COMMENTS ON MENTAL HEALTH SUBSCALE

Comments and reasons for not being happy, or not being calm and peaceful:

- I need a stable job, at the moment my job is temporary and this causes me stress.
- I’m not happy because the husband of my neighbour died last night. He had a car and he was the one who was helping me a lot. When my child was fitting he would take me to the hospital.
- The problem was that the child was sick and she was in the hospital.
- My husband works in Johannesburg and he comes home once a month only. The thing that makes me to be unhappy is that my husband does not want to buy clothes for the child, but he buys it for the other two children. When my child had sores around the eyes, I went to my husband in Johannesburg for him to take us to the doctor, but he refused.
- I was not happy because my child was sick.
- I am not happy because my child is always sick and he always has a runny tummy.
- Last month I was very nervous because there was no peace between my family and me.
- I have felt nervous because my child is sick and my husband does not support the child.
- My child is not well. She is always sick.
- I am not happy because my child was admitted to hospital with diarrhea.
- At home we don’t have a happy life because we always fight with the first wife.
- My child was sick and had diarrhea.
- My problem is that I am not working. I am living off the money of my child.
- I am not happy when my child is not happy and has flu.
- When my child is sick, my heart feels pain.
- I was nervous when the child was sick.

Reasons for being happy or calm and peaceful:

- I’m living a happy life with my children. I don’t have a problem. I love my family.
- In the past month, I did not have a problem. I was a happy person.
- In the past month I didn’t have a problem. I was a happy person for most of the time.
- I am now happy because my husband sent R100 with a neighbour to give to my child and me.
• I was very happy because my child started to sit.
• I was so healthy and had no problems and my child was healthy.
• I was happy because my child did not have any problem concerning his health.
• The thing that made me happy last month is that my child did not get marabi fever.
• The thing that made me happy last month is that my child did not get marabi fever.
• I’m always happy because I appreciate what God has given me.
• I am always happy because I don’t have a problem.
• I’m a person who does not get sick. I am a happy person.
• I don’t have a problem, even though my child is disabled. I am living a good life with my children. It is what God gave me.
• I am always happy, even though I don’t work. My father always helps me.
• My sister has one child and her child has just had a baby, so that made me happy.

**Reasons for being nervous, or downhearted and blue:**
• Because my partner ran away, I am a very nervous person
• I was nervous a little of the time because my child was sick
• My child was sick
• I found my husband’s ID book and inside was the address and telephone number of a girlfriend.
• My problem is that my husband is not working.
• The father of the child is not giving me money to support or buy anything for the child.