



### Drama for Life

Academic, Research and Community Engagement/Division  
Applied Drama, Drama Therapy and Drama in Education  
Wits School of Arts  
UNIVERSITY OF WITWATERSRAND, JOHANNESBURG  
Private Bag 3, Wits 2050  
Director: Warren Nebe

Programme Managers: Academic – Tamara Gordon 011 717 4728; Cultural Leadership, Fundraising and Partnerships – Munyaradzi Chatikobo 011 717 4615; Recruitment, Student Welfare and Scholarships – Natasha Mazonde 011 717 4755; Projects, Finance and Administration – Caryn Green 011 717 4727; Research - Hazel Barnes and Warren Nebe 011 717 4729; Media and Communication – Gudrun Kramer 011 717 4733

## Participant Information Sheet

Good day,

My name is Yaela Orelowitz and I am a Masters student in Drama Therapy at the University of the Witwatersrand. I am beginning a project for my Masters research called Drama Therapy & the Narratives of Motherhood. This project involves me working with a group of mothers to create a performance. I will be working with this group for 8-10 weeks, meeting once a week for 90 minutes. During our meetings we will use drama and drama therapy to share stories and experiences of motherhood and to eventually create a performance based on some of the things that we work on during the sessions. The performance will be directed by me as a drama therapist and director but will only include material that the participants chose and are happy to include. I will be documenting the process of working with the group by writing process notes after each session. These process notes will be secured in a password-controlled computer so only I will have access to them. I will change the names of participants and not give away any information that could lead a reader to know of the identity of the participants. If a participant asks that I do not document a certain thing that has been said or happened, I will not do so.

I would like to invite you to participate in my research. If you decide to participate, it will require that you attend the 90 minute sessions every week and that you are willing to perform in front of an audience (chosen by you and the other participants) at the end of the 8-10 weeks..

As a training drama therapist the sessions will bring up personal material and may bring up sensitive issues. I hope that the sessions will always be safe and contained and that I can support and hold the emotional material and the group too supports each other. However, should uncomfortable material come up and a participant feels distressed, I





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have formed a partnership with Family Life Centre (FAMSA) who have agreed to hold any additional support and counseling.

As far as I understand most participants will be able to communicate fluently in English, however, participants are free to express themselves in a language that they are most comfortable in. When I need translation, in such situations, I will ask that the rest of the participants assist me.

I cannot guarantee anonymity and confidentiality because we will be working in a group. However, we will make an agreement in the group to respect each others' privacy and to keep whatever is said and done in the group between us, and not be shared outside of the group. I will be using the material of the group discussions and processes for my research but I will change names and hide participant's identities and not include anything that could put a participant at risk or harm.

This is a voluntary group and so participants are free to withdraw or leave at any stage of the process.

If you have any questions please feel free to contact me or my supervisor:

Yaela Orelowitz (student researcher): 0795256338, [yaela.orelowitz@gmail.com](mailto:yaela.orelowitz@gmail.com)

Tamara Gordon-Roberts (supervisor): 011 717 4728, [Tamara.Gordon-Robert@wits.ac.za](mailto:Tamara.Gordon-Robert@wits.ac.za)

Thanking you and warm regards,

Yaela





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