A bioinformatics approach to the identification of type 2 diabetes susceptibility gene variants in Africans

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Declaration

I, Ovokeraye Hilda Oduaran, declare that this thesis is my own, unaided work, unless otherwise specified in the text. It is being submitted for the degree of Doctor of Philosophy at the University of the Witwatersrand, Johannesburg. It has not been submitted before for any degree or examination at this or any other university.

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Date

Abstract

Type 2 diabetes (T2D) is a metabolic disease that results from complex interactions between the environment, the genetic variation and epigenetic regulation of gene expression in individuals. Beta-cell dysfunction and insulin resistance are regarded as the hallmarks of the disease as the common presentation of T2D is the inability of beta-cells to adequately respond to the insulin demands of the body. The prevalence of T2D in Africa, and particularly South Africa, is on the rise. This is very likely the result of the combination of genetic susceptibility with increasing availability and accessibility of relatively cheap, highly palatable, calorie-dense meals with no corresponding lifestyle adjustment.

This study aims to utilize available data from GWAS and gene expression arrays to identify potential variants that likely influence T2D susceptibility in African populations. Two public data repositories were mined - the National Center for Biotechnology Information's (NCBI) Gene Expression Omnibus (GEO) and the National Human Genome Research Institute's (NHGRI) GWAS Catalog. The criteria for selecting the studies for inclusion were based on ten descriptive T2D-related terms taken from the GWAS catalog's pre-defined search categories. These terms were also applied to the selection of gene expression studies in GEO. These terms are: "fasting glucose-related traits", "fasting insulin-related traits", "fasting plasma glucose", "insulin resistance/response", "insulin traits", "diabetes-related insulin traits", "pro insulin levels" "Type 2 diabetes", "type 2 diabetes and 6 quantitative traits" and "type 2 diabetes and other traits". Ten Affymetrix platform-based studies in human tissues were chosen from GEO using these criteria. A Benjamini-Hochberg adjusted p-value of 0.05 was set as a cut-off for significant differentially expressed genes (7,887 genes) with 497 genes occurring in two or more studies, based on tissue- or array-type, considered candidates for downstream analysis. The GWAS catalog presented 175 "reported" genes and 218 SNPs from 51 studies matching the set T2D-related criteria.

Functional analyses done with the Database for Annotation, Visualization and Integrated Discovery (DAVID) on both the GWAS and expression studies genes lists, with similar parameters, provided enriched gene lists. The union of both lists gave a core list of 140 genes for further analyses. These genes were used to retrieve

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corresponding SNPs from the 1000 Genomes data set. The choice of this database stems from the presence of whole genome sequence data, albeit relatively low coverage (4X – 6X), of individuals in several populations on different continents. The populations of interest in this study, however, were the LWK (Luhya in Webuye, Kenya), YRI (Yoruba in Ibadan, Nigeria), CEU (Utah Residents with Northern and Western European ancestry), TSI (Toscani in Italia), CHB (Han Chinese in Beijing, China) and JPT (Japanese in Tokyo, Japan). The choice of these populations as proxies for each of the three continents was based on data availability in this version of the 1000 genomes data. Assessing the distribution of the risk allele frequencies of the GWAS SNPs across these populations showed the risk of T2D to be highest in the African populations. Intercontinental comparisons of SNPs provided a means to identify possible variations in SNP frequencies and occurrences between populations.

Fixation indices (F_{ST}) analysis was done on pairwise combinations of each African population with a non-African population resulting in 6 pairwise comparisons. These comparisons were combined by continent with the intersecting SNPs across continents providing the African vs non-African comparison, which is the main focus of this study. F_{ST} analysis produced a list of 7 genes (Notch homolog 2 (NOTCH2), Kinesin Family member 11 (KIF11), Nuclear Receptor Subfamily 2 (NR2F2), Ribosomal Protein L35A (RPL35A), Small Nuclear Ribonucleoprotein D1 Polypeptide 16kDa (SNRPD1), RNA Guanylyltransferase And 5'-Phosphatase (RNGTT), expression analysis and RNA binding motif protein 38 (RBM38)) from 228 SNPs showing significant differentiation between the African continent and European/Asian continents. The integrated haplotype score (iHS) was used to identify possible signatures of selection in the LWK and YRI populations. One of these seven genes, SNRPD1, was also selected, based on iHS results. Its involvement has been proposed in the spliceosome pathway and the RNA splicing process. Interestingly, it has not been shown to be associated with T2D in existing literature.

The identification of specific variants in T2D susceptibility genes in Africans will not only contribute towards a knowledgebase that will be useful for developing genotyping arrays that better represent African enriched variants, but also very likely

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give some insight into the missing heritability component of the pathogenesis of the disease. Such knowledge will, in the long-term, lead to better targeted therapeutics for managing T2D.

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Abbreviations

- AADM The Africa America Diabetes Mellitus Study
- AFR African populations LWK and YRI
- ASN Asian populations -CHB and JPT
- BMI Body Mass Index
- CDC Centers for Disease Control and Prevention
- CEU Utah residents with ancestry from northern and western Europe
- CHB Han Chinese in Beijing, China
- CVD Cardiovascular Disease
- DAVID Database for Annotation, Visualization and Integrated Discovery
- DKA Diabetic Ketoacidosis
- EHH Extended Haplotype Homozygosity
- EUR European populations CEU and TSI
- GDM Gestational Diabetes
- GEO Gene Expression Omnibus
- GO Gene Ontology
- GWAS Genome-Wide Association Studies
- H3Africa Human Hereditary and Health in Africa consortium
- HuGE Human Genome Epidemiology
- IDF International Diabetes Federation
- iES iHS Enrichment Score
- iHS integrated Haplotype Homozygosity Score
- JPT Japanese in Tokyo, Japan
- KPD Ketosis-Prone Diabetes
- LD Linkage disequilibrium
- LDL Low Density Lipoprotein
- LWK Luhya in Webuye, Kenya
- MODY Maturity Onset Diabetes of the Young
- SNP Single Nucleotide Polymorphism
- T1D Type I Diabetes
- T2D Type 2 Diabetes
- TSI Toscani in Italia

- WHO World Health Organization
- YRI Yoruba in Ibadan, Nigeria

1. CHAPTER ONE – INTRODUCTION

1.1 Pathophysiology of Type 2 Diabetes (T2D)

Type 2 diabetes (T2D) is a complex disorder of multiple interactions between the environment and genetics, with metabolic implications. Although its aetiology is not fully understood, it is known to be characterized by the failure of the body to respond normally to insulin, and the inability of the body to compensate for this condition to maintain euglycaemia. The failure of the pancreatic beta-cells to adequately respond to an increased demand for insulin manifests clinically as elevated postprandial blood glucose and fasting levels which are some of the diagnostic criteria for T2D [1-3]. T2D is very often correlated with obesity. Despite this high correlation, obesity, a major confounder in T2D, does not necessarily result in T2D as studies have shown that ~10% of individuals with T2D are neither obese nor overweight [4]. It is also important to note that not all obese individuals become diabetic. Those who become diabetic have beta cells that are unable to maintain high insulin output to overcome the resistance, with beta cell failure then leading to diabetes. Non-obese type 2 diabetics tend to have beta-cell dysfunction but not necessarily insulin resistance, whereas obese T2D individuals are both insulin resistant and have reduced insulin secretory output [5], highlighting the problem of dysfunctional insulin response.

It has also been proposed that low birth weight owing to *in utero* nutritional deprivation influences susceptibility to obesity, T2D and other metabolic conditions later in life through the acquisition of a 'thrifty phenotype' [6]. The thrifty phenotype hypothesis suggests that fetal and infant malnutrition, and consequently poor growth result in permanent changes in glucose-insulin mechanism [6]. Some of these changes are reduced insulin secretion capacity and insulin resistance, which when combined with other risk factors like obesity, physical inactivity and ageing are critical in the development of T2D [6]. This association between poor fetal and infant nutrition and weight with obesity and T2D first highlighted by Hales and Barker [7] has been demonstrated in several studies including the Chinese Famine (1959 – 1961) Study [8] and the Dutch Hunger Famine birth cohort study [9].

1.1.1 Insulin Resistance

Insulin resistance is a physiological state where the cells in the body respond abnormally to the actions of the insulin hormone. It can result from several factors including increased levels of adipocyte-derived free fatty acids. This can inhibit insulin-dependent glucose uptake and lead to reduced glucose utilisation and oxidation in the muscle [10]. However, the main cause of insulin resistance is obesity. Other contributors to insulin resistance are adipokines. Adipokines are proteins produced and secreted by adipocytes [11]. These include interleukin-6 (IL-6), tumor necrosis factor alpha (*TNF-a*) and adiponectin. In obesity, the expression of *IL-6* and *TNF-\alpha* is increased while adiponectin is under expressed. Studies have suggested that *IL-6* produced by visceral adipose tissue can directly affect hepatic metabolism as its venous drainage goes directly through the portal vein to the liver, making it possible for *IL-6* to contribute to triglyceridaemia by its stimulation of the hepatic secretion of very low density lipoprotein [12]. TNF- α is a pro-inflammatory cytokine that is involved in the pathophysiology of insulin resistance possibly through the mechanism of interfering with the phosphorylation of the insulin receptor substrate (IRS-1) [13]. Studies have also shown adiponectin to augment lipid oxidation in the skeletal muscle and to reduce hepatic glucose production in the liver [14, 15] and to increase whole body insulin insensitivity. An increased lipid oxidation implies less ectopic fat deposition that can also aggravate insulin resistance [16]. Obesity can lead to insulin resistance not only by increased adipokine levels but also by increased ectopic fat deposition in the skeletal muscle which could lead to hyperglycaemia. It is also possible that sedentary lifestyle habits and unhealthy diet could serve as initiators of a cascade of events leading to the development of insulin resistance [17].

1.1.2 Beta-cell Failure

The inability of existing pancreatic beta-cells to either increase insulin secretion or proliferate to compensate for the increased insulin need resulting from a situation of insulin resistance is regarded as a condition of beta-cell dysfunction. The exact mechanism of beta-cell failure in T2D is controversial [18], but it has been proposed that the endocrine islet's homeostatic function is poor and unable to cope with environmental or metabolic stressors such as obesity, ageing and pregnancy where levels of insulin resistance are known to increase [19]. This is because the manner of physiological adaptation of beta-cell functions to conditions like ageing and

pregnancy which is mainly achieved through the modulation of beta-cell replication is very taxing for pre-diabetic beta cells [20]. Another widely believed explanation for beta cell dysfunction is that the stress imposed on the beta-cells to increase insulin production to allow for glucose clearance from the blood wears out the cells and eventually lead to cell death which reduces the number of beta-cells producing insulin and consequently results in insufficient insulin production. Another explanation, originating from mouse models [20] is that these beta-cells do not necessarily die (loss of cells) but dedifferentiate to the original progenitor cell form [21] (loss of function) and require the correct molecular signals to be re-differentiated back to adult insulin-producing beta-cells.

Clarity on the mechanism of beta-cell dysfunction as well as insulin resistance will very likely provide more insight into the pathogenesis of the disease and possibly therapeutic solutions as these conditions are central to the development of T2D.

Figure 1.1 shows a proposed schema for the pathogenesis of T2D.



Figure 1.1 A proposed schema for the pathogenesis of T2D.

Interactions between environmental and genetic factors contribute to the processes involved in T2D with some of the genes and exposures shown in yellow. FTO = fat mass and obesity associated gene. PPARG = peroxisomal proliferator-activated receptor-g. CDKAL1 = CDK5 regulatory subunit associated protein 1-like 1. KCNJ11 = potassium inward rectifying channel, subfamily J, member 11. [22]

1.2 Epidemiology of the Disease

Despite the seemingly long history of T2D worldwide, it has only been recently identified as a major problem on the African continent. This can be attributed to the increasing industrialisation and acculturation [23] in Africa, with high caloric diets replacing the high fibre diets and no corresponding lifestyle adjustments. The research efforts have not been as extensive as they have been in infectious diseases like HIV/AIDS, malaria, diarrhoea, respiratory infections and tuberculosis, which according to current statistics, account for the majority of the morbidity and mortality on the continent [24]. Recent projections, however, indicate that the morbidity and mortality rate of non-communicable diseases like T2D and cardiovascular disease, a T2D comorbidity, will soon exceed those of the infectious diseases [24]. With the rapidly increasing burden of the disease, it is imperative to accelerate research efforts in the field.

1.2.1 Worldwide Prevalence and the Increasing African Burden

In a global study to estimate the prevalence of diabetes across all age-groups for the years 2000 and 2030, an increase of over 110% in the total number of people worldwide was predicted in the 30-year period [25]. The prediction for the prevalence of diabetes in that same period in sub-Saharan Africa is a projected rise from 7.2 million in the year 2000 to 18.7 million in 2030 [25]. This represents a massive 161% increase in the proportion of individuals with diabetes, which is about a 50% difference from global predictions. This study, however, acknowledged that these numbers most likely underestimate the future prevalence of diabetes as the incidence of obesity continues to rise [25]. The 6th edition of the International Diabetes Foundation (IDF) predicts a rise from 382 million people with diabetes in 2013 to 592 million people by 2035 globally (figure 1.2), 80% of whom live in lowand middle-income countries [26]. Interestingly, about 90% of all diabetic cases reported are T2D [27]. The remaining ~10% include (but is not limited to) Type I Diabetes (T1D), Gestational Diabetes (GDM), Maturity Onset Diabetes of the Young (MODY) and Ketosis-Prone Diabetes (KPD). T1D is an autoimmune disease where the insulin-producing cells in the pancreas are attacked by the defence system of the body [28]. GDM is a condition of high glucose levels in the blood that occurs during pregnancy. It is defined as any degree of glucose intolerance with onset or first recognition during pregnancy [29]. Although a temporary condition, the risk of

developing T2D later on has been shown to be higher in women who have had GDM compared to those who have not [30]. MODY, often referred to as monogenic diabetes [31], is a hereditary form of diabetes that presents itself in multiple forms. It results from mutations in an autosomal dominant gene that interferes with the production of insulin. KPD is a rather unique form of diabetes as it has been known to affect only individuals of non-Caucasian ethnicity [32]. It is regarded as a heterogeneous disease characterised by presentation with diabetic ketoacidosis (DKA) in individuals who do not necessarily fit the typical characteristics of other traditional diabetic categories as defined by the American Diabetes Association (ADA) [33]. However, T1D and T2D patients have been known to present DKA under infection or stress conditions [34]. Interestingly, in all of these forms of diabetes, the treatment course almost always ends in insulin therapy.

Figure 1.3 shows the worldwide distribution of the number of people with diabetes in 2013. The prevalence statistics of diabetes in 2013 can be seen in figure 1.4 while figure 1.5 shows the percentage of diabetes-related deaths in individuals below the age of 60 in that same year.



Figure 1.2 IDF global predictions for diabetes incidence increase between 2013 and 2035.

AFR = Africa, MENA=Middle East and North Africa, SEA = South East Asia, SACA = South And Central America, WP = Western Pacific, NAC = North America and Caribbean, EUR = Europe [26].



Figure 1.3 Global distribution of people (in millions) with diabetes in 2013 [26].



Figure 1.4 Global prevalence of diabetes (%) in 2013 [26].



Proportion of deaths due to diabetes in people under 60 years of age, 2013

Figure 1.5 Global percentages of diabetes-related mortalities in 2013 [26].

The mortality rates shown in figure 1.5 are highest in Africa even though the continent had the lowest prevalence percentage. This again points out the need for more African-focused research efforts as the burden of the disease on the African continent is increasing greatly. Just like it has unravelled in more developed economies, the increasing prevalence of obesity on the continent is leading to a diabetes epidemic. Age-specific data have also indicated an increase in diabetes rate with age in sub-Saharan Africa [35, 36].

Obesity, nonetheless, remains a major risk factor to the development and pathogenesis of T2D. It generally occurs as a consequence of an imbalance

between energy intake and expenditure that is usually characterized by increased fat storage [37]. It results chiefly from a combination of genetics, low level of physical activity, and an environment where relatively cheap, highly palatable, calorie-rich food is widely available [38, 39]. It is therefore not surprising that the number of obese or overweight people now exceeds the underweight population worldwide [40]. However, the concept of metabolic obesity (the existence of the metabolic profile associated with obesity in non-obese subjects) which is the result of the accumulation of fat in the abdominal viscera in non- obese individuals [41], has been proposed to possibly provide an explanation for high T2D incidences in populations with seemingly normal weight individuals [42]. Asian individuals tend to develop T2D at lower body mass index (BMI) levels than Europeans [43] and the risk of developing T2D is generally higher in Asians than in Europeans [44] despite the mostly lower prevalence of overweight or obese individuals in Asian populations. Studies have shown Asians to be more likely to have a higher fat percentage or visceral adiposity than Europeans at a given BMI or waist circumference [45, 46]. Waist circumference is a measure of central adiposity. Measures of central adiposity have been shown to be better indicators of T2D risk than BMI [44].

An obesity pandemic is a prelude to increased prevalence of T2D and other noncommunicable diseases, as type 2 diabetics are at a high risk of developing a range of disabling conditions like hypertension, stroke, renal failure and cardiovascular disease (CVD) [4]. It is of little surprise then that the prevalence of diabetes and CVD is on the rise in Africa as obesity levels increase across the continent.

It is important to note that in addition to the changing physical activity levels and diet, ongoing demographic changes like urbanization as well as political and economic instability contribute considerably to the burden of diabetes and other non-communicable diseases on the African continent [24].

1.2.2 Comorbidities and Complications

As has been previously indicated, the comorbid conditions and complications of T2D contribute to the burden of the disease. Some comorbidities and complications of T2D include hypertension, dyslipidemia, stroke, microvascular diseases (renal failure, neuropathy, and retinopathy) and CVD. Stroke is, more often than not, a consequence of CVD, and CVD results from complex interactions between genetic

and environmental factors together with high risk factors like diabetes and hypertension [47]. It is the most common cause of death globally [24] and, as is stated in the previous section, is increasing in prevalence in tandem with T2D.

Diabetic neuropathy results from damage to the nerves as a result of high blood pressure and high glucose levels with the most commonly affected areas being the extremities particularly the feet. Similarly, diabetic retinopathy and nephropathy (kidney failure) can be caused by consistently high blood sugar levels together with high cholesterol and high blood pressure [48, 49]. The consequence of this in nephropathy is the damage to the tiny vessels in the kidneys that serve as waste filters from the blood which implies inefficient functioning of the kidneys or in some cases, total failure. In retinopathy, the blood vessels of the retina are damaged which may potentially lead to blindness. The risk for other vision-affecting conditions like cataracts and glaucoma is also increased in T2D [48, 49]. The microvascular diseases are generally linked to hyperglycemic conditions with hyperglycemia-induced abnormalities in the hexosamine, polyol and protein kinase C pathways having been implicated in the mediation of tissue damage in T2D [50, 51]

Hypertension is a chronic condition of elevated blood pressure. About 75% of individuals with T2D also have hypertension and those with hypertension on its own show indications of insulin resistance [52]. The risk factors and complications of hypertension overlap significantly with those of T2D [53] which in some cases of CVD could result from the continuous strain imposed on the heart by elevated blood pressure.

Dyslipidemia is a condition that can result from prolonged increased insulin levels in the blood which can cause insulin resistance and consequently free fatty acid flux from the insulin resistant adipocytes [54–56]. It thus makes logical sense that in T2D, the phenotype associated with dyslipidemia is mainly attributed to insulin resistance and insulin deficiency [57, 58]. This phenotype generally presents 3 characteristic features – low HDL cholesterol concentration, increased concentration of small dense LDL cholesterol particles and high plasma triglyceride concentration. T2D is not only an independent risk factor for CVD, it also amplifies the effects of other common risk factors like hypertension and smoking. Dyslipidemia in T2D contributes to the risk of the development of CVD.

Although some of these complications could be disabling and even life-threatening, they could be stalled by good management of the disease, which includes proper glucose levels monitoring.

The complications and comorbidities associated with T2D not only complicate the management of the disease but also make it a multi-faceted challenge with an enormous burden on an already over-tasked healthcare system.

