SAGE questions on health states: selection used in the analysis for this study

Overall in the last 30 days, how much difficulty did you have ...

Response options: none (1), mild (2), moderate (3), severe(4), Extreme/cannot do(5)

**MOBILITY**
... with moving around?
... in standing for long periods?
... in walking a long distance such as a kilometer?

**SELF-CARE**
... with self-care, such as bathing/washing or dressing yourself?
... in washing (bathing) your whole body?
... in getting dressed?

**PAIN AND DISCOMFORT**
... how much of bodily aches or pains did you have?

**COGNITION**
... did you have with concentrating or remembering things?
... concentrating on doing something for 10 minutes?

**SLEEP AND ENERGY**
... have with sleeping, such as falling asleep, waking up frequently during the night or waking up too early in the morning?

**AFFECT (ANXIETY AND DEPRESSION)**
... with feeling sad, low or depressed?
... with worry or anxiety?

**VISION (SENSORY)** (respondent should answer, as when wearing glasses/contact lenses if used)
.... in seeing and recognising an object or a person you know across the road (from a distance of about 20 meters)?
... in seeing and recognising an object at arm’s length (for example, reading)?