## **An Analysis of Energy Efficient Building Principles**

Craig Anthony Blackstone

2005

9709225V

A project report submitted to the School of Construction Economics and Management,
University of the Witwatersrand, Johannesburg, in partial fulfillment of the requirements for
the Masters Degree in Property Development and Management

Johannesburg 2005

An Analysis of Energy Efficient Building Principles

2005

## **Declaration**

I declare that this research report is my own, unaided work. It is being submitted for the Degree of Masters in Property Development and Management in the University of the Witwatersrand, Johannesburg. It has not been submitted before for any degree or examination in any other University.

\_\_\_\_\_

(Craig Anthony Blackstone)

24th day of November 2005

## **Acknowledgments**

The Author expresses sincere appreciation to all of the following people who gave of their precious time;

Dr Alfred Talukhaba

Professor François Viruly

Ken Stucke (Architect)

Mark Napier (CSIR)

Dr Daniel Irurah

Moses Mengu (Managing Director: BOTEC)

Busisiwe Sianga (BOTEC)

Nick Ndaba (BOTEC)

A special thanks to the Wits library staff for their assistance.

## **Abstract**

This research was conducted in order to highlight the misconception that there may be a single answer to the challenges of energy efficient design; a "single elixir that will be the answer to all problems" (Holm, 1996).

Existing literature pertaining to energy efficient design principles was analysed and tested against a well known example of Southern African energy efficient building practice; the Botswana Technology Centre (BOTEC). BOTEC was selected as the case study for this investigation because it was designed to be a living exhibition of energy efficient design and as such a manual or 'elixir' for alternate design.

BOTEC was analysed on site, personal interviews were held with the architect and a questionnaire was circulated to the users of the building in order to observe whether the principles used at the BOTEC building are appropriate and represent the "single elixir, the answer to all problems," with regard to energy efficient design (Holm, 1996).

Although BOTEC appears to perform well, interviews with the users of the BOTEC building suggest that the building does not perform well in winter at all. Interviews with the architectural consultant who worked on the BOTEC building expose a simple oversight in design which leads to 'this building's underperformance in winter'.

In concurrence with Holm therefore, this report ultimately shows that there are no perfect solutions to energy efficient design and by applying a once successful solution without taking cognisance of specific climatic and geological differences, the building will not function correctly.

| Table of Contents   | pg   |
|---|------|
| Declaration   | ii   |
| Acknowledgements  | iii  |
| Abstract  | iv   |
| Table of Contents   | V    |
| List of Tables  | viii |
| List of Figures   | ix   |
| List of Graphs  | X    |
| Chapter 1.0 Introduction  | 01   |
| Hypothesis  | 01   |
| 1.1 The Problem   | 01   |
| 1.2 Research Objectives   | 02   |
| 1.3 Scope of Study  | 03   |
| 1.4 Resource Depletion  | 04   |
| 1.5 Sustainability  | 06   |
| 1.6 Energy Efficient Design   | 07   |
|   |      |
| Chapter 2.0 Literature analysis of Energy Efficient Building Principles | 08   |
| 2.1 Historical Overview of Climatic Building Design                     | 08   |
| 2.1.1 Building Envelope   | 09   |
| 2.1.2 Temperature Control, Lighting and Ventilation                     | 10   |
| 2.1.3 High Rise and Air Conditioning                                    | 12   |
| 2.1.4 Common Oversights   | 14   |
| 2.2 Contemporary Design for Energy Efficiency Buildings                 | 16   |
| 2.2.1 Economics of energy efficient design                              | 18   |
| 2.2.2 Building Envelope Design.   | 21   |

|            |  | pg |
|------------|--|----|
| 2.3        | Factors Determining Thermal Response                       | 23 |
|            | 2.3.1 Heat Storage and Insulation                          | 23 |
|            | 2.3.2 Heat Gain and Orientation                            | 26 |
|            | 2.3.3 Ventilation  | 27 |
|            | 2.3.4 Heat Gain Due to Lighting                            | 28 |
|            | 2.3.5 Air Conditioning                                     | 29 |
|            | 2.3.6 Energy Efficient Design Elements                     | 31 |
| 2.4        | Literature Model   | 33 |
| Chapter 3. | .0 Case Study Analysis: Botswana Technology Centre (BOTEC) | 35 |
| 3.1        | Case Study Methodology                                     | 35 |
| 3.2        | Documents and Direct Observation                           | 39 |
|            | 3.2.1 General Description                                  | 39 |
|            | 3.2.2 Orientation  | 42 |
|            | 3.2.3 Water  | 43 |
|            | 3.2.4 Building Envelope                                    | 44 |
|            | 3.2.5 Ventilation  | 45 |
|            | 3.2.6 External Screening and Shading                       | 48 |
|            | 3.2.7 Interior Shading                                     | 50 |
|            | 3.2.8 Lighting   | 51 |
| 3.3        | Summation  | 52 |
| Chapter    | 4.0 Case Study: Interviews and Questionnaire               | 54 |
| 4.1        | Objective of Questionnaire                                 | 54 |
| 4.2        | Methodology  | 54 |
| 4.3        | Survey Sample  | 55 |