1.3 Genomic Contributions to Type 2 Diabetes

Global T2D research efforts have been able to identify a number of genetic variants with risk associations to the disease. A recent review showed variants in about 60 genes to have significant associations with the development and pathogenesis of T2D [59]. However, this list excluded genes like potassium inward rectifying channel, subfamily J, member 11, *KCNJ11* and calpain 10, *CAPN10* – genes identified in candidate gene analyses and family-based linkage studies. Some of the confirmed risk variants include rs7903146 (transcription factor 7-like 2, *TCF7L2*), rs12255372 (*TCF7L2*), rs1111875 (hematopoietically expressed homeobox, *HHEX*), rs5215 (*KCNJ11*), rs9939609 (fat mass and obesity associated gene, *FTO*) and rs1801282 (peroxisomal proliferator-activated receptor-g, *PPARG*) [60]. Studies have indicated, however, that all the risk variants together account for only about 10% of the genetic contribution to the disease [61, 62]. T2D concordance ranges between 30% and 80% as have been shown in monozygous twin studies and heritability of the disease has been indicated at 30-70% in family studies [57, 63].

The bulk of T2D research has been done in non-African populations. With the knowledge that T2D has a strong genetic component, albeit not entirely resolved, it is expected that there exists a considerable ethnic variation in the prevalence of the disease [50]. The specificity of a locus in the *HHEX* gene in conferring T2D risk in East Asians [64] demonstrates, to an extent, this ethnic-specificity. A few notable studies carried out in populations in West Africa and of West-African or African origin, in the United States, have identified gene variants and significant linkages in regions previously identified as T2D susceptibility loci in other populations [65]. The Africa America Diabetes Mellitus (AADM) Study [65], the longest running genetic epidemiological T2D study that involves Africans, included West African participants whose data have been included as a replication cohort in several genome-wide

association studies (GWAS). One such collaborations led to the observation that prostate cancer risk variants, rs4430796 and rs757210, in the transcription factor 2, *TCF2* (also known as hepatocyte nuclear factor 1 beta, *HNF1B*) gene confer protection against T2D [66]. Collaborations with deCODE Genetics elucidated the impact of recent selection in the *TCF7L2* gene in relation to T2D risk [67] and confirmed genome-wide significant associations of CDK5 regulatory subunit associated protein 1-like 1, *CDKAL1* variants in T2D susceptibility [68]. *TCF7L2* has produced one of the strongest signals and most widely reproduced associations with T2D risk in several ethnic groups [69], including Africans as the deCODE-AADM collaboration showed.

However, no GWAS has been conducted on T2D among populations on the African continent as of yet [24]. This creates a gap in our knowledge that needs to be bridged as the diverse nature of African populations could provide unprecedented insight into the missing heritability of T2D as some variants might be more relevant and therefore easier to pick up in cohorts of non-European ancestry. Also, since most of the current genome-wide study approaches are best suited to the identification of common variants, it has been speculated that rare variants could perhaps provide some more insight into the missing heritability component [59].

1.4 Study Approaches to Identifying Genomic Contributions to the Aetiology of Complex Traits

Like in many complex diseases, the global research trend in the genetics of T2D has gone through 3 main phases: family-linkage analysis and candidate-gene studies, association analysis and genome-wide association studies (GWAS) [2]. In addition, computational approaches, copy number variation (CNV) analysis, sequencing approaches, epigenetic methods as well as microarray gene expression analysis, an experimental approach based on wet lab experiments and subsequent computational analysis, have been used to prioritize candidate genes and pathways in complex diseases [70, 71]

1.4.1 Linkage/Association Analysis

Linkage analysis presents researchers with a method to map the location of diseasecausing genes by the identification of genetic markers that are co-inherited with the phenotype of interest. This means that a marker that co-segregates with a gene of

interest could be used to track the gene within a family without prior knowledge of the mutation as long as it is absent in unaffected family members. It thus relies on matching of the disease with genetic markers of known location [2]. This method was effective in identifying genes in monogenic forms of the disease but not necessarily the complex form of the disease as it has had limited success as a result of weak genotype-phenotype association which is a hallmark of complex multifactorial diseases [72].

Association analysis evolved to improve on simple family linkage analysis. This fundamentally more powerful method of susceptibility gene discovery depends on robust correlations of the allele frequencies of the genetic variants to the disease [2]. Most genetic association studies examined a single variation or a set of polymorphisms near a single gene or focused on a region defined by a linkage peak determined by a family study [73]. A major challenge with this method is that the causal variant itself or a marker to which it is tightly correlated has to be directly examined for a signal to be detected. This means that attention had to be directed to specific genes or variants of interest, some of which may have been inappropriate candidates [74]. Despite the low power of these methods, genuine susceptibility variants were discovered over the course of several studies. Some of these include *CAPN10* [75, 76] and *KCNJ11* [77].

1.4.2 Candidate Gene Studies

This approach focuses on genes that have been selected for study based on the biological characteristics of the phenotype of interest and a supposed match between the presumed or known functions of the genes [2]. It is pretty much an association study that directly tests the effects of genetic variants of a potentially contributing gene [78]. Candidate gene studies, therefore, limit the number of tests for variant association to a small subset of the genome and focus hypotheses on sets of genes that are believed to be associated with the phenotype of interest based on prior knowledge [73].

1.4.3 Genome-wide Association Studies (GWAS)

Genome wide association studies (GWAS) have proven to be very successful in gene and gene variant identification owing largely to the fact that the entire genome is queried at once. It involves systematic, large-scale searches for statistically significant associations between disease and specific DNA sequence variants (e.g. single nucleotide polymorphisms (SNPs)) [2] by querying for differences between affected and unaffected groups. GWAS has been especially successful in elucidating genetic variants that influence T2D and BMI with several GWAS confirming that a variant in *TCF7L2* gene confers risk for T2D, while a variant in the *FTO* gene confers risk for obesity/BMI [59]. An advantage of GWAS over the other methods is its unbiased approach. Prior knowledge or hypotheses of associated genes or SNPs to the phenotype of interest is not necessary as the whole genome is being interrogated at once. A caveat then is the low power to definitively identify associations with such large number of tests being performed [73]. However, large sample sizes, often more than 10000 cases and controls compensate to increase the power to detect low to moderate effects. Most of the T2D-associated variants to date have been identified via GWAS.

1.4.4 Copy Number Analysis

Copy number analysis generally refers to methods of detecting copy number variation (CNV) from analysing data resulting from a queried DNA sample. Copy number variations are structural variations that are genomic DNA modifications that result in either functional or neutral variations in the number of copies of certain sections of the DNA. They usually correspond to relatively large deletions or duplications of genomic regions on certain chromosomes. CNVs can range from 1 kilobase to several megabases and have been reported to account for about 12% of the genome making their role in disease aetiology possibly significant [79]. CNVs can contribute to disease susceptibility by influencing the gene expression level [80]. Genome-wide association analysis using a logistic regression model was used to assess disease susceptibility loci for risk of T2D in a Korean population [81]. This study identified 3 new CNV regions to be significantly associated to the disease. Also, T2D-associated CNVs have been reported in the leptin receptor, LEPR, a gene that has been implicated in obesity and diabetes, from genome-wide SNP chip data using the quantitative multiplex polymerase chain reaction of short fluorescent fragment (QMPSF) method[82]

1.4.5 Epigenetics Methods

Epigenetics generally refers to changes in gene expression that result from chromatin structure changes that do not alter the DNA sequence. These are heritable changes that can occur throughout developmental stages as well as in

response to environmental factors [83]. One mechanism of epigenetic modification is the methylation of DNA. Modifications resulting from DNA methylation or histone modification alter chromatin structure (histone modification) which can in turn alter transcription patterns as a result of reduced gene accessibility to the components of the transcription machinery [84, 85].

DNA methylation is the tagging of DNA by a methyl group, usually from dietary sources, which can activate or repress the expression of genes. Methylation tends to occur primarily at CpG sites. A study examining genotypic-epigenotypic interactions in T2D that focused on previously known genomic susceptibility regions identified a risk allele in the *FTO* locus [86]. Also, individuals prenatally exposed to famine have been shown to harbour differentially methylated regions of genes of relevance to T2D [87]. An epigenomic approach thus contributes towards providing insight into the epigenetic and environmental factors that play roles in elucidating the aetiology of T2D.

1.4.6 Sequencing and Computational/Bioinformatics Approach

The development of parallel sequencing technologies has greatly expedited the discovery of human variations on a massive scale. This has been facilitated by the ability of next generation sequencing, NGS, technologies to relatively rapidly sequence entire individual genomes (whole genome sequencing, WGS) or just the coding regions of the genomes (whole exome sequencing, WES) [88, 89] The analyses of the resulting sequencing data can be potentially bioinformatics-intensive involving several computational steps and analyses pipelines. However, WGS and WES have been very useful in the identification of de novo mutations which include single nucleotide variations as well as short insertions and deletions (indels) in various complex diseases [90–94]. Several risk variants for T2D susceptibility in individuals of different ancestries have been identified via NGS technologies. Some of these include variants in the Early Endosome Antigen 1, *EEA1*, [95].

Computational approaches to elucidating the pathogenesis of T2D have also led to the prioritization of some candidate genes like lipoprotein lipase, *LPL* and Enoyl CoA Hydratase, Short Chain, 1, *ECHS1*, both involved in fatty acid metabolism [70].. Other bioinformatics approaches include the meta-analyses and integration of data from either homogenous or heterogeneous sources. The general idea behind this

approach is to utilize the huge body of available study data with the help of bioinformatics tools to provide possible insights into the disease via the identification of risk-associated variants. Some of these sources include results from microarray expression studies, GWAS, linkage studies, interaction screens and disease similarity, gene ontologies and pathways databases [96, 97]. Meta-analyses approaches are sometimes used to augment low to moderately powered GWA studies to present statistically valid results. These methods generally involve the building of an interaction network or evidence layers based on the different data sources with genes being subsequently ranked and prioritized based on statistically-determined criteria [97]. The ability to reuse and reanalyse data in an integrative manner makes bioinformatics approaches critical in the elucidation of the pathogenesis of complex diseases.

1.4.7 Rationale for Study Approach

Genome-wide association studies have identified more T2D-susceptibility variants than any other approach prior to its inception. The idea of a GWAS on the African continent would thus be ideal in the search for possible African-specific T2D risk variants but this is not the objective of this project. It is anticipated that the use of bioinformatics tools and methods to interrogate existing non-African-focused T2D studies, while analysing the results in the context of African population genetic variation via a database with whole genome sequence information from a number of African populations, would not necessarily identify novel genes but help to identify some novel risk variants for T2D that are important African contributors to the disease. Research efforts in T2D already indicate quite clearly that susceptibility variants vary across ethnicities as has been previously mentioned with the TCF7L2 gene. It has been shown that the risk variants in this gene, although present in the Japanese and Chinese populations, do not confer the greatest risk to date in these populations as they do in Europeans - variants in the KCNQ1 do that [98, 99]. Also, T2D risk variants in the HHEX have been indicated to show specificity to East Asian populations [64]. Similarly, variants (rs1800963, rs1028583, and rs3818247) in the hepatocyte nuclear factor 4 alpha, (HNF4A), region which show T2D association in the Finnish population do not show such association in the Ashkenazi Jewish population even though other SNPs (rs4810424 and rs1884614) in the HNF4A region show similar association levels with diabetes in both populations [100, 101].

1.5 Study Aim and Objectives

This study is based on the hypothesis that genetic variants in already identified genes that contribute to T2D susceptibility differ between Africans and non-Africans (Europeans and Asians). The objective is to use a bioinformatics approach to identify genetic variants that are likely to contribute to T2D susceptibility in African populations.

1.5.1 Aim

To mine public domain data for genes and genetic variants associated with T2D, and to combine this with differential gene expression data, in order to facilitate the identification of T2D risk elements and to make comparisons between Africans and non-Africans, using a bioinformatics approach.

1.5.2 Objectives

- i. To generate a list of genes and gene variants that have been previously identified to be associated with T2D and its relevant associated traits in genome-wide association studies.
- ii. To assess the risk allele frequencies from the associated GWAS variants (SNPs) across populations.
- iii. To perform functional enrichment on the GWAS gene list to retrieve highlyranked genes for further analyses.
- iv. To augment the GWAS-generated gene list with a functionally-enriched list of genes that have been previously identified in T2D and its relevant associated traits in microarray-based gene expression studies.
- v. To analyse the augmented gene list in the context of African population genetic diversity to identify common and unique T2D risk variants.

2 CHAPTER TWO – METHODS

An overview/workflow for this research is shown in figure 2.1 below.



*Study selection criteria:

- Fasting glucose-related traits
- Fasting insulin-related traits
- Fasting plasma glucose
- Insulin resistance/response
- Insulin traits

- Diabetes-related insulin traits
- Pro insulin levels
- Type 2 diabetes
- Type 2 diabetes and 6 quantitative traits
 - Type 2 diabetes and other traits

Figure 2.1. Research workflow.

2.1 Public Data Mining and Pre-processing

The retrieval of data from the public domain was done at two points – T2Dassociated study data and SNP data.

2.1.1 T2D-associated Studies

Two types of publicly available T2D-associated data were used in this study: Genome Wide Association Studies (GWAS) data and gene expression studies data. The GWAS catalog, a resource from the National Human Genome Research Institute (NHGRI), was used as the primary resource for GWAS data in this study. It is a manually curated collection of published association studies identified from several sources including PubMed, NIH-distributed compilations of news and media reports, as well as from comparisons with HuGE Navigator [102], an online repository of published epidemiology literature [103, 104]. This catalogue is available for direct online query as well as for downloads for offline queries. The studies included in this catalogue attempted to assay at least 100,000 SNPs in the initial design and exclude studies in languages other than English. Information extracted from these studies by the catalog curators include the initial and replication sample sizes, strongest SNP/trait association in the study ("SNPs") as well as the risk allele if available ("Strongest SNP-Risk Allele") and the genes associated with the strongest SNP/trait association ("Reported Gene(s)"). For each SNP that was identified for inclusion in the catalog, chromosomal regions were extracted from the UCSC Genome Browser [105]. SNP association p-values, odds ratios ("OR or beta") and 95% confidence intervals ("95% CI (text)") were also reported. In the absence of a combined p-value in the study report, the p-value and effect-size from the largest sample size is reported if the initial and replication samples each show SNPs/trait associations that meet the threshold of $p < 10^{-5}$. The GWAS catalog generally does not include candidate gene-focused studies and SNP-trait associations with P > 1.0 x 10⁻⁵. This relatively liberal statistical threshold was chosen to accommodate GWAS scans of different sizes while using a consistent approach, and to allow for the possible examination of marginal associations [103, 104].

The National Center for Biotechnology Information's (NCBI) Gene Expression Omnibus (GEO) was used as the primary resource for microarray expression data in this study. GEO is a Minimum Information About a Microarray Experiment (MIAME)compliant public repository for researcher-deposited microarray, next generation sequencing and other forms of high throughput functional genomics data [106]. It stores data in well-organized hierarchies - Platform, Sample and Series records that allow for easy accessibility. These are all submitter-provided records. Platform records contain summary descriptions of the array or sequencer. A data table that defines the array template is also included for array-based platforms. A platform record, although assigned a unique and stable GEO accession number (GPLxxx), is not specific to a single submitter and may refer to many samples submitted by multiple researchers on that specific platform. Sample records describe the biological samples, the handling and protocols it underwent and the abundance measurement of each element derived from it. A sample record is also assigned a unique GEO accession number (GSMxxx). In this case, however, the number is unique to the specific sample entity. Series records provide a description and focal point for the whole study as it links related samples together. Series records are assigned unique and stable GEO accession numbers (GSExxx). There is a higher level of organisation of GEO data - DataSet records. These are GEO series records that have been manually curated and reassembled by the GEO staff. A DataSet thus represents a collection of biologically and statistically comparable GEO samples [106]. They are also assigned GEO accession numbers (GDSxxx) and serve as the basis of GEO's suite of tools for data display and analysis.

The GWAS catalogue and GEO were queried for studies matching the following T2D-related terms: "fasting glucose-related traits", "fasting insulin-related traits", "fasting plasma glucose", "insulin resistance/response", "insulin traits", "diabetes-related insulin traits", "pro insulin levels" "Type 2 diabetes", "type 2 diabetes and 6 quantitative traits" and "type 2 diabetes and other traits". These are descriptive terms directly taken from the GWAS catalogue and applied to GEO.

GWAS Data

Study Selection and Retrieval

The GWAS catalogue was downloaded as a tab-delimited text file from the NHGRI website [103, 104] and queried offline for studies matching the 10 descriptive terms according to the aforementioned criteria. The text file was accessed with Microsoft's

Excel program and sorted with the in-built "sort" function. The "disease/trait" column was used as the primary sorting column for studies that matched the set criteria. These studies, together with their accompanying curated information, were selected and copied to a blank spread sheet. This spread sheet was adopted as the main document for the publicly retrieved GWAS data for this study.

• Gene Expression Studies Data

Genes and SNPs Lists Generation

The genes from the "reported" genes column in the main document were selected to provide what is referred to as the "GWAS Genes list". The "GWAS SNPs list" resulted from the "SNPs" column from the same spread sheet. For clarity in the downstream analyses, the lists will be referred to accordingly.

Study Selection

GEO was queried directly online for T2D-related terms as previously indicated. This search was, however, limited to human data and studies done on the Affymetrix platform to reduce any possible bias that may result from the combination of studies done on different platforms. The choice of the Affymetrix platform stemmed from the comparably larger number of studies appearing in the search results that had been carried out on the platform at the time of this selection.

• Data Retrieval and Analyses

Each study was individually retrieved from GEO series records via GSE accession numbers and analysed using a number of Bioconductor packages in R. R is a computational language and an open source environment with a suite of software facilities for data manipulation, calculation and graphical display [107]. The basic functionality of R is easily extended by the availability of packages that cover a wide range of modern statistics and bioinformatics via its Bioconductor platform. Bioconductor is bioinformatics-centred and provides tools for high-throughput data analyses [108]. Bioconductor packages were frequently utilized for the analyses done in this study. For the expression data retrieval and analyses, the GEOquery [109], affy [110] and limma [111] packages were used.

First, the raw intensity data (.cel files) from each study together with their associated phenotypes (case (T2D), control, or other conditions), as specified by the originating study author, were retrieved and organized using the getGEO and getGEOSuppFiles functions in the GEOquery package. The GEOquery package serves as a bridge between the GEO repository and Bioconductor. It allows for data to be easily retrieved with very minimal to no manipulation. The retrieved raw data were read with the ReadAffy function, in the affy package, into an AffyBatch object. An AffyBatch object is an R class representation for probe level Affymetrix GeneChip data comprising mainly of multiple array intensities. This is an important data formatting step for some of the downstream analysis. The affy package contains a suite of tools for exploratory analysis of oligonucleotide arrays. Applying the rma function to the AffyBatch object, also contained in the affy package, pre-processed the data using the Robust Multichip Average (RMA) method [112]. This is a threestep method that involves background correction, guantile normalization [113] and summarization. These corrected data are then organized in a matrix of gene expression measures with the exprs function creating an expression set object (exprSet). Expression values, phenotypic and other related information are usually stored in exprSet objects. This was then used for differential gene expression analyses with the limma package.

The Linear Models for Microarray Data, limma, package is a Bioconductor implementation of the use of linear models to assess differential expression in microarray data. The general aim is to make an otherwise complex analysis relatively straightforward provided that the right parameters are designated. The limma approach was applied to this study by first specifying a 'design matrix' which indicates which RNA target has been hybridized to each array. This was done using the model.matrix function. This function identifies and organizes the different conditions present in the data set. A linear model is then fitted for each gene on the array, based on the design matrix, using the ImFit function, in order to systematically model the experimental data so that it can be differentiated from random variation. To make comparisons between conditions (as defined in the design matrix), a 'contrast matrix' (cont.matrix) was specified. Using the makeContrasts function, the contrast matrix was designed to directly compare T2D cases against controls, regardless of any other condition that may have been considered in the original

study. The contrasts fit function allows for the fitted coefficients of the contrast matrix to be compared in several different ways. The eBayes function employs an empirical Bayes method on the fitted contrasts' coefficients to assess differential expression of probes and compute a number of statistics. Some of the resulting statistics from limma analysis include adjusted p-values for multiple testing, unadjusted p-values, log fold changes as well as F-, B- and t-statistics, which all contribute to the identification of probes that represent genes that have been differentially expressed in an experiment. The t-statistic in limma is a linear one that is easily applied to microarray data. It was developed from the hierarchical model of Lönnstedt and Speed [114, 115] and is based on a model where variances of the residuals vary from gene to gene and are assumed to be drawn from a scaled chi-square distribution [111] unlike the standard t-statistic where the assumption is that both groups are sampled from normal distributions with equal variances [116]. The moderated F-statistic in limma is an overall test of significance that combines the tstatistics of all the contrasts. It tests to see if any of the contrasts are non-zero for each gene, that is, if a gene is differentially expressed on any contrast. The Bstatistic (B or lods) is the log-odds that a gene is differentially expressed [111].

