 | 3 | 4 | 5 |
| 18. | The forces of nature are powerful enough to destroy everything that people can build. | 1 | 2 | 3 | 4 | 5 |
| 19. | If I spend fourteen years pursuing my education, I will have a good job in the future. | 1 | 2 | 3 | 4 | 5 |
| 20. | A commitment to action is more socially relevant than a commitment to any specific philosophy. | 1 | 2 | 3 | 4 | 5 |
| 21. | Basically, all human beings have a great potential for good. | 1 | 2 | 3 | 4 | 5 |
| 22. | Appreciation of others is a healthy attitude since it is the only way to have them appreciate you. | 1 | 2 | 3 | 4 | 5 |
| 23. | The relationship between people and nature is one of mutual co-existence. | 1 | 2 | 3 | 4 | 5 |
| 24. | It is important that people be involved in the present rather than concerned with the past or the future. | 1 | 2 | 3 | 4 | 5 |

| | | 1 Strongly Disagree | 2 Disagree | 3 Undecided | 4 Agree | 5 Strongly Agree |
|---|---|---|---|---|---|---|
| 25. | The fact that I am in existence is enough for me, I do not necessarily also have to have major accomplishments in life. | 1 | 2 | 3 | 4 | 5 |
| 26 | Although people are intrinsically good they have developed institutions which force them to act in opposition to their basis natures. | 1 | 2 | 3 | 4 | 5 |
| 27. | Letting your friends down is no so bad because you cannot accommodate everyone. | 1 | 2 | 3 | 4 | 5 |
| 28. | The natural world is such a beautiful place it is a shame to destroy it with buildings, highways and dams. | 1 | 2 | 3 | 4 | 5 |
| 29. | I plan for tomorrow, today is of no consequence, and the past is over with. | 1 | 2 | 3 | 4 | 5 |
| 30. | I prefer to relax and enjoy life as it comes. | 1 | 2 | 3 | 4 | 5 |
| 31. | Most people would stop and help a person whose car is broken down. | 1 | 2 | 3 | 4 | 5 |
| 32. | The father is the head of the household; every person in the family should follow his lead. | 1 | 2 | 3 | 4 | 5 |
| 33. | We are healthier when we live in harmony with our natural world. | 1 | 2 | 3 | 4 | 5 |
| 34. | Good memories of the past make the present bearable. | 1 | 2 | 3 | 4 | 5 |
| 35. | We can find happiness within ourself. | 1 | 2 | 3 | 4 | 5 |
| 36. | Every person has the potential to do good. | 1 | 2 | 3 | 4 | 5 |
| 37. | A couple would be happiest if all their decisions were mutually agreed upon. | 1 | 2 | 3 | 4 | 5 |
| 38. | When natural catastrophes occur we have to accept them. | 1 | 2 | 3 | 4 | 5 |
| 39. | Planning for the future allows one to accomplish all of one's goals. | 1 | 2 | 3 | 4 | 5 |
| 40. | I believe that feelings and human relationships are the most important things in life. | 1 | 2 | 3 | 4 | 5 |

| 1 Strongly Disagree | 2 Disagree | 3 Undecided | 4 Agree | 5 Strongly Agree |
|---|---|---|---|---|

41. Some people will help you and others will try to hurt you. 1 2 3 4 5

42. Top management should make all the decisions; everyone in the company should follow these directives. 1 2 3 4 5

43. I feel quite powerless when faced with the forces of nature. 1 2 3 4 5

44. We need to model our lives after our parents and ancestors and focus on our glorious past. 1 2 3 4 5

45. I believe it is more important to be a good person rather than a successful person. 1 2 3 4 5

# APPENDIX C

## FIVE EXISTENTIAL CATEGORIES AND RANGE OF VARIATION

1. Human Nature

What is the character of human nature?

(a) Evil: Human nature is evil.

(b) Good and Evil: Human nature is a combination of good and evil.

(c) Good: Human nature is good.

2. Relationships

What is the modality of people's relationships?

(a) Lineal-hierarchical: ordered positional succession within the group, continuity through time and primacy of group goals.

(b) Collateral-Mutual: primacy given to goals and welfare of lateral extended groups.

(c) Individualistic: primacy given to individual goals.

3. Nature

What is the relationship of people to nature?

(a) Harmony: people and nature coexist in harmony.

(b) Subjugation and control: people can subjugate and control nature.

(c) Power of Nature: nature is powerful and controls people.

4. Time Orientation

What is the temporal focus of human life?

(a) Past: a focus on the past.

(b) Present: a focus on the present.

(c) Future: a focus on the future.

5. Activity Orientation

What is the modality of human activity (i.e. self-expression)?

(a) Being: preference for activities that provide spontaneous expression of self.

(b) Being-in-Becoming: emphasis on activity which has as its goal development of all aspects of self as an integrated being.

(c) Doing: preference for activities which result in measurable accomplishments by external standards.

*Adapted from P.R. Kluckhohn and Strodtbeck (1961) and Green and Haymes (1973).

Kluckhohn's and Strodtbeck's five existential categories informed the theoretical construct for Ibrahim and Kahn's Scale to Assess World View Across Culture.

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