|   | pg |
|---|----|
| 4.4 Results   | 56 |
| 4.4.1 General Performance                               | 56 |
| 4.4.2 Most Disliked Features                            | 57 |
| 4.4.3 Most Important Features                           | 67 |
| 4.4.4 Heating System                                    | 58 |
| 4.4.5 Cooling System                                    | 59 |
| 4.4.6 Lighting  | 60 |
| 4.4.7 Noise   | 60 |
| 4.4.8 Ventilation                                       | 60 |
| 4.4.9 Windows   | 61 |
| 4.4.10 Finding  | 62 |
| 4.5 Further Investigation                               | 63 |
| 4.6 Summation   | 64 |
|   |    |
| Chapter 5.0 Conclusion                                  | 65 |
|   |    |
| References  | 68 |
|   |    |
| Appendix  | 70 |
| Appendix A Case Study Analysis: Literature Model        | 70 |
| Appendix B Case Study Analysis :Questionnaire           | 72 |
| Appendix C Derivation of Energy intensities of building | 77 |
| construction materials by physical units                |    |
|   |    |

| List of Tables |  | pg |
|----------------|--|----|
|                |  |    |
| Table 1        | Energy content of building material                    | 3  |
| Table 2        | Energy Consumption                                     | 17 |
| Table 3        | Cost comparison of home with/without insulated ceiling | 20 |
| Table 4        | Lighting analysis                                      | 28 |
| Table 5        | Literature Model                                       | 33 |

| List of Figures |   | pg            |    |
|-----------------|---|---------------|----|
| Figure 1        | Thermal massing   | Author: 2004  | 9  |
| Figure 2        | The Glucksburg Castle   | Daniels: 1997 | 10 |
| Figure 3        | Case Study Design Components  | Tellis: 1997  | 36 |
| Figure 4        | Solar Window  | Author: 2005  | 42 |
| Figure 5        | Wind scoops   | Author: 2005  | 42 |
| Figure 6        | Covered Central Court with Water Feature                                  | Author: 2005  | 44 |
| Figure 7        | Image showing metal grating beneath staircase                             | Author: 2005  | 45 |
| Figure 8 & 9    | Images showing Exhaust system   | Author: 2005  | 46 |
| Figure 10       | Drawing showing typical solar chimney                                     | Author: 2005  | 46 |
| Figure 11       | Solar Chimney   | Author: 2005  | 46 |
| Figure 12       | Cross section showing Solar Chimney and exhaust system                    | Author: 2005  | 48 |
| Figure 13       | Exhaust Vents   | Author: 2005  | 48 |
| Figure 14, 15   | s, & 16 Shading screens at BOTEC Headquarters                             | Author: 2005  | 49 |
| Figure 17       | Thermal Massing at BOTEC  | Author: 2005  | 49 |
| Figure 18       | Entrance Foyer at BOTEC   | Author: 2005  | 49 |
| Figure 19       | North Façade BOTEC  | Author: 2005  | 50 |
| Figure 20       | South Façade, BOTEC   | Author: 2005  | 50 |
| Figure 21 & 2   | Figure 21 & 22 Cross section at BOTEC Showing Central Court. Author: 2005 |               | 51 |
| Figure 23       | Internal Shading Author: 2005   | Author: 2005  | 51 |
| Figure 24       | Light Trays, BOTEC  | Author: 2005  | 51 |

| List of Graphs |                         | pg |
|----------------|-------------------------|----|
|                |                         |    |
| Graph A        | Insulation position1    | 24 |
| Graph B        | Insulation position 2   | 25 |
| Graph 1        | General Likes           | 56 |
| Graph 2        | General Dislikes        | 56 |
| Graph 3        | Most important features | 58 |
| Graph 4        | Heating System          | 58 |
| Graph 5        | Cooling System          | 59 |
| Graph 6        | Lighting                | 59 |
| Graph 7        | Noise Level             | 60 |
| Graph 8        | Ventilation             | 61 |
| Graph 9        | Windows                 | 61 |