The limma statistic utilized for gene selection in this study was the Benjamini-Hochberg (BH) adjusted p-value. This is a p-value that has been adjusted for multiple testing with the BH method to control the false discovery rate [117]. This simply means that, if a threshold of 0.05 is chosen, all the genes below this threshold are considered to be differentially expressed and the expected proportion of false discoveries in the set is controlled to be 5% of the set of genes. The use of adjusted p-values is important because p-values, as with other model-based methods, depend on mathematical assumptions and normality, which are not usually precisely true for microarray data [111].

The R script used for the gene expression studies analysis can be found in electronic (EA1).
Gene List Generation

The differential expression analysis resulted in the identification of Affymetrix probes that needed to be annotated for clarity. The getSYMBOL function in the annotate package [118], together with the corresponding downloaded Affymetrix genome array annotation data, were used to match the differentially expressed Affymetrix probes to gene symbols. This provided a data frame for probes and their corresponding official gene symbols together with their limma statistics. A BHadjusted p-value \leq 0.05 was chosen as the cut-off for genes to be considered as being significantly differentially expressed in each of the selected studies. To create a core list of genes from these Affymetrix-based expression studies, the genes meeting the adjusted p-value criteria were only considered for further analysis if they were found to be significant in more than one of the selected studies based on tissue or array similarities. For example, comparisons were made between studies with samples originating from skeletal muscle tissue and not between studies with samples from the skeletal muscle and blood tissues. Likewise, studies done on the GeneChip Human Genome U133 array, for example, were directly compared with each other thereby allowing for relatively "like" comparisons. The resulting intersecting genes provided what is referred to as the "Expression Genes list".

2.1.2 SNP Data (1000 Genomes)

The 1000 Genomes data was mined to allow for the analysis of both the GWAS SNPs (risk allele frequency) and the SNPs associated with the genes that result from the functional analysis section in a population context.

To get some understanding of the genes via their corresponding markers in a population context, the 1000 Genomes project [119] data were interrogated. The 1000 Genomes project is a human genome reference project that aims to discover most of the genetic variants with frequencies of at least 1% in the studied populations by the low coverage (4X-6X) sequencing of many individuals. This includes individuals from different populations in the Americas, Asia, Africa and Europe. The populations of interest in this study from those present in the 1000 Genomes project are: LWK (Luhya in Webuye, Kenya), YRI (Yoruba in Ibadan, Nigeria), CEU (Utah Residents with Northern and Western European ancestry), TSI

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(Toscani in Italia), CHB (Han Chinese in Beijing, China) and JPT (Japanese in Tokyo, Japan) (Table 2.1).

PLINK [120] was used in the retrieval of the relevant 1000 Genomes data from the cream-ce server in the high performance cluster at the University of the Witwatersrand, which housed files that were already converted from their native .vcf format to PLINK-ready files. PLINK is an open source whole genome association analysis toolset that efficiently computes a range of basic, large-scale analyses. It is particularly useful for its convenient handling and manipulation of large data sets like whole genome data which contains several thousands of markers genotyped for thousands of individuals. PLINK consists of five main functional domains: population stratification, identity-by-descent estimation, data management, association analysis and summary statistics. For the purposes of this research, the data management domain served the major needs of the analyses of the 1000 Genomes data set.

| Population Description | Population Code | Super Population Code | Sample size |
|--|--------------------|-----------------------------|----------------|
| Luhya in Webuye, Kenya | LWK | AFR | 97 |
| Yoruba in Ibadan, Nigeria | YRI | AFR | 88 |
| Han Chinese in Beijing, China | CHB | ASN | 97 |
| Japanese in Tokyo, Japan | JPT | ASN | 89 |
| Utah Residents with Northern and Western | CEU | EUR | 85 |
| European ancestry | | | |
| Toscani in Italia | TSI | EUR | 98 |

Table 2.1 1000 Genomes population interrogated in this study. AFR = Africa, ASN = Asia, and EUR = Europe.

2.2 Functional Analysis

To get some biologically meaningful insight into different gene combinations of the genes present in the both the Expression Genes list and the GWAS Genes list, they were interrogated with the Database for Annotation, Visualization and Integrated Discovery (DAVID) [121].

2.2.1 Overview of DAVID

DAVID is a bioinformatics resource kit that provides a comprehensive set of functional annotation tools which can be useful in the understanding of biological meanings of large gene lists derived from genomic studies [122]. This kit consists of a knowledgebase as well as other integrated, web-based functional annotation and analytical tool suites. These include text and pathway-mining tools such as gene name batch viewer, functional annotation chart, functional annotation clustering, and gene functional classification tool amongst others. The DAVID knowledgebase is a gene-centred database [121]. It is very comprehensive as it integrates a huge array of the major and well-known public bioinformatics resources centralized by the DAVID gene concept, a single-linkage method to amass millions of gene/protein identifiers from several public genomic resources into DAVID gene clusters [121]. This allows for an improved cross-reference capability where more than 40 publicly accessible functional annotation sources can be comprehensively integrated and centralized by DAVID gene clusters.

The gene functional classification tool contributes towards a systematic enhancement of the biological interpretation of large gene lists as it groups genes based on their functional similarities. It generates a gene to gene similarity matrix from over 75,000 terms (including pathways like the KEGG, REACTOME, PANTHER, and BIOCARTA pathways) and 14 functional annotation sources [122] with the clustering algorithms classifying highly related genes into functionally related groups. The functional annotation tool primarily provides batch annotation and gene-Gene Ontology (gene-GO) term enrichment analysis thus highlighting the most relevant GO terms associated with a gene list.

The vast annotation content coverage - over 40 annotation categories, including GO terms, protein-protein interactions, protein functional domains, disease associations, bio-pathways, sequence general features, homologies, gene functional summaries, gene tissue expressions and literatures - as well as the flexible options to display results makes it a very powerful tool within this kit for investigators to analyse genes from different biological aspects in a single space. The results display options include the functional annotation chart report which provides an annotation term-

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focused view of the genes being investigated. In this report, a one-tail Fisher's Exact statistic, denoted as an EASE score, is calculated and the results shown to be statistically significant have to had passed the default DAVID thresholds. Other optional statistics available in this chart view are Fold Enrichment values as well as Benjamini, Bonferroni and FDR corrected p-values. This tool was greatly utilized in this study for gene set enrichment and reduction purposes.

The GWAS Genes list and the Expression Genes list were separately analysed by DAVID with the same parameters for prioritised gene selection.

2.2.2 Criteria for Prioritized Gene Selection

The categories and options selected in DAVID for core gene selection are listed in Table 2.2.

Table 2.2 Options selected in DAVID for analysis.

| DAVID Categories | Selected Options |
|------------------|--|
| Disease | OMIM Disease, Genetic Association DB-Disease |
| Gene_Ontology | GO_TERM BP_FAT |
| Pathways | BBID, BIOCARTA, KEGG, PANTHER |

The Online Mendelian Inheritance in Man, OMIM, Disease database [123] is a freely available and daily updated collection of human genes and genetic phenotypes that contains over 12,000 genes and information on all identified Mendelian disorders. The Genetic Association DB-Disease is a collection of human genetic association studies of complex diseases and disorders, including data extracted from published papers on GWAS and candidate gene studies [124]. These options were selected in the disease category of the DAVID tool because of the vastness of the databases in their collection of genes and associated phenotypes for both monogenic and complex traits.

Gene ontology (GO) is a powerful method of interpreting and summarizing biological functions from a given list of genes [125]. However, redundant terms do occur in the enriched GO list that usually has little, if any, additional information to the analysis. The GO Fat database was developed as part of the Annotation Tool in DAVID to

combat the challenge of redundancies in the enriched GO lists. The Gene Ontology Biological Process, GO_TERM BP_FAT, [121, 122] is thus a subset of the classification of gene products in the hierarchy of the computationally amenable encyclopaedia of gene functions and their relationships, comprising more specific terms. The Biological Biochemical Image Database, BBID, [126] is a searchable database of images of possible biological pathways, gene families, macromolecular structures, and cellular relationships. BIOCARTA [127] is a biological pathways resource that provides representations of gene-to-gene interactions in an easy-toread diagram. It is a constantly evolving resource as it is constantly updated by new research from the scientific community. The Kyoto Encyclopaedia of Genes and Genomes, KEGG, [128] is a database resource that allows for the understanding of high-level functions and importance of the biological system, from molecular-level information. This is especially beneficial for large-scale molecular datasets generated by high-throughput experimental technologies like genome sequencing. The Protein ANalysis THrough Evolutionary Relationships (PANTHER) database [129, 130] is a system of proteins and their genes that have been classified evolutionarily by related proteins, biological processes and pathways. These selected options for the Gene_Ontology and Pathways categories in DAVID allow for possible functional relatedness of genes as well as various levels of gene-gene interactions to be explored.

These databases were interrogated by DAVID in the search for functionality and enrichment of the genes contained in the two genes lists with the Functional Annotation Chart report thresholds left as DAVID's defaults: count = 2 (minimum number of genes in the input list for the corresponding term) and EASE = 0.1 (maximum P-value/EASE score).

A Bonferroni-adjusted p-value ≤ 0.05 in DAVID's functional annotation chart was set as the threshold for significance of annotation results. The Bonferroni correction method adjusts the data for false positives or type I errors that can result from multiple testing [131]. This method, although quite conservative, was chosen in this case because of its easy and wide application to different kinds of data sets. The genes associated with the terms and pathways that met this criterion for both the Expression and GWAS Genes lists were combined to provide a core list of genes for downstream analysis that is simply referred to as the "Gene list".

2.3 Population (Allele) Frequency Analysis

To get some understanding of the genes via their corresponding markers in a population context, the 1000 Genomes project [119] data were interrogated via PLINK.

2.3.1 T2D Risk Allele Frequency Distribution

The GWAS SNPs list was directly analysed to assess the distribution of identified T2D risk allele frequencies across the six 1000 Genomes populations of interest. This was done by identifying the presence or absence of a risk allele from the GWAS SNPs list in each individual in these populations. The frequency of occurrence of each allele in these populations was calculated based on the number of risk alleles in each individuals belonging to the different populations. A frequency chart was then plotted to visualise and compare the risk alleles' distribution in the African, European and Asian populations. This was done using an in-house custom Perl script (EA 2) (personal communication, Dr. Ananyo Choudhury).

2.3.2 SNPs List Generation

An already converted PLINK-ready (binary files) recent version of the .vcf files of the 1000 Genomes data (Phase1, version 3, October 2012) was accessed on the local cream-ce server at Wits University. This version containing about 36.7 million autosomal SNPs and 1.38 million short structural variants (SSVs) [132] was the 1000 Genomes data source for this study.

The coordinates of the genes resulting from the enrichment analysis by DAVID were retrieved using the Ensembl Biomart [133]. Using these coordinates, a text file containing the ranges of each gene, that is, the start and end chromosomal position together with the corresponding chromosome number, a 'range' file was created. This file was used in PLINK to retrieve SNPs associated with the genes from the 1000 Genomes data. In retrieving the SNPs, the '--geno' and '--mind' commands were used to control for missingness in the data.

plink --bfile 1000-all --geno 0.025 --mind 0.025 --extract Ensembl_Genes_Ed.txt --range --recode --out V_Rec_Final_1000-all The '--geno' and '--mind' thresholds were both set to 0.025. This means that individuals with more than 2.5% of missing genotype data will be excluded and only SNPs with a greater than 97.5% genotyping rate will be included in the resulting output file. This subset of the 1000 Genomes data served as the primary 1000 Genomes data of relevance in this study and was subsequently analysed for population-specific variances. A random set of SNPs of almost similar size was also retrieved from the 1000 Genomes data using the '--thin' command in PLINK.

plink --bfile 1000-all --geno 0.025 --mind 0.025 --thin 0.0040 --make-bed --out RandomSample1k

The '--thin' command is a flag that allows for the retrieval of a specified percentage of SNPs from the input data based on random sampling. This random set of SNPs was retrieved to serve as control for the specifically selected gene-associated primary data used in this study and is simply referred to as the Random SNPs list.

2.3.3 Highly Relevant SNPs Selection

In order to identify population-specific variants, pairwise fixation indices (F_{ST}) and integrated Haplotype Scores (iHS) were calculated for the different populations.

• FST Calculations

 F_{ST} is the basic statistical measurement of differentiation between populations originally proposed by Sewall Wright [134]. It is generally a measure of the reduction in heterozygosity in populations. It is also seen as the proportion of genetic diversity resulting from allele frequency differences among populations [135]. F_{ST} provides important insights into the evolutionary processes that influence the structure of genetic variation within and among populations and is a commonly used descriptive statistic in population and evolutionary genetics [135]. F_{ST} estimates can be used in the identification of regions of the genome that have been selection targets. This statistic was calculated using an in-house Perl script that closely mirrors Wright's [134] implementation of the estimator. This script was validated against the snpStats R package's implementation of F_{ST} [136].

Attribute text files of pairwise combinations of interest were created using the 'grep' function at the command line to retrieve the specified pairwise combinations from an existing master attribute file on the local cream-ce server at Wits University. This

master attribute file accompanied the download of the original .vcf 1000 Genomes data. These files generally contain the individuals' identification and the populations to which they belong. Pairwise F_{ST} calculations were done for each of the African populations versus the populations from Europe and Asia. The resulting file was cleaned by removing the 'NAs' and negative values. F_{ST} values generally range from 0 to 1, where a zero implies that the populations being considered are freely interbreeding, that is complete panmixis [134]. A value of one indicates that the populations being considered do no share any genetic diversity and as a result any genetic variation observed can be attributed to the population structure. An F_{ST} cutoff for "very great" genetic differentiation was set at 0.25, mirroring Wright's suggested degree of divergence thresholds shown in table 2.3 [137]. This cut-off was applied to the primary dataset as well as to the randomly selected SNPs.

| F _{ST} values | Wright's Guidelines |
|------------------------|----------------------------|
| 0 – 0.05 | Little differentiation |
| 0.05 – 0.15 | Moderate differentiation |
| 0.15 – 0.25 | Great differentiation |
| > 0.25 | Very great differentiation |

Table 2.3 Wright's suggestions for interpreting genetic differentiation.

The SNPs were to be annotated to their corresponding genes to allow for the combined analysis of these SNPs from a gene perspective. This was done in R using the merge function. The merge function is part of the base package in R and allows for the joining of two data frames by a row or column common to both data sets. To accomplish this, the previously retrieved set file was reformatted to contain two columns – gene and SNP to allow for a relatively straightforward merging process. This file was loaded into R and merged with the F_{ST} pairwise result via the SNP column common to both files. The SNP count per gene was done for both the significant set and the total set of SNPs using the summary function in R.

For the SNPs meeting the 0.25 threshold, stochastic simulation of p-values as well as overrepresentation scores were computed. To calculate these values, the ratio of the number of significant SNPs per gene to the total number of SNPs in each gene was calculated. This gave the 'observed' value. The ratio of the number of significant SNPs in the random gene set to the total number of retrieved random SNPs present in the populations compared was also calculated, giving the 'expected' ratio. Only SNPs with rsIDs were used in these calculations. The p-value was calculated as a hypergeometric distribution of these 4 values - significant SNPs per gene, total number of SNPs in each gene, significant SNPs in random gene set and total number of retrieved random SNPs present in population comparison - in Microsoft's Excel 2010. The HYPGEOMDIST function in Excel was used to perform this analysis. It calculates the probability of a given number of successes from a sample of a population given the 4 aforementioned parameters. The successes in this case refer to the number of SNPs that meet the initial cut-off of an F_{ST} value of 0.25. The overrepresentation score was calculated as the ratio of the observed value to the expected value for each gene. A gene was thus considered significantly diverged, in this study, if it had an F_{ST} value ≥ 0.25 , a p-value ≤ 0.05 and an overrepresentation score of at least 2. This was done for each pairwise combination. This empirically defined cut-off was employed to allow for the selection of potentially robust F_{ST} values to control for possible errors that might be introduced as a consequence of the polymorphism of the dataset.

A combination of the pairwise SNP results by continents prior to the stochastic pvalue and overrepresentation score calculation was done to produce one merged file per continent. The significantly diverged SNPs based on an $F_{ST} \ge 0.25$ in the CEU_LWK, CEU_YRI, TSI_LWK and TSI_YRI pairwise analyses were combined into a non-redundant set to give the African versus European (AFR_EUR) comparison. Similarly, the combination of significant SNPs in the CHB_LWK, CHB_YRI, JPT_LWK and JPT_YRI pairwise analyses produced the African versus Asian (AFR_ASN) comparison. P-values and overrepresentation scores were then computed with these combined files. The intersecting SNPs from the AFR_EUR and AFR_ASN sets, also prior to overrepresentation scores and p-value calculations, make up the African versus non-African (AFR_nonAFR) SNPs list that was subsequently annotated to their corresponding genes using the merge function as explained above, to give the AFR_nonAFR gene list. Similar p-value and overrepresentation score calculations (as previously described) were done on this list to give the final F_{ST} AFR-nonAFR gene list.

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Integrated Haplotype Score (iHS) Calculations

The main purpose of these calculations was to identify possible signatures of selection in the African population. The iHS is a statistic that detects evidence of recent positive selection at a locus based on the differential levels of linkage disequilibrium surrounding a positively selected allele compared to the background allele at the same position [138]. It is an extended haplotype homozygosity (EHH)based analysis approach that is widely used for detecting recent and strong natural selection. The basic idea driving such an analysis is that a haplotype with high frequency and high homozygosity that extends over a considerably long stretch of genome often corresponds to regions under an incomplete selective sweep. One of the landmark examples of such a selection was detected in the lactase region (LCT), where selection on lactase-persistence into adulthood is a trait that has been subject to a selective sweep in European (and some African populations) which has not completely fixed [139]. This method relies on the linkage-disequilibrium structure of local regions of the genome for identifying tracts of homozygosity within a 'core' haplotype, using the EHH as a statistic. The EHH is summed over all sites away from a core SNP, and compared between the haplotypes that carry the ancestral and the derived alleles in the SNP. The iHS therefore gives a numerical indication of the amount of extended haplotype homozygosity along the ancestral allele at a given SNP with respect to the derived allele. This statistic is normalized to have a mean of 0 and variance of 1 and standardized empirically to the distribution of observed scores over a range of SNPs with similar derived allele frequencies to make them comparable to each other [138].

A 'set' file was created in PLINK from the list of gene-associated SNPs generated from the 1000 Genomes data. A set file in this instance sorts, organizes and lists the SNPs according to their associated genes. This action, referred to as sub-setting in PLINK, was accomplished using the '--write-set' flag together with the previously described text file of ranges containing chromosome number and base positions of genes.

plink --file V_Rec_Final_1000-all --make-set Ensembl_Genes_Ed.txt --write-set --out V_Rec_Final_Set_1000-all

The 'iHS_calc' script from the WHAMM package [140] was used to carry out the iHS calculations for each of the 6 populations. WHAMM is an open source analysis package that, amongst other functions, estimates patterns of homozygosity in whole

genome data sets like the 1000 Genomes [141] and HapMap [142–144]. For iHS calculations to be done using this script, the physical positions of the SNPs needed to be specified. This information can either be obtained from the LD architecture of a dataset (like the 1000 Genomes data) using tools like LDHat [145] or incorporated from existing physical maps which have been identified using thousands of individuals from different populations.

As the aim of this study was to identify the relative strength of signatures of selection in certain genomic regions compared to others rather than identifying novel signatures, physical position-based maps were chosen over LD-based maps. The Rutgers' combined linkage physical map for human genome (build GrCh37) was thus downloaded [146] and used to incorporate the required physical positions into the 1000 Genomes data. The Rutgers combined linkage physical map is a highresolution genetic map that comprises the largest set of polymorphic markers with publicly-available genotype data. This map is well-suited as a comprehensive resource for determining genetic map information as the position of most of the included markers are corroborated by both recombination-based data and genetic sequence [146]. It incorporates SNPs as well as sequence-based positional information. However, an already incorporated file from [141] was utilized. EHH was thus integrated with respect to genetic distance in cM. The background distribution for each population was estimated by randomly sampling of 10,000 50-SNP blocks and calculating the iHS for the SNPs occurring in these blocks. The iHS scores were subsequently standardized based on the allele frequency bins derived from the background. The ancestral allele assignment was done according to the ancestral state information provided by the 1000 Genomes Consortium, which was based on a 4-way EPO alignment of human, chimpanzee, orangutan and rhesus macaque [119]. An initial cut-off for significance of SNPs was set at an absolute iHS value of 2. iHS analysis was done on a random sample of 100,000 SNPs for each of the populations to calculate an expected ratio to serve as control for the study data iHS

As was done with the F_{ST} values, a stochastic simulation of p-values as well as overrepresentation scores based on observed versus expected ratios were computed for each gene. A gene was considered selected if it had a p \leq 0.05 and an

results.

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overrepresentation score of at least 2. Since selection is being investigated primarily in the African populations, emphasis is placed on the LWK and YRI populations.

2.3.4 Africa-identified vs. Non-Africa-identified SNPs and Genes List

The criteria for SNPs and their corresponding genes to be considered significant in this study, with the overarching aim of identifying African-specific variants associated with T2D risk and/or pathogenesis, was for the SNP to show differentiation (based on set study thresholds in the F_{ST} analysis) between African and non-African populations and selected by virtue of its presence in the iHS final gene list in the African populations.

A PhenoGram plot [147] was used to present a graphical summary of the resulting SNP numbers with different colours representing the SNPs meeting the different cutoffs and thresholds of significance at various stages of the analyses.

3 CHAPTER THREE – RESULTS

This study is divided into 3 sections – public data mining, functional analyses of the mined data and population frequency analyses to put the study in a population-specific context.

3.1 Public Data Mining

3.1.1 T2D-associated Studies

GWAS Data

The GWAS catalogue was initially accessed on 1 June, 2012 and updated on 2 September, 2013. At this point, there were a total of 51 T2D-associated studies (Table 3.1) matching the set search criteria. The matching studies were published from the year 2007 to 2013. 218 SNPs were reported to be very strongly associated, at $p < 10^{-5}$, with type II diabetes according to these 51 studies. This makes up the GWAS SNPs list. The genes linked to these SNPs, as reported by the original studies, are 175. These genes make up what will be referred to as the GWAS Genes list. The difference between the number of SNPs and genes can be accounted for by the presence of multiple SNPs from the same gene being identified as strongly T2Dassociated in different studies which would reduce the gene list, as well as SNPs occurring in intergenic regions. The participants in the selected studies' data sets comprised a wide range of ethnicities. These include individuals of European descent, Hispanic ancestry, African-Americans, Indian-Asians, Mexican-Americans, Japanese, Chinese, Malaysians, Filipinos and Koreans. The studies were mainly carried out on Affymetrix and Illumina platforms with sample sizes ranging from 187 to meta analyses including over 46,000 individuals.

| Date | Study |
|------|--|
| 2013 | Genome-wide association study in a Chinese population identifies a susceptibility |
| | locus for type 2 diabetes at 7q32 near PAX4 [148]. |
| 2013 | Genome-wide association study identifies a novel locus contributing to type 2 |
| | diabetes susceptibility in Sikhs of Punjabi origin from India [149]. |
| 2012 | A single-nucleotide polymorphism in ANK1 is associated with susceptibility to type 2 |

| Table 3.1 51 GWA Studies meeting the set search criter | ria |
|--|-----|
|--|-----|

diabetes in Japanese populations [150].

- A genome-wide approach accounting for body mass index identifies genetic variants influencing fasting glycemic traits and insulin resistance [61].
- 1000 Genomes-based imputation identifies novel and refined associations for the Wellcome Trust Case Control Consortium phase 1 Data [151].
- A genome-wide association study identifies GRK5 and RASGRP1 as type 2 diabetes loci in Chinese Hans [152].
- Stratifying type 2 diabetes cases by BMI identifies genetic risk variants in LAMA1 and enrichment for risk variants in lean compared to obese cases [153].
- Fasting glucose GWAS candidate region analysis across ethnic groups in the Multiethnic Study of Atherosclerosis (MESA). [154]
- Genome-wide association study identifies novel loci association with fasting insulin and insulin resistance in African Americans [155].
- A genome-wide association search for type 2 diabetes genes in African Americans [156].
- Genome-wide association study for type 2 diabetes in Indians identifies a new susceptibility locus at 2q21[157].
- Genome-wide association identifies nine common variants associated with fasting proinsulin levels and provides new insights into the pathophysiology of type 2 diabetes [158].
- Genome-wide detection of allele specific copy number variation associated with insulin resistance in African Americans from the HyperGEN study [159].
- Genome-wide association study in individuals of South Asian ancestry identifies six new type 2 diabetes susceptibility loci [160].
- **2011** Transferability of type 2 diabetes implicated loci in multi-ethnic cohorts from Southeast Asia [161].
- Genome-wide association study of type 2 diabetes in a sample from Mexico City and a meta-analysis of a Mexican-American sample from Starr County, Texas [162].
- A genome-wide association study confirms previously reported loci for type 2 diabetes in Han Chinese [163].
- Meta-analysis of genome-wide association studies identifies eight new loci for type 2 diabetes in east Asians [164].
- Genome-wide association and meta-analysis in populations from Starr County, Texas, and Mexico City identify type 2 diabetes susceptibility loci and enrichment for expression quantitative trait loci in top signals [165].
- 2011 Use of diverse electronic medical record systems to identify genetic risk for type 2

| | diabetes within a genome-wide association study [166]. |
|------|---|
| 2010 | Twelve type 2 diabetes susceptibility loci identified through large-scale association |
| | analysis [167]. |
| 2010 | A genome-wide association study in the Japanese population identifies susceptibility |
| | loci for type 2 diabetes at UBE2E2 and C2CD4A-C2CD4B [168]. |
| 2010 | Identification of new genetic risk variants for type 2 diabetes [169]. |
| 2010 | New genetic loci implicated in fasting glucose homeostasis and their impact on type 2 |
| | diabetes risk [170]. |
| 2010 | Genetic variants at 2q24 are associated with susceptibility to type 2 diabetes [171]. |
| 2010 | A genome-wide association study identifies susceptibility variants for type 2 diabetes |
| | in Han Chinese [172]. |
| 2009 | Confirmation of multiple risk Loci and genetic impacts by a genome-wide association |
| | study of type 2 diabetes in the Japanese population [173]. |
| 2009 | Genetic variant near IRS1 is associated with type 2 diabetes, insulin resistance and |
| | hyperinsulinemia [174]. |
| 2009 | Common genetic variation near melatonin receptor MTNR1B contributes to raised |
| | plasma glucose and increased risk of type 2 diabetes among Indian Asians and |
| | European Caucasians [175]. |
| 2009 | A genome-wide association scan for acute insulin response to glucose in Hispanic- |
| | Americans: the Insulin Resistance Atherosclerosis Family Study (IRAS FS) [176]. |
| 2009 | Candidate loci for insulin sensitivity and disposition index from a genome-wide |
| | association analysis of Hispanic participants in the Insulin Resistance Atherosclerosis |
| | (IRAS) Family Study [177]. |
| 2008 | SNPs in KCNQ1 are associated with susceptibility to type 2 diabetes in East Asian |
| | and European populations [98]. |
| 2008 | Adiposity-related heterogeneity in patterns of type 2 diabetes susceptibility observed |
| | in genome-wide association data [178]. |
| 2008 | A polymorphism within the G6PC2 gene is associated with fasting plasma glucose |
| | levels [179]. |
| 2008 | Variations in the G6PC2/ABCB11 genomic region are associated with fasting glucose |
| | levels [180]. |
| 2008 | Meta-analysis of genome-wide association data and large-scale replication identifies |
| | additional susceptibility loci for type 2 diabetes [181]. |
| 2008 | Variants in KCNQ1 are associated with susceptibility to type 2 diabetes mellitus [99]. |
| 2008 | Variants in MTNR1B influence fasting glucose levels [182]. |
| 2008 | A variant near MTNR1B is associated with increased fasting plasma glucose levels |

| | and type 2 diabetes risk [183]. |
|------|--|
| 2007 | A variant in <i>CDKAL1</i> influences insulin response and risk of type 2 diabetes [68]. |
| 2007 | Genome-wide association analysis identifies loci for type 2 diabetes and triglyceride |
| | levels [184]. |
| 2007 | Genome-wide association study of 14,000 cases of seven common diseases and |
| | 3,000 shared controls [185]. |
| 2007 | A genome-wide association study identifies novel risk loci for type 2 diabetes [186]. |
| 2007 | A genome-wide association study of type 2 diabetes in Finns detects multiple |
| | susceptibility variants [60]. |
| 2007 | Genome-wide association with diabetes-related traits in the Framingham Heart Study |
| | [187]. |
| 2007 | Replication of genome-wide association signals in UK samples reveals risk loci for |
| | type 2 diabetes.[188] |
| 2007 | Identification of type 2 diabetes genes in Mexican Americans through genome-wide |
| | association studies [189]. |
| 2007 | A search for variants associated with young-onset type 2 diabetes in American |
| | Indians in a 100K genotyping array [190]. |
| 2007 | Identification of novel candidate genes for type 2 diabetes from a genome-wide |
| | association scan in the Old Order Amish: evidence for replication from diabetes- |
| | related quantitative traits and from independent populations [191]. |
| 2007 | A 100K genome-wide association scan for diabetes and related traits in the |
| | Framingham Heart Study: replication and integration with other genome-wide |
| | datasets [192]. |

2007 Type 2 diabetes whole-genome association study in four populations: the DiaGen consortium [193].

To summarise, the genes from the "reported" genes column in the main GWAS catalog document were selected to provide what is referred to as the "GWAS Genes list" and the "GWAS SNPs list" resulted from the "SNPs" column of the same spread sheet. For clarity in the downstream analyses, these lists will be referred to accordingly. These genes and SNPs can be found in Appendix I.

Gene Expression Studies Data

• Data Retrieval and Analyses

The NCBI's GEO repository was accessed in May, 2012. The number of studies meeting the stringent search criteria, on Affymetrix platforms, at this point was 10. The studies were published from the years 2003 – 2011 and comprised 5 studies with samples from the skeletal muscle, 2 from the liver, 1 from blood tissue and 2 from the pancreatic tissue. The sample donors included Asian, European, European-American, Mexican American and African-American individuals. These studies were carried out on Affymetrix platforms Hu6800, Hu133A, Hu133B, Hu95A, Hu95Av2, Hu133_X3P and Hu133Plus2. The relatively large number of studies with skeletal muscles probably stems from the notion that insulin resistance in the skeletal muscle is the earliest detectable abnormality in individuals with a high risk for T2D [194] and the fact that it is an easier tissue to access than the liver or pancreas. The microarray expression studies are listed in Table 3.2.

| Study # | GSE # | Study Title | Year | Tissue |
|---------|-------|---|------|--------------------|
| 1 | 21340 | Coordinated reduction of genes of oxidative | 2003 | Skeletal Muscle |
| | | metabolism in humans with insulin resistance and | | |
| | | diabetes: Potential role of PGC1 and NRF1 [194]. | | |
| 2 | 9006 | Gene expression in peripheral blood mononuclear | 2007 | Blood |
| | | cells from children with diabetes [195]. | | |
| 3 | 22309 | The effect of insulin on expression of genes and | 2007 | Skeletal Muscle |
| | | biochemical pathways in human skeletal muscle | | (Vastus Lateralis) |
| | | [196]. | | |
| 4 | 12643 | Transcriptional profiling of myotubes from patients | 2008 | Skeletal Muscle |
| | | with T2D: no evidence for a primary defect in | | (Myotubes) |
| | | oxidative phosphorylation genes [197]. | | |
| 5 | 15653 | Thyroid hormone-related regulation of gene | 2009 | Liver |
| | | expression in human fatty liver [198]. | | |
| 6 | 20966 | Gene expression profiles of Beta-cell enriched | 2010 | Pancreatic |
| | | tissue obtained by laser capture micro dissection | | Tissue (b-cells) |
| | | from subjects with T2D [199]. | | |
| 7 | 18732 | Integration of microRNA changes in vivo identifies | 2010 | Skeletal Muscle |
| | | novel molecular features of muscle insulin | | (Vastus Lateralis) |

Table 3.2 Gene expression studies meeting the set search criteria.

| | | resistance in T2D [200]. | |
|----|-------|--|-----------------|
| 8 | 23343 | A liver-derived secretory protein, selenoprotein P, 2010 | Liver (Hepatic |
| | | causes insulin resistance [201]. | Tissue) |
| 9 | 25724 | Class II phosphoinositide 3-kinase regulates 2011 | Pancreatic |
| | | exocytosis of insulin granules in pancreatic beta | Tissue (Islets) |
| | | cells [202]. | |
| 10 | 25462 | Increased SRF transcriptional activity in human 2011 | Skeletal Muscle |
| | | and mouse skeletal muscle is a signature of insulin | |
| | | resistance [203]. | |

Study 1, carried out on the Affymetrix HG-U6800 platform, investigated gene expression in skeletal muscle from metabolically characterized non-diabetic individuals, regardless of family history of T2D, and type 2 diabetic Mexican-American individuals. The study showed that the reduced expression of a number of nuclear respiratory factor-1 (NRF-1)-dependent genes that encode some of the key enzymes in mitochondrial function and oxidative metabolism play noticeable roles in T2D and insulin resistance. Although the down-regulation of NRF-1 was only observed in the diabetic cases, the expression of PPAR gamma co-activator 1-alpha and-beta (PGC1-alpha/*PPARG*C1 and PGC1-beta/PERC), co-activators of NRF-1 and PPAR gamma-dependent transcription, was decreased in both diabetic individuals and non-diabetic controls with a family history of T2D [194]. These genes, however, did not meet the significance threshold set for differential expression consideration for this study.

There were 20 raw intensity (.cel) files available for the limma analysis for study 1. The contrast matrix created compared diabetic samples to control samples with no family history. This required the analysis of only 11 of the available 20 files – T2D (5) and control (6). A similar comparison in the original study resulted in 187 genes being identified as differentially expressed with no gene showing significant differential expression at an unspecified BH-adjusted p-value threshold. However, 47 genes met the BH-adjusted p \leq 0.05 initial significance threshold for this study. Some of the high ranking genes based on the adjusted p-values are ATP synthase, H+ transporting, mitochondrial F1 complex, beta polypeptide, *ATP5B*, oxoglutarate (alpha-ketoglutarate) dehydrogenase (lipoamide), *OGDH* and heat shock 70kDa protein 1A *HSPA1A*.

Study 2 was carried out on two platforms. For the purposes of this work, Study 2A will refer to the analysis done on the HG-U133A platform and Study 2B will refer to the analysis done on the HG-U133B platform. The original study aimed to show that the changes in gene expression in peripheral blood mononuclear cells as a result of counter-regulatory responses to immune dysregulation, insulin deficiency, hyperglycemia as well as the dysregulation of adaptive and innate immunity, accompany type I diabetes (T1D). However, samples were retrieved from individuals with T2D, and pathways and genes common to both T1D and T2D were also investigated hence the availability of T2D samples.

There were 234 raw intensity (.cel) files available for limma analysis for study 2, with 117 raw intensity files used per platform. The original study included samples from type 1 diabetic individuals at two time points after diagnosis and at diagnosis, type 2 diabetic individuals at diagnosis and non-diabetic individuals as controls. The contrast matrix created for this study compared the samples from type 2 diabetic individuals directly to those of the control group. No T1D samples were analysed. 35 of each set of 117 files were, therefore, used for analysis – T2D (11) and control (24). As the main purpose of the original study was not primarily related to this comparison, its result was not explicitly stated in the paper. However, 18 of the 22 most highly differentially expressed genes in T1D were noted to be similarly differentially expressed in T2D at a False Discovery Rate (FDR) of 0.01 [195]. At the set threshold for initial significance in this study, 1,083 and 377 genes were found to be differentially expressed in study 2A and 2B respectively. Some of these genes are insulin-degrading enzyme, IDE, insulin-like growth factor binding protein 3, IGFBP3, and potassium inwardly-rectifying channel, subfamily J, member 1, *KCNJ1*.

Study 3, carried out on the Affymetrix HG-U95A platform, aimed to study the effects of insulin on gene expression in the skeletal muscle and provide insight into the underlying defects causing insulin resistance and the molecular basis of insulin action in skeletal muscle [196].

One hundred and ten (110) raw intensity (.cel) files were used for the limma analysis of this study. The original study probed both treated and untreated insulin-resistant

and insulin-sensitive samples as well as treated and untreated diabetic samples. The contrast matrix created for this study compared the two extremes – untreated diabetic samples and untreated insulin-sensitive samples. As a result, 35 of the 110 files were used for analysis – T2D (15) and control (20). 4,410 genes from this comparison met the initial differential expression significance cut-off. Some of these genes are insulin-like growth factor 1 receptor, IGFR1, nuclear receptor subfamily 4, group A, member 1, NR4A1, and serum response factor, SRF.

Study 4 aimed to investigate the possible co-existence of reduced mitochondrial biogenesis with impaired insulin responsiveness in the early stages of the pathogenesis of T2D as it has been shown to co-exist with insulin resistance in both high-risk and type 2 diabetic individuals. This study, done on the Affymetrix HG-U95Av2 platform, was accomplished by comparing samples from the myotubes (skeletal muscle) of obese diabetic individuals with matched obese healthy patients . No gene was found to be significantly differentially expressed in the original study after correction for multiple testing was done using thresholds of either a false discovery rate (FDR) < 0.01 or a family-wise error rate (FWER) < 0.05.

Twenty (20) raw intensity (.cel) files were available for the limma analysis of study 4. The original study involved a direct comparison between samples from diabetic individuals and a control group. The contrast matrix created for this study compared likewise. The result of the limma analysis done for the samples in this study correspond to the original study analysis as no genes were found to be differentially expressed at a BH-adjusted $p \le 0.05$.

Study 5 aimed to identify novel transcriptional changes in the human liver that could possibly contribute to hepatic lipid accumulation, the associated insulin resistance and its complication, T2D, as well as non-alcoholic steatohepatitis [198]. In the original study, liver biopsies were taken from obese individuals, with and without T2D as well as from lean non-diabetic individuals. This study was done on the Affymetrix HG-U133A platform. For the purposes of this work, only the samples from the obese diabetic individuals were assigned to the case group while samples from the lean study participants were regarded as control in the contrast matrix. One of the analyses done in the original study involved a direct case-control comparison as

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such and 91 genes were found to be differentially expressed at Q < 0.001 using an unspecified Bioconductor package [198]. Q values generally measure the proportion of false positives when a test is considered significant [204]. The specific method of this correction implemented to give this Q value, was, however, unclear. The idea was to compare two extremes as specified in the contrast matrix. But this may not have been the best comparison for this study as obesity is confounding factor in T2D and obese controls might have been better suited.

Fourteen (14) of the available 18 raw intensity (.cel) files available for the limma analysis for this study – T2D (9) and control (5) - were analysed. Using the set threshold of BH-adjusted p < 0.05, 31 genes were found to be significantly differentially expressed. Some of these genes include small nuclear ribonucleoprotein polypeptide E, SNRPE, catenin (cadherin-associated protein), delta 1, CTNND1 and ATPase, Ca++ transporting, type 2C, member 1, ATP2C1.

Study 6, carried out on the Affymetrix HG-U133_X3P platform, aimed to gain some insight into the abnormal secretion of insulin that occurs in the pathogenesis of T2D by investigating changes in gene expression in pancreatic b-cells [199]. This was done by the laser capture dissection of frozen sections of pancreases of diabetic and non-diabetic human cadavers. This method of dissection was applied to overcome the possible limitations that may have resulted from the use of isolated islet preparations that may affect gene expression changes and the presence of non-beta cells, duct cells and acinar cells in the islets [205].

The 20 available raw intensity (.cel) files available for the limma analysis for this study were used – T2D (10) and control (10). At an unadjusted p < 0.01, the original study found 1,870 genes to be differentially expressed. This was not entirely replicated in this current work as only 750 genes were found to be differentially expressed at that p-value. At the set threshold of BH-adjusted p < 0.05, however, only 2 genes were significant - neurofilament, light polypeptide, *NEFL*, and MyoD family inhibitor domain containing, *MDFIC*.

Study 7 aimed to elucidate the mode of action and importance of microRNAs (miRNAs) in complex human diseases. In addition to the primary miRNA analyses,

microarray expression analysis was done on muscle biopsies from the vastus lateralis (skeletal muscle) of samples from individuals with impaired glucose tolerance (IGT), normal glucose tolerance (NGT) (control) and T2D [200]. This study utilized the Affymetrix HG-U133Plus2 platform.

Ninety-one (91) of the available 120 raw intensity (.cel) files were used for the limma analysis in this study – T2D (45) and control (46). The contrast matrix for this study directly compared the T2D samples to the control. A similar comparison in the original study with both the Significance Analysis of Microarrays, SAM [206] and limma yielded no differentially expressed genes. The significance cut-off used was not specified probably because of the focus on miRNA analysis. At a BH-adjusted p \leq 0.05 in this study, however, 3 genes were found to be differentially expressed. These genes are SET domain, bifurcated 2, *SETDB2*, HECT domain containing E3 ubiquitin protein ligase 1, *HECTD1*, and nucleoporin like 1, *NUPL1*.

Study 8, carried out on Affymetrix HG-U133Plus2 platform, aimed to identify hepatic secretory proteins involved in insulin resistance and specifically focused on the role of selenoprotein P, *SeP*, in the control of glucose metabolism and insulin sensitivity [201].

Seventeen (17) raw intensity (.cel) files were used for the limma analysis in this study - T2D (10) and control (7). The original study probed samples from individuals with T2D and normal glucose tolerance, regarded as the control group. The contrast matrix in this study was thus created accordingly. At the set BH-adjusted $p \le 0.05$, cut-off for initial significance, no gene was differentially expressed.

The primary aim of study 9 was to demonstrate the role of class II phosphoinositide 3-kinase (*PI3K-C2a*) in the secretion of insulin in pancreatic b-cells. The original study also probed the possible alterations in the levels of PI3K-C2 α in T2D, hence the availability of T2D samples [202]. The Affymetrix HG-U133A platform was utilized for this analysis.

Thirteen (13) raw intensity (.cel) files were the input for limma analysis - T2D (6) and control (7). The original study compared samples from type 2 diabetic individuals to samples from non-diabetic individuals. The contrast matrix for this study was created accordingly – T2D vs Control. This comparison yielded 4,355 genes being

differentially expressed at the initial cut-off for significance. Some of these genes are transcription factor 7-like 2 (T-cell specific, *HMG*-box), *TCF7L2*, *HNF1* homeobox B, *HNF1B*, and hydroxyacyl-CoA dehydrogenase/3-ketoacyl-CoA thiolase/enoyl-CoA hydratase (tri-functional protein), alpha subunit, *HADHA*.

Study 10, carried out on the Affymetrix HG-U133Plus2 platform, aimed to identify transcriptional phenotypes associated with T2D by analysing the expression of genes in the quadriceps (skeletal muscle) in samples from individuals with T2D, non-T2D individuals with a parental history of T2D and samples from non-T2D individuals without any T2D history - the control group [203]. The study specifically demonstrated the role of serum response factor, *SRF*, activity in insulin resistance.

Twenty-five (25) of the 50 available raw intensity (.cel) files were used for the limma analysis in this study - T2D (10) and control (15). The contrast matrix created for this study, like in the previous instances, directly compared the T2D samples to the control. 4 genes were differentially expressed at a BH-adjusted $p \le 0.05$. These genes are actin-binding Rho activating protein, *ABRA*, cysteine-rich, angiogenic inducer, 61, *CYR61*, nuclear receptor subfamily 4, group A, member 1, *NR4A1*, and kyphoscoliosis peptidase, *KY*. The number of differentially expressed genes was not stated in the original study paper, *ABRA* was noted as a top-ranking that has been previously identified as an activator of *SRF* transcriptional activity [203, 207].

Genes List

Using a BH-adjusted p < 0.05 as the cut-off for significantly differentially expressed genes, 2 of these studies were eliminated giving a total of 7,887 genes from 8 studies (EA 4). This cut-off, although stringent, produced widely varying gene numbers from each study. As a result, an additional criterion was applied to the current list of differentially expressed genes to further increase the confidence in the list of genes used for downstream analyses. This requirement for genes to be significantly differentially expressed in more than one study, based on platform or tissue type, resulted in 497 genes. This list of genes is referred to as the Expression Genes List (Appendix II).

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3.2 Functional Analysis

The GWAS genes list comprising 175 genes was uploaded to DAVID. 162 of these genes mapped to DAVID's IDs. This means that only 162 of the 175 genes corresponded to DAVID's internal annotation that facilitates a comprehensive navigation of gene-associated annotation across several databases. A Bonferroni-adjusted $p \le 0.05$ was set as the threshold for significance in this enrichment step. 16 terms/pathways met this cut-off in DAVID's functional annotation chart and resulted in a list of 46 genes – genes overlap across the different categories. These terms and pathways can be seen in Table 3.3. Running these genes through DAVID's functional annotation clusters resulted in several levels of enrichment. Figure 3.1 shows a chart of gene ontology (GOTERM_BP_FAT) terms of these 46 genes with the top 3 enrichment scores clusters.

| Category | Term | Gene | Bonferroni |
|--------------------------------|-------------------------------------|-------|--------------------------|
| | | Count | |
| OMIM_DISEASE | Meta-analysis of genome-wide | 21 | 2.45 x 10 ⁻³⁴ |
| | association data and large-scale | | |
| | replication identifies additional | | |
| | susceptibility loci for type 2 | | |
| | diabetes | | |
| GENETIC_ASSOCIATION_DB_DISEASE | diabetes, type 2 | 28 | 3.23 x 10 ⁻¹² |
| OMIM_DISEASE | Replication of genome-wide | 9 | 4.70 x 10 ⁻¹² |
| | association signals in UK samples | | |
| | reveals risk loci for type 2 | | |
| | diabetes | | |
| OMIM_DISEASE | Genome-wide association | 9 | 4.70 x 10 ⁻¹² |
| | analysis identifies loci for type 2 | | |
| | diabetes and triglyceride levels | | |
| OMIM_DISEASE | A genome-wide association study | 9 | 4.70 x 10 ⁻¹² |
| | of type 2 diabetes in Finns detects | | |
| | multiple susceptibility variants | | |
| KEGG_PATHWAY | hsa04950:Maturity onset diabetes | 9 | 1.59 x 10 ⁻⁰⁸ |
| | of the young | | |
| GENETIC_ASSOCIATION_DB_DISEASE | diabetes, type 2 triglycerides | 6 | 1.01 x 10 ⁻⁰⁵ |

Table 3.3 Significantly enriched terms and pathways from the GWAS genes list.

| GENETIC_ASSOCIATION_DB_DISEASE | diabetes, gestational | 8 | 2.41 x 10 ⁻⁰⁵ |
|--------------------------------|------------------------------------|----|--------------------------|
| GOTERM_BP_FAT | GO:0042593~glucose | 9 | 2.51 x 10 ⁻⁰⁵ |
| | homeostasis | | |
| GOTERM_BP_FAT | GO:0033500~carbohydrate | 9 | 2.51 x 10 ⁻⁰⁵ |
| | homeostasis | | |
| OMIM_DISEASE | Adiposity-related heterogeneity in | 5 | 4.98 x 10 ⁻⁰⁵ |
| | patterns of type 2 diabetes | | |
| | susceptibility observed in genome | | |
| | wide association data | | |
| GOTERM_BP_FAT | GO:0031016~pancreas | 7 | 0.0012569 |
| | development | | |
| KEGG_PATHWAY | hsa04930:Type II diabetes | 6 | 0.0167522 |
| | mellitus | | |
| GOTERM_BP_FAT | GO:0007346~regulation of mitotic | 10 | 0.020368 |
| | cell cycle | | |
| GOTERM_BP_FAT | GO:0009743~response to | 7 | 0.0315192 |
| | carbohydrate stimulus | | |
| GENETIC_ASSOCIATION_DB_DISEASE | insulin | 7 | 0.0327099 |

The 497 genes of the expression genes list were uploaded to DAVID. 485 of these genes mapped to DAVID's IDs. 9 terms/pathways met the set Bonferroni-adjusted p \leq 0.05 cut-off, resulting in 96 genes. These terms and pathways can be seen in Table 3.4. Again, the genes overlapped across the terms so that a summation of the gene count column would not result in 96 because of redundancies. Running these genes through DAVID's functional annotation clusters resulted in different levels of enrichment. Figure 3.2 shows a chart of the functional annotation clusters (gene ontology terms) of these 96 genes with the top 2 enrichment scores clusters.

| Category | Term | Gene | Bonferroni |
|---------------|-----------------------------------|-------|--------------------------|
| | | Count | |
| GOTERM_BP_FAT | GO:0006396~RNA processing | 52 | 2.17 x 10 ⁻⁰⁹ |
| GOTERM_BP_FAT | GO:0006397~mRNA processing | 38 | 7.76 x 10 ⁻⁰⁹ |
| GOTERM_BP_FAT | GO:0008380~RNA splicing | 35 | 2.14 x 10 ⁻⁰⁸ |
| GOTERM_BP_FAT | GO:0016071~mRNA metabolic process | 39 | 1.30 x 10 ⁻⁰⁷ |

| GOTERM_BP_FAT | GO:0000398~nuclear mRNA splicing, via | 22 | 2.02 x 10 ⁻⁰⁵ |
|---------------|---|----|--------------------------|
| | spliceosome | | |
| GOTERM_BP_FAT | GO:0000377~RNA splicing, via trans | 22 | 2.02 x 10 ⁻⁰⁵ |
| | esterification reactions with bulged adenosine as | | |
| | nucleophile | | |
| GOTERM_BP_FAT | GO:0000375~RNA splicing, via trans | 22 | 2.02 x 10 ⁻⁰⁵ |
| | esterification reactions | | |
| KEGG_PATHWAY | hsa03040:Spliceosome | 18 | 2.13 x 10 ⁻⁰⁴ |
| GOTERM_BP_FAT | GO:0010605~negative regulation of | 46 | 0.015568 |
| | macromolecule metabolic process | | |

About 4 percent of the combined total number of genes (663 non-redundant genes) was excluded from the annotation process and subsequent analyses as a result of the absence of DAVID IDs. However, the combination of the resulting genes from this enrichment analysis with DAVID produced a non-redundant list of 140 genes with an overlap of 2 genes between the GWAS and expression results. The list of 140 genes is henceforth referred to as the Gene List which is the core gene set for downstream analysis in this study. This list can be found in Appendix III.



Figure 3.1 Functional annotation terms based on genes from the top 3 GWAS genes enriched clusters in DAVID.



Figure 3.2 Functional annotation terms based on genes from the top 2 microarray expression genes enriched clusters in DAVID.

3.3 Population (Allele) Frequency Analysis

3.3.1 Risk Allele Frequency Analysis

Of the 218 SNPs identified in the GWAS studies, the risk alleles for 58 of them were not indicated. It is common practice to assign the risk allele as the minor allele in the population being studied. Even though this is very often an accurate assumption, it is not always the case. I therefore decided to err on the side of caution and only include the SNPs where the risk allele was clearly stated and excluded those with missing risk alleles in the GWAS catalog. The risk allele frequency analysis was thus carried out with 160 SNPs. 157 of these SNPs were identified by the 1000 Genomes data meaning that the maximum number of risk alleles possible per individual ranged from 0 to 314 (157 SNPs X 2 alleles) as an individual could have either 0, 1 or 2 risk alleles at each SNP locus. This produced the resulting frequency distribution plot in Figure 3.3. The allele distribution observed here corroborates previously reported findings on 12 T2D risk alleles in a similar intercontinental frequency plot that the risk alleles for T2D are clearly present in higher frequencies in sub-Saharan Africa than in Asia and Europe [208]. A T-test was done to substantiate the observed risk allele differences where the null hypothesis was rejected for the Asian/African and European/African comparisons but not for the Asian/European comparison. This is shown in table 3.5.



В



Figure 3.3 GWAS SNPs list risk allele frequency distribution. **A** shows the distribution of all 157 SNPs and **B** zooms in on the region (inset in **A**) of obvious intercontinental differences.

Table 3.5 Risk allele frequency distribution T-test results. Comparisons with p-values less than 0.0001 are in bold fonts.

| Pairwise | Avg. No. of | Risk | Pairwise | Avg. No. of | Т- | P-value | Null |
|----------|-------------|---------|----------|-------------|-------|--------------------------|------------|
| Comps 1 | Risk Allele | Alleles | Comps 2 | Risk Allele | Score | | Hypothesis |
| | Occurrence | Used | | Occurrence | | | |
| CEU#TSI | 140.22 | 157 | LWK#YRI | 153.28 | 13.56 | <10 ⁻¹² | Rejected |
| CHB#JPT | 140.13 | 157 | LWK#YRI | 153.28 | 13.27 | 1.62 x 10 ⁻¹¹ | Rejected |
| CEU#TSI | 140.22 | 157 | CHB#JPT | 140.13 | 0.08 | 0.93832 | Not |
| | | | | | | | rejected |

3.3.2 SNP List Generation

The Ensembl database (release 73) was interrogated via its biomart package implementation, 'biomaRt' [209] in R for the retrieval of the co-ordinates of the genes contained in the gene list. The attributes retrieved, of the 140 genes resulting from the GWAS analysis and expression array studies following analysis in DAVID, include the chromosome name, start and end positions of the genes on the chromosome as well as the strand information. The result was saved as a tab-delimited text file which was subsequently converted to a space-delimited text file that was a preferred input data format for PLINK. The retrieved file showed 3 of the 140 genes to be located on sex chromosomes -2 (*NONO* and *RBM3*) on the X

chromosome and 1 on the Y chromosome (*RBMY1A1*) which were excluded from further analyses.

The attributes needed to retrieve the SNPs associated with the genes list are the chromosome name and the gene's start and end position on the chromosome. The space delimited text file was thus adjusted accordingly to create a file with these positional ranges. This file was used to query the 1000 Genomes data on the local cream-ce server at Wits University. The missingness threshold of 0.025 that was set reduced the incorporation of incomplete genotype data in the resulting SNPs list.

The query produced a list of 154,144 autosomal SNPs that were used in downstream analysis. These SNPs served as the main 1000 Genomes data set for this study. Knowing the total number of SNPs contained in the entire 1000 Genomes data made it possible for an estimate to be made of the percentage of this total that would give a relatively comparable, albeit not the exact number, of random SNPs to serve as control for the selected gene list SNPs. A random set of SNPs was included in this study to serves as a control data set and eliminate any bias that might be introduced into the results by intra-data analysis. Hence, the results from the random sample combinations were utilized in the p-value calculations that were critical to the assessment of SNP/gene significance in this study.

The '--thin' command was set to randomly retrieve 0.40% of the total SNP count of the 1000 Genomes. This flag was used together with the same missingness parameters in the main data set. This resulted in a list of 151,713 random SNPs that is subsequently referred to as the Random SNPs list.

• SNP List Analysis

To facilitate the population analysis aspect of this study, a number of files needed to be created. A 'set' file containing the SNPs in each gene, ordered by base position, was created using the same file with chromosome position ranges previously used in the retrieval of SNPs corresponding to the 137 genes. This was accomplished with the '--make-set' and '--write-set' commands in PLINK. An 'attribute' text file, containing the identification for each individual together with the population group to which they belong, for each pairwise population combination, [MyTSI_YRI] for

example, was created from an existing master attribute file on the cream-ce server at Wits University. The attribute files were used to create population pairwise versions of the 1000 Genomes data that were used for downstream analysis. Table 2.1 shows the numbers of individuals present in each of the 1000 Genomes populations interrogated in this study.

• **F**_{ST}

The in-house Perl script utilized the population group data from the attribute files and the genotype information from the corresponding 1000 Genomes data to calculate pairwise $F_{ST}s$. Table 3.5 shows a summary of the F_{ST} results from the pairwise combinations – CEU_LWK, CEU_YRI, TSI_LWK, TSI_YRI, CHB_LWK, CHB_YRI, JPT_LWK and JPT_YRI – of the SNPs that meet the initial cut-off of 0.25 for significant genetic differentiation. A similar pattern of differentiation was also observed with the random SNPs list (Table 3.6 bottom table).

| Table 3.6 Pairwise F_{ST} analysis results. The top table shows the results from the |
|--|
| study data and the bottom table shows the random set results |

| Study | CEU_L | WK CEU_YR | I TSI_LWK | TSI_YR | CHB_LWK | CHB_YRI | JPT_LWK | JPT_YRI |
|-----------------------|---------|-----------|-----------|---------|---------|---------|---------|---------|
| Data | | | | | | | | |
| Total | 1541 | 44 154144 | 154144 | 154144 | 154144 | 154144 | 154144 | 154144 |
| SNPs | | | | | | | | |
| F _{ST} ≥0.2 | 25 | | | | | | | |
| SNPs | 1179 | 9 1541 | 1102 | 1367 | 2194 | 2524 | 2201 | 2581 |
| Genes | 77 | 83 | 73 | 76 | 83 | 83 | 90 | 91 |
| | | | | | | | | |
| Random | CEU_LWK | CEU_YRI | TSI_LWK | TSI_YRI | CHB_LWK | CHB_YRI | JPT_LWK | JPT_YRI |
| Set | | | | | | | | |
| Total | 151713 | 151713 | 151713 | 151713 | 151713 | 151713 | 151713 | 151713 |
| SNPs | | | | | | | | |
| F _{ST} ≥0.25 | | | | | | | | |
| SNPs | 1291 | 1577 | 1158 | 1444 | 1916 | 2172 | 1961 | 2228 |

Only SNPs with rsIDs were considered in SNP counts in subsequent analysis. The number of genes meeting the stochastic $p \le 0.05$ and an overrepresentation score of at least 2, for each pairwise comparison are in brackets: CEU_LWK (13), CEU_YRI (9), TSI_LWK (10), TSI_YRI (6), CHB_LWK (7) and JPT_LWK (5). A combination of the African/European and the African/Asian pairwise SNP results produced the AFR_EUR (39) and AFR_ASN (45) comparisons respectively. 824 SNPs representing 63 genes were common to both intercontinental SNPs lists at the initial $F_{ST} \ge 0.25$ cut-off, giving the AFR_nonAFR SNPs list for that threshold. The final F_{ST} results for the AFR_nonAFR comparison, however, indicate that 7 genes from 228 SNPs are significantly differentiated between Africans and non-Africans. 2 (Notch homolog 2, *NOTCH2*, Kinesin Family member 11, *KIF11*) of these genes originate from the GWAS analysis, 4 (Nuclear Receptor Subfamily 2, *NR2F2*, Ribosomal Protein L35A, *RPL35A*, Small Nuclear Ribonucleoprotein D1 Polypeptide 16kDa, *SNRPD1*, and RNA Guanylyltransferase And 5'-Phosphatase, *RNGTT*) from the gene expression analysis and 1 (RNA binding motif protein 38, *RBM38*) from both.

Figure 3.4 shows genes with SNPs that met the $F_{ST} \ge 0.25$ cut-off. A list of the AFR_nonAFR comparison genes and their corresponding SNPs can be found in Appendix IV.





Figure 3.4 Intercontinental F_{ST} comparisons. The blue bars indicate the ratio of SNPs that met the set cut-off to the total number of SNPs present per gene.



Figure 3.5 Combined intercontinental F_{ST} comparisons. The blue bars indicate the ratio of SNPs that met the set cut-off to the total number of SNPs present per gene.

Integrated Haplotype Score (iHS) Analysis

The main purpose of the iHS analysis in this study is to identify possible signatures of selection in the African population. The results from the custom iHS_calc script from the WHAMM package usually comprise positive and negative scores. Absolute values of iHS were used as the designation of positive or negative scores is usually determined by the lengths of haplotypes on the ancestral and derived allele backgrounds relative to each other. A positive score means that the haplotypes on the ancestral allele background are longer compared to the derived allele while a negative score implies that the reverse is the case. Under this model, selected derived alleles are expected to contain excessive LD relative to the background. However, positive iHS scores greater than 2 are also considered as candidates for selection. This is because the ancestral allele may be hitchhiking along with the selected allele, or is itself a target for selection. Therefore selection could be in either direction. It is important to note that other measures for detecting signatures of selection could have been utilized. However, the choice of iHS for this study stemmed from the need to identify strong selection signals. Furthermore it is a frequently used tool in population genetic studies and is therefore regarded as a reliable instrument.

Of the 100,000 SNPs used in the random iHS run, the number of SNPs with |iHS| > 2 for each of the populations is indicated in brackets – CHB (5,594), JPT (5,112), TSI (6,164), CEU (6,164), LWK (6,140) and YRI (5,928).

The initial iHS result from the YRI population comprised 59,774 SNPs representing 137 genes. 1,895 SNPs representing 106 genes met the |iHS| > 2 cut-off. Of these genes, 2 appeared to be selected based on the calculated p-value and overrepresentation score thresholds. These genes are GRSF1 and *SNRPD1*. for the LWK population contained 59,774 SNPs representing 137 genes. The initial iHS result from the YRI population comprised 55,899 SNPs representing 133 genes. 1,681 SNPs (107 genes) met the |iHS| > 2 cut-off with only 2 of these genes meeting the set p-value and overrepresentation score thresholds. The score thresholds. The genes are *SNRPD1* and ADAM30. A summary of the iHS results for the six study populations can be seen in Table 3.7.

| | LWK | YRI | CEU | TSI | СНВ | JPT |
|--------------------|---------|----------|--------|----------|----------|---------|
| All SNPs | 59,774 | 55,899 | 36,282 | 55,899 | 34,173 | 34,690 |
| (Genes) | (133) | (133) | (134) | (133) | (131) | (133) |
| SNPs with iHS > | 1,895 | 1,681 | 892 | 1,812 | 2005 | 878 |
| 2 (Genes) | (106) | (107) | (83) | (107) | (111) | (85) |
| Selected Genes | 2 | 2 | 1 | 1 | 8 (IRS1, | 3 (BOP1 |
| (p < 0.05 | (GRSF1, | (ADAM30, | (SFPQ) | (SNRPD1) | NCOR1, | FOXA2, |
| Overrepresentation | SNRPD1) | SNRPD1) | | | BOP1, | FADS1) |
| score > 2) | | | | | TCERG1, | |
| | | | | | FOXA2, | |
| | | | | | RPL11, | |
| | | | | | CRYM, | |
| | | | | | PDCD4) | |

Table 3.7 iHS analysis results for the six study populations.

This analysis shows one T2D gene, *SNRPD1*, which was significantly differentiated from the non-African populations based on F_{ST} results to be selected in African populations even though it was also selected in one of the European populations, TSI. The SNPs contained in the LWK *SNRPD1* (15), however, are not exactly the same as those found in the YRI and TSI populations (18 SNPs). Nine *SNRPD1* SNPs overlap across these three populations, two (rs2959527 and rs34202260) of
which was also had high F_{ST} values. Six SNPs in this gene appear to be unique to the LWK population, 1 of which appears to be highly differentiated in AFR_non-AFR comparisons and is in high LD with three other selected LWK *SNRPD1* SNPs.

Table 3.8 shows a list of the iHS-selected *SNRPD1* SNPs in the YRI and LWK populations. The nine *SNRPD1* SNPs that appear to show significant population differentiation between Africans and non-Africans are rs2847117, rs2847139, rs2850556, rs2850558, rs2850568, rs2959525, rs2959527, rs3017641 and rs34202260.

The PhenoGram plot [147] in figure 3.6 below shows the distribution of the 824 SNPs representing 64 genes that showed significant genetic differentiation between the African and non-African populations based on the initial $F_{ST} \ge 0.25$ threshold. The colour codes indicate the SNPs that met the cut-offs of subsequent calculations. For example, red shows the SNPs that not only have F_{ST} values greater than 0.25 but also have a stochastic p < 0.05 and an overrepresentation score above 2.

Table 3.8 *SNRPD1* SNPs. The top and bottom tables show the list of SNPs selected in the YRI and LWK populations respectively. *SNRPD1* is located on chromosome 18. POS = Base Position, DAF = Derived Allele Frequency and std_iHS = Standardized Integrated Haplotype Score.

| SNP | POS | DAF | std_iHS |
|-------------|----------|--------|---------|
| rs138550124 | 19194968 | 0.0114 | 2.256 |
| rs138737742 | 19195302 | 0.0114 | 2.171 |
| rs142407732 | 19205213 | 0.0227 | 2.037 |
| rs142827866 | 19199483 | 0.1023 | 2.082 |
| rs182398649 | 19205277 | 0.108 | 2.96 |
| rs186258230 | 19200019 | 0.017 | 2.229 |
| rs187422483 | 19195514 | 0.0284 | 2.272 |
| rs192860228 | 19202139 | 0.0511 | 2.494 |
| rs193270098 | 19205527 | 0.0114 | -3.618 |
| rs2850560 | 19198301 | 0.1875 | 2.723 |
| rs28675778 | 19201316 | 0.1193 | 2.759 |
| rs2959527 | 19204607 | 0.1023 | 2.971 |

| rs3017643 | 19205141 | 0.1818 | 2.003 |
|------------|----------|--------|-------|
| rs73960450 | 19203507 | 0.1193 | 2.345 |
| rs74546622 | 19197425 | 0.1136 | 2.122 |
| rs78726174 | 19198070 | 0.1136 | 2.071 |
| rs9947856 | 19195083 | 0.1193 | 2.143 |

| SNP | POS | DAF | std_iHS |
|-------------|----------|--------|---------|
| rs142827866 | 19199483 | 0.1392 | 2.492 |
| rs149186410 | 19197804 | 0.0258 | 3.762 |
| rs182398649 | 19205277 | 0.1701 | 2.775 |
| rs185881584 | 19204969 | 0.0103 | 2.081 |
| rs2847139 | 19198959 | 0.067 | 2.662 |
| rs2850560 | 19198301 | 0.2165 | 2.271 |
| rs28675778 | 19201316 | 0.0825 | 3.066 |
| rs2959526 | 19204474 | 0.1701 | 2.829 |
| rs2959527 | 19204607 | 0.1082 | 3.144 |
| rs3017643 | 19205141 | 0.1701 | 2.812 |
| rs34202260 | 19199672 | 0.1598 | 3.561 |
| rs73960450 | 19203507 | 0.0825 | 2.743 |
| rs9947856 | 19195083 | 0.0825 | 2.06 |
| rs9950960 | 19201795 | 0.0412 | 2.038 |
| rs9964889 | 19201845 | 0.0412 | 2.038 |



Figure 3.6 Genomic distribution of 824 SNPs representing 64 genes differentiated between African and non-Africans. All 824 SNPs met the $F_{ST} \ge 0.25$. Blue is the default colour of all the SNPs present. Light green circles indicate SNPs that also met the p ≤ 0.05 and overrepresentation score > 2 threshold (228 SNPs representing 7 genes). The red circle shows the SNP that was selected only in the LWK population and happens to be in high LD with the 3 SNPs indicated by pink circles. The dark blue circle shows the two SNPs that appeared to be selected in the TSI, YRI and LWK populations.

From the different analyses to identify T2D genes of high significance in the African populations, *SNRPD1* would be the highest ranking because of its proposed selection (iHS) and population differentiation (F_{ST}) in this study. However, the six other highly differentiated genes (*NOTCH2*, *NR2F2*, *RBM38*, *RPL35A*, *SART1*, *and RNGTT*) very likely also give some insight into the pathogenesis of T2D in Africa. An updated research workflow showing the resulting gene numbers at each step is shown below.



Figure 3.7 Research workflow with corresponding analyses of outcomes.

4 CHAPTER FOUR – DISCUSSION AND CONCLUSION

4.1 Discussion

The focus of this study is to gain insight into the pathogenesis of T2D from an African perspective by analysing existing non-African data in the context of African genetic diversity using the 1000 Genomes database.

4.1.1 Public Data Mining, Retrieval and Analyses

The retrieval of studies from the NHGRI's GWAS Catalog and NCBI's Gene Expression Omnibus were mainly to broaden the scope of the analysis to include previous efforts from both GWAS and non-GWAS sources. There are more T2Drelated GWAS in databases than there are of T2D-related microarray expression studies as the search results in this study indicated - 51 GWAS compared to 10 microarray studies. This perhaps highlights the recent research trend in the genetics of complex diseases [2]. The total number of genes retrieved from both methods, however, is not comparable to the study numbers. This can, perhaps, be attributed to the compilation method used by the curators of the GWAS catalog. As stated in the methods section, the SNP information extracted from studies that are added to the catalog are those of SNPs with the strongest trait association [103]. This means that only a few SNPs and their corresponding genes from the entire body of SNPs in a study are included in the GWAS catalog, with one gene usually being associated with more than one SNP. This very likely limited the number of genes included in this analysis and the GWAS catalog report was used without further interrogation of the individual studies. The studies from the expression studies database, GEO, required further analyses and had no pre-set limitations on significance cut-off values. One of the objectives of this study was to create a relatively straightforward analysis pipeline that could utilize readily available data in curated databases without manual labourintensive individual study data curation. It is also important to note that expression studies are gene-focused whereas GWAS are usually SNP-focused.

157 of the 218 T2D-related SNPs originated from the GWAS produced very interesting results in an assessment of risk allele frequencies across the African, Asian and European continents. It is possible that the retrieval and inclusion of the missing alleles absent from the GWAS catalog might have made the resulting

distribution more robust but the purpose of using only robust data would be defeated. Besides, the GWAS catalog is a manually curated database and there may have been reasons for such exclusions even when the original associated papers specified the risk alleles in question. However, purpose of the risk allele frequency calculation across the queried populations to assess the distribution of identified T2D risk allele frequencies across the six 1000 Genomes populations of interest was accomplished. A similar distribution was done in a 2012 PloS Genetics paper with only 12 risk alleles [208].

The analysis showed that the occurrence of previously identified T2D risk alleles, mostly identified in non-African populations, is highest in Africa, with little difference seen between Asia and Europe. This is consistent with the phenomenon that associates T2D risk alleles with human migration patterns - decrease in frequency as migration proceeds from Africa to Europe and Asia [208, 210]. This decrease in frequencies could perhaps be attributed to differences in agricultural development [211], historical events such as movement out of sub-Saharan Africa to areas with different climatic conditions [212] and even the thrifty genotype phenomenon [213]. The central premise of the thrifty gene hypothesis is that humans evolved from our hunter-gatherer predecessors that had to be efficient in food storage and utilization as they had to go through cycles of feast and famine. Natural selection appears to have favoured the ancient humans that had bodies that were better adapted to fuel storage or utilization as they were more likely to survive the famine portion of the cycle [214]. In other words, during famine, a predisposition to insulin resistance may have conferred protection or advantage to individuals by favouring glucose use in organs that operate through an insulin-independent mechanism like the brain, while reducing muscle utilization of glucose [208, 213]. Based on recent T2D prevalence statistics, this pattern of risk allele distribution is not exactly intuitive as one would expect non-African populations, who have a higher prevalence of T2D than African populations, to present higher frequencies of risk alleles since they have existed in a more resourced environment for a long period of time. However, environmental factors are very important in the aetiology of diabetes and the high prevalence of obesity in non-African populations in conjunction with gene-based predisposing factors may explain the higher prevalence in the developed world. The increasing availability of cheap, highly palatable, calorie-rich food combined with relatively

limited physical activity in recent times, appears to have created a situation where these previously advantageous thrifty genes now make us vulnerable to metabolic diseases like obesity and diabetes [213]. Thus, the incidence of T2D in Africa may increase dramatically as this obesogenic environment becomes more prominent within African populations harbouring high frequencies of diabetes-associated risk alleles.

This difference in risk allele occurrence and the current T2D incidence rates observed between the continents perhaps highlights the influence of the role of environmental differences which affect epigenetic risk factors in the occurrence of T2D as has been alluded to in previous studies [215].

The analyses of the expression studies data with limma produced largely varying results from no genes being significantly differentially expressed in some studies to over 4,000 genes identified in a study as being differentially expressed at a p-value corrected to account for multiple testing, a Benjamini-Hochberg $p \le 0.05$. The tissue types, sample collection methods, platforms and even study-specific hypotheses differences very likely played a role in this widely varying significantly expressed gene numbers per study despite using the same basic analysis pipeline. It is probably then, not ideal to utilize pipelines for such secondary microarray data analysis despite the inclination to do so in this age of automation, as the questions of the original study are usually geared towards relatively different aims and objectives. For this study it was therefore necessary to generate a core list of genes - 497 genes – that took both the different tissues and Affymetrix platforms into account. Interestingly, only 8 of these genes were also on the GWAS gene list – SRR, AP3B1, ARF5, CDC123, FOXN3, GRB10, IDE and RBM38, with only 2 (IDE and RBM38) of these genes remaining in the post-DAVID analysis gene list. This represents about 2% and 4% of the expression and GWAS gene lists respectively, in both the pre- and post-DAVID analysis. The small number of overlapping genes between the two methods suggests that more genes were incorporated in the analysis as there were not many redundant genes. This is probably because GWAS identifies SNPs based on the strength of its association to the phenotype of interest whereas gene expression studies on the levels of differential expression of genes between cases (diabetics) and controls (non-diabetics). It is therefore believed that the combination of data from both methods provided a more comprehensive gene set for this study

than a single method would have. This combined approach has been previously demonstrated in a study that incorporated prostate cancer data sets from microarray array analysis and GWAS [216] where there was an overlap of over 80% of the genes identified with the two methods. An overlap of this nature would ideally serve as a validation of sorts for genes identified from the two experimental methods but the number of available study data in T2D have not quite reached the extent of some of the more extensively studied diseases like cancer.

4.1.2 Functional Analysis

Functionally analysing the GWAS gene lists produced 2 significant KEGG pathways – type 2 diabetes and maturity onset diabetes of the young. A GO term that stood out from this list was that of GO: 0031016~ pancreas development. Seven (7) of the GWAS genes were associated with this term. The pancreas plays a major role in the pathogenesis of T2D. The dysregulation of β -cell function in a situation where there is an increased insulin demand created by insulin resistance in peripheral tissues can attenuate the compensation mechanism to maintain insulin production levels and have consequences in the development and pathogenesis of T2D [2, 3].

One (1) KEGG pathway – spliceosome – was significant from the analysis of the expression gene list. The spliceosome pathway is involved in the assembly of the spliceosomal complex that facilitates the trans esterification reactions that lead to alternatively spliced mRNA transcripts [217].

A closer look at the resulting 46 GWAS and 96 Expression genes contributing to the core gene list via functional annotation clusters of the gene ontology terms revealed that the highest gene counts were in the regulation of macromolecule and RNA biosynthetic and metabolic processes on both lists. This was not entirely unexpected as T2D is characterized as a metabolic disorder [1, 18] but it was interesting to see that despite the little overlap of genes between the study methods, there was an overlap of 24 GO terms with the highest ranking terms on both lists associated with metabolic processes. Some of the metabolism-associated GO terms are regulation of RNA metabolic process (GO:0051252) from the GWAS analysis and mRNA metabolic process (GO:0016071) from the microarray expression analysis. Defective RNA metabolism has been previously implicated in the aberrant expression of the insulin receptor gene which could have serious consequences for T2D via insulin

resistance [218]. These terms created confidence in the data going forward with subsequent analyses as the process and method of gene selection was also crucial to the study outcome.

It is, however, important to note that the potential of circular argument does exist in the combined use of GWAS/microarray data and functional analysis as databases are generally interconnected. As a result, there is a possibility of functions being assigned to genes from the GWAS or microarray databases from which the genes were identified. Caution thus needs to be taken in the interpretation of the data. Also, since gene function is inferred from a gene similarity matrix that involves pathways and gene-GO-term enrichment, amongst other measures as previously stated [121, 122], it is important to take into consideration the dynamic nature of these annotations as new information becomes available and that not all of these annotations are experimentally validated. Whilst experimentally validated annotations are ideal, functional annotations inferred from pathway memberships, sequence similarity scores, co-occurrence probability, etc., as utilized to some extent by DAVID, tend to provide a relatively good insight into gene functions. A schematic overview of some of the significant functional annotation terms associated with GWAS and microarray expression studies and a possible relationship/role in the pathogenesis of T2D is shown in figure 4.1 below.

It is not believed that he exclusion of the 25 genes not identified by DAVID from a combined total of 663 non-redundant genes from the analysis in this instance, had a substantial impact on the discovery of novel T2D candidates or the research outcome as a whole.

4.1.3 Population (Allele) Frequency Analysis

The 1000 Genomes project employed a sequence-based approach in its identification of many novel SNPs across different populations, and this is one of the major achievements of the project [119]. This is in contrast to genotyping-based methods used in the Human Genome Diversity Project (HGDP) and HapMap projects [142–144, 219, 220]. The 1000 Genomes project provides an unbiased estimate of human genetic variation in different populations across the globe [119].

In analysing the SNPs in a population context, an estimator of genetic differentiation was utilized. The fixation index, F_{ST} , is amongst the most commonly used estimators

of genetic differentiation between populations [221]. The Perl script that was used to implement this statistical method allows for the direct input of PLINK data formats, thereby minimizing any pre-analysis manipulation of the study data. The number of genes that showed inter-continental differentiation after the two-step cut-off criteria was considerably small. However, all but 1 (*SNRPD1*) have been associated to different extents with the pathogenesis of T2D. The *NOTCH2* gene encodes a member of the Notch family. The resulting protein is cleaved in the trans-Golgi network and serves as a receptor for membrane-bound ligands. Notch family members tend to influence a variety of developmental processes by controlling cell fate decisions - it has been shown to play a role in renal, hepatic and vascular development as well as in the implementation of differentiation, proliferation and apoptotic programs [222]. *NOTCH2* is very likely associated with beta cell function in the pancreas as it plays a critical role in the pancreatic development of the fetus [223, 224].

The *KIF11* gene encodes a motor family protein. Members of this protein family are known to have gene products that are involved in centrosome separation, chromosome positioning and establishing a bipolar spindle during mitosis [225]. *KIF11* resides in an established T2D-susceptibility locus on chromosome 10q23.33. This locus also houses the insulin-degrading enzyme, *IDE* and *HHEX* genes. The *HHEX-IDE-KIF11* locus was first associated with T2D risk in individuals of European ancestry but has also been replicated in Chinese and Japanese populations [64, 226, 227]. Studies have shown this locus to be associated with increased BMI in childhood [228], a risk factor for obesity and T2D, with mRNA and protein levels of the *KIF11* gene dropping drastically at the start of adipogenesis [229, 230].

The *NR2F2* gene encodes a member of the steroid hormone superfamily of nuclear receptors [231]. Also referred to as *COUP-TFII*, *NR2F2* has a broad tissue expression profile, including the pancreas. It has been shown to be both a target and regulator of the Wnt/beta-catenin signalling system [232, 233], a pathway that is involved in insulin sensitivity and adipocyte differentiation [234]. This pathway has been shown together with the hedgehog signalling pathway to repress adipogenesis in mammalian systems [235]. *NR2F2* is known to act downstream of hedgehog signalling and is critical to the full expression of the anti-adipogenic effect driven by the sonic hedgehog anti-adipogenic factor [236]. It can perhaps then be assumed

that a polymorphism in the *NR2F2* gene could possibly disrupt its dominant role in the repression of adipocyte differentiation [236], which could contribute to the development of T2D.

The *RNGTT* gene codes for a bi-functional mRNA–capping enzyme that gets recruited to the transcription complex by the phosphorylation of RNA polymerase II [231]. It is involved with the mRNA surveillance pathway which serves as a quality control mechanism that detects and degrades anomalous mRNAs [128].

The *RPL35A* gene encodes a ribosomal protein that is required for the proliferation and viability of hematopoietic cells. It is involved in the reactome pathway for the metabolism of proteins. This pathway involves the regulation of insulin-like growth factor (IGF) transport and the uptake of the insulin-like growth factor binding proteins (IGFBPs) some of which are expressed in the liver [237]. Insulin and IGF have overlapping functions and control several aspects of growth, survival and metabolism in a wide range of mammalian tissues [238]. A dysfunction in the reactome pathway could possibly produce disrupted insulin-like effects that might be consequential in the development of T2D as insulin and *IGF-1* both stimulate the Wnt/beta-catenin pathway [239].

The *RBM38* gene encodes an RNA-binding protein that appears to be expressed in a number of tissues including the liver, spleen, lung, brain and pancreas. It is involved in the regulation of RNA splicing, negative regulation of cell proliferation, mRNA processing and DNA damage response [231]. This protein binds specifically to the 3'-UTR of cyclin-dependent kinase inhibitor 1A, *CDKN1A* transcripts, thereby maintaining the stability of these transcripts [240]. *CDKN1A* has been shown to have altered DNA methylation profile and differential expression in human T2D islets that contribute to disrupted insulin and glucagon secretion highlighting the role of epigenetics in the pathogenesis of T2D [241]. A SNP near the *RBM38* gene has been previously identified to be associated with T2D in Punjabis with Pakistani ancestry [149].

Interestingly, the variants showing great genetic differentiation in this study in genes like *RBM38*, *KIF11* and *NOTCH2* generally differ from the specific variants that have been previously identified to show T2D association in the literature. For example, rs328506, rs7923837 and rs1111875, and rs10923931 from *RBM38*, *KIF11* and

NOTCH2 respectively were not among the list of highly differentiated SNPs in the African populations analysed even though they have been observed to show strong association to T2D in existing literature [149, 181, 242].. The variants identified in this study will perhaps give us some insight into the African genetic variation and its contribution to the nature of the disease. It is, however, important to note that for this study, it is assumed that the oldest human populations reside on the African continent and as a result have greater genetic variation than populations that have migrated out of Africa and have been through several bottle necks. In addition Khoisan admixture among many black African populations has further contributed to the genetic variation on the continent [243, 244].

Since the essence of this study was to identify not just variants that differ between Africa and other continents but variants that are also selected in Africa that could either confer a risk to or protect against T2D, it was important to see which of the differentiated genes had signatures of selection in the African populations. Signatures of selection were also sought for these genes in the European and Asian populations to ensure that patterns of selection seen in the African populations were indeed unique to, or different in, Africa and not duplicated in the non-African populations.

The *SNRPD1* gene encodes a small nuclear ribonucleoprotein (*SNRNP*) that can act as a charged protein scaffold to strengthen *SNRNP-SNRNP* interactions through nonspecific electrostatic contacts with RNA or just assist in the assembly of SNRNP [231, 245]. Its involvement has been proposed in the spliceosome pathway and the RNA splicing process [246]. It is rather interesting to find an identical set of SNPs from the *SNRPD1* gene showing signatures of selection in both the TSI and YRI populations whereas only a portion of these SNPs were selected in the LWK population. This is perhaps the result of gene flow as a consequence of one of the oldest population admixtures in sub-Saharan Africa in the central West African populations about 4,000 - 12,000 years ago. This migration into Africa from Eurasia occurred during a period when the Sahara desert was thought to have become green due to humid conditions [247]. This mixture probably resulted in independent adaptations in both populations as the direction of selection of the SNPs, based on positive and negative iHS scores, are the same. It is also important to note that in the investigation of differences between African and non-African genome, the extent of

admixture between Africans and Neanderthals and Denovisans is less than that observed in non-African genomes. It has been proposed that some selection has occurred for the Neanderthal contributions, for example in genomic regions that contain genes involved in lipid catabolism [248].

In terms of genetic distribution amongst populations in this analysis, only 1 of the 8 differentiated SNRPD1 SNPs, rs2959527, was common to the 3 populations. This SNP was not in LD with any other SNP on the list of significantly differentiated SNPs or selected SNPs in the African populations. Of greater interest, however, is the SNP, rs2847139 that was selected only in an African population, LWK, and significantly differentiated from the non-African populations. The high LD observed between this SNP and 3 (rs2850568, rs2959525, rs3017641) other highly differentiated SNPs suggests a possible haplotype block in the SNRPD1 gene being considerably implicated in the pathogenesis of T2D. Although the SNRPD1 gene has not been previously associated with T2D in existing literature, the presence of *SNRPD1* SNPs in the iHS results of both African populations as well as F_{ST} analysis results in this study perhaps present it as a novel candidate for further investigation with respect to T2D. With the knowledge that SNRPD1 features prominently in the spliceosome pathway [246], which happens to rank highly in the functional annotation results of the expression gene set, it is possible that alternative splicing of transcripts are abnormally regulated as a result of a polymorphism in the gene leading to an increased risk of T2D development via an as yet unknown mechanism. It has been previously shown that the recognition of splicing sites is dependent on the protein composition of the spliceosome [249]. The spliceosome architecture could thus be altered by the dysregulated expression of a coding gene and consequently its splicing process which may have implications on different biochemical levels. A proinsulin gene splice variant has been previously demonstrated to increase the translation efficiency in human pancreatic islets [250]. Also, a number of obesity-related genes which may cause a predisposition to T2D such as Lipin 1(LPIN1), low density lipoprotein receptor (LDLR) and insulin receptor (INSR) are regulated by alternative splicing mechanisms [251-254]. Splicing factor, arginine/serine-rich 10 (transformer 2 homolog, Drosophila), SFRS10, known as transformer-2 protein homolog beta, TRA2B, in humans, is an RNA-splicing protein that has been shown to be down regulated in the muscle and liver of obese

individuals, This protein was demonstrated to help in the regulation of *LPIN1*, a key regulator of lipid metabolism [255]. It has also been proposed that a defective alternative splicing mechanism, can lead to a truncated less functional isoform in the *TCF7L2* gene, the most strongly associated T2D gene to date [256]. This isoform is associated with elevated levels of serum free fatty acids and plasma glucose as well as with adipose tissue insulin resistance with consequences for T2D [251]. The overexpression of different lengths of *TCF7L2* mRNA variants have also been demonstrated to have either protective effects on beta-cell function and survival or induced impaired insulin secretion and apoptosis in human islets [257, 258].

It is possible that the role of SNRPD1 in the spliceosome conferred it with a crucial regulatory role that has made it a candidate for selection. However, as its targets are yet to be characterized, it is difficult to make such speculations. Further studies to elucidate the regulatory pathways and SNRPD1-associated genes will very likely provide more insight and possibly uncover its functional significance. The emphasis of this section has been on some of the SNPs in the SNRPD1 gene and a possible mechanism of action via the spliceosome complex in suggesting its role in the pathogenesis of T2D in Africa. It is, however, necessary to guard against over interpretation of the results as it is difficult to speculate on whether the selection observed in this gene is as a result of a consequence of the disease or of predisposing factors that increase the risk of the development of T2D. Also, the inclusion of the intergenic SNPs in the downstream analyses would have arguably enriched the selection process, however, this was primarily a gene-centric approach. The aim of the study was to identify potentially novel population-specific geneassociated variants in the queried African populations. The definition of novelty of SNPs for the scope of this research is the presence of SNPs in the gueried African populations in the 1000 Genomes data set (Phase1, version 3, October 2012 upload) that have not been previously identified in other populations. The majority of the SNPs in this upload had been assigned rsIDs such that the effect of the exclusion of SNPs without rsIDs would be minimal as only a small number of SNPs were excluded. However, it is also possible that the excluded SNPs may actually be potentially interesting candidate SNPs for T2D in Africans

The computational approach employed in this study primarily reanalysed microarray raw data and incorporated the results of GWAS in the prioritization of T2D-relevant

genes and subsequently SNPs. Like in many other meta-analyses-focused studies, pathway memberships and gene ontologies were considered in the gene prioritization steps. However, the integration of the 1000 Genomes dataset in an attempt to retrieve possibly novel T2D-relavant SNPs in African populations had not been previously done. This study therefore presents the possibility of identifying potentially relevant disease-associated SNPs from existing data by utilizing curated databases to computationally make inferences from populations that were not involved in the original studies.



Figure 4.1 A schema of a possible relationship between the functional annotation terms from GWAS and microarray studies and the pathogenesis of T2D. Blue and red colours represent terms associated with GWAS and microarray studies respectively.

4.2 Conclusion

The multi-factorial nature of type 2 diabetes complicates the elucidation of the aetiology of the disease. Beta-cell dysfunction and insulin resistance remain the two relative constant features in the development of T2D; however, there are multiple avenues and processes that could lead to these conditions. Different global environments can influence the epigenome, which regulates gene expression patterns, and contribute to varying extents to the development of the disease. For example, in T2D, diet and physical inactivity play a major role. It thus makes logical sense that the component of the disease where some measure of insight can be gained is in its genetics. Studies have shown that humans are about 99.9% genetically similar [259]. The ~0.1% variation, however, has proven to be quite consequential with respect to disease aetiology and appropriate treatment courses.

This study attempted to take advantage of the similar clinical presentation of T2D across populations to hone in on the possible differences in the African nature of the disease as research has been extensive in non-African populations and T2D molecular research on the continent has been relatively minimal. The genetic differentiation observed, based on the F_{ST} analysis, of different sets of variants from those identified in other populations in genes that have been previously associated with T2D perhaps suggests that there is some specificity in T2D-susceptibility on the African continent. The selection and genetic differentiation of the *SNRPD1* gene variants, which do not appear to have been previously associated with T2D in the literature, perhaps presents it as an interesting candidate in the pathogenesis of T2D, worth studying more intricately.

It is important to note that the analysis approach and general workflow applied in this project that prioritized streamlining highly differentiated loci to those selected in the queried African populations may have eliminated the chance of identifying other potential variants of interest in the pathogenesis of T2D, that are common across multiple continental populations. However, the main aim of this work was to identify those T2D-associated variants that show some level of specificity to the interrogated African populations to give us some possible insights into the pathogenesis of the disease on the continent.

Considering the prevalence projections for type 2 diabetes on the African continent and the current state of research efforts in the field, it would appear as though the future is rather bleak. It is anticipated, however, that proposed large scale research efforts on the continent like the Human Hereditary and Health in Africa consortium, H3Africa, will provide some insight not only to the African nature of the disease but also to identifying more of the missing heritability component in the pathogenesis of the disease. Elucidating some of the "African nature" of T2D would in the short term provide more appropriate continental information for chip design and in the long term, more targeted therapies to combat and possibly prevent the progression of the disease.

4.2.1 Study Limitations

• GWAS

It is highly unlikely that the representation of the genome from most of the current GWA studies accurately capture the diversity present in African populations. It is, therefore, possible that potentially T2D-relevant variants may have been missed.

• Gene expression studies

It is known that the non-homogenous nature of the tissue samples (except in study 6 where a laser capture was done) will affect the expression profiles of the genes. Also, the use of a similar analyses protocol on experiments with different hypotheses and questions, with the overarching aim of a 'one-touch' analysis pipeline, may have been too stringent in some of the studies. The sample sizes may have had an effect on the limma analysis results as some of the studies had rather small sample sizes. It will be worthwhile for the criteria for expression data deposition to be reviewed as some of the available data are rather inconsistent and the sample sizes rather small.

It is also possible that differences in gene expression observed may not be related to polymorphisms within that gene but to polymorphisms in other genes that control the transcription of the index gene.

Study hypothesis

It is possible that the use of non-African samples to retrieve African-specific information on T2D may have limited the outcome of this study as some genes might have been missed. The aim of the study was not to necessarily identify novel genes, but rather novel African-specific variants in existing genes. However, it is believed

that the clinical similarity in the presentation of the disease [260] gives some measure of validity to the study rationale.

4.2.2 Future Directions

The logical next step will be to test the results of this selection and analysis approach in a high risk group in Africa by genotyping the SNPs of interest from not only the *SNRPD1* gene but also those from the 6 other highly differentiated genes. It would also be interesting to investigate the downstream targets of these genes in the tissues most affected by T2D.

With the changing landscape of genomic science, it will be interesting to see what whole genome sequencing of type 2 diabetic individuals in Africa would highlight. Also, most of the GWAS performed to date have a bias in their experimental design as they generally detect susceptibility effects attributable to common SNPs. Thus, a more in-depth analysis of rare variants as well as copy number variants might provide some clues to the pathogenesis of T2D.

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APPENDICES

The electronic appendices can be found at http://www.bioinf.wits.ac.za/data/oduaran/

APPENDIX I – GWAS Genes and SNPs Lists

GWAS Genes List

| MARCH1 | CRY2 | HUNK | PCBP3 | SLC30A8 |
|---|---|---|---|--|
| ABCB11 | CSMD1 | IDE | PCK1 | SLC44A3 |
| ACHE | CTCFL | IG2BP2 | PCNXL2 | SND1 |
| ADAM30 | DCD | IGF1 | PCSK1 | SNX7 |
| ADAMTS9 | DGKB | IGF2BP2 | PDGFC | SPRY2 |
| ADCY5 | DPYSL5 | IRS1 | PDX1 | SRR |
| ADRA2A | DUSP9 | ITGB6 | PEPD | ST6GAL1 |
| AKAP2 | F3 | JAZF1 | PEX5L | SULF1 |
| AKAP6 | FADS1 | KCNJ11 | PLS1 | SYK |
| ANK1 | FAM58A | KCNK16 | PPARG | SYN2 |
| AP3B1 | FBXL10 | KCNQ1 | PPP1R3B | TCERG1L |
| AP3S2 | FITM2 | KCNU1 | PPP2R2C | TCERGIL |
| ARAP1 | FLJ16165 | KIF11 | PRC1 | TCF2 |
| ARF5 | FOXA2 | KLF14 | PRDM5 | TCF7L2 |
| ATP10A | FOXN3 | LAMA1 | PROX1 | TGFBR3 |
| BARX2 | FTO | LARP6 | PSMD6 | THADA |
| BCL11A | G6PC2 | LGR5 | PTCHD3 | TMEM163 |
| C14orf70 | GALNTL4 | LMO1 | PTPRD | TMEM195 |
| C2CD4A | GAS1 | LOC64673 | PTTG1 | TMEM45B |
| C2CD4B | GCC1 | LOC72901 | R3HDML | TP53INP1 |
| C6orf57 | GCK | LOC729013 | RASGRP1 | TRIAP1 |
| CACNA1D | GCKR | LPIN2 | RBM38 | TSPAN8 |
| CAMK1D | GLIS3 | LYPLAL1 | RBM43 | TUBA3C |
| CDC123 | GRB10 | MADD | RBMS1 | UHRF1BP1 |
| CDKAL | GRB14 | MAEA | RHOU | VEGFA |
| CDKAL1 | GRHL3 | MAP3K1 | RND3 | VPS13C |
| CDKN2A | GRK5 | MGC21675 | RREB1 | VPS26A |
| CDKN2B | HHEX | MRPL33 | SACS | WFS1 |
| CENTD2 | HLA- | MTNR1B | SC4MOL | WISP1 |
| | | | | |
| | DQA2 | | | |
| CETN3 | DQA2 HMG1L1 | NOTCH2 | SEZ6L | WWOX |
| CETN3 CHCHD9 | DQA2 HMG1L1 HMG20A | NOTCH2 NXN | SEZ6L SFMBT2 | WWOX ZBED3 |
| CETN3 CHCHD9 CHL1 | DQA2 HMG1L1 HMG20A HMGA2 | NOTCH2 NXN OR4S1 | SEZ6L SFMBT2 SGCG | WWOX ZBED3 ZFAND3 |
| CETN3 CHCHD9 CHL1 CMIP | DQA2 HMG1L1 HMG20A HMGA2 HNF1A | NOTCH2 NXN OR4S1 PALM2 | SEZ6L SFMBT2 SGCG SGSM2 | WWOX ZBED3 ZFAND3 ZFAND6 |
| CETN3 CHCHD9 CHL1 CMIP COBLL1 | DQA2 HMG1L1 HMG20A HMGA2 HNF1A HNF1B | NOTCH2 NXN OR4S1 PALM2 PAX4 | SEZ6L SFMBT2 SGCG SGSM2 SLC10A6 | WWOX ZBED3 ZFAND3 ZFAND6 ZMAT4 |

GWAS SNPs List

| rs10050311 | rs2383208 | rs7903146 | rs5219 | rs163182 | rs10741243 | rs4689388 |
|------------|-----------|------------|------------|------------|------------|------------|
| rs10229583 | rs2501677 | rs7944584 | rs1111875 | rs11642841 | rs472265 | rs2943641 |
| rs10248619 | rs2714337 | rs7981942 | rs13266634 | rs849134 | rs3773506 | rs6235 |
| rs10461617 | rs2785980 | rs8004664 | rs9300039 | rs231362 | rs11677370 | rs4502156 |
| rs10811661 | rs2943634 | rs8050136 | rs7756992 | rs243021 | rs7630877 | rs4790333 |
| rs10814916 | rs308971 | rs8090011 | rs12304921 | rs13292136 | rs17045328 | rs9727115 |
| rs10829848 | rs328506 | rs8182584 | rs7659604 | rs7578326 | rs1048886 | rs10838687 |
| rs10830963 | rs340874 | rs9552416 | rs358806 | rs4760790 | rs7593730 | rs10501320 |
| rs10849893 | rs35747 | rs9552911 | rs9465871 | rs11634397 | rs4712523 | rs1549318 |
| rs10885122 | rs3736594 | rs9841287 | rs1495377 | rs1552224 | rs515071 | |
| rs10886471 | rs3802177 | rs9939609 | rs4607103 | rs896854 | rs1327796 | |
| rs11041816 | rs3916765 | rs4506565 | rs9472138 | rs972283 | rs10993738 | |
| rs11165354 | rs4402960 | rs35767 | rs7020996 | rs10965250 | rs7656416 | |
| rs11257655 | rs4430796 | rs11071657 | rs5215 | rs10440833 | rs4712524 | |
| rs11558471 | rs4527850 | rs563694 | rs6931514 | rs13081389 | rs6769511 | |
| rs11603334 | rs4607517 | rs180730 | rs17036101 | rs1531343 | rs2237897 | |
| rs11605924 | rs4646949 | rs10510634 | rs1153188 | rs7957197 | rs17584499 | |
| rs11708067 | rs4691380 | rs7731657 | rs10923931 | rs1801214 | rs391300 | |
| rs11920090 | rs4841132 | rs2722425 | rs7578597 | rs4457053 | rs2237895 | |
| rs12010175 | rs5015480 | rs2166706 | rs7961581 | rs8042680 | rs7018475 | |
| rs13179048 | rs560887 | rs1387153 | rs12779790 | rs649891 | rs2722769 | |
| rs13273088 | rs5945326 | rs7043482 | rs864745 | rs1333051 | rs7107217 | |
| rs1334893 | rs6048205 | rs17589516 | rs7901695 | rs7305618 | rs7560163 | |
| rs1371614 | rs623323 | rs9792548 | rs564398 | rs730570 | rs7542900 | |
| rs1470579 | rs6426514 | rs1401492 | rs10946398 | rs1374910 | rs6467136 | |
| rs1483121 | rs6670533 | rs16962638 | rs1436955 | rs7119 | rs6815464 | |
| rs17046216 | rs6723108 | rs6576507 | rs1359790 | rs2833610 | rs1535500 | |
| rs17053082 | rs7034200 | rs2407314 | rs10906115 | rs2063640 | rs17797882 | |

| rs174550 | rs7173964 | rs12655917 | rs3923113 | rs6583826 | rs9470794 |
|-----------|-----------|------------|------------|------------|------------|
| rs1801282 | rs7178572 | rs4819143 | rs16861329 | rs9295474 | rs3786897 |
| rs1895320 | rs7403531 | rs17431357 | rs4812829 | rs12027542 | rs831571 |
| rs2191349 | rs7607980 | rs591044 | rs2028299 | rs10460009 | rs6017317 |
| rs2237892 | rs7754840 | rs2407103 | rs1802295 | rs3792615 | rs7041847 |
| rs2293941 | rs7766070 | rs6712932 | rs7172432 | rs642858 | rs16955379 |
| rs2300835 | rs780094 | rs5219 | rs1436953 | rs7636 | rs12518099 |

APPENDIX II – Expression Genes List

| SEPT6 | ARPC2 | CASP1 | CLTC | EMR1 | GATAD1 | HOXD1 |
|--------------|--------------|-------------|-------------|--------------|--------------|---------------|
| SEPT9 | ASH2L | CASP10 | CMAHP | ENG | GATAD2 | HSP90B1 |
| | | | | | А | |
| ABCC10 | ATP5B | CASQ1 | CNN2 | ENSA | GCFC1 | HSPC072 |
| ABCF2 | ATP5E | CAT | CNOT8 | ENTPD3 | GCNT1 | HUWE1 |
| ACOT1 | ATP5G2 | CBX4 | COG2 | EPOR | GFER | ID2 |
| ACSL1 | ATP6AP2 | CC2D1A | COX5A | ERAP1 | GIF | IDE |
| ACSL6 | ATP6V1E 1 | CCDC15 | CRIP1 | ERCC4 | GIT2 | IDH3G |
| ADAM28 | ATP8B1 | CCDC85 B | CRYM | ERGIC2 | GK | IDS |
| ADIPOR2 | ATXN2L | CCPG1 | CSNK2A 1 | ERH | GLS | IDUA |
| ADNP2 | AURKAIP 1 | CCR1 | CSTF1 | ERLIN1 | GMFB | IGHA1 |
| ADRB3 | B4GALT5 | CCR2 | CTDSP2 | EXOC7 | GNAQ | IKZF1 |
| AHCY | BBIP1 | CCR4 | CUL4A | EYA2 | GNAS | IQCB1 |
| AHSP | BLCAP | CD200 | CYC1 | F5 | GOLGA1 | IRF4 |
| AKR7A2 | BLM | CD7 | CYP2B6 | FABP5 | GPHN | ITFG1 |
| AKT2 | BOP1 | CDC123 | DARS | FABP7 | GPS2 | ITPR1 |
| AKT3 | BRD2 | CDC16 | DARS2 | FAM115 A | GRB10 | ITPR2 |
| ALPPL2 | BTF3 | CDC40 | DBT | FAM47E | GRSF1 | ITSN2 |
| ANAPC13 | BTN1A1 | CDC5L | DCAF15 | FAR2 | GSN | IVD |
| ANKFY1 | BTN2A1 | CDK14 | DHX15 | FBXO11 | GTF3C2 | JTB |
| ANKHD1 | C11orf30 | CDS2 | DICER1 | FBXO28 | GZMM | JUN |
| ANP32A | C12orf47 | CEACAM 1 | DLG1 | FBXO9 | HCFC1R 1 | KCNAB1 |
| AP3B1 | C14orf45 | CEP350 | DLX4 | FCF1 | HEATR1 | KCNJ1 |
| APC | C15orf44 | CFDP1 | EDEM3 | FCGR2B | HEXA | KDM4A |
| APOE | C16orf42 | CHN2 | EDF1 | FCGR2C | HIRA | KDM4C |
| APOL2 | C19orf60 | CHPT1 | EEF1D | FHL1 | HLA- DPA1 | KHSRP |
| ARF5 | C1orf9 | CHTOP | EEF1E1 | FKBP1A | HMOX2 | KIAA0125 |
| ARFIP1 | C1QBP | CIRBP | EGR1 | FLJ1129 2 | HNRNPA 0 | KIDINS22 0 |
| ARHGAP1 5 | C8orf33 | CIZ1 | EIF1 | FOXC1 | HNRNPA 3 | KLC1 |
| ARHGEF1 | CACYBP | CLCN4 | EIF1AX | FOXN3 | HNRNPD | KLF9 |
| ARHGEF1 2 | CALM1 | CLK1 | EIF4A3 | FRY | HNRNPK | KRT33A |
| ARHGEF7 | CAPZB | CLTB | EIF4H | GADD45 B | HNRNPU | LAMA4 |

| LAMP1 | MFN1 | NF1 | PEMT | PTPRC | RPL12 | SNRPD1 |
|------------|--------------|--------------|---------------|---------------|---------------|----------------|
| LAT | MFNG | NFIB | PEX5 | PTPRCA P | RPL14 | SNRPE |
| LEPRO T | MINK1 | NOMO1 | PFKM | PVRL3 | RPL35A | SNX1 |
| LIMK1 | MIOS | NONO | PGK1 | QKI | RPL7 | SNX13 |
| LMBRD 1 | MLX | NOP10 | PGRMC2 | RAB11FI P2 | RTF1 | SOCS5 |
| LMF1 | MMP14 | NOS1 | PHKG1 | RAB14 | RUFY3 | SON |
| LPCAT 4 | MMP24 | NPRL3 | PHLPP2 | RAB3GA P2 | RWDD1 | SORL1 |
| LSM12 | MON2 | NR2F2 | PHTF1 | RAB6A | SAP130 | SOX2 |
| LSM14 A | MPHOSP H6 | NR3C1 | PICALM | RABGGT A | SART1 | SPO11 |
| LSM2 | MPPE1 | NR4A1 | PIK3R4 | RAD17 | SCAMP1 | SPOP |
| LTBP4 | MR1 | NRG1 | PML | RALGDS | SEC23B | SRCAP |
| LYST | MRP63 | NSF | PMVK | RANBP2 | SECISBP 2L | SRR |
| LZTFL1 | MRPL28 | NTRK3 | PNISR | RASGRP 2 | SEMA3F | SRRM1 |
| MAFB | MRPL9 | NUCB2 | POLDIP3 | RASSF7 | SESN1 | SRRM2 |
| MAN1A 2 | MRPS10 | NUP98 | POLG | RBCK1 | SETX | SRSF1 |
| MAP4K 1 | MTDH | NUPL1 | POLR2B | RBM3 | SF1 | SRSF9 |
| MAPR E2 | MTF1 | OSBP | POM121L 1P | RBM38 | SF3A2 | SSBP3 |
| MAST2 | MTOR | PAFAH1 B1 | PPIA | RBMY1A 1 | SFI1 | ST6GALNA C4 |
| MAU2 | MTRR | PBX2 | PPIB | RC3H2 | SFPQ | STAU1 |
| MAZ | MYL4 | PCBP1 | PPP1R2 | RCC1 | SFXN3 | STK24 |
| MBD3 | MYO7A | PCBP2 | PPPDE1 | REST | SLC25A1 7 | STRAP |
| MCFD2 | MZT2B | PCDH9 | PREPL | RGS14 | SLC2A4R G | STX16 |
| MCL1 | NAA60 | PCM1 | PRKACA | RGS4 | SLC35A2 | SULT1B1 |
| MDH2 | NAMPT | PCNX | PRKAG1 | RIN3 | SLC39A4 | SUMO1 |
| MEAF6 | NBPF10 | PDCD4 | PRKCSH | RNF126 | SLC39A8 | SUMO2 |
| MED16 | NCL | PDE10A | PRPF31 | RNF34 | SLC7A4 | SUMO3 |
| MED21 | NCOA1 | PDE4DIP | PSMA2 | RNGTT | SLIRP | SUPT4H1 |
| MED27 | NCOR1 | PDE8A | PSMA3 | RNPS1 | SMAD3 | TAF10 |
| MEF2A | NDRG2 | PDPK1 | PSMD1 | ROCK2 | SMARCA 4 | TAF1C |
| MEF2C | NDUFA5 | PEBP1 | PTBP1 | RPH3A | SNF8 | TANK |
| MFAP3 | NDUFB8 | PEF1 | PTPN12 | RPL11 | SNRNP70 | TAOK2 |

| TAP2 | TROVE2 |
|----------|---------|
| TBC1D5 | TTC12 |
| TBK1 | U2AF2 |
| TCEB1 | UBE2D2 |
| TCERG1 | UBR2 |
| TCL6 | UBR5 |
| TERF2IP | UFM1 |
| TF | USP34 |
| TFRC | USP9X |
| TGFB1 | UTP14C |
| TKT | VAMP1 |
| TLR7 | WDFY3 |
| TMBIM6 | WIPI2 |
| TMEM30B | WNK1 |
| TMF1 | WSB1 |
| TMOD1 | XAB2 |
| TNFRSF14 | XRCC6 |
| TOB1 | YBX1 |
| TOM1L1 | YIPF6 |
| TOMM20 | YTHDC2 |
| TOR1B | YWHAE |
| TOX3 | YWHAZ |
| TOX4 | YY1 |
| TP63 | ZC3HAV1 |
| TPI1 | ZCCHC6 |
| TPM2 | ZFP36L2 |
| TPR | ZIC1 |
| TRAPPC2 | ZNF10 |
| TRAPPC9 | ZNF277 |
| TRIM2 | ZNF287 |
| TRIM38 | ZNF473 |
| TRIM44 | |
| | |

| ADAM30 | GCK | NOTCH2 | SF1 |
|---------|---------|---------|---------|
| ADAMTS9 | GCKR | NR2F2 | SF3A2 |
| ANKHD1 | GPS2 | NRG1 | SFPQ |
| ATP8B1 | GRSF1 | PAX4 | SLC2A2 |
| BLM | HEATR1 | PCBP1 | SLC30A8 |
| BOP1 | HHEX | PCBP2 | SMAD3 |
| CACNA1D | HNF1A | PCK1 | SMARCA4 |
| CAMK1D | HNF1B | PCSK1 | SNRNP70 |
| CBX4 | HNF4A | PDCD4 | SNRPD1 |
| CCDC85B | HNRNPA0 | PDX1 | SNRPE |
| CDC123 | HNRNPA3 | PEBP1 | SOX2 |
| CDC16 | HNRNPD | PML | SPOP |
| CDC40 | HNRNPK | POLR2B | SRRM1 |
| CDC5L | HNRNPU | PPARG | SRRM2 |
| CDKAL1 | ID2 | PROX1 | STRAP |
| CDKN2A | IDE | PRPF31 | SUMO1 |
| CDKN2B | IGF1 | PSMA2 | SUPT4H1 |
| CRYM | IGF2BP2 | PSMA3 | SYN2 |
| CSTF1 | IKZF1 | PSMD1 | TCERG1 |
| DCD | IRS1 | PTBP1 | TCF7L2 |
| DHX15 | JAZF1 | PTPRC | TERF2IP |
| DICER1 | JUN | QKI | TGFB1 |
| EGR1 | KCNJ11 | RAD17 | THADA |
| EIF4A3 | KHSRP | RBM3 | TP63 |
| ENG | KIF11 | RBM38 | TRIAP1 |
| ERCC4 | LGR5 | RBMY1A1 | TSPAN8 |
| F3 | LSM2 | REST | U2AF2 |
| FADS1 | MAEA | RNGTT | UTP14C |
| FCF1 | MBD3 | RNPS1 | VEGFA |
| FKBP1A | MEF2C | RPL11 | WFS1 |
| FOXA2 | MLX | RPL14 | XAB2 |
| FOXN3 | MTDH | RPL35A | YBX1 |
| FTO | NCOR1 | RPL7 | YWHAE |
| GAS1 | NONO | SART1 | ZCCHC6 |
| GATAD2A | NOP10 | SETX | ZFP36L2 |

APPENDIX III – Core "Genes List" (used for study analyses)

APPENDIX IV – List of Genes in the Intercontinental Comparisons with $F_{ST} \ge 0.25$ (63 genes) and the final list of F_{ST} genes (7 genes) and SNPs (228 SNPs)

| Gene | SNP | Gene | SNP |
|---------|-------|---------|-------|
| | Count | | Count |
| ADAM30 | 1 | JAZF1 | 1 |
| ADAMTS9 | 18 | KIF11 | 20 |
| ANKHD1 | 3 | LGR5 | 38 |
| ATP8B1 | 12 | MLX | 1 |
| BLM | 6 | NCOR1 | 1 |
| BOP1 | 5 | NOTCH2 | 25 |
| CACNA1D | 26 | NR2F2 | 4 |
| CAMK1D | 49 | NRG1 | 45 |
| CDC16 | 4 | PPARG | 35 |
| CDC40 | 3 | PTBP1 | 2 |
| CDKAL1 | 22 | QKI | 24 |
| CDKN2A | 1 | RBM38 | 20 |
| CDKN2B | 1 | RNGTT | 146 |
| CRYM | 4 | RNPS1 | 3 |
| CSTF1 | 1 | RPL35A | 4 |
| ENG | 8 | SART1 | 5 |
| ERCC4 | 6 | SF1 | 3 |
| FCF1 | 2 | SFPQ | 1 |
| FOXA2 | 1 | SLC2A2 | 1 |
| FOXN3 | 25 | SLC30A8 | 23 |
| FTO | 37 | SNRPD1 | 9 |
| GATAD2A | 1 | STRAP | 4 |
| GRSF1 | 7 | SYN2 | 26 |
| HEATR1 | 15 | TCF7L2 | 10 |
| HNF1B | 8 | TERF2IP | 9 |
| HNRNPA3 | 1 | THADA | 22 |
| HNRNPD | 2 | TP63 | 14 |
| ID2 | 2 | TSPAN8 | 11 |
| IDE | 1 | U2AF2 | 1 |
| IGF2BP2 | 27 | WFS1 | 3 |
| IKZF1 | 1 | YWHAE | 12 |
| | | ZFP36L2 | 1 |

AFR_nonAFR – Genes ($F_{ST} \ge 0.25$)

| AFR_ | _nonAFR – SNPs and Gene | s (F _{ST} ≥ 0.25, | p ≤ 0.05, | overrepresentation se | core |
|------|-------------------------|----------------------------|-----------|-----------------------|------|
| ≥ 2) | | - | - | - | |

| SNP | Gene | SNP | Gene |
|-------------|--------|-------------|-------|
| rs11907421 | RBM38 | rs201153006 | RNGTT |
| rs2426714 | RBM38 | rs201553456 | RNGTT |
| rs3764719 | RBM38 | rs2026019 | RNGTT |
| rs3764722 | RBM38 | rs2064632 | RNGTT |
| rs6014986 | RBM38 | rs2149459 | RNGTT |
| rs6014987 | RBM38 | rs2149460 | RNGTT |
| rs6014988 | RBM38 | rs2181024 | RNGTT |
| rs6025526 | RBM38 | rs2610705 | RNGTT |
| rs6025527 | RBM38 | rs2610706 | RNGTT |
| rs6025528 | RBM38 | rs2610707 | RNGTT |
| rs6025529 | RBM38 | rs2610709 | RNGTT |
| rs6025530 | RBM38 | rs2610710 | RNGTT |
| rs6025531 | RBM38 | rs2610712 | RNGTT |
| rs6025532 | RBM38 | rs2610714 | RNGTT |
| rs6025533 | RBM38 | rs2610716 | RNGTT |
| rs6025537 | RBM38 | rs2610717 | RNGTT |
| rs6025541 | RBM38 | rs2610718 | RNGTT |
| rs6099605 | RBM38 | rs2610719 | RNGTT |
| rs6128020 | RBM38 | rs2610720 | RNGTT |
| rs7264925 | RBM38 | rs2610721 | RNGTT |
| rs111904268 | RPL35A | rs2610723 | RNGTT |
| rs61215870 | RPL35A | rs2610724 | RNGTT |
| rs7631002 | RPL35A | rs2610726 | RNGTT |
| rs9818493 | RPL35A | rs2610728 | RNGTT |
| rs1011591 | RNGTT | rs2610729 | RNGTT |
| rs1321085 | RNGTT | rs2610730 | RNGTT |
| rs143448457 | RNGTT | rs2610732 | RNGTT |
| rs148728841 | RNGTT | rs2610733 | RNGTT |
| rs149726691 | RNGTT | rs2610736 | RNGTT |
| rs1590253 | RNGTT | rs2610744 | RNGTT |
| rs1928064 | RNGTT | rs2610746 | RNGTT |
| rs1928065 | RNGTT | rs2610747 | RNGTT |
| rs199533287 | RNGTT | rs2610749 | RNGTT |
| rs200127482 | RNGTT | rs2610751 | RNGTT |
| rs200217831 | RNGTT | rs2610752 | RNGTT |
| rs200515942 | RNGTT | rs2610753 | RNGTT |

| SNP | Gene | SNP | Gene |
|-----------|-------|------------|--------|
| rs2610754 | RNGTT | rs2756398 | RNGTT |
| rs2610755 | RNGTT | rs2756399 | RNGTT |
| rs2610756 | RNGTT | rs2756400 | RNGTT |
| rs2610758 | RNGTT | rs2756401 | RNGTT |
| rs2610759 | RNGTT | rs2756403 | RNGTT |
| rs2610760 | RNGTT | rs2756404 | RNGTT |
| rs2610761 | RNGTT | rs2756405 | RNGTT |
| rs2610767 | RNGTT | rs2756407 | RNGTT |
| rs2756348 | RNGTT | rs2756408 | RNGTT |
| rs2756349 | RNGTT | rs2756409 | RNGTT |
| rs2756350 | RNGTT | rs2756410 | RNGTT |
| rs2756351 | RNGTT | rs2756411 | RNGTT |
| rs2756353 | RNGTT | rs2756412 | RNGTT |
| rs2756355 | RNGTT | rs2756413 | RNGTT |
| rs2756357 | RNGTT | rs2756414 | RNGTT |
| rs2756360 | RNGTT | rs34693837 | RNGTT |
| rs2756361 | RNGTT | rs35095368 | RNGTT |
| rs2756362 | RNGTT | rs35792075 | RNGTT |
| rs2756363 | RNGTT | rs36063561 | RNGTT |
| rs2756364 | RNGTT | rs36112710 | RNGTT |
| rs2756369 | RNGTT | rs3839421 | RNGTT |
| rs2756377 | RNGTT | rs56277084 | RNGTT |
| rs2756379 | RNGTT | rs57988674 | RNGTT |
| rs2756381 | RNGTT | rs58588716 | RNGTT |
| rs2756383 | RNGTT | rs60138176 | RNGTT |
| rs2756384 | RNGTT | rs66869054 | RNGTT |
| rs2756385 | RNGTT | rs67781583 | RNGTT |
| rs2756386 | RNGTT | rs6902454 | RNGTT |
| rs2756388 | RNGTT | rs6915642 | RNGTT |
| rs2756389 | RNGTT | rs6919539 | RNGTT |
| rs2756390 | RNGTT | rs6919725 | RNGTT |
| rs2756391 | RNGTT | rs6920037 | RNGTT |
| rs2756392 | RNGTT | rs71554791 | RNGTT |
| rs2756393 | RNGTT | rs71661540 | RNGTT |
| rs2756394 | RNGTT | rs71681491 | RNGTT |
| rs2756395 | RNGTT | rs76042624 | RNGTT |
| rs7739245 | RNGTT | rs2493410 | NOTCH2 |
| rs7747388 | RNGTT | rs2493416 | NOTCH2 |
| rs7750038 | RNGTT | rs2493419 | NOTCH2 |
| rs7759650 | RNGTT | rs2641316 | NOTCH2 |
| rs7760061 | RNGTT | rs2793830 | NOTCH2 |
| rs7760588 | RNGTT | rs327197 | NOTCH2 |
| rs7760910 | RNGTT | rs4659250 | NOTCH2 |

| rs79967308 | RNGTT | rs5025718 | NOTCH2 |
|-------------|--------|-------------|--------|
| rs911596 | RNGTT | rs56216048 | NOTCH2 |
| rs9344843 | RNGTT | rs6688004 | NOTCH2 |
| rs9344844 | RNGTT | rs67062239 | NOTCH2 |
| rs9351171 | RNGTT | rs699780 | NOTCH2 |
| rs9353583 | RNGTT | rs7414396 | NOTCH2 |
| rs9353592 | RNGTT | rs7530844 | NOTCH2 |
| rs9353633 | RNGTT | rs835574 | NOTCH2 |
| rs9362538 | RNGTT | rs11187085 | KIF11 |
| rs9362539 | RNGTT | rs112853133 | KIF11 |
| rs9444639 | RNGTT | rs11815573 | KIF11 |
| rs9444650 | RNGTT | rs11817621 | KIF11 |
| rs9451046 | RNGTT | rs12259474 | KIF11 |
| rs9451053 | RNGTT | rs12261518 | KIF11 |
| rs9451062 | RNGTT | rs12264712 | KIF11 |
| rs9451065 | RNGTT | rs144328956 | KIF11 |
| rs9451067 | RNGTT | rs56111269 | KIF11 |
| rs9451108 | RNGTT | rs58045955 | KIF11 |
| rs975973 | RNGTT | rs59877288 | KIF11 |
| rs10494235 | NOTCH2 | rs61011943 | KIF11 |
| rs10923926 | NOTCH2 | rs6583828 | KIF11 |
| rs10923929 | NOTCH2 | rs6583831 | KIF11 |
| rs1493694 | NOTCH2 | rs7069680 | KIF11 |
| rs1493695 | NOTCH2 | rs7070990 | KIF11 |
| rs2364166 | NOTCH2 | rs7079583 | KIF11 |
| rs2453042 | NOTCH2 | rs7079602 | KIF11 |
| rs2453044 | NOTCH2 | rs7089765 | KIF11 |
| rs2453055 | NOTCH2 | rs7914248 | KIF11 |
| rs2453056 | NOTCH2 | rs2847117 | SNRPD1 |
| rs2847139 | SNRPD1 | | |
| rs2850556 | SNRPD1 | | |
| rs2850558 | SNRPD1 | | |
| rs2850568 | SNRPD1 | | |
| rs2959525 | SNRPD1 | | |
| rs2959527 | SNRPD1 | | |
| rs3017641 | SNRPD1 | | |
| rs34202260 | SNRPD1 | | |
| rs142499350 | NR2F2 | | |
| rs2398260 | NR2F2 | | |
| rs73471288 | NR2F2 | | |
| rs73471290 | NR2F2 | | |
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